



November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing					1 Special Mass 1	2
3	4 All Periods Day 3	5 Regular 3	6 Meeting 7	7 Regular 3	8 Meeting 7	9
10	11 All Periods Day 2	12 Regular 2	13 Meeting 6 7:30 am National Signing Day	14 Regular 2	15 Minimum 6	16
17	18 All Periods Day 1	19 Regular 1 2 pm Sign up Meeting (SMCHS Pool Deck)	20 Minimum 5 12 pm Sign up Meeting (SMCHS Pool Deck)	21 Meeting 1 1:45 pm Sign up Meeting (SMCHS Pool Deck)	22 Regular 4	23
24	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL Thanksgiving	29 NO SCHOOL	30



December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Regular 7	3 Meeting 4 1:45 pm Sign up Meeting (SMCHS Pool Deck)	4 All Periods Day 7 2:30 pm Sign up Meeting (SMCHS Pool Deck)	5 Regular 7 2 pm TYR Tech Suit Fitting (SMCHS Pool Deck) 2 pm Sign up Meeting (SMCHS Pool Deck)	6 Meeting 4	7
8	9 All Periods Day 6	10 Regular 6	11 Meeting 3	12 Special Mass 6	13 Regular 2	14
15	16 All Periods Day 5	17 Semester Exams (5, 6)	18 Semester Exams (7, 1)	19 Semester Exams (2, 3)	20 Semester Exam (4)	21
22	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL Christmas	26 NO SCHOOL	27 NO SCHOOL	28
29	30 NO SCHOOL	31 NO SCHOOL				At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing



January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing			1 NO SCHOOL New Year's Day	2 NO SCHOOL	3 NO SCHOOL	4
5	6 All Periods Day 4	7 Regular 4 2 pm Sign Up Meeting (SMCHS Pool Deck)	8 Meeting 1 1:45 pm Sign Up Meeting (SMCHS Pool Deck) 7 pm Parent Info Night @ (Science Lecture Hall)	9 Regular 4	10 Meeting 1	11
12	13 All Periods Day 3	14 Regular 3	15 Meeting 7	16 Special Rally 3	17 Regular 6	18
19	20 NO SCHOOL MLK Day	21 Regular 2	22 Meeting 6	23 Regular 2	24 Special Meeting 6	25
26	27 All Periods Day 1	28 Regular 1	29 Regular 5	30 Mass 2	31 Minimum 5	



February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Items in bold are swimming or diving meets	February 10 is the 1 st mandatory practice for all newcomers (optional for returning swimmers)	February 17 is the 1 st mandatory practice for all swimmers				1
2	3 Regular 7	4 Special 4	5 NO SCHOOL Faculty/Staff Service Day 7:30 am National Signing Day	6 Regular 7	7 Meeting 4	8
9	10 Regular 6 3-5 pm Practice (Newcomers)*	11 Meeting 3 7:45-8:30 am Dryland 2:30-4:30 pm Practice (Newcomers)* 4:30 pm Admissions Drive Thru	12 Regular 6 3-5 pm Practice (Newcomers)*	13 Special 3 7:45-8:30 am Dryland 3-5 pm Practice (Newcomers)*	14 NO SCHOOL 9-11 am Practice (Newcomers)*	15
16	17 NO SCHOOL President's Day 9-11 am Practice (All)*	18 Regular 5 6:45-7:30 am Dryland 3-5 pm Practice (All)*	19 Special 2 3-5 pm Practice (All)*	20 Regular 5 6:45-7:30 am Dryland 3-5 pm Practice (All)*	21 Minimum 2 1-3 pm Practice (All)*	22 1 pm Pentathlon @ SMCHS Pool
23	24 All Periods Day 4 3-5 pm Practice (All)*	25 Regular 4 6:45-7:30 am Dryland 2:30-4 pm Team Photos (All) @ SMCHS 4-5 pm Practice (All)*	26 Regular 1 3-5 pm Practice (All)*	27 Meeting 5 7:45-8:30 am Dryland 3-5 pm Practice (All)*	28 Rally 1 3-5 pm Practice (All)*	Days with (*) mean practice could be moved to a different time depending on the girls' water polo season



March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Items in bold are swimming or diving meets						1 9 am Villa Park Relays (Girls) @ Villa Park HS 1 pm Villa Park Relays (Boys) @ Villa Park HS
2	3 All Periods Day 3 3-4:30 pm Practice (All) 4:30-6 pm Team Retreat & Dinner (All)	4 Regular 3 6:45-7:30 am Dryland 3 pm vs. Woodbridge HS (All) @ Woodbridge HS Pool	5 Mass 7 4 pm Capo Relays Prelims (Boys) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	6 Regular 3 6:45-7:30 am Dryland 4 pm Capo Relays Prelims (Girls) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	7 Meeting 7 4 pm Capo Relays Prelims (Finals) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	8
9	10 All Periods Day 2 3-5 pm Practice (All)	11 Special 2 7:15-8:00 am Dryland 3-5 pm Practice (All)	12 Regular 5 3 pm vs. Crean Lutheran HS (All) @ SMCHS Pool	13 Regular 2 6:45-7:30 am Dryland 3-5 pm Practice (All)	14 Meeting 6 9 am Mission Viejo Dive Invitational (Divers) @ MV Nadadores Pool 1:30 pm Mt. Sac Invite Prelims (Varsity) @ Mt. Sac Pool 3-5 pm Practice (JV & Open)	15 3 pm Mt. Sac Invite Finals (Varsity) @ Mt. Sac Pool
16	17 All Periods Day 1 EAGLE GOLF CLASSIC 3-5 pm Practice (All)	18 Regular 1 6:45-7:30 am Dryland 3-5 pm Practice (All)	19 Meeting 5 2-2:30 pm Faith Formation (SLH) 3-5 pm Practice (All)	20 Regular 1 6:45-7:30 am Dryland 3:15 pm vs. Mater Dei HS (All) @ SMCHS Pool	21 Meeting 5 3 pm SM Lower Level Invite Prelims (Open & JV) @ SMCHS Pool	22 10 am SM Lower Level Invite Finals (Open & JV) @ SMCHS Pool
23	24 NO SCHOOL 9-11 am Practice (All)	25 NO SCHOOL 8:00-8:45 am Dryland 9-11 am Practice (All)	26 NO SCHOOL 9-11 am Practice (All)	27 NO SCHOOL 8:00-8:45 am Dryland 9-11 am Practice (All) 3:15 pm vs. St. John Bosco HS (Boys) @ SMCHS Pool	28 NO SCHOOL 7 am Leave for St. Francis HS (Varsity) 9-11 am Practice (JV & Open)	29 10 am California Catholic Swim Invite @ St. Francis (Mountain View) HS Pool (Varsity)
30	31 Regular 7 3-5 pm Practice (All)					



April 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>		1 Meeting 4 7:45-8:30 am Dryland 3-5 pm Practice (All)	2 All Periods Day 7 3-5 pm Practice (All)	3 Regular 7 6:45:7:30 am Dryland 3:15 pm vs. Orange Lutheran HS (All) @ Santiago Canyon College	4 Minimum 4 3 pm vs. Loyola HS (All) @ SMCHS Pool	5 10 am SM Diving Invitational (Divers) @ SMCHS Pool
6	7 All Periods Day 6 3-5 pm Practice (All)	8 Regular 6 6:45-7:30 am Dryland 3-5 pm Practice (All)	9 Meeting 3 3-5 pm Practice (All)	10 Regular 6 6:45-7:30 am Dryland 3:15 pm vs. JSerra HS (All) @ SMCHS Pool	11 Rally 3 10:25-11:15 am Spring Sports Rally 3-5 pm Practice (All)	12 8 am Mt. Sac Meet of Champions (JV & Open) @ Mt. Sac Pool
13	14 Regular 5 3-5 pm Practice (All)	15 Special 2 7:15-8:00 am Dryland 3-5 pm Practice (All)	16 Regular 5 3:15 pm vs. Servite/Rosary HS (All) @ SMCHS Pool (SENIOR DAY)	17 Minimum 2 6:45-7:30 am Dryland 1-3 pm Practice (All)	18 NO SCHOOL Good Friday NO PRACTICE	19
20 Easter	21 NO SCHOOL 9-11 am Practice (All)	22 Regular 4 6:45-7:30 am Dryland 3-5 pm Practice (All)	23 Special 1 3-5 pm Practice (All)	24 Regular 4 3-5 pm Practice (All)	25 Meeting 1 3-5 pm Practice (All)	26
27	28 Special 3 10 am Trinity League Dive Finals (Divers) @ Crown Valley Pool 3-4:30 pm Practice (All) 4:30 pm Team Shave Down Dinner (All)	29 Special 7 4 pm Trinity League Swim Prelims (Girls) @ JSerra HS Pool 3-4:30 pm Practice (Boys)	30 Mass 3 4 pm Trinity League Swim Prelims (Boys) @ JSerra HS Pool 3-4:30 pm Practice (Girls)			



May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>				1 Regular 6 8:00 am CIF Dive Finals (Divers) @ MV Nadadores Pool 3-4:30 pm Practice (All)	2 All Periods Day 3 2 pm Trinity League Swim Finals (All) @ JSerra HS Pool	3
4	5 All Periods Day 2 3-4:30 pm Practice (CIF Team)	6 Regular 2 2:00 pm State Qualifying (Divers) @ Mt. Sac Pool 3-4:30 pm Practice (CIF Team)	7 Meeting 6 3-4:30 pm Practice (CIF Team)	8 Regular 2 9 am CIF Swim Prelims (CIF Team) @ Mt. Sac Pool	9 Meeting 6 3-4:30 pm Practice (CIF Team)	10 12 pm CIF Swim Finals (CIF Team) @ Mt. Sac Pool
11	12 All Periods Day 1 3-4:30 pm Practice (State Team)	13 Regular 1 3-4:30 pm Practice (State Team)	14 Regular 5 7:30 am National Signing Day 3-4:30 pm Practice (State Team)	15 Mass 2 9:30 am (Boys Diving) @ Clovis West HS 2:00 pm State Champs (Girls Diving) @ Clovis West HS 2:30 pm Leave for State Champs (State Team)	16 Meeting 5 1 pm State Champs Swim Prelims (State Team) @ Clovis West HS	17 10:30 am State Champs Swim Finals (State Team) @ Clovis West HS
18	19 All Periods Day 7	20 Regular 7 Senior Semester Exams (1, 2, 3)	21 Meeting 4 Senior Semester Exams (4, 5, 6)	22 Special Senior Semester Exam (7) Semester Exam (7) Prom	23 NO SCHOOL	24 10 am PAL Swim Championships @ SMCHS Pool
25	26 NO SCHOOL Memorial Day	27 Special Semester Exams (1, 2)	28 Special Semester Exams (3, 4) 5 pm Banquet (SF Solano Church Hall)	29 Special Semester Exams (5, 6)	30 NO SCHOOL Graduation	31



June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 1-3 pm Youth Swim Technique Camp I 1-3 pm HS Swim Technique Camp					



July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 1-3 pm Youth Swim Technique Camp I 1-3 pm HS Swim Technique Camp	2 1-3 pm Youth Swim Technique Camp I 1-3 pm HS Swim Technique Camp	3 1-3 pm Youth Swim Technique Camp I 1-3 pm HS Swim Technique Camp	4	5
6	7 1-3 pm Youth Swim Technique Camp II 1-3 pm HS Swim Technique Camp	8 1-3 pm Youth Swim Technique Camp II 1-3 pm HS Swim Technique Camp	9 1-3 pm Youth Swim Technique Camp II 1-3 pm HS Swim Technique Camp	10 1-3 pm Youth Swim Technique Camp II 1-3 pm HS Swim Technique Camp	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		