

SANTA MARGARITA CATHOLIC HIGH SCHOOL

SWIM & DIVE

2024 MEDIA GUIDE





SANTA MARGARITA
CATHOLIC HIGH SCHOOL

Class of '92 Continues the Legacy



SMCHS ALUMNI, CLASS OF '92

What started as a high school friendship between Matt Zaist, President and Chief Executive Officer, and Bill H. Lyon, Executive Chairman, has become a lifelong partnership at William Lyon Homes based on the school's values of mutual trust, respect and integrity.



William Lyon Homes

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Sophomore **Carson Eich** is set to make a splash at CIF in 2024.

2024 SANTA MARGARITA SWIMMING & DIVING SCHEDULE

Sat. Feb. 17	Eagles Pentathlon	Eagle Aquatics Center	1:00 pm
Sat. Feb. 24	Villa Park Relays	Villa Park High School	9:00 am
Fri. Mar. 1	Capo Valley Relays	Capo Valley High School	5:00 pm
Tue. Mar. 5	Woodbridge	Eagle Aquatics Center	3:00 pm
Sat. Mar. 9	Santa Margarita Lower Level Invitational	Eagle Aquatics Center	10:00 am
Sat. Mar. 9	Foothill Swim Games	Foothill High School	3:00 pm
Thu. Mar. 14	St. John Bosco	Eagle Aquatics Center	3:15 pm
Fri. Mar. 15	Mission Viejo Diving Invitational	Marguerite Rec Center	9:00 am
Tue. Mar. 19	Torrey Pines	Eagle Aquatics Center	3:00 pm
Thu. Mar. 21	Orange Lutheran	Eagle Aquatics Center	3:15 pm
Mon. Mar. 25	J Serra	J Serra Catholic High School	3:15 pm
Thu. Mar. 28	Loyola/Marlborough	Uytensu Aquatics Center--U.S.C.	1:00 pm
Sat. Apr. 6	California Catholic Swim Challenge	Eagle Aquatics Center	10:00 am
Tue. Apr. 9	Servite/Rosary	Servite High School	3:15 pm
Sat. Apr. 13	Mt. SAC Swim Meet of Champions	Mt. San Antonio College	8:30 am
Sat. Apr. 13	Santa Margarita Diving Invitational	Eagle Aquatics Center	10:00 am
Thu. Apr. 18	Mater Dei	Mater Dei High School	3:15 pm
Sat. Apr. 20	Trinity League Diving Finals	Crown Valley Diving Center	10:00 am
Thu. Apr. 25	CIF Division I Diving Finals	Marguerite Rec Center	8:00 am
Fri. Apr. 26	Trinity League Finals	Eagle Aquatics Center	2:00 pm
Sat. May 4	CIF Division I Finals	Mt. San Antonio College	12:00 pm
Sat. May 11	CIF State Finals	Clovis West High School	10:30 am



Welcome to the 2023-2024 Eagle season!

On behalf of the Santa Margarita Catholic High School athletics program, we would like to thank our parents, alumni, fans, and sponsors for their support and patience as we worked to navigate through this unprecedented year.

Our program's mission, first and foremost, is to foster and develop a culture of Caritas Christi – the love of Christ – within each student-athlete. We believe that student participation in Santa Margarita athletics is about more than just development in speed, strength and skill. Our student-athletes are driven to push for excellence in athletics and academics, motivated by pursuing their full potential. This year – more than ever – has been a testament to the strong character, dedication, mental toughness, and resilience of our student-athletes, coaches and staff as they continued to adjust and thrive in the face of adversity during these ever-changing times. We are filled with gratitude that our student-athletes can demonstrate their talents in competition this season. Their work ethic and commitment to living Caritas Christi are to be commended.

We are incredibly grateful for the continued support and overflowing passion shown to our student-athletes and athletic community by parents, alumni, fans, and supporters during these challenging times. Coaches, we thank you for your unwavering love and commitment to our student-athletes and our school. To our student-athletes, your perseverance and dedication to your school and one another continue to amaze us. We are proud to call you Eagle student-athletes and are praying for you as you pursue greatness through spiritual growth, academic success and athletic development. Best of luck to all of our student-athletes and teams! Go Eagles!

Jim Hartigan
Assistant Principal, Athletics

Annie Mai-Garrett '04
Athletic Director





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Rich Blanc—Head Coach

Coach Blanc begins his 27th year coaching the Girls Varsity and the 25th year coaching the Boys Varsity. In 2023, the Girls Varsity finished with an overall record of 8-0, won its 23rd straight Trinity League championship and won the CIF Division I Championships for the 9th year in a row. The team also was named Swimming World magazine's National independent high school champions. The Boys Varsity had its most successful season finishing with a 9-0 overall record, won its third straight CIF Division I title and its first-ever State championship. Both varsity teams ended the season ranked in the Orange County Register top team. Coach Blanc now has a combined 340-73-3 dual meet record and SMCHS is considered one of the top swimming programs in the nation. In 2000 and 2017, he was named the Orange County Swim Coach of the Year, and in 2014 and 2022, Coach Blanc was named the National High School Swimming Coach of the Year. In addition to swimming, Coach Blanc teaches Economics at SMCHS. He resides in Portola Hills and is married to his lovely bride Taylor and together they are raising their amazing sons Adrian and Chance.



Ron Blanc—Head Coach

Like his brother, Coach Blanc brings 36 years of swim coaching experience to the Eagles. Coach Blanc coached at Mater Dei for 9 years, winning the 1990 CIF swimming title and a school-record 40 dual meets in a row. Coach Blanc has now coached at SMCHS for 28 years. When Coach Blancs captured the 2000 CIF swimming championship at SMCHS, they became the only coaches in CIF swimming history to win 2 CIF titles at 2 different schools. Coach Blanc has had the privilege of coaching 143 All-Americans and 494 All-CIF swimmers at SMCHS. Since he began coaching at SMCHS, both varsities have been ranked in the Top 10 in the OC Register every year and has won 112 of 138 possible team league titles—a record no team in the Trinity league can match. In 2014, Coach Blanc was named the National High School Swim Coach of the Year and the California Swim Coach of the Year in 2022. He is a Level 5 Certified coach with the ASCA which only the top 5% of coaches in the U.S. achieve. He is also the Admissions Director at SMCHS and is married to his lovely bride, Kelley and reside in Ladera Ranch with their amaaaazing cat, Mochi.



SM became the first high school in California history to win the boys and girls State championships in the same year.



YEAR-BY-YEAR WITH COACH BLANCS

YEAR	SCHOOL	GIRLS VARSITY	BOYS VARSITY	LEAGUE CHAMPIONSHIPS	CIF CHAMPIONSHIP
1989	Mater Dei	8-1	5-4	League Champions (Girls)	CIF Runner Up (Girls)
1990	Mater Dei	12-0	8-3-1	League Champions (Girls)	CIF Champions (Girls)
1991	Mater Dei	11-0	6-5	League Champions (Girls)	
1992	Mater Dei	10-0	8-2	League Champions (Girls)	
1993	Mater Dei	5-5-1	5-6		
1994	Mater Dei		6-5		
1995	Mater Dei		2-8		
1996	Santa Margarita	8-3 (JV)	7-4 (JV)		
1997	Santa Margarita	8-3-1 (JV)	8-4 (JV)		
1998	Santa Margarita	7-5			
1999	Santa Margarita	10-3	5-7-1		
2000	Santa Margarita	11-0	8-3	League Champions (Girls/Boys)	CIF Champions (Girls)
2001	Santa Margarita	8-1	8-1	League Champions (Girls/Boys)	CIF Runner Up (Boys)
2002	Santa Margarita	9-0	7-2	League Champions (Girls)	CIF Runner Up (Girls)
2003	Santa Margarita	7-2	6-3	League Champions (Girls)	
2004	Santa Margarita	9-1-1	6-4-1	League Champions (Girls)	
2005	Santa Margarita	9-2	9-2	League Champions (Girls/Boys)	
2006	Santa Margarita	7-1	5-3	League Champions (Girls/Boys)	CIF Runner Up (Girls)
2007	Santa Margarita	8-1	5-4	League Champions (Girls/Boys)	
2008	Santa Margarita	7-3	7-3	League Champions (Girls/Boys)	
2009	Santa Margarita	6-2	6-2	League Champions (Girls/Boys)	
2010	Santa Margarita	6-2	5-3	League Champions (Girls)	
2011	Santa Margarita	7-1	8-0	League Champions (Girls/Boys)	
2012	Santa Margarita	8-0	6-2	League Champions (Girls)	
2013	Santa Margarita	8-0	8-0	League Champions (Girls/Boys)	
2014	Santa Margarita	7-0	7-0	League Champions (Girls/Boys)	CIF Champions (Girls)
2015	Santa Margarita	6-0	6-1	League Champions (Girls)	CIF Champions (Girls)
2016	Santa Margarita	6-0	6-0-1	League Champions (Girls)	CIF Champions (Girls)
2017	Santa Margarita	6-0#	6-1	League Champions (Girls)	CIF Champions (Girls)
2018	Santa Margarita	6-0* #	5-2	League Champions (Girls/Boys)	State & CIF Champions (Girls)
2019	Santa Margarita	6-0*	6-1	League Champions (Girls/Boys)	State & CIF Champions (Girls)
2020	Santa Margarita	1-0	0-1	Season cut short due to COVID-19	CIF Runner Up (Boys)
2021	Santa Margarita	5-0* #	5-1	League Champions (Girls/Boys)	CIF Champions (Girls/Boys)
2022	Santa Margarita	6-0* #	7-0	League Champions (Girls/Boys)	CIF Champions (Girls/Boys)
2023	Santa Margarita	8-0* #	9-0*	League Champions (Girls/Boys)	CIF Champions (Girls/Boys)

* State Champions

National Champions

Renee Blanc-Supernaw—Girls JV Head Coach

Coach Supernaw returns for her 27th year coaching the Eagles Junior Varsity. In her 26 years with the Eagles, Coach Supernaw has compiled one of the most impressive records of any junior varsity team in California. She has coached the team to a 187-16 overall record and has guided her swimmers to break 114 lower level school records. Her JV team in 2023 won its 23rd straight Trinity League championship, unprecedented in league history, going undefeated in league (4-0) and 8-0 overall. Coach Supernaw's teams have built a reputation as the best junior varsity girls program in California state history. 174 of her swimmers have won individual league titles in 24 years. Coach Supernaw teaches math at SM & enjoys making lemon squares and is married to the love of her life, Shaun and lives in Ladera Ranch with their incredible daughter Kayla Marie.





Christian Macias—Boys JV Head Coach

Santa Margarita is blessed to welcome Coach Christian Macias. Coach Macias brings extensive water polo and swimming experience and a coaching background to boot. Coach Macias began his swimming and water polo playing career at Mission Viejo high school and played club water polo with SET, Social, and OC Water Polo. Coach Macias took his playing career to the U.S. Naval Academy and then to UCI where he was named a CWPA All-American. Coach Macias coached at Power Aquatics, OC Water Polo, and Trabuco Hills high school where he was the varsity assistant coach and head coach. Coach Macias has coached water polo at Santa Margarita Catholic high school since 2018 for both the girls and boys teams and began teaching English at SMCHS in 2023.



Clara Delain—Boys Open Head Coach

In her second year with Santa Margarita swimming, Coach Clara Delain returns to the coaching staff in 2024. Coach Delain is not a stranger to Santa Margarita Catholic High School as she teaches in the visual arts department teaching photography and art. Coach DeLain began her swimming career swimming in high school at JSerra Catholic High School and has coached swimming with the San Juan Sea Lions. She is eager to begin working with the student/athletes at SMCHS not only teaching about swimming and technique, but about the importance of being a supportive teammate and team player. Coach DeLain enjoys eating a good cheeseburger and has a go-to place—the Shwack in Dana Point—her favorite burger bite. Coach DeLain also enjoys all things arts and crafts.



Johnnie Frater—Girls Open Head Coach

Returning to the Eagles coaching staff this season is Coach Johnnie Frater. Coach Frater brings an extensive swimming and coaching background to the team. Coach Frater is an American Swim Coaches Association (ASCA) Level 2 certified coach which includes being a Stroke Certified coach as well. Coach Frater also has her ASCA Level 2 certification in Disability swimming and has attended Para coaching sessions at the Olympic Training Center in Colorado Springs. Coach Frater enjoys reading, practicing math, genealogy research, and spending time with family and her pets (the amazing Gema, her pet lab, and feisty Stitchy, her pet cat). Coach Frater teaches in the math department at SM and enjoys the bio-mechanical aspects of the sport of swimming.



Bailey Martin—Boys Assistant Coach

Santa Margarita is honored to see Coach Bailey Martin return to the coaching staff. Coach Martin has worked at SMCHS in the past and first swam competitively at age 10. Coach Martin spent four years on her high school swim team at Heritage High School in Northern California where she was named a team captain in her senior year. Coach Martin gained further swim experience by being a member of the Seawolves club swim team and taught swim lessons throughout high school. Coach Martin worked previously as a lifeguard at the University of Oregon's rec center. Coach Martin enjoys camping at Joshua Tree, going to the beach, weightlifting and running and spending time with her beloved German Shepard.



Tori Cutcher—Girls Assistant Coach

Joining the Eagles coaching staff is SMCHS alum Tori Cutcher. Many may know Coach Cutcher as the Assistant Director of Campus Ministry—Retreats at SMCHS, but many do not know that Coach Cutcher swam for SMCHS and was a long-time club swimmer with the Mission Viejo Nadadores. Coach Cutcher brings a passion for teaching swim technique to the team and was an IMer and backstroke swimmer in high school. Coach Cutcher comes from a long line of swimmers with her mom being on the very first swim team at Mater Dei HS with teammates Coaches Rich and Ron Blanc. In fact, the first MDHS swim banquet was held in the backyard of Coach Cutcher's grandparents. She loves to read at any cute coffee shop, especially if it's near the beach.





2024 Team Captains





NAME

CLASS

EVENTS

Hunter Cehelnik	Senior	Sprints, Backstroke, Butterfly
Dean Fujimoto	Senior	Backstroke, Distance, IM
Ramon Jiang	Senior	Sprints, Butterfly, Backstroke
Cole Matsuoka	Senior	Distance, Breaststroke, IM
Daniel Verdolaga	Senior	IM, Breaststroke, Butterfly
Nathan Wu	Senior	Breaststroke, IM, Backstroke
Jerry Yan	Senior	Butterfly, Backstroke, IM
Ryley Yoo	Senior	Butterfly, Breaststroke, IM
Evan Bueras	Junior	Backstroke, Butterfly, IM
Daniel Fu	Junior	Backstroke, Butterfly, IM
Matthew Kim	Junior	IM, Breaststroke, Distance
William Jung	Junior	Breaststroke, IM, Sprints
Adam Lee	Junior	Distance, Backstroke, Sprints
Nicholas Lee	Junior	Backstroke, Butterfly, IM
Valentino Nieto	Junior	Diving
Carson Eich	Sophomore	Sprints, Backstroke, Distance
Sonit Joshi	Sophomore	Breaststroke, IM, Butterfly
Chase Kim	Sophomore	Sprints, Breaststroke, IM
Darren Nguyen	Sophomore	Backstroke, Butterfly, IM
Zachary Zhang	Sophomore	Breast, IM, Distance
Luke Collins	Freshman	Distance, Breaststroke, IM
Tyler Lee	Freshman	Distance, Breaststroke, IM
Taylor Thongintra	Freshman	Breaststroke, IM, Distance



Can it get any better? 2023 was a banner year for the Boys Varsity with a school-first State Championship and its 3rd consecutive CIF D-1 title. Ending the year as the 5th ranked team in the U.S. was such a highlight, but 2024 may be even better. This has the makings of a swimming dynasty.

After graduating eight seniors in 2023 with six swimming at the college D-1 level, one may assume the cupboard is bare, but this senior class is loaded and may be the best in Orange County history. **Hunter Cehelnik** enjoyed a shocking season in 2023 breaking two individual school records topping the ranks in the 50 and 100 freestyles. A state finalist in the 100 free and a four-time All-American in 2023, Hunter is a steal for U.C. San Diego. On the college recruiting charts is **Dean Fujimoto**. Dean grabbed a CIF consideration time in the 100 back last year, but 2024 looks to be the year of Dean—CIF all the way! **Ramon Jiang**, who has signed with Army was a double CIF and State swimmer last year. However, Ramon is twice the swimmer he was last year and is poised to finish in the top 16 in the U.S. in the 100 and 200 freestyles. **Cole Matsuoka** swam to a P.R. in the 200 freestyle (1:47) in his first year on the varsity and is hungry for more in 2024. Cole specializes in mid-to-distance freestyle and would like to wrap his high school career with a CIF time. **Daniel Verdolaga** crushed the legendary school record in the 100 fly (:47.23) to rank as one of the greatest swimmers in SM history. Daniel has signed with Army and can cement his legacy with another 4 championship finalist showings at State like he accomplished in 2023. **Nathan Wu** was the key member of the school record-setting, state champion, and Orange County record swim in the 200 medley relay. On his way to USC, Nathan smashed the school record in the 100 breaststroke and aims for a national top 16 finish with a 54-low. Despite **Jerry Yan's** incredible swimming success over the years, he is destined for his greatest season yet. A two-time All-American in the fly and back in 2023, Jerry figures into multiple relays—has signed with Columbia University. **Ryley Yoo** already has two CIF swims to his credit racing the 100 fly in the 2022 and 2023 CIF championships. Colleges are pursuing Ryley and he aims to finish his high school career with CIF scoring swims and a State appearance.

The junior class is ready to step up and contribute in a big way this season. Each member of this class has taken massive leaps in their swim times. **Evan Bueras** makes his debut on varsity with CIF potential in the back and fly. Evan shattered 3 Open records as a freshman and made CIF consideration on JV as a sophomore. **Daniel Fu** is getting faster with each swim and now has become a dominant freestyle sprinter (:47.09 in the 100 free). Look for Daniel to not only earn his first CIF qualifying swim, but to score at CIF finals as well. **William Jung** moves up from the JV after winning a league title in the 100 free in 2023. William is a dominant breaststroke swimmer and his best time of :59.0 will challenge for a swim at CIF and the opportunity to score in the to 18 at CIF D-1. **Matthew Kim** has equally been working hard and has seen a breakthrough in his freestyle events breaking 4:40 in the 500 free (4:38). Matthew already has two CIF swims on his resume and

wants to take the natural progression of scoring at CIF and qualifying for State. Freestyle speedster **Adam Lee** has excelled in all freestyle distances and is a threat to advance to State in the 50 to 500 freestyles. Adam qualified for CIF in 2 events last year and through determination and effort has now eclipsed the 1:40 barrier in the 200 free and gone sub 4:36 in the 500. **Nicholas Lee** earned two CIF D-1 swims in his inaugural year with the Eagles last season and is set for more. Nicholas has improved his times in all freestyle events and broken 4:40 in the 500 free—a swift backstroke swimmer as well. Star diver **Valentino Nieto** made the leap to CIF Division 1 last year and placed in the top 5 at CIF finals and moved onto the State qualifying meet. Not content with his finish, Valentino is aiming to return to State after making State as a freshman, and threaten to win the State title.

The super-sophs made their mark in 2023 but are so more advanced in 2024. **Carson Eich** has advanced his freestyle speed in all events from the 50 through the 500. His improvement has been dramatic and Carson is now in the conversation to qualify for both CIF and State in 2024. **Sonit Joshi** accomplished a rare feat in CIF D-1 swimming—getting a CIF swim as a freshman. Now a dominant 10th grader, Sonit has upped his goals to score at CIF and swim to a State qualifying swim. **Chase Kim** entered SMCHS as a swift breaststroke swimmer and now has developed into a freestyle sprinter with unlimited potential. Chase's freestyle swims are just outside of CIF qualification standards, but he can remedy that this season. **Darren Nguyen** sees the openings left by the Class of 2023 seniors who are off in college in the backstroke, fly, and IM events. Darren's versatility extends to distance freestyle where he is now a 4:44 500 freestyler and a 1:45 in the 200. **Zachary Zhang** stepped up huge last year earning a CIF swim at the Trinity League championships in the 100 breaststroke. Zachary is just a few tenths of a second away from advancing to CIF finals and a berth at the State championships.

Several freshmen are prepared to make their mark with Eagle swimming. **Luke Collins** is a distance swimmer with a 500 free time already under the CIF consideration standard. Luke's potential is sky high and has a faster 500 freestyle time right now than school record holder Grant Shoults had as a freshman before his inaugural high school season. **Tyler Lee** made his bid to make the varsity with spectacular drops in the past few months. Tyler dropped 9 seconds in his best 500 free time to post a P.R. of 4:55. **Taylor Thongintra** is arguably the most complete and versatile freshman swimmer in Orange County. With CIF State potential in the IM, breast, and 500, Taylor has an extremely bright future.





Eagles Girls Varsity

swim&dive
2024



NAME

CLASS

EVENTS

Kaitlyn Krebs	Senior	Sprints, Butterfly, Breaststroke
Zoe Le	Senior	Backstroke, Distance, Sprints
Ariel Lin	Senior	Sprints, Butterfly, Breaststroke
Sheridan Smith	Senior	Diving
Makenna Wilson	Senior	Butterfly, Backstroke, IM
Gracy Aquino	Junior	Sprints, Backstroke, Butterfly
Nicole Christensen	Junior	IM, Backstroke, Breaststroke
Cameron Craycraft	Junior	Diving
Samantha Cummins	Junior	Distance, Butterfly, IM
Jenna Haigh	Junior	Diving
Giselle Hollis	Junior	Distance, Sprints, Backstroke
Morgan Hoppe	Junior	Sprints, Breaststroke, Backstroke
Audrey Lee	Junior	Sprints, Butterfly, Distance
Victoria Mori	Junior	Sprints, IM, Butterfly
Teagan O'Dell	Junior	Backstroke, IM, Breaststroke
Chloe Stinson	Junior	Butterfly, Sprints, Backstroke
Hannah Campbell	Sophomore	Distance, Sprints, Backstroke
Kali Rankin Zelada	Sophomore	Distance, Butterfly, IM
Kenna Stinson	Sophomore	Backstroke, Distance, IM
Sophia Zhu	Sophomore	Breaststroke, IM, Butterfly
Katie Brown	Freshman	Distance, Backstroke, IM
MacKenna Hall	Freshman	Diving
Kayla Keoveunxay	Freshman	Diving
Sydney Massucco	Freshman	Sprints, Distance, IM
Olivia O'Brien	Freshman	Diving
Eileen Song	Freshman	Breaststroke, IM, Sprints
Vivian Taylor	Freshman	Breaststroke, IM, Sprints
Samantha Whitton	Freshman	Diving



Not sure how the word “dynasty” is defined in Webster’s dictionary, but the Girls Varsity Swim and Dive team may be reaching the parameters of the definition. 2023 saw the Eagles win their 9th straight CIF D-1 title, its 23rd consecutive Trinity league title, and its 5th State title. The girls won the Swimming World Independent School National Title and the NISCA National Dual Meet championship and set a national record in the 200 free relay, but 2024 looks to be an equally deep and talented team.

The senior class may not be numerous, but the talent is there to pursue CIF and State titles. **Kaitlyn Kreb** made the most of her first year on the varsity in 2023 by swimming a :23 leg on the 200 free relay at CIF prelims. Kaitlyn is being recruited by several colleges and is hungry to qualify for CIF in an individual event. **Zoe Le** was elected as one of the team captains and has had a spectacular off-season in preparation for her final high school year. A threat to make CIF in the 100 back and 200 free, Zoe is also a world-class photographer. **Ariel Lin** swam key legs on the CIF 200 medley relay championship team and the CIF and state title winning 400 free relay. Ariel has signed with Cornell and qualified for her first state finals in an individual event last year in the 50 free and is aiming for a double in 2024. **Sheridan Smith** returns to SMCHS after diving for the Eagles as a 9th and 10th grader. Sheridan is a nationally ranked diver who qualified for CIF state and U.S.A. diving nationals. **Makenna Wilson**, also named a team captain in 2024 saw her first action in CIF with a CIF swim in the 200 IM. A strong backstroke and fly swimmer as well, Makenna’s positive attitude is infectious.

The junior class is unprecedented in their talent and accomplishments but are also all very cool people! **Gracyn Aquino** enjoyed a breakout performance in 2023 winning her first individual CIF and State titles in the 50 free. Gracyn has verbalized to Cal and ranks as one of the nation’s finest sprinters. **Nicole Christensen** took her talents all the way to the State championships in the IM. In 2024, Nicole has improved in all four strokes and dropped her P.R. in the IM to a 2:03 which would score at State finals. **Cameron Craycraft** has been steadily improving her dive list. Her improvement was demonstrated in 2023 when she qualified for her first CIF diving championships. **Sammy Cummins** rocked her first State appearance swimming the 500 freestyle in Clovis. An improving middle-distance and freestyle sprinter, Sammy was sought by colleges across the country before verbalizing to the University of Kansas. **Jenna Haigh’s** diving skills took a leap forward in 2023 with her first CIF appearance. Jenna has been working hard to take the next leap in her diving and advancing to CIF finals. **Giselle Hollis** made it two-for-two with qualifying for CIF in her first two seasons. Already a touted distance swimmer, Giselle has improved her range to include the 50 and 100 freestyle sprints and has the ability to swim in college. **Morgan Hoppe** moved up to varsity in 2023 and immediately earned a swim at CIF in the 100 breaststroke. Morgan has increased her power in the

sprints and is now at a :52 in the 100 making her a threat in CIF in this event too. **Audrey Lee** has been a target of college coaches for years and is ready to make her decision known. In 2023 Audrey swam at her first individual State final swim in the 100 free and swam a leg on the State championship 400 freestyle relay. **Victoria Mori** has arguably taken the biggest strides forward with best times in the 200 free (1:49), 100 free (:50), and 200 IM (2:02) in the past few months. Getting multiple swims at State finals is in Victoria’s future. **Teagan O’Dell** shattered the national record in the 200 IM in 2023 and was awarded the title of National Swimmer of the Year by Swimming World magazine. Teagan’s future is unlimited and will be a Cal Golden Bear in 2025. **Chloe Stinson** has become one of the top butterfly fliers in the nation this past year after garnering two All-American times in the 100 fly in 2022 and 2023. Chloe has verbalized to North Carolina and swam a leg on the CIF champion and CIF record-setting 200 medley relay last year.

Sophomore **Hannah Campbell** has taken great strides in the off-season in all her freestyle events. Now a sub-5:00 500 freestyler, Hannah plans on jumping from the JV in 2023 to State finals in 2024. **Kali Rankin Zelada** has improved to a 5:07 in her 500 freestyle and dreams of grabbing a CIF spot in the distance event. Kali trajectory of improvement can get her into scoring territory at CIF. **Kenna Stinson** raced to a CIF berth in her freshman year in 2023 in the 200 freestyle. Kenna’s swim scored invaluable points at CIF and sees taking the next step to State. **Sophia Zhu** earned her spot on the varsity as a freshman with a CIF swim in her first year with SM. Her time in breaststroke also qualified her to swim at the state championships.

Several freshmen, including the largest contingent of divers are set to make a splash and carry on the team tradition of excellence. **Katie Brown** brings years of age group experience to the team and will add her talents in back and distance to the Eagles. **Sydney Massucco** is a pure sprinter. With CIF potential in the 50, Sydney is a swimmer on the rise. **Eileen Song** is a developing breaststroke swimmer and sprint freestyler with times good enough to score at CIF. **Vivian Taylor** brings her experience swimming at Junior Nationals to the team—her breaststroke time would have qualified for State in 2023. **Mackenna Hall, Kayla Keoveunxay, Olivia O’Brien, and Samantha Whitton**, form a talented quartet of divers that all bring national-level diving to the Eagles. The team has never seen four such talented divers in the same class and will be the foundation of the dive team in the future.





Varsity Profiles

GRACYN AQUINO JUNIOR

Best Events	50 Free	100 Free	100 Back
	:22.68	:50.32	:55.49

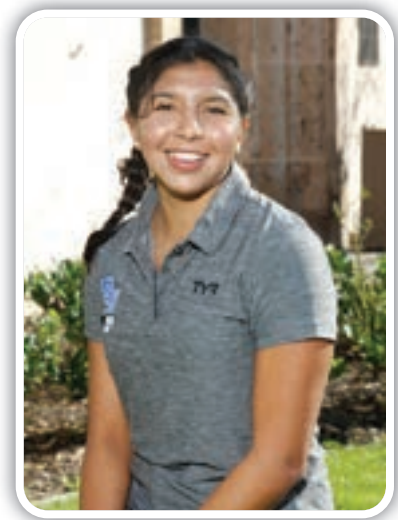
Profile:	Third Year on Varsity
Varsity Experience:	2023 NISCA All-American 50 & 100 free
Swimming Honors:	2023 CIF and State Champion 50 Free
Coach Blancs Say:	"Gracyn burst onto the swimming scene in 2023 winning her first individual CIF and State titles in the 50 free. An All-American in 2 events, verballed to Cal."



KATIE BROWN FRESHMAN

Best Events	200 Free	500 Free	100 Back
	1:57.08	5:11.81	1:00.25

Profile:	First Year on Varsity
Varsity Experience:	Swims for the San Clemente Aquatics Team
Swimming Honors:	Sectionals Qualifier
Coach Blancs Say:	"Katie is a freshman joining the varsity and is looking to make a splash in the distance freestyles and the backstroke. Katie has the skills to make CIF and score in the top 18."



HANNAH CAMPBELL SOPHOMORE

Best Events	500 Free	200 Free	100 Free
	4:57.40	1:51.77	:52.55

Profile:	First Year on Varsity
Varsity Experience:	2023 JV League Champion 100 & 200 Free
Swimming Honors:	2023 CIF Consideration 100 & 200 Free
Coach Blancs Say:	"Arguably the most improved swimmer in CIF, Hannah now has CIF and State scoring potential in the freestyle events. A rare sub-5:00 500 swimmer, colleges look out!"





NICOLE CHRISTENSEN **JUNIOR**

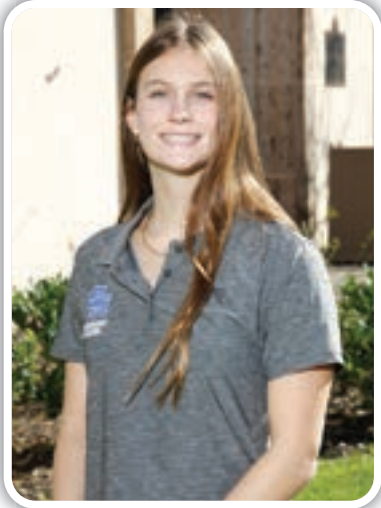
Best Events	200 IM	100 Breast	200 Free
	2:03.58	1:04.85	1:51.54

Profile:

Varsity Experience: **Third Year on Varsity**

Swimming Honors: **2023 CIF Finals 200 IM and 100 Breast**
2023 State Qualifier 200 IM

Coach Blancs Say: **"Nicole enjoyed a monster off-season lowering her best times in the 200 IM and free. Nicole is being looked at by multiple colleges & is swift enough for state finals."**



CAMERON CRAYCRAFT **JUNIOR**

Best Events	Diving
	CIF: 116.65--26th League: 335.40--5th

Profile:

Varsity Experience: **Third Year on Varsity**

Diving Honors: **2023 CIF Division 1 Qualifier**
Dives for the Mission Viejo Nadadores

Coach Blancs Say: **"Cameron moves into her junior year now possessing the experience from making her first CIF appearance in 2023. She looks to build upon this to score at CIF."**



SAMANTHA CUMMINS **JUNIOR**

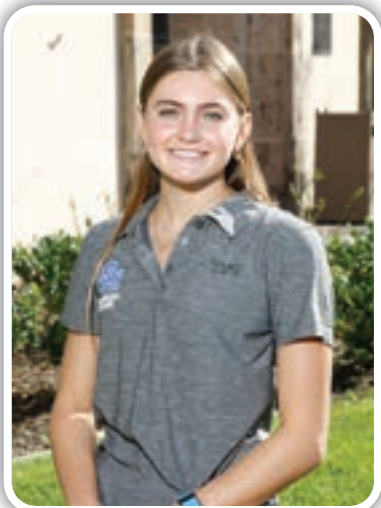
Best Events	500 Free	200 Free	100 Fly
	4:59.56	1:51.12	:56.41

Profile:

Varsity Experience: **Third Year on Varsity**

Swimming Honors: **2023 CIF State Qualifier--500 Freestyle**
2023 CIF Finalist--500 Freestyle

Coach Blancs Say: **"A Kansas Jayhawk commit, Samantha is one of the top middle-distance freestylers in the country. Samantha made State for this first time in '23 & wants more in '24."**





Varsity Profiles

JENNA HAIGH JUNIOR

Best Events

Diving

CIF: 385.25--15th

Profile:

Varsity Experience:

Third Year on Varsity

Diving Honors:

2023 CIF Division 1 Finalist--15th Place

Dives for the Mission Viejo Nadadores

Coach Blancs Say:

"Jenna not only qualified for her first CIF diving championships, she scored in the top 18 to add points to the team's CIF run. Jenna is improving with each dive."



MACKENNA HALL FRESHMAN

Best Events

Diving

First Year Diving with SMCHS

Profile:

Varsity Experience:

First Year on Varsity

Diving Honors:

Dives for Crown Valley Divers

USA Diving Junior Regionals Qualifier

Coach Blancs Say:

"Newcomer MacKenna brings athleticism and enthusiasm to the team. Her skills will allow her to complete for a spot at both CIF and the CA State championships."



GISELLE HOLLIS JUNIOR

Best Events

100 Free	200 Free	500 Free
:52.50	1:51.47	5:04.34

Profile:

Varsity Experience:

Third Year on Varsity

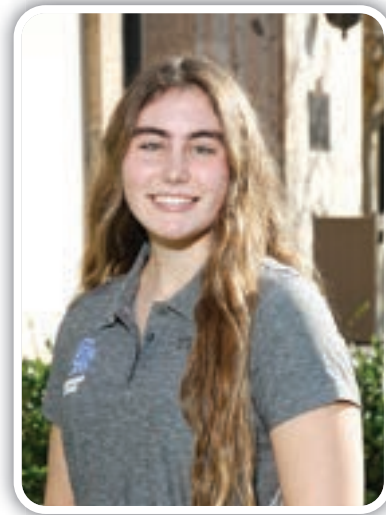
Swimming Honors:

2023 CIF Division 1 Finalist--500 Free

Two-Time All-CIF: 200 free and 500 free

Coach Blancs Say:

"Giselle has qualified for CIF in each of her first two seasons and also has a State swim in her repertoire as well. One of the best young middle-distance swimmers."





MORGAN HOPPE JUNIOR

Best Events	50 Free	100 Free	100 Breast
	:24.01	:52.28	1:06.10

Profile:	Second Year on Varsity
Varsity Experience:	2023 CIF Finalist--100 Breaststroke
Swimming Honors:	2023 CIF Prelims--200 Freestyle Relay
Coach Blancs Say:	"Morgan had an amazing 2023 with her first year on varsity and a first CIF swim in the breaststroke. One of the most improved sprinters in CA in the 100 free."



KAYLA KEOVEUNKAY FRESHMAN

Best Events	Diving
	First Year Diving with SMCHS

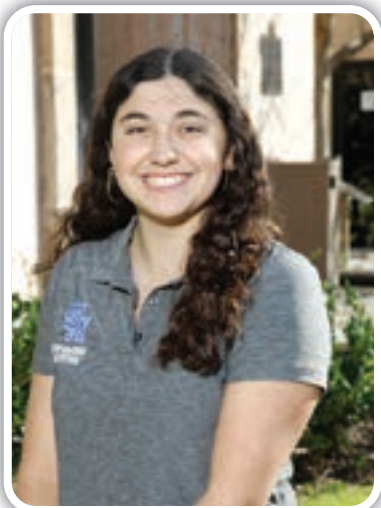
Profile:	First Year on Varsity
Varsity Experience:	Dives for the Mission Viejo Nadadores
Diving Honors:	USA Diving Zone Qualifier
Coach Blancs Say:	"Joining the largest SM dive team in SM history, Kayla is a highly skilled and accomplished diver with CIF and State potential. Kayla has an unlimited future."



KAITLYN KREB SENIOR

Best Events	50 Free	100 Free	100 Fly
	:24.25	:53.19	:59.92

Profile:	Second Year on Varsity
Varsity Experience:	2023 CIF Consideration 50 Freestyle
Swimming Honors:	2023 CIF Prelims--200 Freestyle Relay
Coach Blancs Say:	"Kaitlyn got a taste of CIF in her first year on varsity in 2023 swimming a swift leg of the CIF prelim 200 free relay. Now she is hungry for more & an individual swim."





Varsity Profiles

ZOE LE SENIOR

Best Events	100 Back	200 Free	500 Free
	:59.30	1:58.09	5:17.20

Profile:

Varsity Experience:	Second Year on Varsity
Swimming Honors:	2023 CIF Consideration--500 Free, Back 2023 JV League Champ--500 Free, Back
Coach Blancs Say:	"Zoe has made significant strides in her middle distance freestyle time and now is a multi-event threat to make CIF. A strong backstroke specialist as well."



AUDREY LEE JUNIOR

Best Events	50 Free	100 Free	200 Free
	:23.22	:50.83	1:50.45

Profile:

Varsity Experience:	Third Year on Varsity
Swimming Honors:	2023 State Champion--400 Free Relay 2023 State Finalist--100 Freestyle
Coach Blancs Say:	"Audrey earned her first State title with a leg on the 400 free relay team at state. Audrey also scored in the 100 freestyle at State and is being recruited heavily."



ARIEL LIN SENIOR

Best Events	50 Free	100 Free	200 Free
	:23.36	:51.06	1:51.89

Profile:

Varsity Experience:	Fourth Year on Varsity
Swimming Honors:	2023 State Champion--400 Free Relay 2023 State Finalist--50 Freestyle
Coach Blancs Say:	"Ariel earned her first individual CIF State scoring swim racing to a 14th place finish. Ariel also swam a critical leg on the State winning 400 FR. Has signed with Cornell."





SYDNE MASSUCCO **FRESHMAN**

Best Events	50 Free	100 Free	200 Free
	:24.94	:54.12	2:04.65

Profile:	
Varsity Experience:	First Year on Varsity
Swimming Honors:	Swims for the Irvine Novaquatics Sectionals qualifier
Coach Blancs Say:	"An intriguing swimming prospect, Sydnie has the potential of developing into a swift sprinter. Sydnie has the power and technique to gain a seat at the CIF table."



VICTORIA MORI **JUNIOR**

Best Events	200 IM	200 Free	100 Fly
	2:02.46	1:49.83	:55.23

Profile:	
Varsity Experience:	Third Year on Varsity
Swimming Honors:	2023 CIF Finalist--200 IM, 100 Breast Junior Nationals Qualifier
Coach Blancs Say:	"Through her hard work this off-season, Victoria is poised for a break-out year. Victoria has broken 1:50 in the 200 free and is aiming to break 2:00 in the IM."



OLIVIA O'BRIEN **FRESHMAN**

Best Events	Diving
	First Year Diving with SMCHS

Profile:	
Varsity Experience:	First Year on Varsity
Diving Honors:	Dives for the Mission Viejo Nadadores USA Diving Zone Qualifier
Coach Blancs Say:	"Olivia brings years of diving experience to Team SM and is set to be an integral part of the diving team's run at CIF. A nationally-ranked diver--huge future."





Varsity Profiles

TEAGAN O'DELL JUNIOR

Best Events	200 IM	100 Back	200 Free
	1:53.38	:50.96	1:43.35

Profile:	Third Year on Varsity
Varsity Experience:	2023 HS Swimmer of the Year
Swimming Honors:	2023 Double Gold Medals--Jr. Worlds
Coach Blancs Say:	"Teagan rightfully earned the national high school swimmer of the year in 2023. She broke Tori Huske's national record in the IM and has verballed to the Cal Bears."



KALI RANKIN ZELADA SOPHOMORE

Best Events	500 Free	200 Free	100 Fly
	5:07.32	1:58.22	1:02.62

Profile:	Second Year on Varsity
Varsity Experience:	2023 CIF Consideration--500 Freestyle
Swimming Honors:	Sectionals qualifier
Coach Blancs Say:	"Not satisfied with her freshman year, Kali has been on a tear in the distance free-styles. Already swimming PR's in the 200 and 500 free, CIF is in her sights in both."



SHERIDAN SMITH SENIOR

Best Events	Diving
	CIF: 485.90--2nd League: 458.05--2nd

Profile:	Third Year on Varsity
Varsity Experience:	Dives for the Mission Viejo Nadadores
Diving Honors:	USA Diving National Championships
Coach Blancs Say:	"Sheridan returns to SM after diving for the Eagles in 9th and 10th grade. One of the best divers in the nation and in SM history, Sheridan has signed with Miami."





EILEEN SONG **FRESHMAN**

Best Events	100 Breast	200 IM	200 Free
	1:05.17	2:07.92	1:55.98

Profile:	
Varsity Experience:	First Year on Varsity
Swimming Honors:	Sectionals Qualifier Swims for SOCAL Aquatics
Coach Blancs Say:	"Eileen had a smashing Summer Age Group championships and is ready to go for high school swim season. A top breaststroker & emerging sprinter, has a big-time future."



CHLOE STINSON **JUNIOR**

Best Events	100 Fly	50 Free	100 Free
	:54.15	:23.33	:50.67

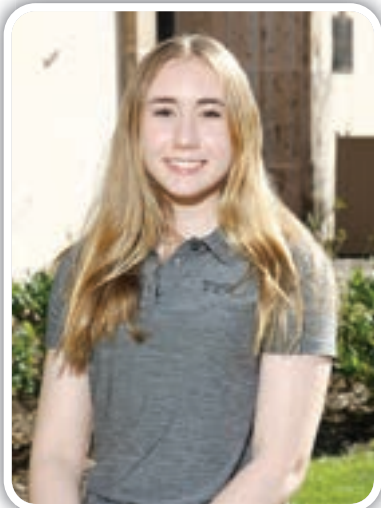
Profile:	
Varsity Experience:	Third Year on Varsity
Swimming Honors:	2023 State Champion--200 Free Relay 2023 CIF Division 1 Champ--Medley Relay
Coach Blancs Say:	"An All-American in the fly, Chloe has worked tirelessly to now be a dominant free sprinter too. Chloe is a state champ (200 FR) & has verbally to North Carolina."



KENNA STINSON **SOPHOMORE**

Best Events	100 Back	200 Free	200 IM
	:57.32	1:52.09	2:08.23

Profile:	
Varsity Experience:	Second Year on Varsity
Swimming Honors:	2023 CIF Finalist--200 Freestyle 2023 State Qualifier--200 Freestyle
Coach Blancs Say:	"Kenna enjoyed a spectacular freshman campaign qualifying and scoring in the 200 free at CIF. She has dropped a second in her 100 back and is a dual event threat."





Varsity Profiles

VIVIAN TAYLOR FRESHMAN

Best Events	100 Breast	200 IM	100 Free
	1:04.21	2:08.12	:53.75

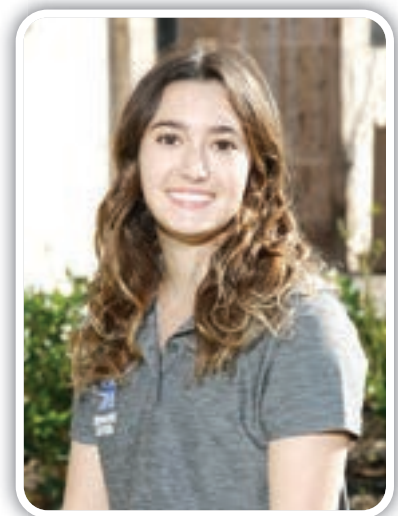
Profile:	First Year on Varsity
Varsity Experience:	Junior Nationals Qualifier
Swimming Honors:	Swims for the Mission Viejo Nadadores
Coach Blancs Say:	"One of the most exciting freshmen to make varsity, Vivian already is one of the top breaststroke swimmers in the nation. She swam at Junior Nationals this winter."



SAMANTHA WHITTON FRESHMAN

Best Events	Diving
	First Year Diving with the Eagles

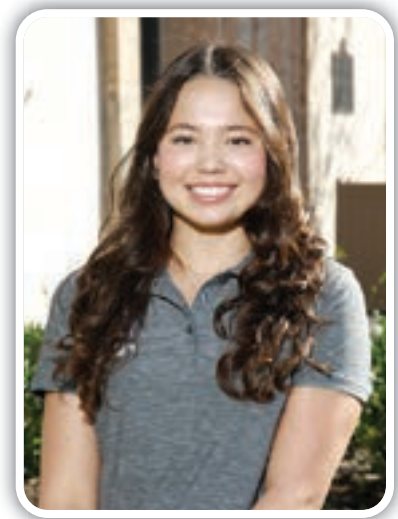
Profile:	First Year on Varsity
Varsity Experience:	USA Diving Zone Qualifier
Diving Honors:	Dives for the Mission Viejo Nadadores
Coach Blancs Say:	"Samantha joins the Eagle Diving team and hi-level technique to the springboards. A nationally ranked diver, Samantha is also an academic star in the classroom."



MAKENNA WILSON SENIOR

Best Events	200 IM	100 Back	100 Fly
	2:08.00	:59.61	:59.28

Profile:	Third Year on Varsity
Varsity Experience:	2023 CIF Qualifier--200 IM
Swimming Honors:	2023 Trinity League Finalist--200 IM
Coach Blancs Say:	"Makenna enters her senior year with a plethora of CIF consideration times. A tremendous work-ethic powers Makenna's improvement & CIF hopes in the back & IM."





SOPHIA ZHU **SOPHOMORE**

Best Events	100 Breast	50 Free	200 IM
	1:05.30	:24.86	2:10.52

Profile:

Varsity Experience: **Second Year on Varsity**

Swimming Honors: **2023 CIF Finalist 100 Breaststroke
2023 State Qualifier 100 Breaststroke**

Coach Blancs Say: **"Sophia's freshman year ended with a flourish with CIF qualification in the 100 breast, which also got her an entry at CIF State. Sophia is also improving in the 50."**



EVAN BUERAS **JUNIOR**

Best Events	100 Back	100 Fly	50 Free
	:54.95	:53.14	:23.46

Profile:

Varsity Experience: **First Year on Varsity**

Swimming Honors: **2023 Double JV league runner up--fly/back
Open School Records --100 IM, 50 fly/back**

Coach Blancs Say: **"Evan takes the next step in his swimming progression going from record-setting on the Open to CIF consideration on JV last year. Evan has the chops to make CIF."**



HUNTER CEHELNIK **SENIOR**

Best Events	50 Free	100 Free	200 Free
	:20.53	:44.46	1:37.75

Profile:

Varsity Experience: **Third Year on Varsity**

Swimming Honors: **2023 State Finalist--50 and 100 Free
School Record Holder--50 and 100 Free**

Coach Blancs Say: **"Hunter enjoyed a historic season in 2023 shattering two SM school records in the 50 and 100 free. A four-time All-American in 2023, Hunter has signed with UCSD."**



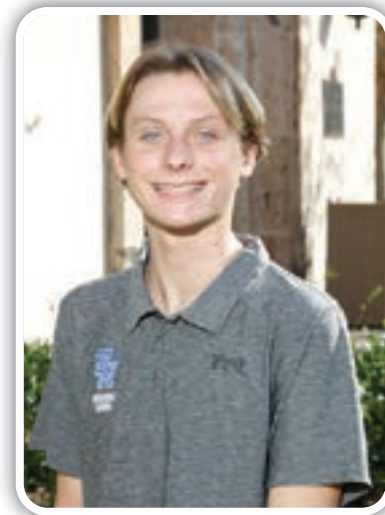


Varsity Profiles

LUKE COLLINS FRESHMAN

Best Events	500 Free	200 Free	200 IM
	4:39.29	1:45.43	2:00.39

Profile:	
Varsity Experience:	First Year on Varsity
Swimming Honors:	Sectionals Qualifier Swims for the Irvine Novas
Coach Blancs Say:	"An exciting freshman prospect, Luke is already turning heads with his distance free swims. Luke's 500 free time already meets CIF standards. A strong IMer too."



CARSON EICH SOPHOMORE

Best Events	200 Free	100 Free	100 Back
	1:43.52	:47.71	:54.92

Profile:	
Varsity Experience:	Second Year on Varsity
Swimming Honors:	2023 CIF Consideration 50 and 100 Free 2023 Trinity League Finalist--50 Free
Coach Blancs Say:	"One of the most improved swimmers in OC, Carson has been a tear with his fast swims in the 50-200 freestyles. Carson is set for a huge 2024 with CIF in his sights."



DANIEL FU JUNIOR

Best Events	100 Fly	100 Free	50 Free
	:50.55	:47.09	:21.72

Profile:	
Varsity Experience:	Third Year on Varsity
Swimming Honors:	2023 CIF Consideration Times--Fly, Back 2023 Double Trinity League JV Champ
Coach Blancs Say:	"Daniel is rapidly devleping into a sprint freestyle and flyer with CIF scoring ability. Daniel is posting life-time bests since the last year and will have a breakout year."





DEAN FUJIMOTO **SENIOR**

Best Events	100 Back	200 IM	200 Free
	:53.32	1:57.12	1:45.00

Profile:

Varsity Experience: Third Year on Varsity

Swimming Honors: 2023 CIF Consideration--50, 200, & Back
2023 Varsity Scholar Athlete of the Year

Coach Blancs Say: "Dean has been a consistent threat in the 100 back and has now broken 2:00 in the IM. Dean has CIF in his sights and will wrap his high school career with a flourish."



RAMON JIANG **SENIOR**

Best Events	100 Free	200 Free	100 Back
	:44.85	1:38.79	:48.82

Profile:

Varsity Experience: Fourth Year on Varsity

Swimming Honors: 2023 State Champion--200 Medley Relay
2023 All-American--50 Free & 100 Back

Coach Blancs Say: "A star as a freshman, Ramon just keeps getting faster. A state finalist threat in multiple events, Ramon has times in 6 of the 8 events to make state. Army signee."



SONIT JOSHI **SOPHOMORE**

Best Events	100 Breast	200 IM	100 Fly
	:58.32	1:58.29	:53.70

Profile:

Varsity Experience: Second Year on Varsity

Swimming Honors: 2023 CIF Qualifier--100 Breaststroke
2023 Double JV League Champ--IM/Breast

Coach Blancs Say: "Sonit burst on the OC swimming scene with a CIF swim in the 100 breaststroke in his freshman year. Now in year two, Sonit is gearing up for a top 18 CIF finish."





Varsity Profiles

WILLIAM JUNG JUNIOR

Best Events	100 Breast	200 IM	100 Free
	:59.07	2:04.76	:50.05

Profile:	First Year on Varsity
Varsity Experience:	2023 CIF Consideration 100 Breast
Swimming Honors:	2023 Trinity JV League Champ--100 Free
Coach Blancs Say:	"Moving up from the JV, William sees CIF in his future. A member of the team's deep breaststroke corp, William has been working hard since '23 and is set for '24."



CHASE KIM SOPHOMORE

Best Events	50 Free	100 Free	100 Breast
	:22.18	:49.89	1:00.99

Profile:	Second Year on Varsity
Varsity Experience:	2023 CIF Considerations--100 Breaststroke
Swimming Honors:	2023 JV League Champ--Med & 200 FR
Coach Blancs Say:	"Chase has seen his sprint freestyle times drop from last year, and with his 6'3" tall frame, faster 50 and 100 freestyles will happen. Look for a CIF swim for Chase."



MATTHEW KIM JUNIOR

Best Events	500 Free	200 Free	200 IM
	4:38.36	1:43.33	1:55.17

Profile:	Third Year on Varsity
Varsity Experience:	2023 CIF Qualifier--500 Freestyle
Swimming Honors:	2023 CIF Consideration--200 IM
Coach Blancs Say:	"Through diligence and determination, Matthew broke through with life-time bests in the 200 and 500 free last winter. With 2 CIF swims already, top 18 is real."





ADAM LEE **JUNIOR**

Best Events	500 Free	200 Free	100 Free
	4:35.22	1:39.60	:46.29

Profile:
 Varsity Experience: **Second Year on Varsity**
 Swimming Honors: **2023 CIF Finalist--200 Freestyle
 2023 CIF Qualifier--100 and 200 Free**
 Coach Blancs Say: **"Adam is improving every day and has broken the magic 1:40 barrier in the 200. His 500 and sprint frees have all made Futures. '24 will be his year to make state."**



NICHOLAS LEE **JUNIOR**

Best Events	500 Free	200 Free	100 Free
	4:39.90	1:41.50	:46.57

Profile:
 Varsity Experience: **Second Year on Varsity**
 Swimming Honors: **2023 CIF Finalist--100 & 200 Freestyle
 2023 CIF Consideration--Back & 500 Free**
 Coach Blancs Say: **"With 2023 being Nicholas' first year at SMCHS, he moved up to CIF Division 1 with 2 swims. This year, Nicholas wants to take the next step and make State too."**



TYLER LEE **FRESHMAN**

Best Events	500 Free	200 Free	200 IM
	4:53.58	1:45.43	1:59.66

Profile:
 Varsity Experience: **First Year on Varsity**
 Swimming Honors: **Sectionals Qualifier
 Swims for the Irvine Novaquatics**
 Coach Blancs Say: **"Tyler makes his bid to varsity with a series of spectacular time drops in the past few months. Tyler is now eyeing his first CIF times and possesses an awesome future."**





Varsity Profiles

COLE MATSUOKA SENIOR

Best Events	200 Free	500 Free	100 Free
	1:47.66	4:55.97	:49.96

Profile:
 Varsity Experience: Second Year on Varsity
 Swimming Honors: 2023 Trinity JV League Champ--200 Free
 2023 Double Trinity JV League Finalist
 Coach Blancs Say: "Cole is back to finish his high school swim career with a push to CIF. An outstanding distance freestyler, Cole also has range into fly, IM, and free sprints."



DARREN NGUYEN SOPHOMORE

Best Events	100 Back	100 Fly	200 IM
	:52.33	:51.27	1:55.89

Profile:
 Varsity Experience: Second Year on Varsity
 Swimming Honors: 2023 CIF Consideration--50, Fly & Back
 2023 Trinity League Finalist--50 Free
 Coach Blancs Say: "Darren is one of the most versatile swimmers on the team with CIF ability in the fly, back, IM, distance and sprints. Keep an eye on a swift 2024 for Darren."



VALENTINO NIETO JUNIOR

Best Events	Diving
	CIF: 470.05-4th State Qual: 243.05-9th

Profile:
 Varsity Experience: Second Year on Varsity
 Swimming Honors: 2023 CIF Championship Finalist
 2023 Qualified for State Dive zone meet
 Coach Blancs Say: "One of the most advanced divers in OC and the state, Valentino owns a CIF state appearance as a freshman. This year, he has the diving skills to make top 5 in CA."





TAYLOR THONGINTRA **FRESHMAN**

Best Events	100 Breast	200 IM	500 Free
	:57.45	1:53.80	4:39.47

Profile:	First Year on Varsity
Varsity Experience:	Futures Qualifier
Swimming Honors:	Swims for AZOT
Coach Blancs Say:	"One of the fastest freshmen in the U.S., Taylor brings an exciting present and a dominant future to SM. With continued drops, Taylor focuses on State finals in '24."



DANIEL VERDOLAGA **SENIOR**

Best Events	100 Fly	200 IM	100 Free
	:47.01	1:47.62	:45.49

Profile:	Fourth Year on Varsity
Varsity Experience:	2023 All-American 100 Fly & 200 IM
Swimming Honors:	School Record--100 Butterfly
Coach Blancs Say:	"Daniel quite simply is the best butterfly SM has seen. Breaking a legendary SM record in the 100 fly, Daniel will push for the state title in the fly. Signed with Army."



NATHAN WU **SENIOR**

Best Events	100 Breast	200 IM	500 Free
	:55.15	1:50.17	4:38.66

Profile:	Fourth Year on Varsity
Varsity Experience:	2023 State Finalist--100 Breast, 200 IM
Diving Honors:	School Record Holder--100 Breaststroke
Coach Blancs Say:	"No one in SM history can claim the title as the fastest breaststroke swimmer in SM history than Nathan. A double state finalist, Nathan will swim at USC in '25."





Varsity Profiles

JERRY YAN SENIOR

Best Events	100 Fly	100 Back	50 Free
	:48.51	:49.67	:21.26

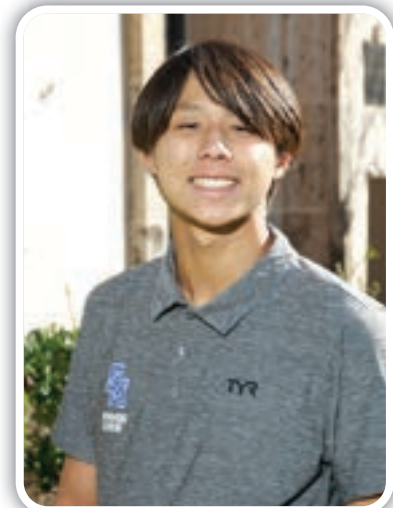
Profile:
 Varsity Experience: Fourth Year on Varsity
 Swimming Honors: 2023 State Qualifier--100 Fly & 100 Back
 2023 All-American 100 Fly and 100 Back
 Coach Blancs Say: "Jerry earned his way to become one of the best flyers and backstroke swimmers in the U.S. Double All-American and 2x state finalist, he has signed with Columbia."



RYLEY YOO SENIOR

Best Events	100 Fly	100 Breast	200 IM
	:50.22	:58.91	1:54.93

Profile:
 Varsity Experience: Third Year on Varsity
 Swimming Honors: 2023 CIF Qualifier--100 Butterfly
 2023 CIF Consideration--200 IM & Breast
 Coach Blancs Say: "Ryley has made it to CIF each of the past two years and is ready to not only make CIF but score and advance to state. An IM & fly specialist, a great college prospect."



ZACHARY ZHANG SOPHOMORE

Best Events	100 Breast	500 Free	200 IM
	:58.59	4:59.88	1:59.23

Profile:
 Varsity Experience: Second Year on Varsity
 Swimming Honors: 2023 CIF Qualifier--100 Breaststroke
 2023 Trinity League Finalist--100 Breast
 Coach Blancs Say: "Zach is a member of an elite club--a 9th grader who qualified for CIF. Breaststroke ace Zach is driven to take the next step and earn a swim at the State finals."





Girls Varsity

200 Medley Relay	Macky Hodges, Teagan O'Dell, Justina Kozan, Lindsay Ervin	1:39.04@	2022
200 Freestyle	Katie McLaughlin	1:43.01@	2015
200 Individual Medley	Teagan O'Dell	1:53.38*@	2023
50 Freestyle	Teagan O'Dell	:22.40@	2023
100 Butterfly	Katie McLaughlin	:51.53*	2015
100 Freestyle	Katie McLaughlin	:48.69	2015
500 Freestyle	Teagan O'Dell	4:42.90	2023
200 Freestyle Relay	Teia Salvino, Asia Kozan, Gracyn Aquino, Teagan O'Dell	1:29.61*@	2023
100 Backstroke	Teagan O'Dell	:50.96@	2023
100 Breaststroke	Teagan O'Dell	:59.73@	2023
400 Freestyle Relay	Macky Hodges, Teia Salvino, Teagan O'Dell, Justina Kozan	3:14.80*@	2022
Diving	Alexandra Barnes	576.55	2019

Boys Varsity

200 Medley Relay	Humberto Najera, Nathan Wu, Daniel Verdolaga, Ramon Jiang	1:29.01@	2023
200 Freestyle	Grant Shoults	1:33.26*@	2016
200 Individual Medley	Humberto Najera	1:46.03	2023
50 Freestyle	Hunter Cehelnik	:20.48	2023
100 Butterfly	Daniel Verdolaga	:47.23	2023
100 Freestyle	Hunter Cehelnik	:44.27	2023
500 Freestyle	Grant Shoults	4:12.87*@	2016
200 Freestyle Relay	Hunter Cehelnik, Allen Cai, Daniel Verdolaga, Ramon Jiang	1:22.08@	2023
100 Backstroke	Humberto Najera	:47.36@	2023
100 Breaststroke	Nathan Wu	:55.15	2023
400 Freestyle Relay	Humberto Najera, Allen Cai, Jaden Ficklen, Hunter Cehelnik	2:59.60@	2023
Diving	Nicholas Leavell	599.55	2019

* National High School Record
@ Orange County Record



Olympic Trials

- Phillipe Demers–1996, 2000
- Frank Uxa–2000
- Matt Martin–2000
- Meagan Brown–2008
- Conor Murphy–2012
- Katie McLaughlin–2012, 2016, 2021
- Mackenzie Degn–2016
- Isabelle Odgers–2016, 2021
- Kahley Rowell–2016
- Grant Shoults–2016, 2021
- Samantha Shelton–2016
- Chris Taber–2016
- Noah Brune–2021
- Ella Ristic–2021
- Justina Kozan–2021
- Macky Hodges–2021
- Anicka Delgado–2021
- Humberto Najera–2021

Class of 1991

- Kevin Henricks–Auburn (swim)

Class of 1994

- Paul Ferguson–Air Force (polo)
- Brendan Herlihy–Denison (swim)

Class of 1995

- Lisa Henningsen–Saddleback (swim)
- Brooke Martin–USC (swim)
- Cassandra Sanders–USC (polo)

Class of 1996

- Stephen Ferguson–Long Beach St. (polo)
- John Peterson–LMU (swim)
- Caroline Staub–Cal (polo)

Class of 1997

- Phillipe Demers–USC (swim)
- Julie Egus–Cal Baptist (polo)
- Katie Ferguson–Cal Baptist (polo)
- Siobhan Herlihy–Peperdine (swim)
- Matt Martin–Purdue (swim)
- Marianne Scheil–Saddleback (swim)
- Matt Shipstead–Air Force (swim)
- Trevor Walsh–Princeton (polo)

Class of 1998

- Chris Ansevin–George Washington (polo)
- Andrew Jensen–LMU (polo)
- Justin Kroeze–USC (polo)
- Ryan Peterson–UC Santa Cruz (swim)
- Tyler Wilson–Dartmouth (polo)
- Frank Uxa–Cal (swim)



Jeni Griffin '17

Class of 1999

- Laurie Egus–Saddleback (swim)
- James Major–Saddleback (swim)
- Kristen Marquis–Texas (dive)
- Dominique Rash–Brown (polo)
- Lauren Roberts–LMU (swim)



Katie McLaughlin '15

Class of 2000

- Kristin Buhagiar–UCI (swim)
- Alex DeRubira–Bowdoin (swim)
- Jamie Kroeze–LMU (polo)
- Erin McKeon–USC (dive)
- Becca Peterson–LMU (polo)
- Rachelle Routsong–BYU (dive)
- Alicia Sayles–Saddleback (swim)
- Pia Tomescu–Mary Washington (swim)

Class of 2001

- Katy Kunkel–UCSB (polo)
- Clare Peyrebrune–Michigan (polo)
- Edmund Herlihy–Pacific (swim)
- Jonathan Russell–Pacific (swim)
- Harris Radie–UCSB (swim)
- Lindsay Vaughn–Pacific (polo)





Class of 2002

- Brooke Chamberlain–Cal Poly SLO (swim)
- Michele Gonzalez–UCSB (swim)
- Kristina Kunkel–UCLA (polo)
- Shannon McKeon–UCI (dive)
- Darcy Mulhaupt–UCSB (polo)
- Shannon Packard–Northern Arizona (swim)
- Joaquin Pelaez–Rochester Instit. (swim)
- Mike Cavander–Colorado (swim)
- Nick Nolan–UCLA (polo)
- Matt Sabatasso–Cal Poly SLO (swim)

Class of 2003

- Erika Figge–USC (polo)
- Sarah Hamilton–LMU (polo)
- Jaime Hosner–North Texas (swim)
- Aimee Stachowski–UCSB (polo)
- Stephanie Scott–UCSB (swim)
- Kacy Kunkel–UCLA (polo)
- Erica Welch–Chapman (polo)
- Cutberto Hernandez–LMU (polo)
- Bryan Kelley–Redlands (swim)
- Tommy Markel–Pacific (polo)

Class of 2004

- Brittany Hosner–North Texas (swim)
- Anne Markel–LMU (polo)
- Alisa Rodriguez–Saddleback (polo)
- Morgan Tharpe–Saddleback (polo)
- Taylor Smith–Chapman (polo)
- Christina Maher–Sonoma St. (polo)
- Ryan Archdeacon–Johns Hopkins (swim)
- Bryce Cullinane–Stoneybrooke (swim)
- Toshi Kido–Middlebury (swim)



Tommy Jankovich '09, Garrison Nauman '10, Mike Tran '09, Mark Reese '09

Class of 2005

- Mary Cousineau–USC (polo)
- Kristin Palase–LMU (polo)
- David Husen–UCSB (polo)
- Julien Lomant–LMU (polo)

Class of 2006

- Darby Anderson–Cal (polo)
- Trudy Chancellor–UCI (polo)
- Caitlin Atkinson–San Diego St. (dive)
- Devonie Miguez–Pacific (swim)
- Katie Whitchard–Naval Academy (swim)
- Eric Babbitt–Wooster (swim)
- Brett Chamberlain–UCSB (swim)
- Hannah Feldman–Saddleback (polo)



Erika Figge '03

Class of 2007

- Alliso Beck–Maryland (polo)
- Mark Connor–Fordham (polo)
- Stephanie Lavayen–USC (polo)
- Eric Macey–Cal Maritime (polo)
- Amanda Nauman–Stevens Instit. (swim)
- Ashley Novack–San Diego St. (polo)
- Stephanie Peckham–Cal (polo)
- Jessica Stevenson–Marist (polo)
- Rickey Wilson–SMU (swim)

Class of 2008

- Kacey Anderson–Cal (polo)
- Meagan Brown–UC Santa Barbara (swim)
- Lorenzo Cadiz–Saddleback (swim)
- Breanna Gordon–Denison (swim)
- Stephen Hansen–Saddleback (swim)
- Sara Joseph–Indiana (polo)
- Mike Lockett–Custa (polo)
- Ryan Morasse–Saddleback (swim)
- Tyler Simmons–Concordia (polo)



Kimmy Woolfenden & Caitlin Caruso '19

Class of 2009

- Tommy Jankovich–SMU (swim)
- Joseph Kalb–Puget Sound (swim)
- Aaron Babbitt–Coe College (swim)
- Ross Kirkbaumer–George Washington (polo)
- Mark Reese–SMU (swim)
- Michael Tran–Denison (swim)



Class of 2010

- Alex Delaney–Columbia (swim)
- Samantha Goff–Villanova (polo)
- Dani Lombardi–Chapman (swim)
- Kahley Rowell–Cal (dive)
- Kassandra Smith–LMU (polo)
- Sarah Tennis–Villanova (polo)
- Rutger Choquehuanca–LMU (polo)
- Conor Murphy–Indiana (dive)
- Garison Nauman–Arizona (swim)



Allison Plamondon '17

Class of 2011

- Mackenzie Beck–LMU (polo)
- Carina Carballo–San Diego St. (polo)
- Shannon Mack–Pacific (swim)
- Tyler Jankovich–OCC (swim)
- Chad Naughton–Concordia (swim)
- Tony Vuona–UCI (polo)

Class of 2012

- Izzy Choquehuanca–San Diego St. (dive)
- Kellie Fecarotta–Duquense (swim)
- Megan Gehrich–Fordham (swim)
- Olivia Romo–Goldenwest (swim)
- Pablo Carballo–UCI (polo)
- Collin Latham–Florida Southern (swim)
- Kyle Olson–Saddleback (swim)
- Alex Simmons–Cal Lutheran (swim)

Class of 2013

- Tessa deRecat–Sonoma St. (polo)
- Emily Loughlin–Cal (polo)
- Morgan Martinez–UCI (polo)
- Jackie Villarreal–San Diego St. (polo)
- Stephen Riggins–UCLA (polo)
- Riley Smith–LMU (polo)



Emily Boggess '16

Class of 2014

- Kacey Avalos–Cal (polo)
- Kelli Baumgardner–UCI (polo)
- Diana Carballo–Marist (polo)
- Lizzie Devitt–Duke (swim)
- Payton Gabris–San Diego St. (dive)
- Emily Gibson–Cincinnati (swim)
- Roxy Markus–Saddleback (swim)
- Raquel Remick–Arizona St. (swim)
- Megan Roby–UC Santa Cruz (swim)
- Jax Shoults–UCLA (swim)
- Haley Wan–Princeton (polo)
- Annie Whelan–USC (dive)
- James Betz–Stevens Instit. (swim)
- Max Cervera–Goldenwest (swim)
- Chandler Kaltenbach–Long Beach St. (polo)
- Troy Kaltenbach–Long Beach St. (polo)
- Sage Pfeiffer–LMU (polo)
- Axel Reed–Chapman (swim)
- Chris Taber–Utah (swim)
- Logan Wright–Redlands (swim)



Andrea Laliena '15

Class of 2015

- Sydney Franzen–Rice (swim)
- Audrey Johnstone–Emmanuel (swim)
- Andrea Laliena–Cal Baptist (swim)
- Katie McLaughlin–Cal (swim)
- Abigael McShane–Providence (swim)
- Spencer Lupin–Peperdine (polo)
- Aaron Magazine–Towson (swim)
- Jerod Magazine–Providence (swim)
- Sam Slobodien–USC (polo)

Class of 2016

- Emily Boggess–UCSB (swim)
- Taylor Calaiacovo–Chapman (swim)
- Kristi Fecarotta–Boston College (swim)
- Maureen McShane–Lafayette (swim)
- Patricia Noble–Concordia (swim)
- Austin Clark–LMU (polo)
- Marc Morizono–Cornell (swim)
- Alex Piecuch–Navy (polo)
- Grant Shoults–Stanford (swim)



Ella Ristic '20



Class of 2017

- Jack Baumgardner–UCI (polo)
- Daniel Fang–Willamette (swim)
- Zach Lebovic–Lewis & Clark (swim)
- Kyle Monteleone–Lewis & Clark (swim)
- Alexander Qu–Chicago (swim)
- Kaikea Wilinski–Holy Cross (swim)
- Lucia Carballo–San Diego St. (polo)
- Julia Ferrara–Babson (swim)
- Jeni Griffin–Tulane (swim)
- Paige Gohr–Georgia Tech (dive)
- Vicki Ochoa–Cal Baptist (polo)
- Allison Plamondon–Seattle (swim)

Class of 2018

- Aiden Asuncion–Duong–Babson (swim)
- Jackson Odgers–USC (swim)
- AJ Rossman–Stanford (polo)
- Jacob Wright–UC Davis (polo)
- Londen Christensen–UC Davis (dive)
- Mariott Hoffmann–UCSB (swim)
- Caroline Needell–Amherst (swim)
- Isa Odgers–USC (swim)
- Bela Patino–George Washington (swim)
- Samantha Shelton–Harvard (swim)
- Joelle Weltner–Cal Poly SLO (dive)
- Jordan Werkmeister–San Diego St. (polo)

Class of 2019

- Caitlin Caruso–Seattle (swim)
- Kimmy Woolfenden–Air Force (swim)
- Mackenzie Degn–Cal Baptist (swim)
- Miranda Renner–UC San Diego (swim)
- Alexander Ness–Biola (swim)
- Jack Forsythe–Redlands (swim)
- Kevin Tu–Penn (swim)
- Nicholas Leavell–Michigan (dive)

- Noah Brune–Harvard (swim)
- Yurian Quinones–Princeton (polo)
- Jacob Marquez–UC San Diego (polo)

Class of 2020

- Ella Ristic–Indiana (swim)
- Mia Ristic–Indiana (swim)
- Anicka Delgado–USC (swim)
- Natalie Oien–UCSD (swim)
- Josette Odgers–UCSD (swim)
- Katie Nugent–UCSB (swim)
- Kayla Haigh–Cal (dive)
- Alexandra Barnes–Wisconsin (dive)
- Bailey Woinarowicz–LMU (swim)
- Junie Carlos–Cal Poly SLO (swim)
- Mike Maurer–Biola (swim)
- Hary Needell–Trinity (swim)



Anicka Delgado '20



Grant Shoultz '16

Class of 2021

- Connor Cohen–Pepperdine (polo)
- Miles Fujimoto–Chapman (swim)
- Alexandru Ispas–Northwestern (swim)
- Jack McHenry–Saddleback (swim)

Class of 2022

- Ian Asuncion–Duong–Air Force (dive)
- Isabella Abrajan–Duke (swim)
- Lindsay Ervin–Northwestern (swim)
- Abby Isaly–Cal Poly SLO (swim)
- Justina Kozan–USC (swim)
- Julia Stafford–Notre Dame (swim)
- Carty McMurray–UCLA (polo)
- Zach Cwiertnia–Pepperdine (polo)

Class of 2023

- Allen Cai–Columbia (swim)
- Jacob Cadaval–ASU (swim)
- Jaden Ficklen–Michigan (swim)
- Tony Ju–Cal Baptist (swim)
- Keller Morgan–USC (swim)
- Humberto Najera–Cal (swim)
- Jack Nugent–UCSB (swim)
- Ellie Davis–LMU (swim)
- Asia Kozan–UCSD (swim)
- Lena Li–UCSB (swim)
- Maggie McGuire–Auburn (swim)
- Abby O'Sullivan–Notre Dame (swim)
- Matty Tumini–Chicago (swim)
- Natasha Kieckhafer–UCLA (polo)
- Spencer Averitt–USC (polo)





Kaitlyn Krebs has All-CIF speed in the 50 free.



Junior **Sammy Cummins** is a top national freestyler.



Kenna Stinson was a double CIF swimmer qualifying in the 200 free and 100 back.



Frosh **Eileen Song** is an IM and breaststroke star.



Soph. **Sophia Zhu** qualified for CIF as a freshman.



Nicole Christensen is one of the top IM swimmers in CA.



Freshman **Katie Brown** has an exciting future.



Sophomore **Hannah Campbell** is a sub-5:00 500 freestyler—20 seconds faster than in 2023.



Morgan Hoppe made CIF in '23 and wants more in '24.



Giselle Hollis has freestyle range, 50 to 500.



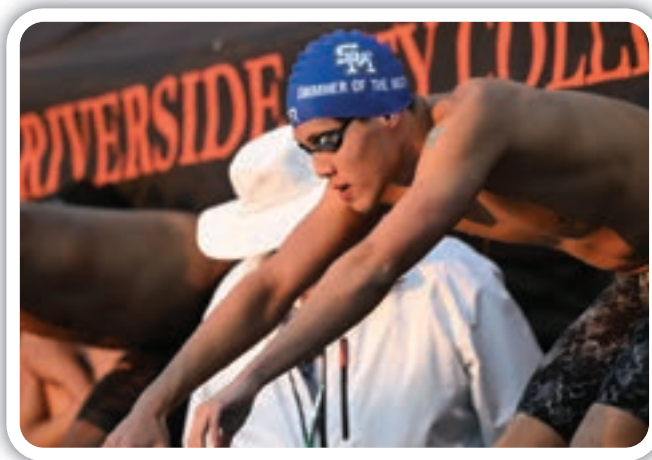
Frosh **Taylor Thongintra** is a swim star in the making.



Junior **Evan Bueras** makes his varsity debut.



Senior All-American **Hunter Cehelnik** shattered two school records in 2023—the 50 and 100 free.



Captain **Ramon Jiang** is the quintessential anchor.



Daniel Fu has blazing speed in the sprints and fly.



Sonit **Joshi** will take a swing at the 100 breast record.



All-CIF **Matthew Kim** dropped 4 seconds in the 500.



Junior **Nicholas Lee** qualified for CIF in the 100 and 200 freestyles in 2023.



Junior **Adam Lee** has become a distance ace.



Sophomore **Chase Kim** is progressing as a sprinter.



2024 CIF Standards

swim&diver
2024

Boys Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:35.43	1:46.00	1:39.27	1:45.72	1:44.95	1:53.76	1:54.17	2:04.32
200 Freestyle	1:40.91	1:46.74	1:43.83	1:51.05	1:47.63	1:57.87	1:52.78	2:11.00
200 Individual Medley	1:52.93	2:00.11	1:56.68	2:06.19	2:03.23	2:20.11	2:15.13	2:33.02
50 Freestyle	:21.27	:22.35	:21.72	:23.03	:22.33	:23.91	:23.16	:25.35
100 Butterfly	:49.89	:53.47	:51.25	:55.32	:53.28	1:00.27	:58.56	1:08.12
100 Freestyle	:46.24	:48.56	:47.80	:50.10	:48.78	:53.06	:51.36	:56.54
500 Freestyle	4:35.99	4:55.14	4:41.71	5:07.31	5:00.91	5:32.08	5:16.00	6:24.39
200 Freestyle Relay	1:25.99	1:37.00	1:29.46	1:37.20	1:32.95	1:38.73	1:40.47	1:48.25
100 Backstroke	:50.78	:55.81	:53.41	:58.74	:57.64	1:03.64	:58.58	1:10.30
100 Breaststroke	:57.72	1:01.06	:59.51	1:04.04	1:01.76	1:08.74	1:07.33	1:17.32
400 Freestyle Relay	3:09.56	3:30.00	3:16.64	3:28.99	3:27.65	3:46.59	3:48.10	4:10.87
Diving (11 Dives)	DD 22.5	DD 19.8	DD 21.5	DD 19.0	DD 20.5	DD 18.0	DD 20.5	DD 18.0

Girls Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:48.61	2:02.00	1:52.38	2:00.22	2:00.26	2:07.73	2:13.59	2:24.22
200 Freestyle	1:52.09	1:59.47	1:55.76	2:05.22	2:00.42	2:14.71	2:13.34	2:28.10
200 Individual Medley	2:05.42	2:14.36	2:09.88	2:21.64	2:19.06	2:34.78	2:32.56	2:47.40
50 Freestyle	:24.38	:25.41	:24.60	:26.14	:25.71	:27.33	:26.96	:29.59
100 Butterfly	:56.19	1:00.04	:57.45	1:03.57	1:00.11	1:09.08	1:10.49	1:20.99
100 Freestyle	:52.32	:55.43	:53.79	:57.59	:56.03	1:00.18	:59.70	1:06.56
500 Freestyle	5:06.39	5:28.33	5:11.16	5:44.90	5:23.71	6:13.62	6:02.18	6:46.12
200 Freestyle Relay	1:38.41	1:52.00	1:42.35	1:51.59	1:47.22	1:53.89	1:56.42	2:06.82
100 Backstroke	:58.08	1:02.51	1:00.34	1:06.20	1:02.17	1:11.03	1:07.36	1:18.02
100 Breaststroke	1:06.30	1:11.16	1:06.57	1:12.61	1:12.54	1:19.49	1:16.07	1:25.48
400 Freestyle Relay	3:35.00	4:06.00	3:44.44	4:06.40	3:56.71	4:21.04	4:17.71	4:49.51
Diving (11 Dives)	DD 22.5	DD 20.5	DD 21.5	DD 19.0	DD 20.5	DD 18.0	DD 20.5	DD 18.0



Junior All-American **Chloe Stinson** is set to dominate the fly and sprint free events in 2024.

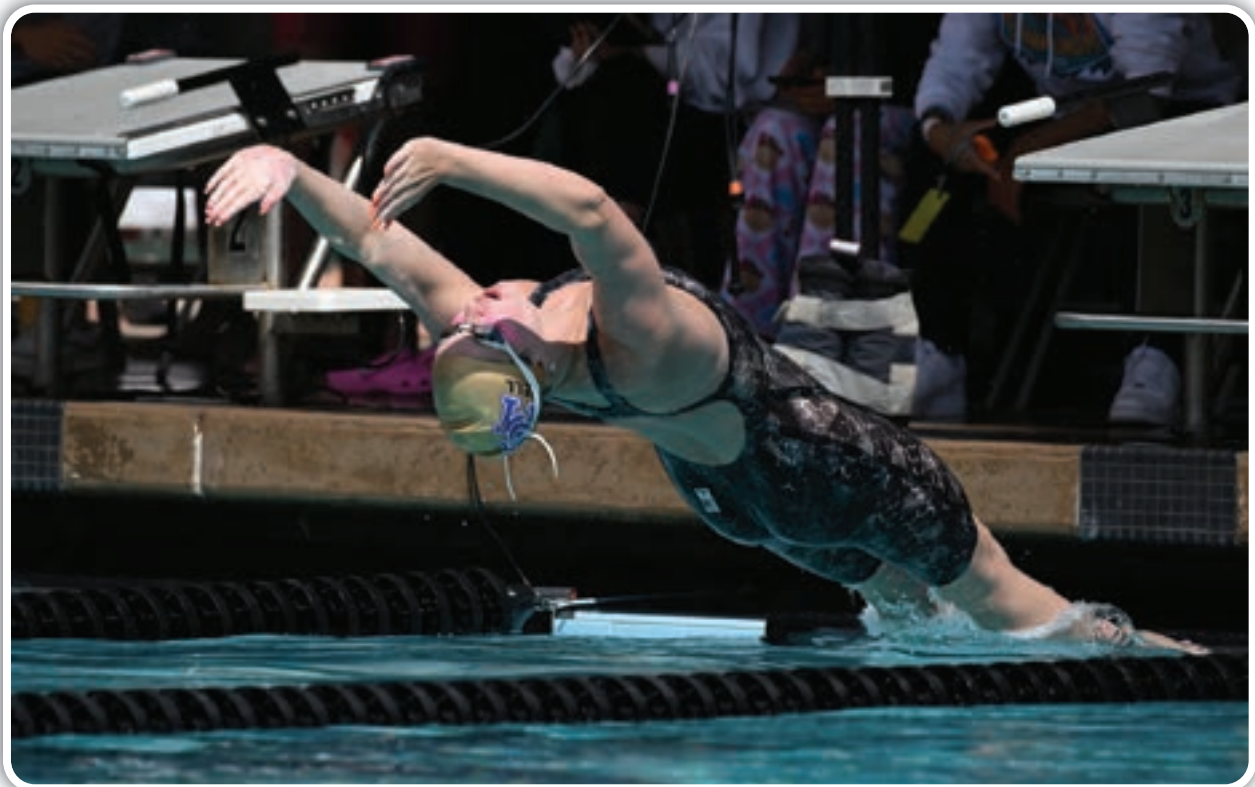


Boys

Girls

Auto.	Consid.	Event	Auto.	Consid.
1:32.76	1:34.41	200 Medley Relay	1:44.27	1:46.16
1:38.67	1:40.06	200 Freestyle	1:48.74	1:50.65
1:49.50	1:51.52	200 Individual Medley	2:01.46	2:04.01
:20.43	:20.85	50 Freestyle	:23.08	:23.50
:48.57	:49.69	100 Butterfly	:54.38	:55.48
:44.83	:45.64	100 Freestyle	:50.15	:51.10
4:29.39	4:33.16	500 Freestyle	4:53.06	4:58.20
1:24.34	1:25.75	200 Freestyle Relay	1:35.36	1:37.15
:49.07	:50.18	100 Backstroke	:54.73	:55.91
:55.44	:56.68	100 Breaststroke	1:02.59	1:03.78
3:05.74	3:08.40	400 Freestyle Relay	3:27.68	3:31.16
375.0 Points	D.D. 13.3	Diving	375.0 Points	D.D. 13.0

The 2024 NISCA All-American list will recognize the top 100 athletes nationally in each event as All-Americans.



Teagan O'Dell earned an All-American time in all 11 high school events--a first in Orange County history.



CIF Relay Meet School Records

swim&dive
2024

Boys Varsity				Girls Varsity			
4 X 100 IM	Jack Nugent	:55.09	2020	Macky Hodges	:56.57	2022	
	Keller Morgan	:52.63		Isabella Abrajan	:58.25		
	Humberto Najera	:53.29		Asia Kozan	:56.62		
	L. Morales-Ostergaard	<u>:51.86</u>		Justina Kozan	<u>:55.62</u>		
		3:32.87			3:47.06 *		
6 X 50 Freestyle	Jack Forsythe	:22.76	2017	Anicka Delgado	:23.78	2017	
	Jackson Odgers	:22.15		Jeni Griffin	:24.62		
	Alexander Ness	:22.62		Allison Plamondon	:24.70		
	Cody Henmi	:22.45		Marriott Hoffmann	:23.70		
	Evan Czaja	:22.43		Mackenzie Degn	:23.66		
	AJ Rossman	<u>:20.92</u>		Samantha Shelton	<u>:23.15</u>		
	2:13.33		2:23.61 *				
4 X 50 Breast	Jackson Odgers	:28.72	2017	Miranda Renner	:30.43	2018	
	Evan Czaja	:29.64		Kimmy Woolfenden	:30.90		
	Cody Henmi	:27.86		Caitlin Caruso	:31.04		
	Alexander Qu	<u>:25.95</u>		Isabelle Odgers	<u>:29.75</u>		
	1:52.17		2:02.12 *				
4 X 50 Butterfly	Marc Morizono	:23.69	2014	Bela Patino	:26.44	2018	
	Axel Reed	:24.37		Miranda Renner	:25.74		
	Chris Taber	:23.16		Mia Ristic	:25.30		
	Grant Shoults	<u>:22.59</u>		Anicka Delgado	<u>:24.31</u>		
	1:33.81		1:41.79 *				
4 X 50 Back	AJ Rossman	:24.19	2017	Macky Hodges	:27.02	2020	
	Alexander Ness	:25.26		Maggie McGuire	:26.05		
	Kyle Monteleone	:23.43		Isabella Abrajan	:25.49		
	Kevin Tu	<u>:22.94</u>		Mia Ristic	<u>:25.53</u>		
	1:35.82		1:44.09 *				
4 X 100 Freestyle	Grant Shoults	:45.64	2015	Ella Ristic	:51.00	2017	
	Spencer Lupin	:48.59		Mackenzie Degn	:51.44		
	Scott Reese	:49.10		Anicka Delgado	:50.47		
	Marc Morizono	<u>:46.67</u>		Samantha Shelton	<u>:50.97</u>		
	3:10.00		3:23.88				
4 X 50 Medley	Kevin Tu	:24.28	2017	Andrea Laliena	:27.38	2015	
	Alexander Qu	:25.74		Amy Qin	:30.50		
	Kyle Monteleone	:23.22		Katie McLaughlin	:23.85		
	Jack Forsythe	<u>:22.34</u>		Samantha Shelton	<u>:23.94</u>		
	1:35.58		1:45.67 *				

* CIF Record





Girls 200 Medley Relay

1	1:39.04	2022	M. Hodges	:25.19	T. O'Dell	:27.75	J. Kozan	:23.72	L. Ervin	:22.38
2	1:40.53	2023	T. O'Dell	:24.08	N. Christensen	:29.65	C. Stinson	:23.70	A. Lin	:23.10
3	1:42.38	2015	A. Laliena	:27.10	A. Qin	:29.41	K. McLaughlin	:23.44	S. Shelton	:22.43
4	1:42.57	2021	M. Hodges	:25.46	M. LeVine	:29.83	I. Abrajan	:24.17	L. Ervin	:23.11
5	1:42.62	2018	E. Ristic	:26.11	I. Odgers	:28.56	M. Ristic	:24.69	M. Hoffmann	:23.26
6	1:43.20	2019	I. Abrajan	:26.14	K. Nugent	:29.31	M. Ristic	:24.50	J. Odgers	:23.25
7	1:43.86	2017	E. Ristic	:26.07	I. Odgers	:29.47	M. Ristic	:25.50	M. Hoffmann	:22.92
8	1:45.50	2013	J. Shoults	:27.23	E. Gibson	:29.25	R. Remick	:25.36	A. Johnstone	:23.66
9	1:45.60	2014	A. Laliena	:27.11	E. Gibson	:29.30	R. Remick	:25.06	C. Barry	:24.13
10	1:46.05	2020	M. McGuire	:27.27	K. Nugent	:30.69	M. Ristic	:24.84	L. Ervin	:23.25

Girls 200 Freestyle Relay

1	1:29.61	2023	T. Salvino	:22.77	A. Kozan	:22.57	G. Aquino	:22.46	T. O'Dell	:21.81
2	1:31.47	2018	A. Delgado	:22.83	M. Hoffmann	:23.44	M. Degn	:22.68	S. Shelton	:22.52
3	1:31.88	2019	A. Delgado	:22.82	L. Ervin	:23.24	E. Ristic	:22.79	M. Degn	:23.03
4	1:32.12	2022	G. Aquino	:23.16	T. Salvino	:23.63	L. Ervin	:22.96	M. Hodges	:22.37
5	1:32.33	2017	A. Delgado	:23.12	M. Hoffmann	:23.79	M. Degn	:23.35	S. Shelton	:22.07
6	1:33.66	2021	J. Kozan	:23.30	T. Salvino	:23.60	L. Yu	:23.48	L. Ervin	:23.28
7	1:34.02	2016	M. Degn	:23.36	M. Hoffmann	:23.59	J. Griffin	:24.31	S. Shelton	:22.76
8	1:34.61	2014	C. Barry	:24.34	R. Remick	:24.13	L. Devitt	:24.06	K. McLaughlin	:22.11
9	1:36.87	2015	J. Griffin	:24.78	A. Plamondon	:24.57	M. Hoffmann	:23.91	C. Barry	:23.61
10	1:37.33	2020	M. Hodges	:24.08	J. Carlos	:25.34	L. Ervin	:24.04	J. Odgers	:23.87

Girls 400 Freestyle Relay

1	3:14.80	2022	M. Hodges	:49.18	T. Salvino	:49.20	T. O'Dell	:47.75	J. Kozan	:48.67
2	3:16.84	2023	A. Kozan	:49.47	G. Aquino	:49.87	T. Salvino	:49.60	T. O'Dell	:47.90
3	3:18.26	2017	E. Ristic	:49.83	M. Degn	:50.08	A. Delgado	:49.64	S. Shelton	:48.71
4	3:18.63	2018	A. Delgado	:49.79	M. Degn	:49.90	E. Ristic	:49.51	S. Shelton	:49.43
5	3:20.32	2019	A. Delgado	:49.64	L. Ervin	:51.03	E. Ristic	:49.08	M. Degn	:50.57
6	3:20.49	2021	M. Hodges	:50.12	T. Salvino	:50.19	L. Yu	:50.47	J. Kozan	:49.71
7	3:21.04	2015	S. Shelton	:49.85	S. Franzen	:52.08	C. Barry	:51.00	K. McLaughlin	:48.11
8	3:24.32	2014	L. Devitt	:52.22	S. Franzen	:51.86	E. Boggess	:51.78	K. McLaughlin	:48.46
9	3:24.38	2016	M. Degn	:50.79	E. Boggess	:51.77	I. Patino	:52.90	S. Shelton	:48.92
10	3:28.51	2020	M. Turrini	:54.18	M. Hodges	:51.18	L. Ervin	:51.70	E. Ristic	:51.45

Boys 200 Medley Relay

1	1:29.01	2023	H. Najera	:22.38	N. Wu	:25.31	D. Verdolaga	:21.20	R. Jiang	:20.12
2	1:30.08	2022	R. Jiang	:22.57	K. Morgan	:25.18	D. Verdolaga	:21.69	H. Cehelnik	:20.64
3	1:32.46	2021	H. Najera	:23.64	N. Wu	:25.88	D. Verdolaga	:22.43	L. Ostergaard	:20.51
4	1:32.96	2017	K. Tu	:23.78	A. Qu	:25.85	K. Monteleone	:22.88	A. Rossman	:20.45
5	1:34.52	2016	K. Tu	:24.00	A. Qu	:26.00	K. Monteleone	:23.14	G. Yacoubian	:21.38
6	1:34.87	2015	G. Shoults	:23.51	A. Qu	:26.68	M. Morizono	:23.21	S. Lupin	:21.47
7	1:35.15	2018	A. Rossman	:23.47	J. Odgers	:26.83	K. Tu	:23.11	J. Wright	:21.74
8	1:35.62	2019	K. Tu	:23.81	R. Huang	:27.52	N. Brune	:22.99	J. Forsythe	:21.30
9	1:37.06	2013	M. Walsh	:25.36	A. Cerda	:26.94	G. Shoults	:22.90	S. Riggins	:21.87
10	1:37.35	2014	A. Qu	:25.30	A. Cerda	:26.73	C. Taber	:23.38	L. Wright	:21.94

Boys 200 Freestyle Relay

1	1:22.08	2023	H. Cehelnik	:20.53	A. Cai	:20.88	D. Verdolaga	:20.38	R. Jiang	:20.29
2	1:23.22	2022	J. Yan	:21.57	H. Cehelnik	:20.52	T. Ju	:20.73	R. Jiang	:20.40
3	1:24.56	2021	A. Cai	:21.30	T. Ju	:21.12	L. Ostergaard	:21.12	R. Jiang	:21.02
4	1:25.10	2019	J. Forsythe	:21.64	L. Ostergaard	:21.32	N. Brune	:21.41	Y. Quinones	:20.73
5	1:25.54	2018	Y. Quinones	:21.91	J. Odgers	:21.56	J. Wright	:21.69	A. Rossman	:20.38
6	1:25.68	1996	P. Demers	:20.81	F. Uxa	:21.45	D. Jensen	:22.38	J. Peterson	:21.04
7	1:25.94	2016	G. Shoults	:20.84	G. Yacoubian	:21.55	A. Qu	:22.07	M. Morizono	:21.48
8	1:26.17	2015	M. Morizono	:21.69	S. Lupin	:21.87	S. Slobodien	:21.70	G. Shoults	:20.91
9	1:26.36	2014	M. Morizono	:21.67	J. Betz	:21.41	L. Wright	:22.43	G. Shoults	:20.85
10	1:26.39	1997	P. Demers	:20.54	A. Jensen	:22.04	T. Wilson	:22.64	F. Uxa	:21.17

Boys 400 Freestyle Relay

1	2:59.60	2023	H. Najera	:45.29	A. Cai	:45.72	J. Ficklen	:45.16	H. Cehelnik	:43.43
2	3:01.96	2022	H. Cehelnik	:45.30	A. Cai	:45.86	J. Ficklen	:45.12	T. Ju	:45.68
3	3:03.87	2016	M. Morizono	:46.43	K. Tu	:45.99	K. Monteleone	:47.49	G. Shoults	:43.96
4	3:04.22	2021	R. Jiang	:47.11	T. Ju	:45.38	K. Morgan	:45.54	A. Cai	:46.19
5	3:04.71	2019	A. Ness	:46.66	L. Ostergaard	:45.92	Y. Quinones	:45.83	K. Tu	:46.30
6	3:06.52	2014	M. Morizono	:46.69	A. Cerda	:47.41	J. Betz	:47.48	G. Shoults	:44.94
7	3:07.88	2017	K. Monteleone	:48.10	N. Brune	:47.23	K. Tu	:46.46	A. Rossman	:46.09
8	3:07.88	2015	S. Lupin	:48.43	S. Reese	:48.86	M. Morizono	:45.40	G. Shoults	:45.28
9	3:08.41	2018	A. Rossman	:46.37	A. Ness	:48.02	J. Odgers	:47.20	K. Tu	:46.82
10	3:08.72	1997	P. Demers	:44.86	M. Martin	:48.80	M. Shipstead	:48.64	F. Uxa	:46.42

CIF Champions

2023
2023



2022
2022



2021
2021

2019





2018



2017



2015

2016



2000

2014



CIF State Champions



2018



2019



2021



2022



2023
2023



Boys

Girls

Auto.	Consid.	Event	Auto.	Consid.
1:34.50	1:37.99	200 Medley Relay	1:46.89	1:50.53
1:40.18	1:42.59	200 Freestyle	1:51.40	1:54.10
1:51.56	1:54.99	200 Individual Medley	2:04.13	2:07.99
:20.90	:21.49	50 Freestyle	:23.70	:24.77
:49.55	:51.15	100 Butterfly	:55.50	:57.40
:46.05	:47.14	100 Freestyle	:51.48	:52.82
4:31.94	4:41.99	500 Freestyle	4:58.98	5:09.99
1:25.85	1:28.58	200 Freestyle Relay	1:37.16	1:40.64
:49.90	:52.81	100 Backstroke	:56.36	:58.06
:56.65	:58.15	100 Breaststroke	1:03.78	1:06.99
3:08.45	3:14.49	400 Freestyle Relay	3:32.13	3:38.99

Times to qualify for the CIF State Championships must be obtained at CIF Section championship meet finals.



Daniel Verdolaga broke the legendary 100 yard butterfly school record and is a threat to win the state fly title.



Emerson Kavelaars-Eakins is aiming for a gold cap.



Freshman **Jaylin Nigro** is racing for a league title.



Reese Salazar is close to CIF in the 200 and 500.



Addie Matthews is a free and fly sprinter who can 500.



Allison Leung has CIF potential in the free and fly.



Danielle Gorrell will finish high in the league standings.



Frosh **Ben Stafford** drips with potential in the back.



Nyle Wolf has the versatility to shine in each event.



Young Zhang specializes in the IM and back.



Jackson Nigro has developed into a CIF flyer.



Parker Coombs can swim anything and everything.



Adam Cuthbert has CIF on his mind in the breast.



Girls Open

swim&dive
2024



Cate McDonald has the skills to win league in the 100.



Violet Boyer is working hard to swim any event.



Samantha Elizarrarez truly represents SM in all ways.



Sydney Calder has found her skill in breast-stroke.



Makena Moore brings polo speed to the team.



Phoebe Alvarez will contend for a league title.



Abanoub Abdelmalek has improved by leaps and bounds.



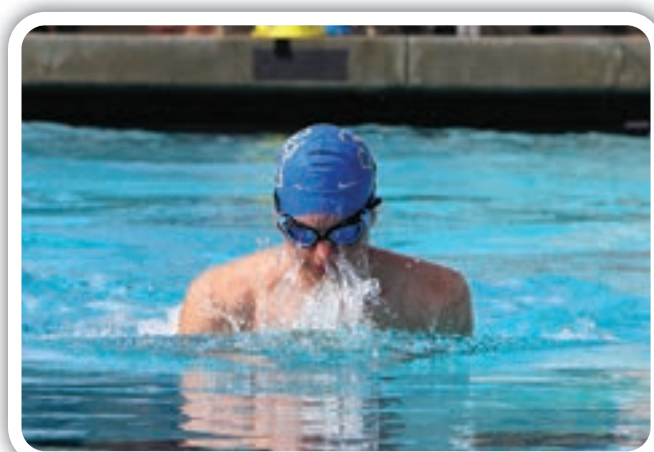
Andrew Curtis can take the league breast title.



Luke Lagumbay is one of the top swimmers in league.



Ellis Minck has star potential in the free sprints.



Joey Miller is all about SM and the team.



Owen Raney is becoming a league favorite in the breaststroke.



Eagles Swimming Heritage

swim&dive
2024

All-CIF

1989	Brooke Gammel	500, Br	1998	Kristin Buhagiar	Br	2003	Erika Figge	50, 100
1989	Kevin Henricks	IM, Ba	1998	Priscilla Tomescu	Br	2003	Sarah Hamilton	Fly, Br
1990	Chantal Dreis	200, Fly	1998	Frank Uxa	IM, Ba	2003	Devonie Migues	Ba, Br
1990	Jenny Maskrey	200, 500	1998	Harris Radie	IM, Ba	2003	Darby Anderson	200
1990	Kevin Henricks	IM, Ba	1998	Andrew Jensen	50, 100	2003	Brittany Hosner	Fly, 500
1991	Carrie Gammel	IM, Ba	1998	Alex Tomescu	Fly	2003	Jaime Hosner	500
1991	Jenny Maskrey	500	1998	Edmund Herlihy	500	2003	Kathryn Leahy	500
1991	Kevin Henricks	IM, Ba	1998	Jonathan Russell	50, 100	2003	Doug Ciolli	50, 100
1992	Gwen Ho Sing Loy	200, 500	1999	Michele Gonzalez	200, 500	2003	Cutherto Hernandez	50, 100
1992	Jen Connellan	IM, 500	1999	Shannon Packard	IM, Ba	2003	Bryce Cullinane	200, 500
1992	Brooke Martin	100, Ba	1999	Jamie Kroeze	50	2003	Scott Collins	200, Br
1992	Lisa Henningsen	Ba	1999	Dominique Rash	Fly, Ba	2003	Bryan Kelley	50, 100
1992	Brendan Herlihy	500	1999	Kristin Buhagiar	Br	2004	Devonie Migues	Ba, Br
1993	Brooke Martin	IM, Ba	1999	Edmund Herlihy	200, 500	2004	Darby Anderson	200
1993	Jen Connellan	200, 500	1999	Harris Radie	IM, Ba	2004	Mary Cousineau	Fly
1993	Lisa Henningsen	Ba	1999	Jonathan Russell	50, 100	2004	Bryce Cullinane	200, 500
1993	Brendan Herlihy	200, 500	2000	Erika Figge	50, Br	2004	Eric Babbitt	IM, Fly
1993	John Peterson	500	2000	Jaime Hosner	200, 500	2004	Brett Chamberlain	500
1994	Brooke Martin	50, Fly	2000	Stephanie Scott	Ba	2004	Ryan Archdeacon	Br
1994	Jen Connellan	200, 500	2000	Michele Gonzalez	100, 200	2004	Alex Rogers	Fly
1994	Lisa Henningsen	50, Ba	2000	Shannon Packard	IM, Ba	2005	Meagan Brown	200, 500
1994	Katie Cramm	200, 500	2000	Alicia Sayles	200	2005	Breanna Gordon	100, 200
1994	Andrea Uxa	50, 100	2000	Kristin Buhagiar	Fly	2005	Amanda Nauman	500
1994	Brendan Herlihy	200, 500	2000	Jamie Kroeze	50, 100	2005	Darby Anderson	200
1994	John Peterson	50	2000	John Voith	IM, 500	2005	Brooke Figge	50
1994	Phillipe Demers	IM, Fly	2000	Doug Ciolli	50, 100	2005	Devonie Migues	50, Ba
1995	Katie Cramm	200, 500	2000	Edmund Herlihy	200, 500	2005	Mary Cousineau	50, 100
1995	Siobhan Herlihy	200, 500	2000	Harris Radie	IM, Ba	2005	Rickey Wilson	IM, Ba
1995	Lisa Henningsen	50, Ba	2000	Jonathan Russell	100, 200	2005	Eric Babbitt	IM, Fly
1995	Brooke Martin	Fly, Ba	2001	Brittany Hosner	IM, 500	2005	Brett Chamberlain	200, 500
1995	Christine Connellan	Ba	2001	Jaime Hosner	200, 500	2005	David Husen	IM
1995	John Peterson	50, 100	2001	Erika Figge	50, Br	2005	Nick Shorr	Br
1995	Phillipe Demers	200, Fly	2001	Stephanie Scott	Ba	2006	Darby Anderson	100, 200
1995	Frank Uxa	Ba	2001	Michele Gonzalez	200, 500	2006	Meagan Brown	200, 500
1996	Caroline Staub	Br	2001	Shannon Packard	IM, Ba	2006	Trudy Chancellor	IM
1996	Siobhan Herlihy	200, 500	2001	Bryce Cullinane	500	2006	Danica Elbertse	Br
1996	Christine Connellan	Ba	2001	Bryan Kelley	Ba	2006	Breanna Gordon	100, 200
1996	John Peterson	50, 100	2001	Matt Sabatasso	Fly	2006	Devonie Migues	50, Ba
1996	Matt Martin	500, Ba	2001	Doug Ciolli	50, 100	2006	Amanda Nauman	500
1996	Matt Shipstead	500	2001	Edmund Herlihy	200, 500	2006	Katie Whichard	50
1996	Phillipe Demers	200, Fly	2001	Harris Radie	IM, Ba	2006	Eric Babbitt	Fly, Ba
1996	Frank Uxa	IM, Ba	2001	Jonathan Russell	100, 200	2006	Brett Chamberlain	200, 500
1997	Siobhan Herlihy	200, 500	2002	Aimee Stachowski	500	2006	Mark Reese	Br
1997	Kristin Buhagiar	Fly, Ba	2002	Jaime Hosner	500	2006	Rickey Wilson	IM, Br
1997	Dominique Rash	IM, Ba	2002	Brittany Hosner	IM, 500	2007	Kacey Anderson	50
1997	Priscilla Tomescu	Br	2002	Stephanie Scott	IM, Ba	2007	Meagan Brown	200, 500
1997	Becca Peterson	50	2002	Sarah Hamilton	Fly, Ba	2007	Alex Delaney	100, 200
1997	Jamie Kroeze	50	2002	Erika Figge	50, 100	2007	Breanna Gordon	100, 200
1997	Matt Martin	200, 500	2002	Michele Gonzalez	200, 500	2007	Rachelle Nadeau	IM, Br
1997	Matt Shipstead	500	2002	Shannon Packard	Fly, Ba	2007	Amanda Nauman	500
1997	Andrew Jensen	50	2002	Bryce Cullinane	500	2007	Alex Worthen	200, Fly
1997	Frank Uxa	100, Ba	2002	Scott Collins	Br	2007	Mark Reese	Br
1997	Phillipe Demers	200, Fly	2002	Bryan Kelley	Ba	2007	Rickey Wilson	IM, Br
1997	Mark Zakrzewski	Br	2002	Mike Cavander	500, Br	2008	Alex Delaney	200, 500
1997	Alex Tomescu	Br	2002	Matt Sabatasso	Fly, Br	2008	Meagan Brown	200, 500
1998	Jamie Kroeze	50	2002	Cutherto Hernandez	50, Fly	2008	Breanna Gordon	100, 200
1998	Becca Peterson	50	2002	Doug Ciolli	50, 100	2008	Alex Worthen	Fly, 500
1998	Dominique Rash	100, Ba	2003	Stephanie Scott	IM, Ba	2008	Shannon Mack	IM, Br



2008	Katherine Delaney	IM, Br	2013	Chris Taber	Fly	2016	Tyler Johnson	Ba
2008	Bailey Wilson	Ba, Br	2013	Stephen Riggins	Ba	2016	Abigail Nugent	Ba
2008	Tommy Jankovich	50, 100	2013	Max Walsh	Ba	2016	Alicia Stewart	100
2008	Michael Tran	Br	2014	Sophia Baia	100	2016	Grant Shoults	200, 500
2008	Mark Reese	Br	2014	Camryn Barry	50, Ba	2016	Marc Morizono	200, 500
2008	Garrison Nauman	Ba	2014	Emily Boggess	200, Br	2016	Kyle Monteleone	Fl, Ba
2009	Alex Delaney	100, 200	2014	Taylor Calaiacovo	100	2016	Kevin Tu	IM, Ba
2009	Kellie Fecarotta	200, 500	2014	Lizzie Devitt	200, 100	2016	Alexander Qu	IM, Br
2009	Megan Gehrich	IM, Br	2014	Kristi Fecarotta	IM, 500	2016	Noah Brune	500
2009	Shannon Mack	IM	2014	Sydney Franzen	200, 500	2017	Junie Carlos	Ba
2009	Alex Worthen	Fly	2014	Emily Gibson	Br	2017	Anicka Delgado	50, Fl
2009	Tommy Jankovich	50, 100	2014	Audrey Johnstone	Fly, 500	2017	Katie Nugent	IM, Br
2009	Alex Lavayer	100	2014	Andrea Lalienna	Ba	2017	Jo Odgers	Fl
2009	Eric Martin	50	2014	Katie McLaughlin	200, Fly	2017	Natalie Oien	200, 500
2009	Garrison Nauman	Ba	2014	Allison Plamondon	100	2017	Ella Ristic	200, 500
2009	Mark Reese	IM, Br	2014	Raquel Remick	50, Fly	2017	Mia Ristic	Fl, Ba
2009	Michael Tran	Br	2014	Megan Roby	Fly	2017	Haley Calaiacovo	500
2010	Kellie Fecarotta	200, Fly	2014	Jax Shoults	Ba	2017	Caitlin Caruso	IM, Br
2010	Megan Gehrich	IM, 500	2014	Haley Wan	IM, Br	2017	Mackenzie Degn	50, 100
2010	Alex Delaney	100, 200	2014	James Betz	200, 100	2017	Mariott Hoffmann	50, 100
2010	Shannon Mack	IM, Fly	2014	Arturo Cerda	IM, Br	2017	Abigail Nugent	500, Ba
2010	Bailey Wilson	Br	2014	Max Cervera	IM	2017	Isabelle Odgers	IM, Br
2010	Jordan Owens	50	2014	Aaron Magazine	500	2017	Bela Patino	IM, Br
2010	Garrison Nauman	Ba	2014	Jerod Magazine	500	2017	Amy Qin	Br
2011	Lizzie Devitt	200, 500	2014	Marc Morizono	200, 100	2017	Samantha Shelton	200, Ba
2011	Kellie Fecarotta	100	2014	Alex Qu	IM, Ba	2017	Jeni Griffin	50, 100
2011	Megan Gehrich	IM, Br	2014	Grant Shoults	200, 100	2017	Allison Plamondon	100
2011	Shannon Mack	IM	2014	Chris Taber	Fly	2017	Noah Brune	200, 500
2011	Raquel Remick	Fly	2015	Katie McLaughlin	200, Fly	2017	Kevin Tu	200, Ba
2011	Jax Shoults	Ba	2015	Sam Shelton	200, 100	2017	Jackson Odgers	IM, Br
2011	Haley Wan	IM, Fly	2015	Sydney Franzen	200, 500	2017	AJ Rossman	50, Ba
2011	Patrick Early	IM, 500	2015	Isa Odgers	IM, Br	2017	Evan Czaja	500
2011	Tyler Jankovich	Fly	2015	Bela Patino	IM, Fly	2017	Kyle Monteleone	Fl, Ba
2011	Chad Naughton	200	2015	Camryn Barry	100, Ba	2017	Alexander Qu	Fl, Br
2012	Sydney Franzen	200, 500	2015	Kristi Fecarotta	IM, 500	2017	Ka'ikea Wilinski	Fl, Ba
2012	Audrey Johnstone	Fly, 500	2015	Allison Plamondon	50, Fly	2018	Junie Carlos	500, Ba
2012	Lizzie Devitt	IM, 100	2015	Amy Qin	IM, Br	2018	Anicka Delgado	50, Fl
2012	Emily Gibson	Br	2015	Jeni Griffin	50	2018	Karen Najera	Ba
2012	Raquel Remick	50, Fly	2015	Elizabeth Morris	Br	2018	Katie Nugent	IM, Br
2012	Megan Roby	Fly	2015	Andrea Lalienna	Ba	2018	Jo Odgers	50, 100
2012	Jax Shoults	50, Ba	2015	Maureen McShane	500	2018	Natalie Oien	200, 500
2012	Haley Wan	100, Br	2015	Grant Shoults	200, 500	2018	Ella Ristic	100, 200
2012	Kellie Fecarotta	50, Fly	2015	Marc Morizono	200, 500	2018	Mia Ristic	Fl, Ba
2012	Megan Gehrich	IM, Br	2015	Alexander Qu	IM, Br	2018	Haley Calaiacovo	500
2012	Chris Taber	Fly, 500	2015	Jerod Magazine	500	2018	Caitlin Caruso	IM
2012	Andrew Cusator	Br	2015	Spencer Lupin	50	2018	Mackenzie Degn	200, 500
2012	Max Walsh	Ba	2015	Chasen Baumgardner	Br	2018	Miranda Renner	Fl, Br
2012	Stephen Riggins	Ba	2015	Samantha Shelton	200, Fly	2018	Kimmy Woolfenden	50, Br
2013	Emily Boggess	IM	2016	Emily Boggess	200, 500	2018	Mariott Hoffmann	50, 100
2013	Maureen McShane	500	2016	Isabelle Odgers	IM, Br	2018	Abigail Nugent	Ba
2013	Sydney Franzen	200, 500	2016	Kristi Fecarotta	IM, 500	2018	Isabelle Odgers	IM, Br
2013	Audrey Johnstone	Fly, 500	2016	Mariott Hoffmann	50, 100	2018	Bela Patino	Fl, 100
2013	Lizzie Devitt	IM, 100	2016	Bela Patino	Fly, Br	2018	Samantha Shelton	200, IM
2013	Emily Gibson	Br	2016	Amy Qin	Fly, Br	2018	Lucas Morales-Ostergaard	IM, Ba
2013	Raquel Remick	Fly, Ba	2016	Mackenzie Degn	50, 100	2018	Mike Maurer	Fl
2013	Megan Roby	Fly	2016	Haley Calaiacovo	200, 500	2018	Noah Brune	200, 500
2013	Jax Shoults	Ba	2016	Allison Plamondon	50, Ba	2018	Kevin Tu	Fl, Ba
2013	Haley Wan	IM, Br	2016	Caitlin Caruso	IM, Br	2018	Jackson Odgers	IM, Br
2013	Grant Shoults	Fly, 500	2016	Jeni Griffin	50, 100	2018	AJ Rossman	50, Ba
2013	Arturo Cerda	IM, Br	2016	Maureen McShane	200, 500	2019	Abigal Isaly	Ba



Eagles Swimming Heritage

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2019	Anicka Delgado	50, Fl	2021	Allen Cai	200, 100	2022	Hunter Cehelnik	50, 100
2019	Caitlin Caruso	Br	2021	Humberto Najera	IM, 500	2022	Jacob Cadaval	500, Br
2019	Ella Ristic	200, 100	2021	Keller Morgan	IM, 500	2022	Matthew Kim	500
2019	Haley Calaiacovo	200, 500	2021	Nathan Wu	IM, Br	2022	Nathan Wu	IM, Br
2019	Isabella Abrajan	Fl, Ba	2021	Jack Nugent	IM, Ba	2023	Asia Kozan	200, 100
2019	Jo Odgers	50, 100	2021	Ramon Jiang	50, Ba	2023	Abby O'Sullivan	200, 500
2019	Junie Carlos	IM, Ba	2021	Lucas Morales-Ostergaard	50, Ba	2023	Kenna Stinson	200, Ba
2019	Katie Nugent	IM, Br	2021	Daniel Verdolaga	Fl, Br	2023	Giselle Hollis	200, 500
2019	Karen Najera	200, 500	2021	Jacky Xing	Fl, Br	2023	Teagan O'Dell	IM, Ba
2019	Kimmy Woolfenden	IM, Br	2022	Justina Kozan	200, Fl	2023	Nicole Christensen	IM, Br
2019	Lindsay Ervin	50, 100	2022	Abby O'Sullivan	200, 500	2023	Sophia Zhu	IM, Br
2019	Mackenzie Degn	200, 500	2022	Giselle Hollis	200	2023	Makenna Wilson	IM
2019	Mia Ristic	Fl, Ba	2022	Audrey Lee	200	2023	Gracyn Aquino	50, 100
2019	Miranda Renner	Fl, Br	2022	Teagan O'Dell	IM, Ba	2023	Chloe Stinson	50, Fl
2019	Natalie Oien	IM, 500	2022	Asia Kozan	IM, 500	2023	Ariel Lin	50, 100
2019	Alexander Ness	200, 100	2022	Isabella Abrajan	IM, Fl	2023	Linda Yu	50
2019	Alexandru Ispas	200, 500	2022	Teia Salvino	50, 100	2023	Victoria Mori	Fl, Br
2019	Jack Forsythe	50, 100	2022	Macky Hodges	50, Ba	2023	Lena Li	Fl
2019	Kevin Tu	Fl, Ba	2022	Lindsay Ervin	50, 100	2023	Sammy Cummins	Fl, 500
2019	Killian McShane	500	2022	Gracyn Aquino	50, 100	2023	Audrey Lee	100
2019	Lucas Morales-Ostergaard	IM, Ba	2022	Chloe Stinson	Fl	2023	Maggie McGuire	500, Ba
2019	Michael Maurer	Fl, 500	2022	Lia Wiyanto	Fl, Br	2023	Matilde Turrini	Ba
2019	Noah Brune	200, 500	2022	Linda Yu	100	2023	Morgan Hoppe	Br
2019	Yurian Quinones	50, 100	2022	Maggie McGuire	500, Ba	2023	Jaden Ficklen	200, 500
2021	Justina Kozan	200, 100	2022	Samantha Cummins	500	2023	Adam Lee	200, 100
2021	Macky Hodges	200, 500	2022	Matilde Turrini	Ba	2023	Nicholas Lee	200, 100
2021	Abby O'Sullivan	200, 500	2022	Julia Stafford	IM, Br	2023	Humberto Najera	IM, Ba
2021	Ariel Lin	200, 50	2022	Mirabella Levine	Br	2023	Daniel Verdolaga	IM, Fl
2021	Asia Kozan	IM, Fl	2022	Victoria Mori	Br	2023	Nathan Wu	IM, Br
2021	Teia Salvino	50, 100	2022	Jaden Ficklen	200, 100	2023	Jack Nugent	IM, Ba
2021	Lindsay Ervin	50, 100	2022	Allen Cai	200, 100	2023	Hunter Cehelnik	50, 100
2021	Linda Yu	50, 100	2022	Jack Nugent	200, Ba	2023	Ramon Jiang	50, Ba
2021	Isabella Abrajan	Fl, Ba	2022	Keller Morgan	IM, Br	2023	Allen Cai	50, 100
2021	Lena Li	Fl	2022	Daniel Verdolaga	IM, Fl	2023	Jerry Yan	Fl, Ba
2021	Maggie McGuire	500, Ba	2022	Humberto Najera	IM, 500	2023	Tony Ju	Fl, 500
2021	Abigail Isaly	500	2022	Ramon Jiang	50, Ba	2023	Matthew Kim	500
2021	Mirabella LeVine	Br	2022	Jerry Yan	Fl, Ba	2023	Jacob Cadaval	500, Br
2021	Tony Ju	200, 100	2022	Ryley Yoo	Fl	2023	Ryley Yoo	Fl
2021	Alexandru Ispas	200, 500	2022	Tony Ju	100, 500	2023	Sonit Joshi	Br
						2023	Zachary Zhang	Br

All-Orange County

1991	Kevin Henricks	Br	2015	Katie McLaughlin	200, Fly, 100	2019	Noah Brune	500
1995	Phillipe Demers	200, Fly	2015	Girls Relays	MR, 2FR, 4FR	2022	Justina Kozan	200, Fl
1996	Phillipe Demers	200, Fly	2016	Grant Shoults	50, 100, 200	2022	Teagan O'Dell	IM, Ba
1996	Boys Relays	200, 400 FR			500, Fly	2022	Teia Salvino	50
1997	Phillipe Demers	200, Fly	2016	Boys Relays	400 FR	2022	Macky Hodges	100, Ba
1997	Boys Relays	200, 400	2016	Samantha Shelton	200, Fly	2022	Lindsay Ervin	50
1998	Frank Uxa	IM, Ba	2016	Mackenzie Degn	50, 100	2022	Girls Relays	MR, 2FR, 4FR
2000	Girls Relays	200 FR	2016	Isabelle Odgers	Br	2022	Keller Morgan	IM
2000	Jonathan Russell	100, 200	2017	Samantha Shelton	100, 200, Ba	2022	Daniel Verdolaga	Fl
2001	Jonathan Russell	100, 200	2017	Anicka Delgado	50, 100, Fl	2022	Hunter Cehelnik	100
2001	Harris Radie	IM	2017	Isabelle Odgers	IM, Br	2022	Ramon Jiang	Ba
2001	Boys Relays	200, 400 FR	2017	Ella Ristic	200	2022	Boys Relays	MR, 2FR, 4FR
2002	Erika Figge	50	2017	Girls Relays	2FR, 4FR	2023	Jaden Ficklen	200
2002	Girls Relays	200 MR	2018	AJ Rossman	Ba	2023	Humberto Najera	IM, Ba
2003	Erika Figge	50	2018	Girls Relays	MR, 2FR, 4FR	2023	Hunter Cehelnik	50, 100
2003	Girls Relays	200 FR	2018	Samantha Shelton	200, IM	2023	Daniel Verdolaga	Fly
2005	Devonie Miguez	Ba	2018	Isabelle Odgers	IM, Br	2023	Boys Relays	MR, 2FR, 4FR
2006	Girls Relays	200 FR	2018	Anicka Delgado	50, Fl	2023	Asia Kozan	200, IM, 100
2008	Mark Reese	Br	2019	Mackenzie Degn	500	2023	Gracyn Aquino	50, 100
2014	Katie McLaughlin	200, 50, Fly	2019	Anicka Delgado	50, 100, Fl	2023	Teagan O'Dell	200, IM, 50, Fl
2014	Girls Relays	200, 400 FR	2019	Miranda Renner	Br			500, Ba, Br
2014	Grant Shoults	200, 100	2019	Ella Ristic	200, 100	2023	Girls Relays	MR, 2FR, 4FR
2015	Grant Shoults	200, Fly, 500	2019	Girls Relays	MR, 2FR, 4FR			



CIF Champions

1990	Kevin Henricks	Br	2016	M. Degn, M. Hoffmann	200 FR	2021	Teia Salvino	50
1991	Kevin Henricks	Br		J. Griffin, S. Shelton		2021	Justina Kozan	100
1995	Phillipe Demers	Fly	2016	M. Degn, E. Boggess	400 FR	2021	Macky Hodges	500
1995	Phillipe Demers	200		I. Patino, S. Shelton		2021	J. Kozan, Salvino, Yu, Ervin	200 FR
1996	Phillipe Demers	Fly	2017	Samantha Shelton	200	2021	Maggie McGuire	Ba
1996	Phillipe Demers	200	2017	Ella Ristic	200	2021	Hodges, Salvino, Yu, J. Kozan	400 FR
1996	P. Demers, J. Peterson, D. Jensen, F. Uxa	200 FR	2017	Anicka Delgado	Fly	2022	Jiang, Morgan, Verdolaga, Cehelnik	200 MR
1997	Phillipe Demers	Fly	2017	Ella Ristic	500	2022	Keller Morgan	IM
1997	Phillipe Demers	200	2017	A. Delgado, M. Hoffmann	200 FR	2022	Cehelnik, Ficklen, Ju, Jiang	200 FR
1998	Frank Uxa	IM		M. Degn, S. Shelton		2022	Hodges, O'Dell, J. Kozan, Ervin	200 MR
1998	Frank Uxa	Ba	2017	Samantha Shelton	Ba	2022	Justina Kozan	200
2000	S. Packard, E. Figge, K. Buhagiar, J. Kroeze	200 MR	2017	E. Ristic, M. Degn, A. Delgado, S. Shelton	400 FR	2022	Teagan O'Dell	IM
2000	S. Packard, B. Peterson, J. Kroeze, E. Figge	200 FR	2018	E. Ristic, I. Odgers, M. Ristic, Hoffmann	200 MR	2022	Teia Salvino	50
2000	Jonathan Russell	200	2018	Samantha Shelton	200	2022	Justina Kozan	Fl
2001	Jonathan Russell	100	2018	Isabella Odgers	IM	2022	Abby O'Sullivan	500
2001	Harris Radie	IM	2018	Anicka Delgado	50	2022	Salvino, Lin, Aquino, Ervin	200 FR
2006	D. Anderson, B. Gordon, K. Whichard, D. Migues	200 FR	2018	Anicka Delgado	Fly	2022	Teagan O'Dell	Ba
2014	Katie McLaughlin	200	2018	Ella Ristic	100	2022	O'Dell, Salvino, Hodges, J. Kozan	400 FR
2014	Katie McLaughlin	Fly	2018	Delgado, Hoffmann, Degn, Shelton	200 FR	2023	O'Dell, Christensen, Stinson, Lin	200 MR
2014	Grant Shoults	200	2018	Isabella Odgers	Breast	2023	Asia Kozan	200
2014	C. Barry, R. Remick, L. Devitt, K. McLaughlin	200 FR	2018	Delgado, Degn, E. Ristic, Shelton	400 FR	2023	Teagan O'Dell	IM
2014	L. Devitt, S. Franzen, E. Boggess, K. McLaughlin	400 FR	2019	Abrajan, Nugent, Renner, M. Ristic	200 MR	2023	Gracyn Aquino	50
2015	Grant Shoults	200	2019	Anicka Delgado	50	2023	Asia Kozan	100
2015	Grant Shoults	500	2019	Anicka Delgado	Fly	2023	O'Dell, Stinson, Kozan, Aquino	200 FR
2015	Katie McLaughlin	200	2019	Delgado, Ervin, E. Ristic, Degn	200 FR	2023	Teagan O'Dell	Ba
2015	Katie McLaughlin	Fly	2019	Delgado, Ervin, E. Ristic, Degn	400 FR	2023	Kozan, Lee, Lin, Aquino	400 FR
2015	S. Shelton, S. Franzen, C. Barry, K. McLaughlin	400 FR	2021	Humberto Najera	IM	2023	Najera, Wu, Verdolaga, Jiang	200 MR
2016	Grant Shoults	200	2021	Hodges, LeVine, Abrajan, Ervin	200 MR	2023	Humberto Najera	Ba
2016	Grant Shoults	500	2021	Justina Kozan	200			
2016	Samantha Shelton	200	2021	Asia Kozan	IM			
2016	Samantha Shelton	Fly						

State Champions

2017	M. Degn, J. Odgers	200 FR	2019	E. Ristic, Ervin, Renner, Delgado	400 FR	2022	Hodges, Salvino, O'Dell, J. Kozan	400 FR
2018	Delgado, Hoffmann, Degn, Shelton	200 FR	2022	Hodges, O'Dell, J. Kozan, Ervin	200 MR	2023	Asia Kozan	200
2018	Delgado, Degn, E. Ristic, Shelton	400 FR	2022	Justina Kozan	200	2023	Teagan O'Dell	IM
2019	Anicka Delgado	50	2022	Teagan O'Dell	IM	2023	Gracyn Aquino	50
2019	Delgado, Ervin, M. Ristic, E. Ristic	200 FR	2022	Teia Salvino	50	2023	O'Dell, Stinson, Kozan, Aquino	200 FR
2019	Ella Ristic	200	2022	Justina Kozan	Fly	2023	Teagan O'Dell	Back
2019	Ella Ristic	100	2022	Teia Salvino	100	2023	Kozan, Lee	400 FR
			2022	Lin, Salvino, Aquino, Ervin	200 FR	2023	Lin, Aquino	
			2022	Teagan O'Dell	Back	2023	Najera, Wu	200 MR
							Verdolaga, Jiang	



Junior **Gracyn Aquino** is the defending CIF Division I and CIF State 50 Freestyle champion, and All American too.



All-CIF

1991	Megan Edmunds	Diving	2006	Caitlin Atkinson	Diving	2015	Mason Fredenberg	Diving
1992	Erin McGinty	Diving	2007	Kahley Rowell	Diving	2016	Paige Gohr	Diving
1992	Wendy Chase	Diving	2008	Kelly Kenney	Diving	2016	Londen Christensen	Diving
1992	Caroline Kelley	Diving	2008	Kahley Rowell	Diving	2016	Joelle Weltner	Diving
1993	Erin McGinty	Diving	2009	Kahley Rowell	Diving	2016	Peter Menke	Diving
1993	Wendy Chase	Diving	2009	Izzy Choquehuanca	Diving	2017	Paige Gohr	Diving
1993	Caroline Kelley	Diving	2009	Kelly Kenney	Diving	2017	Londen Christensen	Diving
1993	Megan Edmunds	Diving	2009	Conor Murphy	Diving	2017	Joelle Weltner	Diving
1994	Erin McGinty	Diving	2009	Chandler Espinoza	Diving	2017	Alexandra Barnes	Diving
1994	Caroline Kelley	Diving	2010	Izzy Choquehuanca	Diving	2017	Juan Cerda	Diving
1994	Megan Edmunds	Diving	2010	Conor Murphy	Diving	2017	Nicholas Leavell	Diving
1995	Erin McGinty	Diving	2010	Chandler Espinoza	Diving	2018	Alexandra Barnes	Diving
1995	Wendy Chase	Diving	2010	Aidan Daoussis	Diving	2018	Londen Christensen	Diving
1995	Julie Egus	Diving	2011	Izzy Choquehuanca	Diving	2018	Joelle Weltner	Diving
1995	Caroline Kelley	Diving	2011	Payton Gabris	Diving	2018	Nicholas Leavell	Diving
1996	Kristen Marquis	Diving	2011	Annie Whelan	Diving	2019	Alexandra Barnes	Diving
1997	Kristen Marquis	Diving	2012	Izzy Choquehuanca	Diving	2019	Kayla Haigh	Diving
1998	Kristen Marquis	Diving	2012	Payton Gabris	Diving	2019	Nicholas Leavell	Diving
1998	Rachelle Routsong	Diving	2012	Annie Whelan	Diving	2019	Rhys Davies	Diving
1998	Owen Lyle	Diving	2013	Payton Gabris	Diving	2019	Ian Asuncion-Duong	Diving
1999	Rachelle Routsong	Diving	2013	Annie Whelan	Diving	2021	Charlie Spittle	Diving
1999	Erin McKeon	Diving	2013	Mason Fredenberg	Diving	2021	Ian Asuncion-Duong	Diving
1999	Shannon McKeon	Diving	2013	Peter Menke	Diving	2022	Ian Asuncion-Duong	Diving
1999	Owen Lyle	Diving	2014	Payton Gabris	Diving	2022	Sheridan Smith	Diving
2000	Shannon McKeon	Diving	2014	Paige Gohr	Diving	2022	Charlie Spittle	Diving
2000	Erin McKeon	Diving	2014	Annie Whelan	Diving	2023	Cameron Craycraft	Diving
2000	Rachelle Routsong	Diving	2014	Mason Fredenberg	Diving	2023	Jenna Haigh	Diving
2001	Shannon McKeon	Diving	2014	Peter Menke	Diving	2023	Charlie Spittle	Diving
2002	Shannon McKeon	Diving	2015	Paige Gohr	Diving	2023	Valentino Nieto	Diving
2002	Erika Mannix	Diving	2015	Londen Christensen	Diving			
2005	Caitlin Atkinson	Diving	2015	Joelle Weltner	Diving			

All-Orange County

1996	Kristen Marquis	Diving	2012	Izzy Choquehuanca	Diving	2019	Alexandra Barnes	Diving
1998	Kristen Marquis	Diving	2018	Nicholas Leavell	Diving	2019	Nicholas Leavell	Diving
2010	Conor Murphy	Diving						

All-American

1997	Kristen Marquis	Diving	2010	Izzy Choquehuanca	Diving	2014	Annie Whelan	Diving
1998	Kristen Marquis	Diving	2010	Conor Murphy	Diving	2017	Alexandra Barnes	Diving
1998	Rachelle Routsong	Diving	2011	Izzy Choquehuanca	Diving	2018	Alexandra Barnes	Diving
2005	Caitlin Atkinson	Diving	2012	Izzy Choquehuanca	Diving	2018	Nicholas Leavell	Diving
2006	Caitlin Atkinson	Diving	2012	Payton Gabris	Diving	2019	Kayla Haigh	Diving
2008	Kahley Rowell	Diving	2013	Annie Whelan	Diving	2022	Sheridan Smith	Diving
2009	Kahley Rowell	Diving						

CIF Champions

1996	Kristen Marquis	Diving	1998	Kristen Marquis	Diving	2019	Nicholas Leavell	Diving
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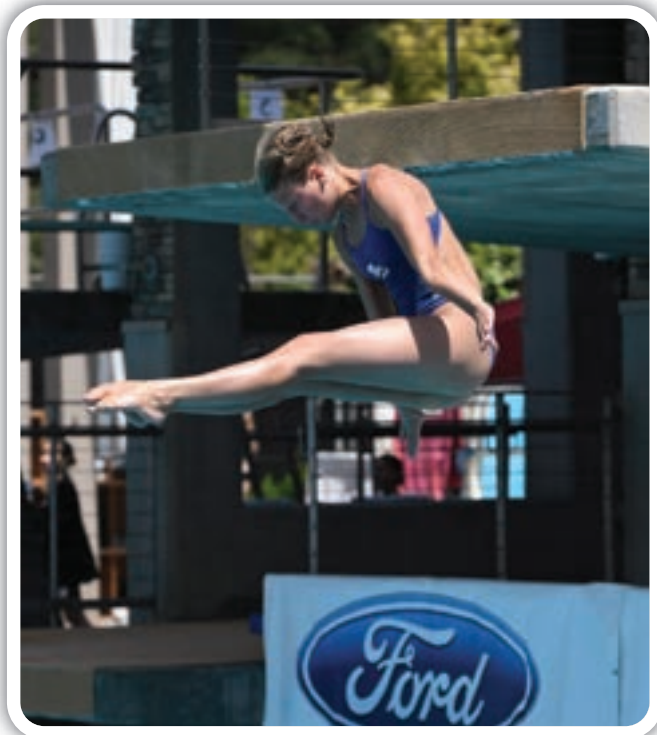




Junior **Jenna Haigh**



Junior **Valentino Nieto**



Senior **Sheridan Smith**



Junior **Cameron Craycraft**



All-Americans

1990	Kevin Henricks	Br	2012	Jax Shoults	Ba	2019	Katie Nugent	Br
1991	Carrie Gammel	IM, Br	2012	Girls Relays	400 FR	2019	Girls Relays	MR, 200 FR, 400 FR
1991	Kevin Henricks	Br	2013	Girls Relays	MR, 400 FR	2020	Girls Relays	400 FR
1993	Girls Relays	200 FR, 400 FR	2013	Sydney Franzen	200, 500	2021	Humberto Najera	IM, 500
1994	Katie Cramm	200, 500	2013	Lizzie Devitt	IM	2021	Keller Morgan	IM, 500
1994	Girls Relays	200 FR, 400 FR	2013	Grant Shoults	500, Fly	2021	Allen Cai	200
1994	Brendan Herlihy	500	2014	Katie McLaughlin	50, 100, 200	2021	Alexandru Ispas	500
1994	Phillipe Demers	IM, Fly			500, Fly	2021	Tony Ju	200
1994	Boys Relays	200 FR, 400 FR	2014	Sydney Franzen	200, 500	2021	Daniel Verdolaga	Fly
1995	Katie Cramm	200, 500	2014	Lizzie Devitt	200	2021	Boys Relays	MR, 200 FR, 400 FR
1995	Phillipe Demers	IM, Fly	2014	Girls Relays	MR, 200 FR, 400 FR	2021	Justin Kozan	200, IM, 50,
1995	Boys Relays	200 FR	2014	Grant Shoults	100, 200, Fly	2021		Fly, 100
1996	John Peterson	100	2014	Boys Relays	400 FR	2021	Macky Hodges	200, 100, 500
1996	Phillipe Demers	50, 100, 200, Fly	2015	Katie McLaughlin	50, 100, 200, 500	2021	Asia Kozan	IM, Fly
1996	Boys Relays	200 FR, 400 FR			Fly, Ba, IM	2021	Maggie McGuire	500, Ba
1997	Girls Relays	200 FR	2015	Samantha Shelton	100, 200	2021	Lindsay Ervin	50, 100
1997	Frank Uxa	100, Ba	2015	Sydney Franzen	200, 500	2021	Teia Salvino	50, 100
1997	Matt Martin	500	2015	Girls Relays	200 MR, 400 FR	2021	Isabella Abrajan	Fly
1997	Phillipe Demers	50, 100, 200, Fly	2015	Grant Shoults	100, 200, 500	2021	Abby O'Sullivan	500
1997	Boys Relays	200 FR, 400 FR			Fly, IM	2021	Linda Yu	50
1998	Frank Uxa	IM, Ba	2015	Marc Morizono	200, 500	2021	Girls Relays	MR, 200 FR, 400 FR
1998	Boys Relays	200 FR, 400 FR	2015	Alexander Qu	Br	2022	Jaden Ficklen	200
1999	Shannon Packard	Ba	2015	Boys Relays	400 FR	2022	Tony Ju	200
1999	Girls Relays	200 MR, 200 FR	2016	Samantha Shelton	50, 100, 200,	2022	Keller Morgan	IM, Br
2000	Erika Figge	50, Br			500, Fly	2022	Humberto Najera	IM
2000	Shannon Packard	IM, Ba	2016	Isabelle Odgers	IM, Br	2022	Daniel Verdolaga	IM, Fly
2000	Girls Relays	200 MR, 200 FR	2016	Mackenzie Degn	50, 100	2022	Jerry Yan	Fly
2000	Edmund Herlihy	500	2016	Girls Relays	200 FR, 400 FR	2022	Hunter Cehelnik	100
2000	Harris Radie	Ba	2016	Grant Shoults	50, 100, 200,	2022	Ramon Jiang	Ba
2000	Jonathan Russell	100, 200			500, Fly	2022	Boys Relays	MR, 200 FR, 400 FR
2001	Erika Figge	50	2016	Marc Morizono	500	2022	Justin Kozan	200, Fly, 500
2001	Shannon Packard	Ba	2016	Noah Brune	500	2022	Macky Hodges	200, 50, 100,
2001	Jaime Hosner	500	2016	Boys Relays	200 MR, 400 FR			Ba
2001	Girls Relays	200 FR, 400 FR	2017	Samantha Shelton	200, 100, Ba	2022	Abby O'Sullivan	200, 500
2001	Edmund Herlihy	500	2017	Anicka Delgado	50, Fly, 100	2022	Teagan O'Dell	200, IM, 100,
2001	Harris Radie	IM, Ba	2017	Ella Ristic	200, 100, 500			500, Ba
2001	Jonathan Russell	100, 200, Ba	2017	Isabelle Odgers	IM, Br	2022	Asia Kozan	IM, 500
2001	Boys Relays	400 FR	2017	Mackenzie Degn	50, 100	2022	Julia Stafford	IM
2002	Stephanie Scott	Ba	2017	Mariott Hoffmann	50	2022	Teia Salvino	50, 100
2002	Sarah Hamilton	Br	2017	Girls Relays	MR, 200 FR, 400 FR	2022	Lindsay Ervin	50, 100
2002	Erika Figge	50, 100	2017	AJ Rossman	50, Ba	2022	Gracy Aquino	50, 100
2002	Girls Relays	MR, 200, 400 FR	2017	Alexander Qu	Br	2022	Isabella Abrajan	Fly
2002	Doug Ciolli	50, 100	2017	Kevin Tu	Ba	2022	Chloe Stinson	Fly
2002	Boys Relays	400 FR	2017	Boys Relays	MR, 400 FR	2022	Linda Yu	100
2003	Erika Figge	50, 100	2018	Noah Brune	500	2022	Girls Relays	MR, 200 FR, 400 FR
2003	Stephanie Scott	IM, Ba	2018	AJ Rossman	Ba	2023	Jaden Ficklen	200, 500
2003	Sarah Hamilton	Br	2018	Samantha Shelton	200, IM, 100	2023	Hunter Cehelnik	50, 100, 200
2003	Devonie Miguez	Ba	2018	Ella Ristic	200, 100	2023	Humberto Najera	IM, 100, Ba
2003	Girls Relays	MR, 200 FR	2018	Mackenzie Degn	200, 500	2023	Daniel Verdolaga	IM, Fl
2003	Doug Ciolli	50	2018	Isabelle Odgers	IM, Br	2023	Nathan Wu	IM, Br
2003	Boys Relays	200 FR, 400 FR	2018	Anicka Delgado	50, Fly, 100	2023	Jerry Yan	Fl, Ba
2004	Devonie Miguez	Ba	2018	Kimmy Woolfenden	Br	2023	Ramon Jiang	Ba
2005	Devonie Miguez	50, Ba	2018	Katie Nugent	Br	2023	Boys Relays	MR, 200 FR, 400 FR
2006	Devonie Miguez	Ba	2018	Girls Relays	MR, 200 FR, 400 FR	2023	Asia Kozan	200, IM, 100
2006	Brett Chamberlain	500	2019	Noah Brune	500	2023	Gracy Aquino	50, 100
2006	Girls Relays	200 FR	2019	Alexandru Ispas	500	2023	Teagan O'Dell	200, IM, 50, Fl,
2007	Meagan Brown	500	2019	Boys Relays	200 FR, 400 FR			100, 500, Ba, Br
2007	Rickey Wilson	Br	2019	Ella Ristic	200, 100, Ba	2023	Teia Salvino	50, Ba
2008	Meagan Brown	500	2019	Anicka Delgado	50, Fly, 100	2023	Chloe Stinson	Fl
2008	Mark Reese	Br	2019	Mackenzie Degn	200, 100, 500	2023	Maggie McGuire	500, Ba
2009	Mark Reese	Br	2019	Isabella Abrajan	Fly, Ba	2023	Abby O'Sullivan	500
2011	Megan Gehrich	IM	2019	Lindsay Ervin	50, 100	2023	Girls Relays	MR, 200 FR, 400 FR
2011	Girls Relays	200 MR	2019	Mia Ristic	Fly			
2012	Lizzie Devitt	IM	2019	Miranda Renner	Br			



Academic All-Americans

1999	Natalie Hornak	2012	Jacob Enriquez	2019	Haley Calaiacovo
2001	Lauren Edwards	2012	Kyle Olson	2019	Caitlin Caruso
2001	Katy Kunkel	2013	Jill Kennedy	2019	Miranda Renner
2002	Joaquin Pelaez	2013	Alex Czaja	2019	Kimmy Woolfenden
2002	Jessica Ahlering	2013	Riley Smith	2019	Noah Brune
2002	Kristina Kunkel	2013	Max Walsh	2019	Carson Ferrara
2002	Nicole Loftus	2014	Kacey Avalos	2019	Jack Forsythe
2002	Darcy Mulhaupt	2014	Kelli Baumgardner	2019	Nicholas Leavell
2003	Doug Ciolli	2014	Lizzie Devitt	2019	David Pearson
2004	Ryan Archdeacon	2014	Haley Wan	2019	Kevin Tu
2004	Satoshi Kido	2014	Annie Whelan	2020	Junie Carlos
2004	Brittany Hosner	2014	James Betz	2020	Anicka Delgado
2005	Michael Connor	2014	Axel Reed	2020	Kayla Haigh
2005	Mary Cousineau	2015	Peggy Goonan	2020	Karen Najera
2005	Kristin Palase	2015	Bruno Giacobbe	2020	Josette Odgers
2005	Cristina Pelaez	2015	Scott Reese	2020	Natalie Oien
2006	Trudy Chancellor	2016	Emily Boggess	2020	Ella Ristic
2006	Kathryn Leahy	2016	Kristi Fecarotta	2020	Mia Ristic
2006	Katie Whichard	2016	Maureen McShane	2020	Sophia Tiu
2007	Mark Connor	2016	Elizabeth Morris	2020	Allen Lu
2007	Stephanie Lavayen	2016	Sarah Niemi	2020	Michael Maurer
2007	Amanda Nauman	2016	Austin Clark	2020	Killian McShane
2008	Kacey Anderson	2016	Marc Morizono	2021	Connor Cohen
2008	Mackenzie Maurer	2016	Grant Shoultz	2021	Miles Fujimoto
2008	Amy Miller	2016	Gregor Yacoubian	2021	Kambiz Shoaei
2009	Alex Worthen	2017	Grace Dawson	2021	Andrea Smith
2009	Paul Connor	2017	Jeni Griffin	2021	Mary Kate Tracy
2009	Mark Reese	2017	Paige Gohr	2022	Isabella Abrajan
2009	Robert Tungate	2017	Allison Plamondon	2022	Lindsay Ervin
2010	Alex Delaney	2017	Evan Czaja	2022	Leila Kezelman
2010	Samantha Goff	2017	Daniel Fang	2022	Justina Kozan
2010	Dante Luke	2017	Kyle Monteleone	2022	Julia Stafford
2010	Kassandra Smith	2017	Alexander Qu	2022	Ian Asincion-Duong
2010	Sarah Tennis	2017	Kaikea Wilinski	2023	Ellie Davis
2010	Mollie Touve	2018	Cody Henmi	2023	Leah Healy
2010	Bailey Wilson	2018	Jackson Odgers	2023	Asia Kozan
2010	Rutger Choquehuanca	2018	AJ Rossman	2023	Maggie McGuire
2010	Brian Maurer	2018	Hannah Ashbrook	2023	Abby O'Sullivan
2011	Shannon Mack	2018	Amber Henmi	2023	Matilde Turrini
2011	John Morin	2018	Mariott Hoffmann	2023	Linda Yu
2012	Lauren Azarvand	2018	Caroline Needell	2023	Jacob Cadaval
2012	Alex Cook	2018	Isabelle Odgers	2023	Allen Cai
2012	Megan Gehrich	2018	Samantha Shelton	2023	Jaden Ficklen
2012	Andrew Cusator	2018	Joelle Weltner	2023	Keller Morgan

Swimmers are selected as All-Americans if they achieve an All-American time standard and are among the top 100 in the United States in their event.

Athletes are selected as Academic All-Americans if they achieve a 3.75 cumulative GPA, are a senior, and have a varsity letter. Selection by the NISCA.





Junior Varsity School Records

swim&dive
2024

Girls Junior Varsity

200 Medley Relay	Zoe Le, Brooke Etter, Leah Healy, Morgan Hoppe	1:51.52	2022
200 Freestyle	Haasini Prabhakar	1:55.92	2022
100 Individual Medley	Morgan Hoppe	1:02.21	2022
200 Individual Medley	Caitlin Caruso	2:10.40	2018
50 Freestyle	Kaitlyn Krebs	:24.43	2023
50 Butterfly	Haasini Prabhakar	:26.82	2022
100 Butterfly	Haasini Prabhakar	:57.07	2022
100 Freestyle	Morgan Hoppe	:53.11	2022
500 Freestyle	Caroline Needell	5:14.17	2015
200 Freestyle Relay	Morgan Hoppe, Ellie Davis, Haasini Prabhakar, Kaitlyn Krebs	1:38.71	2022
50 Backstroke	Zoe Le	:27.96	2022
100 Backstroke	Leah Healy	:59.21	2022
50 Breaststroke	Caitlin Caruso	:31.39	2018
100 Breaststroke	Caitlin Caruso	1:06.30	2018
400 Freestyle Relay	Kaitlyn Krebs, Zoe Le, Addie Matthews, Hannah Campbell	3:40.39	2023

Boys Junior Varsity

200 Medley Relay	Daniel Fu, Sonit Joshi, Evan Bueras, Chase Kim	1:39.22	2023
200 Freestyle	Nicholas Burke	1:46.40	2021
100 Individual Medley	Mark Zakrzewski	1:02.26	1996
200 Individual Medley	Sonit Joshi	1:58.29	2023
50 Freestyle	Connor Cohen	:21.87	2021
50 Butterfly	Daniel Fu	:24.43	2023
100 Butterfly	Daniel Fu	:52.44	2023
100 Freestyle	Angel Sanchez	:48.85	2018
500 Freestyle	Harry Needell	4:48.58	2019
200 Freestyle Relay	Spencer Lupin, Bruno Giacobbe, Jack Garcia, Sam Slobodien	1:30.65	2014
50 Backstroke	Daniel Fu	:24.93	2023
100 Backstroke	Daniel Fu	:53.95	2023
50 Breaststroke	Sonit Joshi	:27.27	2023
100 Breaststroke	Sonit Joshi	:58.64	2023
400 Freestyle Relay	Nicholas Burke, Dean Fujimoto, Connor Cohen, Andrew Douglas	3:20.17	2021

**Girls Open**

200 Medley Relay	May Li, Elizabeth Morris, Hannah Johnston, Fiona Goh	2:00.88	2013
200 Freestyle	Natalie Tuerk	2:00.46	2016
100 Individual Medley	Kristine Liao	1:04.90	2014
50 Freestyle	Delaney Mazelin	:25.78	2015
50 Butterfly	Anna Krishnan	:28.74	2021
100 Freestyle	Natalie Tuerk	:55.81	2016
200 Freestyle Relay	Alexa Hines, Nisha Goddard, Kristine Liao, Riley Cunningham	1:46.98	2014
50 Backstroke	May Li	:29.90	2013
50 Breaststroke	Elizabeth Morris	:33.95	2013
400 Freestyle Relay	Renee Gentry, Alexa Hines, Delaney Mazelin, Riley Cunningham	3:50.52	2014

Boys Open

200 Medley Relay	Alessandro Ostergaard, Jake Glassman, Joe Romo, Patrick McGowan	1:50.20	2018
200 Freestyle	Adam Engelke	1:53.75	2016
100 Individual Medley	Evan Bueras	:58.99	2022
50 Freestyle	Brian Hastings	:23.83	2010
50 Butterfly	Evan Bueras	:24.32	2022
100 Freestyle	Jacob Wright	:51.92	2015
200 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Andrew Pahl, Jack Garcia	1:36.35	2013
50 Backstroke	Evan Bueras	:26.36	2022
50 Breaststroke	Ryan McClintick	:30.30	2021
400 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Austin Clark, Jack Garcia	3:36.70	2013



Eagles Boys Junior Varsity

swim&dive
2024



NAME

CLASS

EVENTS

Tyler Davis	Senior	Sprints, Backstroke
John Martinez	Junior	Sprints, Backstroke
Jackson Nigro	Junior	Sprints, Distance
James Zhou	Junior	Breaststroke, IM
Chris Allen	Sophomore	Distance, Sprints
Harrison Beck	Sophomore	Sprints, Backstroke
Drew Calhoun	Sophomore	Freestyle, Backstroke
Parker Coombs	Sophomore	Breaststroke, Butterfly
Adam Cuthbert	Sophomore	Breaststroke, IM
Zakari Huey-Nazareno	Sophomore	Backstroke, Distance
Young Zhang	Sophomore	IM, Backstroke
Luke d'Arcy	Freshman	Freestyle, Backstroke
Preston Kwon	Freshman	Butterfly, Backstroke
Chase Ryan	Freshman	Butterfly, Distance
Louis Sheng	Freshman	Backstroke, Freestyle
Ben Stafford	Freshman	Backstroke, Freestyle
Nyle Wolf	Freshman	Sprints, Butterfly
Thomas Yu	Freshman	Freestyle, Backstroke



Sweeping all three levels at the Trinity League championships is an exceedingly rare occurrence. In 2023, SMCHS took all three levels on the Boys side—the only school in Trinity League history to do so, and we did this in back-to-back years. Can 2024 see a repeat of this feat? Only time will tell.

The seniors begin with **Tyler Davis**. Tyler is a four-year SM swimmer and will bring his quick freestyle and leadership to the team. **Kyle Tran** jumps into the pool this year with his first go with swimming. **Cooper West** has skill in the freestyle sprints and in butterfly as well.

The junior class is a deep and talented component of the boys swim program. **Abanoub Abdelmalek** works as hard as any member of the team and can swim free and breast. **Andrew Curtis** possesses a skilled, league-title-contending breaststroke and looks to expand his repertoire of swimming events. **Aaron Farkas** never complains but gets the work done and is the ultimate team player. **James Grayce** maintains a steady focus on his backstroke specialty and proudly represents SM swimming. **Christian Harter** was on a team that just missed school and league records in the 200 free relay last year and will bring his sprinting skills to go after the record again. **Hayden Mansoury's** 6'3" frame lends itself well to becoming a dominant backstroke swimmer. **John Martinez** has settled into his role as a powerful freestyle sprinter and backstroke swimmer. **Joey Miller's** overall strength gives him sprinting speed in both the fly and free. **Jackson Nigro** is building his butterfly and freestyle sprint skills after being a dominant distance swimmer in years' past—look for a CIF time in the fly from Jackson this year. **Brody Sasena** returns to SM swimming after a one year break and will add his speed to the freestyle and breaststroke events. **Marek Seablom-Michel** is stronger than ever and will translate this into speed in the fly and free.

The sophomore class remains one of the strongest and deepest at SM this year. **Chris Allen** is just a few tenths off of breaking 5:00 in the 500 free and will challenge for league titles in the 200, IM, 500, or breaststroke. **Jack Baldwin** brings speed from water polo onto the swim team—he'll be twice the swimmer by the end of the season. **Harrison Beck** is ready to throw down some awesome sprint freestyle times and go after an individual

league title. **Drew Calhoun** is a :57 back stroke swimmer and a :50 freestyle sprinter—can you say league title in multiple events? **Parker Coombs** earned a CIF consideration time in the back last year and wants a formal invitation now to CIF. **Adam Cuthbert** is a star in the making and his determined efforts in the off-season has paid off with huge time drops and CIF-ready ability. **Zakari Huey-Nazareno's** rapid improvement in the backstroke and distance free bodes well after winning the 100 IM league title last year. **Luke Lagumbay** returns as one of the league's top breaststroke and fly sprinters. **Young Zhang** may be the most improved swimmer from last season and can dominate in the freestyle sprints, back, and IM this season.

The freshman class is a super-talented gaggle of Eagles ready to make their mark on SM swimming. **Jack Baldwin** owns power and speed in the fly and free. **Luke d'Arcy** is focused on continually improving with all-range freestyle his specialty. **Reid Hickson** transfers his water polo intensity to the swim team with much needed sprinting speed. **Ozan Kose-Montoya** has gone from swim camp to team member with hopes to contribute in the freestyle and backstroke events. **Preston Kwon's** :55 in the fly will challenge for a league title but he also has the big-goal varsity times in his eyesight. **Ellis Minck** may have water polo in his heart, but he has true swimming skills. **Pablo Ramirez's** over six foot frame says future backstroke star loud and clear. **Owen Raney** has the fast-twitch muscle ability to develop into a swift freestyle sprinter. **Chase Ryan's** experience with the Mission Viejo Nadadores is evident in his fly and distance freestyle abilities. **Louis Sheng** is our first swimmer from the JCC Waves and will impress with his :57 backstroke speed. **Ben Stafford** has a massive upside in the freestyle and backstroke events—a future star on varsity. **Nyle Wolf** is one of the strongest freshman on the roster and displays his speed in all freestyle distances. **Thomas Yu** will greatly improve on his :55 100 freestyle and can make two league championships finals.





Eagles Boys Open

swim&dive
2024



NAME

CLASS

EVENTS

Kyle Tran	Senior	Freestyle, Backstroke
Cooper West	Senior	Freestyle, Backstroke
Abanoub Abdelmalek	Junior	Freestyle, Breaststroke
Andrew Curtis	Junior	Breaststroke, Freestyle
Aron Farkas	Junior	Freestyle, Butterfly
James Grayce	Junior	Freestyle, Backstroke
Christian Harter	Junior	Sprints, Butterfly
Hayden Mansoury	Junior	Freestyle, Breaststroke
Joey Miller	Junior	Butterfly, Sprints
Brody Sasena	Junior	Breaststroke, Backstroke
Marek Seablom-Michel	Junior	Backstroke, Freestyle
Luke Lagumbay	Sophomore	Breaststroke, Sprints
Jack Baldwin	Freshman	Sprints, Breaststroke
Reid Hickson	Freshman	Freestyle, Breaststroke
Ozan Kose-Montoya	Freshman	Freestyle, Backstroke
Ellis Minck	Freshman	Sprints, Butterfly
Pablo Ramirez	Freshman	Backstroke, Freestyle
Owen Raney	Freshman	Sprints, Butterfly



NAME

CLASS

EVENTS

Hannah McClaskey	Senior	Breaststroke, Sprints
Emma Tijanich	Senior	Butterfly, Sprints
Dolma Arow	Junior	Backstroke, Breaststroke
Emma Gomez	Junior	Backstroke, Butterfly
Danielle Gorrell	Junior	Breaststroke, IM
Brooke Kaltenbach	Junior	Distance, IM
Addison Matthews	Junior	Sprints, Butterfly
Jolyn Zheng	Junior	Sprints, Butterfly
Megan Zimmerman	Junior	Distance, Breaststroke
Emerson Kavelaars-Eakins	Sophomore	Backstroke, IM
Reese Salazar	Sophomore	Distance, Sprints
Kathy Yu	Sophomore	Butterfly, Backstroke
Emily Atienza	Freshman	Butterfly, Sprints
Katie Fan	Freshman	Backstroke, Butterfly
Allison Leung	Freshman	Butterfly, Sprints
Bethany Mader	Freshman	Freestyle, Butterfly
Sophia Mader	Freshman	Freestyle, IM
Jaylin Nigro	Freshman	Breaststroke, IM
Kiley Stoufflet	Freshman	Sprints, Butterfly



Girls JV and F/S Preview

After sweeping the JV and Open league titles last year, one would think there wasn't any goals yet to accomplish in 2024. If you thought that, you would be mistaken! With a massive influx of freshman talent, this year's JV and Open is deeper and more skilled and have the goods to make another dominant run in the Trinity League.

The senior class is small in numbers but mighty in talent and character. **Emma Duffy** returns for her second year in Eagle swimming and wants to finish her career in style. **Hannah McClaskey** has signed with ASU for water polo and is a much improved sprinter and flyer. **Katie Pfeiffer** is a consistent force for the team and can see league finals in the fly and breast. Multi-sport athlete **Emma Tijanich** played varsity flag football and basketball for SM this year and is a stout flyer.

The junior class is deep and swift. Versatile **Dolma Arow** earned two league finalist swims in the 200 IM and breaststroke in 2023. **Emma Gomez** is on the cusp of making CIF in either the backstroke or butterfly in 2024. **Danielle Gorrell** had a pair of league runner-up finishes in the 200 IM and 100 breaststroke and is one of the most versatile swimmers on the team. **Brooke Kaltenbach** bring her talents in water polo to the mid and distance freestyle events this year. **Addie Matthews** set P.R.'s last season in the 50 and 100 freestyles earning a set of CIF consideration times. **Keira Mayes** is a team-first swimmer who will swim whatever event the team needs her to. **Makena Moore** enjoyed a spectacular season on the water polo team and looks to move up in her league finishes in the 100 IM and 50 fly. **Sophia Popejoy** has the speed to compete for a league title in the 50 free and the 50 fly. **Lucy Stiles** is a talented thespian and will enjoy her third year swimming for the Eagles. **Jolyn Zheng** won the JV league title in the breaststroke last year and has the speed to win any sprint freestyle event and will push to make CIF in the 50 free. **Megan Zimmerman** is another multi-sport athlete playing flag football and water polo before swim season—she owns the distance freestyle events.

The sophomores blend depth with talent to help pull the Eagles to success. **Eusmary Cisneros** takes the next steps to continue her road of swimming improvement. **Samantha Elizarraraz** is a self-made swimmer who works very hard and excels at fly. **Gianna Fortezzo** returns to the team with extensive water polo experience to lend to the team.

Alea Gauthier is a backstroke specialist who will aim to repeat her league back dominance. **Emerson Kavelaars-Eakins** is a naturally gifted swimmer who has the speed to earn CIF times in the sprints and backstroke. **Laura Liu** developed into a star contributor in 2023 and aims for more in 2024. **Reese Salazar** raced to CIF considerations times in the 200 and 500 freestyles in 2023 and can stake a claim for a CIF spot in 2024. **Kathy Yu** owns an amazing underwater fly which lends itself to rapid backstroke and butterfly swims.

Phoebe Alvarez starts the freshman class and is a highly skilled breastroker. **Emily Atienza** transfers to SMCHS and brings her considerable speed in the fly and breast to the Eagles. **Courtney Backhus** played water polo for the Eagles and will be a top-notch sprinter. **Taylor Black** was on the varsity basketball team that advanced to the So Cal Regional playoffs and now joins the swim team. **Violet Boyer's** backstroke and breaststroke are her talents that can lead her to league finals. **Sydney Calder** is quickly improving her breaststroke and freestyle sprints. **Katie Fan** arguably has the best backstroke start on the team and can win a league title in that event. **Allison Leung** has a bright future with the Eagles and CIF potential in the fly and sprints. **Bethany Mader** is a rising freestyler and breaststroke specialist. **Sophia Mader** represents in the butterfly and freestyle sprints. **Cate McDonald** has the makings of top-flight sprint freestyler who will challenge for the league 50 free title. **Alexandra Merdjanova** has been focused on improving her craft and will see massive improvements by year's end. **Jaylin Nigro** demonstrates all of the necessary skills to succeed in the sport—drive, determination, talent, and heart. **Victoria Popejoy** has a league title in the sprints and breaststroke in her sights. **Kiley Stoufflet** is translating her success in water polo, her hard work in the weight room, and her natural swim talents into a force to be reckoned with. **Audrey Tanuwidjaja** is finding that her backstroke and freestyle will equal huge points for the team at league. **Gloria Zhou** brings time with the MVN to the team—that experience will be invaluable to SM.





NAME	CLASS	EVENTS
Emma Duffy	Senior	Freestyle, Breaststroke
Katie Pfeiffer	Senior	Butterfly, IM
Keira Mayes	Junior	Freestyle, Backstroke
Makena Moore	Junior	Freestyle, Butterfly
Sophia Popejoy	Junior	Sprints, Butterfly
Lucy Stiles	Junior	Backstroke, Freestyle
Eusmary Cisneros	Sophomore	Freestyle, Backstroke
Samantha Elizarraraz	Sophomore	Freestyle, Butterfly
Gianna Fortezzo	Sophomore	Freestyle, Butterfly
Alea Gauthier	Sophomore	Backstroke, Freestyle
Laura Liu	Sophomore	Freestyle, Breaststroke
Phoebe Alvarez	Freshman	Breaststroke, Freestyle
Courtney Backhus	Freshman	Freestyle, Backstroke
Taylor Black	Freshman	Freestyle, Butterfly
Violet Boyer	Freshman	Breaststroke, Freestyle
Sydney Calder	Freshman	Freestyle, Breaststroke
Cate McDonald	Freshman	Sprints, IM
Alexandra Merdjanova	Freshman	Freestyle, Backstroke
Victoria Popejoy	Freshman	Sprints, Butterfly
Audrey Tanuwidjaja	Freshman	Backstroke, Freestyle
Gloria Zhou	Freshman	Backstroke, Freestyle



All-Time Records

swim&diving
2024

Girls Varsity

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	7th (II)
1994	(9-1-1)	Rick Rowland	2nd	3rd (II)
1995	(8-2)	Rick Rowland	3rd	19th (I)
1996	(5-6)	Rick Rowland	4th	23rd (I)
1997	(7-5)	Rick Rowland	2nd	11th (I)
1998	(7-5)	Rich Blanc	2nd	9th (I)
1999	(10-3)	Rich and Ron Blanc	2nd	7th (I)
2000	(11-0)	Rich and Ron Blanc	Champs	Champs (II)
2001	(8-1)	Rich and Ron Blanc	Champs	5th (I)
2002	(9-0)	Rich and Ron Blanc	Champs	2nd (I)
2003	(7-2)	Rich and Ron Blanc	Champs	3rd (I)
2004	(9-1-1)	Rich and Ron Blanc	Champs	15th (I)
2005	(9-2)	Rich and Ron Blanc	Champs	6th (I)
2006	(7-1)	Rich and Ron Blanc	Champs	2nd (I)
2007	(8-1)	Rich and Ron Blanc	Champs	16th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	9th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	15th (I)
2010	(6-2)	Rich and Ron Blanc	Champs	14th (I)
2011	(7-1)	Rich and Ron Blanc	Champs	5th (I)
2012	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2013	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2014	(7-0)	Rich and Ron Blanc	Champs	Champs (I)
2015	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2016	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2017	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2018	(6-0)	Rich and Ron Blanc	Champs	Champs (I)*
2019	(6-0)	Rich and Ron Blanc	Champs	Champs (I)*
2020	(1-0)	Rich and Ron Blanc	NA	NA
2021	(5-0)	Rich and Ron Blanc	Champs	Champs (I)*
2022	(6-0)	Rich and Ron Blanc	Champs	Champs (I)*
2023	(8-0)	Rich and Ron Blanc	Champs	Champs (I)*

* State Champions

Boys Varsity

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	30th (II)
1994	(5-6)	Rick Rowland	4th	6th (I)
1995	(4-6)	Rick Rowland	5th	11th (I)
1996	(10-1)	Rick Rowland	2nd	2nd (I)
1997	(9-3)	Rick Rowland	2nd	2nd (I)
1998	(9-3)	Rick Rowland	2nd	3rd (I)
1999	(5-7-1)	Rich and Ron Blanc	5th	11th (I)
2000	(8-3)	Rich and Ron Blanc	Champs	3rd (I)
2001	(8-1)	Rich and Ron Blanc	Champs	2nd (I)
2002	(7-2)	Rich and Ron Blanc	2nd	8th (I)
2003	(6-3)	Rich and Ron Blanc	2nd	9th (I)
2004	(6-4-1)	Rich and Ron Blanc	2nd	42nd (I)
2005	(9-2)	Rich and Ron Blanc	Champs	31st (I)
2006	(5-3)	Rich and Ron Blanc	Champs	14th (I)
2007	(5-4)	Rich and Ron Blanc	Champs	18th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	20th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	17th (I)
2010	(5-3)	Rich and Ron Blanc	2nd	33rd (I)
2011	(8-0)	Rich and Ron Blanc	Champs	46th (I)
2012	(6-2)	Rich and Ron Blanc	2nd	39th (I)
2013	(8-0)	Rich and Ron Blanc	Champs	21st (I)
2014	(7-0)	Rich and Ron Blanc	Champs	16th (I)
2015	(6-1)	Rich and Ron Blanc	2nd	6th (I)
2016	(6-0-1)	Rich and Ron Blanc	2nd	3rd (I)
2017	(6-1)	Rich and Ron Blanc	2nd	5th (I)
2018	(5-2)	Rich and Ron Blanc	Champs	8th (I)
2019	(6-1)	Rich and Ron Blanc	Champs	2nd (I)
2020	(0-1)	Rich and Ron Blanc	NA	NA
2021	(5-1)	Rich and Ron Blanc	Champs	Champs (I)
2022	(7-0)	Rich and Ron Blanc	Champs	Champs (I)
2023	(9-0)	Rich and Ron Blanc	Champs	Champs (I)*

* State Champions

Girls Junior Varsity

Year	Record	Coach	League
1993	(0-5)	Geoff Marcoux	4th
1994	(6-2)	Tom Krucli	2nd
1995	(9-1)	Dan Flynn	2nd
1996	(8-3)	Rich and Ron Blanc	2nd
1997	(8-3-1)	Rich and Ron Blanc	3rd
1998	(7-5)	Ron Blanc	3rd
1999	(12-1)	Renee Blanc	2nd
2000	(10-1)	Renee Blanc	Champs
2001	(9-0)	Renee Blanc	Champs
2002	(9-0)	Renee Blanc	Champs
2003	(9-0)	Renee Blanc	Champs
2004	(10-1)	Renee Blanc	Champs
2005	(8-2)	Renee Blanc	Champs
2006	(5-3)	Renee Blanc	Champs
2007	(7-2)	Renee Blanc	Champs
2008	(9-1)	Renee Blanc	Champs
2009	(8-1)	Renee Blanc	Champs
2010	(7-1)	Renee Blanc	Champs
2011	(8-0)	Renee Blanc	Champs
2012	(8-0)	Renee Blanc	Champs
2013	(8-0)	Renee Blanc	Champs
2014	(7-0)	Renee Blanc	Champs
2015	(6-0)	Renee Blanc	Champs
2016	(6-0)	Renee Blanc	Champs
2017	(5-1)	Renee Blanc-Supernaw	Champs
2018	(6-0)	Renee Blanc-Supernaw	Champs
2019	(6-0)	Renee Blanc-Supernaw	Champs
2020	(1-0)	Renee Blanc-Supernaw	NA
2021	(6-0)	Renee Blanc-Supernaw	Champs
2022	(6-0)	Renee Blanc-Supernaw	Champs
2023	(8-0)	Renee Blanc-Supernaw	Champs

Boys Junior Varsity

Year	Record	Coach	League
1993	(0-2)	Geoff Marcoux	2nd
1994	(2-5)	Tom Krucli	5th
1995	(5-5)	Dan Flynn	3rd
1996	(7-4)	Rich and Ron Blanc	4th
1997	(8-4)	Rich and Ron Blanc	4th
1998	(4-8)	Tyson Thomas	5th
1999	(6-7)	Mike Woods	4th
2000	(9-2)	Mike Woods	Champs
2001	(8-1)	Jeff Heeren	Champs
2002	(6-3)	Jeff Heeren	Champs
2003	(8-1)	Kevin Ricks	Champs
2004	(8-3)	Justin Willner	Champs
2005	(9-1)	Kevin Ricks	Champs
2006	(5-3)	Shaun Souza	Champs
2007	(7-2)	Shaun Souza	Champs
2008	(7-3)	Shaun Souza	2nd
2009	(8-1)	Shaun Souza	Champs
2010	(6-2)	Shaun Souza	Champs
2011	(8-0)	Shaun Souza	Champs
2012	(8-0)	Tim Renden	Champs
2013	(7-1)	Brian Weathersby	Champs
2014	(7-0)	Brian Weathersby	Champs
2015	(6-1)	Brian Weathersby	2nd
2016	(6-1)	Brian Weathersby	2nd
2017	(5-2)	Brian Weathersby	2nd
2018	(6-1)	Kristen Zepeda	Champs
2019	(6-1)	Kristen Zepeda	2nd
2020	(0-1)	Kristen Zepeda	NA
2021	(5-1-1)	Kristen Zepeda	Champs
2022	(6-1)	Kristen Zepeda	Champs
2023	(8-1)	Kristen Zepeda	Champs



Girls Open

Year	Record	Coach	League
1993	(1-7)	Geoff Marcoux	5th
1994	(6-4)	Tom Krucli	4th
1995	(4-1)	Mike Stachowski	3rd
1996	(4-2)	Rich and Ron Blanc	2nd
1997	(9-2-1)	Tyson Thomas	2nd
1998	(6-2)	Renee Blanc	3rd
1999	(9-1)	Christine Barker	2nd
2000	(6-2)	Christine Barker	Champs
2001	(5-0)	Laurie Egus	Champs
2002	(5-1)	Laurie Egus	2nd
2003	(6-2)	Laurie Egus	Champs
2004	(8-0)	Jen Gonzalez	Champs
2005	(8-0)	Alicia Sayles	Champs
2006	(6-2)	Alicia Sayles	Champs
2007	(9-0)	Alicia Sayles	Champs
2008	(10-0)	Alicia Sayles	Champs
2009	(8-1)	Alicia Sayles	Champs
2010	(8-0)	Alicia Sayles	Champs
2011	(8-0)	Alicia Sayles	2nd
2012	(8-0)	Dana Reyes	2nd
2013	(8-0)	Kellie Fecarotta	Champs
2014	(7-0)	Kellie Fecarotta	Champs
2015	(6-0)	Taylor Blanc	Champs
2016	(6-0)	Taylor Blanc	Champs
2017	(6-0)	Taylor Blanc	Champs
2018	(6-0)	Taylor Blanc	Champs
2019	(6-0)	Jennifer Abalos	Champs
2020	(1-0)	Jennifer Abalos	NA
2021	(6-0)	Jennifer Abalos	Champs
2022	(6-0)	Olivia Romo-Slobodien	Champs
2023	(6-0)	Johnnie Frater	Champs

Boys Open

Year	Record	Coach	League
1993	(0-3)	Geoff Marcoux	2nd
1994	(3-8)	Tom Krucli	7th
1995	(1-4)	Mike Stachowski	5th
1996	(5-2)	Rich and Ron Blanc	3rd
1997	(4-1)	Tyson Thomas	3rd
1998	(3-2)	Tyson Thomas	3rd
1999	(2-3)	Scott Taylor	4th
2000	NA	NA	NA
2001	NA	NA	NA
2002	(0-1)	Jeff Heeren	2nd
2003	(1-0)	Justin Willner	2nd
2004	(0-1)	Nicole Loftus	Champs
2005	(3-1)	Shaun Souza	Champs
2006	(5-1)	Clare Peyrebrune	Champs
2007	(6-1)	Clare Peyrebrune	Champs
2008	(7-2)	Clare Peyrebrune	2nd
2009	(6-2)	Clare Peyrebrune	Champs
2010	(7-1)	Tim Renden	Champs
2011	(8-0)	Tim Renden	Champs
2012	(7-1)	Alicia Sayles	Champs
2013	(8-0)	Alicia Sayles	Champs
2014	(6-1)	Brendan Barrow	2nd
2015	(5-2)	Olivia Romo	2nd
2016	(5-2)	Olivia Romo	2nd
2017	(5-2)	Dinara Shalhoup	2nd
2018	(5-2)	Olivia Romo	Champs
2019	(6-1)	Joel Yamasaki	Champs
2020	(0-1)	Joel Yamasaki	NA
2021	(5-2)	Joel Yamasaki	2nd
2022	(7-0)	Joel Yamasaki	Champs
2023	(7-0)	Joel Yamasaki	Champs



Victoria Mori has exploded onto the U.S. swimming community and is will earn multiple All-American swims.



Trinity League Records

swim&diving
2024

Varsity Girls

O'Dell, Christensen, Stinson, Lin	SMCHS	1:41.49	2023
Macky Hodges	SMCHS	1:46.48	2022
Asia Kozan	SMCHS	1:58.09	2023
Kaitlyn Albertoli	JSHS	:22.71	2014
Teagan O'Dell	SMCHS	:52.21	2023
Lindsay Ervin	SMCHS	:49.48	2022
Stephanie Su	MDHS	4:49.53	2018
Aquino, Salvino, Ervin, Hodges	SMCHS	1:32.12	2022
Macky Hodges	SMCHS	:53.76	2022
Isabelle Odgers	SMCHS	1:01.82	2018
Hodges, Salvino, Yu, J. Kozan	SMCHS	3:24.15	2021
Ella Roselli	MDHS	564.45	2023

Varsity Boys

200 Medley Relay	1:30.73	2023	Najera, Wu, Verdolaga, Jiang	SMCHS
200 Freestyle	1:38.55	2023	Ryder Dodd	JSHS
200 Individual Medley	1:48.50	2023	Humberto Najera	SMCHS
50 Freestyle	:20.53	2019	Christian Martinez	SHS
100 Butterfly	:47.84	2023	Daniel Verdolaga	SMCHS
100 Freestyle	:44.77	2023	Hunter Cehelnik	SMCHS
500 Freestyle	4:27.62	2014	Jerad Kaskawal	SHS
200 Freestyle Relay	1:23.22	2022	Yan, Cehelnik, Ju, Jiang	SMCHS
100 Backstroke	:47.84	2023	Humberto Najera	SMCHS
100 Breaststroke	:55.97	2023	Nathan Wu	SMCHS
400 Freestyle Relay	3:04.21	2022	Cehelnik, Verdolaga, Cai, Ju	SMCHS
Diving	588.30	2000	Michael Hilde	SHS

Junior Varsity Girls

Le, Etter, Healy, Hoppe	SMCHS	1:51.52	2022
Haasini Prabhakar	SMCHS	1:55.92	2022
Jessica Ahlering	SMCHS	1:08.93	2000
Caitlin Caruso	SMCHS	2:10.40	2018
Kaitlyn Krebs	SMCHS	:24.43	2023
Haasini Prabhakar	SMCHS	:26.82	2022
Haasini Prabhakar	SMCHS	:57.07	2022
Morgan Hoppe	SMCHS	:53.11	2022
Kailia Utley	MDHS	4:54.51	2021
Hoppe, Davis, Prabhakar, Krebs	SMCHS	1:38.71	2022
Zoe Le	SMCHS	:27.96	2022
Kailia Utley	MDHS	:56.02	2021
Caitlin Caruso	SMCHS	:31.39	2018
Caitlin Caruso	SMCHS	1:06.30	2018
Krebs, Le, Matthews, Campbell	SMCHS	3:40.39	2023

Junior Varsity Boys

200 Medley Relay	1:39.22	2023	Fu, Joshi, Bueras, Kim	SMCHS
200 Freestyle	1:46.40	2021	Nicholas Burke	SMCHS
100 Individual Medley	1:02.91	2000	Adam Szeremeta	SMCHS
200 Individual Medley	1:58.29	2023	Sonit Joshi	SMCHS
50 Freestyle	:21.87	2021	Connor Cohen	SMCHS
50 Butterfly	:24.43	2023	Daniel Fu	SMCHS
100 Butterfly	:52.44	2023	Daniel Fu	SMCHS
100 Freestyle	:48.85	2018	Angel Sanchez	SMCHS
500 Freestyle	4:48.58	2019	Harry Needell	SMCHS
200 Freestyle Relay	1:30.65	2014	Lupin, Giacobbe, Garcia, Slobodien	SMCHS
50 Backstroke	:24.93	2023	Daniel Fu	SMCHS
100 Backstroke	:53.95	2023	Daniel Fu	SMCHS
50 Breaststroke	:27.27	2023	Sonit Joshi	SMCHS
100 Breaststroke	:58.64	2023	Sonit Joshi	SMCHS
400 Freestyle Relay	3:20.17	2021	Burke, Fujimoto, cohen, Douglas	SMCHS

Open Girls

Li, Morris, Johnston, Goh	SMCHS	2:00.88	2013
Natalie Tuerk	SMCHS	2:00.46	2016
Kristine Liao	SMCHS	1:04.90	2014
Delaney Mazelin	SMCHS	:25.78	2015
Jamie Ciborowski	SMCHS	:28.75	2023
Natalie Tuerk	SMCHS	:55.81	2016
Hines, Goddard, Liao, Cunningham	SMCHS	1:46.98	2014
May Li	SMCHS	:30.01	2012
Elizabeth Morris	SMCHS	:33.95	2013
Gentry, Hines, Mazelin, Cunningham	SMCHS	3:50.52	2014

Open Boys

200 Medley Relay	1:48.16	2017	Sanders, Classen, Finby, Teitscheid	MDHS
200 Freestyle	1:53.46	2016	Jack Reid	MDHS
100 Individual Medley	:58.93	2018	William O'Sullivan	MDHS
50 Freestyle	:23.00	2018	William Ludovico	MDHS
50 Butterfly	:24.32	2022	Evan Bueras	SMCHS
100 Freestyle	:50.91	2014	Christian Hockenbury	MDHS
200 Freestyle Relay	1:36.10	2017	Nguyen, Sanders, Classen, Teitscheid	MDHS
50 Backstroke	:26.36	2022	Evan Bueras	SMCHS
50 Breaststroke	:30.05	2017	Ryan Lee	SHS
400 Freestyle Relay	3:30.65	2014	Hockenbury, VanHorn, Duncan, Payne	MDHS



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Trinity League Champions-Girls Varsity

swim&dive

2024

200 Medley Relay

2000 Rosary	1:56.40
2001 Rosary	1:55.37
2002 Santa Margarita	1:52.15
2003 Santa Margarita	1:52.08
2004 Santa Margarita	1:57.33
2005 Santa Margarita	1:56.85
2006 Mater Dei	1:56.61
2007 Mater Dei	1:52.80
2008 Mater Dei	1:50.55
2009 Santa Margarita	1:52.83
2010 Mater Dei	1:50.79
2011 Santa Margarita	1:50.51
2012 Santa Margarita	1:48.08
2013 JSerra	1:45.00
2014 JSerra	1:45.79
2015 Santa Margarita	1:44.89
2016 Mater Dei	1:46.13
2017 Santa Margarita	1:46.38
2018 Santa Margarita	1:44.87
2019 Santa Margarita	1:45.49
2021 Santa Margarita	1:45.80
2022 Santa Margarita	1:42.88
2023 Santa Margarita	1:41.49

200 Freestyle

2000 Michele Gonzalez, SM	1:59.79
2001 Jessica Cruzat, ROS	1:55.08
2002 Jessica Cruzat, ROS	1:53.92
2003 Marissa Josphe, MD	1:55.49
2004 Kaylen Hewko, ROS	1:53.47
2005 Kaylen Hewko, ROS	1:54.29
2006 Kaylen Hewko, ROS	1:56.24
2007 Alex Delaney, SM	1:55.01
2008 Alex Delaney, SM	1:53.78
2009 Alex Delaney, SM	1:53.42
2010 Alex Delaney, SM	1:54.20
2011 Lizzie Devitt, SM	1:53.47
2012 Katie McLaughlin, JS	1:48.89
2013 Katie McLaughlin, JS	1:48.27
2014 Kaitlyn Albertoli, JS	1:47.76
2015 Samantha Shelton, SM	1:47.78
2016 Samantha Shelton, SM	1:48.24
2017 Ella Ristic, SM	1:46.93
2018 Ella Ristic, SM	1:46.98
2019 Ella Ristic, SM	1:47.44
2021 Macky Hodges, SM	1:47.30
2022 Macky Hodges, SM	1:46.48
2023 Sydney Willson, JS	1:50.99

200 Individual Medley

2000 Alex Stauber, ROS	2:13.78
2001 Alex Stauber, ROS	2:12.96
2002 Shannon Packard, SM	2:14.03
2003 Stephanie Scott, SM	2:10.29
2004 Brittany Hosner, SM	2:17.64
2005 Devonie Miguez, SM	2:09.27
2006 Devonie Miguez, SM	2:09.07
2007 Melissa Bates, MD	2:08.86
2008 Melissa Bates, MD	2:04.87
2009 Melissa Bates, MD	2:06.21
2010 Jiana Vargem, MD	2:06.36
2011 Jiana Vargem, MD	2:06.77
2012 Lizzie Devitt, SM	2:02.02
2013 Lizzie Devitt, SM	2:02.69
2014 Katie Glavinovich, JS	2:03.84
2015 Sonia Wang, JS	2:00.16
2016 Isa Odgers, SM	2:03.70
2017 Katie Glavinovich, JS	2:00.88
2018 Samantha Shelton, SM	2:00.63
2019 Mackenzie Degn, SM	2:03.32
2021 Justina Kozan, SM	1:58.32
2022 Asia Kozan, SM	2:02.59
2023 Asia Kozan, SM	1:58.09

50 Freestyle

2000 Jamie Kroeze, SM	:24.48
2001 Erika Figge, SM	:24.61
2002 Erika Figge, SM	:24.43
2003 Erika Figge, SM	:24.01
2004 Amanda Loera, MD	:24.65
2005 Brooke Figge, SM	:25.21
2006 Katie Whichard, SM	:25.64
2007 Jennifer Lai, MD	:25.39
2008 Hannah Croghan, ROS	:25.39
2009 Hannah Croghan, ROS	:25.35
2010 Kellie Fecarotta, SM	:24.64
2011 Hailey Golden, OLU	:24.63
2012 Kaitlyn Albertoli, JS	:23.51
2013 Kaitlyn Albertoli, JS	:22.91
2014 Kaitlyn Albertoli, JS	:22.71
2015 Carly Vaccher, OLU	:24.26
2016 Mackenzie Degn, SM	:23.81
2017 Anicka Delgado, SM	:23.22
2018 Anicka Delgado, SM	:23.09
2019 Anicka Delgado, SM	:23.03
2021 Teia Salvino, SM	:23.31
2022 Teia Salvino, SM	:22.83
2023 Teagan O'Dell, SM	:22.77

100 Butterfly

2000 Jenna Cruzat, ROS	1:00.21
2001 Jenna Cruzat, ROS	1:00.34
2002 Sarah Hamilton, SM	1:00.20
2003 Sarah Hamilton, SM	1:00.67
2004 Erin Schaadt, STJ	1:01.20
2005 Mary Cousineau, SM	1:04.50
2006 Amanda Nauman, SM	1:02.41
2007 Alex Worthen, SM	1:01.38
2008 Alex Worthen, SM	:59.84
2009 Alex Worthen, SM	1:00.42
2010 Casey Mims, JS	:57.10
2011 Casey Mims, JS	:57.05
2012 Katie McLaughlin, JS	:54.45
2013 Katie McLaughlin, JS	:53.27
2014 Katie McLaughlin, SM	:53.29
2015 Katie McLaughlin, SM	:54.35
2016 Samantha Shelton, SM	:54.50
2017 Anicka Delgado, SM	:55.36
2018 Anicka Delgado, SM	:54.17
2019 Anicka Delgado, SM	:54.15
2021 Justina Kozan, SM	:53.23
2022 Isabella Abraján, SM	:54.73
2023 Teagan O'Dell, SM	:52.48

100 Freestyle

2000 Jamie Kroeze, SM	:54.42
2001 Marla Pavik, SM	:57.31
2002 Erika Figge, SM	:54.18
2003 Erika Figge, SM	:53.57
2004 Amanda Loera, MD	:55.64
2005 Mary Flynn, MD	:55.02
2006 Darby Anderson, SM	:54.12
2007 Breanna Gordon, SM	:55.00
2008 Breanna Gordon, SM	:54.31
2009 Kellie Fecarotta, SM	:54.20
2010 Melissa Bates, MD	:51.57
2011 Hailey Golden, OLU	:53.60
2012 Kaitlyn Albertoli, JS	:51.09
2013 Kaitlyn Albertoli, JS	:50.32
2014 Aislinn Light, MD	:51.62
2015 Samantha Shelton, SM	:50.20
2016 Mackenzie Degn, SM	:50.60
2017 Ella Ristic, SM	:50.47
2018 Ella Ristic, SM	:50.05
2019 Mackenzie Degn, SM	:50.00
2021 Teia Salvino, SM	:50.77
2022 Lindsay Ervin, SM	:49.48
2023 Asia Kozan, SM	:50.01

**500 Freestyle**

2000 Shannon Packard, SM	5:07.14
2001 Jessica Cruzat, ROS	5:04.00
2002 Jessica Cruzat, ROS	5:01.79
2003 Marissa Joseph, MD	5:03.65
2004 Kaylen Hewko, ROS	5:01.52
2005 Meagan Brown, SM	5:11.19
2006 Meagan Brown, SM	5:07.08
2007 Meagan Brown, SM	4:59.90
2008 Melanie Klaren, MD	5:03.87
2009 Alex Delaney, SM	5:07.20
2010 Jessica DeMonaco, MD	5:14.54
2011 Lizzie Devitt, SM	5:04.66
2012 Brittany Kahn, JS	4:55.07
2013 Brittany Kampfer, MD	4:51.83
2014 Brittany Kampfer, MD	4:51.75
2015 Brittany Kampfer, MD	4:50.35
2016 Stephanie Su, MD	4:54.26
2017 Stephanie Su, MD	4:50.47
2018 Stephanie Su, MD	4:49.53
2019 Stephanie Su, MD	4:53.53
2021 Macky Hodges, SM	4:52.74
2022 Sydney Willson, JS	4:53.18
2023 Sydney Willson, JS	4:54.34

200 Freestyle Relay

2000 Santa Margarita	1:42.09
2001 Santa Margarita	1:41.01
2002 Santa Margarita	1:43.01
2003 Santa Margarita	1:41.66
2004 Rosary	1:43.48
2005 Santa Margarita	1:41.68
2006 Santa Margarita	1:40.90
2007 Mater Dei	1:40.60
2008 Santa Margarita	1:43.30
2009 Mater Dei	1:40.51
2010 Mater Dei	1:39.28
2011 Santa Margarita	1:39.82
2012 Jserra	1:35.67
2013 Santa Margarita	1:40.31
2014 Jserra	1:35.95
2015 Santa Margarita	1:38.61
2016 Santa Margarita	1:34.81
2017 Santa Margarita	1:36.39
2018 Santa Margarita	1:34.11
2019 Santa Margarita	1:34.56
2021 Santa Margarita	1:36.71
2022 Santa Margarita	1:32.12
2023 Santa Margarita	1:32.67

100 Backstroke

2000 Stephanie Scott, SM	1:02.56
2001 Frances Tran, MD	1:00.17
2002 Stephanie Scott, SM	1:00.24
2003 Stephanie Scott, SM	1:00.38
2004 Devonie Miguez, SM	:58.86
2005 Devonie Miguez, SM	:58.25
2006 Devonie Miguez, SM	:58.14
2007 Rachel Nguyen, ROS	1:01.99
2008 Melanie Klaren, MD	:59.47
2009 Kathryn Haugen, MD	1:01.14
2010 Patricia Yam, ROS	:59.97
2011 Jax Shoults, SM	:57.96
2012 Jax Shoults, SM	:56.20
2013 Aislinn Light, MD	:57.18
2014 Aislinn Light, MD	:56.14
2015 Sonia Wang, JS	:54.80
2016 Aislinn Light, MD	:54.99
2017 Samantha Shelton, SM	:54.91
2018 Samantha Shelton, SM	:55.97
2019 Ella Ristic, SM	:55.37
2021 Maggie McGuire, SM	:56.06
2022 Macky Hodges, SM	:53.76
2023 Maggie McGuire, SM	:56.00

100 Breaststroke

2000 Erika Figge, SM	1:07.67
2001 Erika Figge, SM	1:08.31
2002 Sarah Hamilton, SM	1:07.36
2003 Sarah Hamilton, SM	1:08.57
2004 Devonie Miguez, SM	1:08.33
2005 Mary Flynn, MD	1:11.76
2006 Danica Elbertse, SM	1:13.01
2007 Melissa Bates, MD	1:06.08
2008 Melissa Bates, MD	1:02.06
2009 Melissa Bates, MD	1:04.82
2010 Casey Mims, JS	1:02.30
2011 Casey Mims, JS	1:03.05
2012 Jiana Vargem, MD	1:04.70
2013 Jiana Vargem, MD	1:03.44
2014 Emily Gibson, SM	1:04.86
2015 Catherine Lowengrub, JS	1:04.41
2016 Isa Odgers, SM	1:04.11
2017 Isa Odgers, SM	1:03.00
2018 Isa Odgers, SM	1:01.82
2019 Katie Nugent, SM	1:03.16
2021 Makena Partington, JS	1:06.65
2022 Julia Stafford, SM	1:04.54
2023 Victoria Mori, SM	1:04.63

400 Freestyle Relay

2000 Santa Margarita	3:42.44
2001 Santa Margarita	3:41.74
2002 Rosary	3:43.48
2003 Santa Margarita	3:50.38
2004 Santa Margarita	3:45.01
2005 Santa Margarita	3:44.59
2006 Santa Margarita	3:41.31
2007 Santa Margarita	3:45.50
2008 Mater Dei	3:37.58
2009 Mater Dei	3:36.34
2010 Mater Dei	3:34.08
2011 Santa Margarita	3:37.08
2012 Jserra	3:29.43
2013 Jserra	3:27.02
2014 Santa Margarita	3:32.75
2015 Santa Margarita	3:24.90
2016 Santa Margarita	3:30.07
2017 Santa Margarita	3:26.24
2018 Santa Margarita	3:26.83
2019 Santa Margarita	3:24.88
2021 Santa Margarita	3:24.15
2022 Santa Margarita	3:25.78
2023 Santa Margarita	3:25.60

Diving

2000 Rachele Routsong, SM	388.40
2001 Erika Mannix, SM	364.20
2002 Shannon McKeon, SM	391.10
2003 NA	
2004 NA	
2005 Caitlin Atkinson, SM	513.60
2006 Caitlin Atkinson, SM	492.15
2007 Kahley Rowell, SM	425.70
2008 Kahley Rowell, SM	475.25
2009 Kahley Rowell, SM	516.85
2010 Izzy Choquehuanca, SM	501.05
2011 Izzy Choquehuanca, SM	549.40
2012 Izzy Choquehuanca, SM	492.15
2013 Annie Whelan, SM	451.75
2014 Annie Whelan, SM	413.15
2015 Londen Christensen, SM	423.75
2016 Londen Christensen, SM	374.20
2017 Alexandra Barnes, SM	480.45
2018 Alexandra Barnes, SM	489.00
2019 Alexandra Barnes, SM	474.60
2021 Ella Roselli, MD	428.85
2022 Ella Roselli, MD	519.80
2023 Ella Roselli, MD	564.45





Team Champions

2000 Santa Margarita	550.50
2001 Santa Margarita	624.00
2002 Santa Margarita	633.00
2003 Santa Margarita	627.00
2004 Santa Margarita	611.00
2005 Santa Margarita	677.00
2006 Santa Margarita	672.00
2007 Santa Margarita	590.00
2008 Santa Margarita	592.00
2009 Santa Margarita	575.50
2010 Santa Margarita	548.00
2011 Santa Margarita	601.00
2012 Santa Margarita	613.00
2013 Santa Margarita	590.00
2014 Santa Margarita	637.00
2015 Santa Margarita	610.00
2016 Santa Margarita	668.00
2017 Santa Margarita	689.00
2018 Santa Margarita	691.00
2019 Santa Margarita	679.50
2021 Santa Margarita	679.00
2022 Santa Margarita	720.00
2023 Santa Margarita	702.00

Swimmer of the Year

2000 Jamie Kroeze, SM
2001 Erika Figge, SM
2002 Erika Figge, SM
Sarah Hamilton, SM
2003 Erika Figge, SM
Sarah Hamilton, SM
Stephanie Scott, SM
2004 Devonie Miguez, SM
2005 Devonie Miguez, SM
2006 Devonie Miguez, SM
2007 Melissa Bates, MD
2008 Melissa Bates, MD
Melanie Klaren, MD
2009 Melissa Bates, MD
2010 Melissa Bates, MD
2011 Lizzie Devitt, SM
2012 Kaitlyn Albertoli, JS
Katie McLaughlin, JS
2013 Katie McLaughlin, JS
2014 Katie McLaughlin, SM
2015 Samantha Shelton, SM

2016 Samantha Shelton, SM
2017 Anicka Delgado, SM
Ella Ristic, SM
2018 Anicka Delgado, SM
Ella Ristic, SM
Samantha Shelton, SM
2019 Mackenzie Degn, SM
Anicka Delgado, SM
Ella Ristic, SM
2021 Macky Hodges, SM
Justina Kozan, SM
Teia Salvino, SM
2022 Macky Hodges, SM
2023 Asia Kozan, SM
Teagan O'Dell, SM



Freshman **Vivian Taylor** is one of the top freshmen swimmers in the state.

**200 Medley Relay**

2000 Santa Margarita	1:43.89
2001 Santa Margarita	1:42.27
2002 Servite	1:40.94
2003 Servite	1:42.37
2004 Servite	1:37.53
2005 Santa Margarita	1:43.73
2006 Santa Margarita	1:40.98
2007 Servite	1:41.08
2008 Servite	1:39.91
2009 Santa Margarita	1:37.87
2010 Mater Dei	1:37.45
2011 Santa Margarita	1:40.25
2012 Mater Dei	1:36.76
2013 Mater Dei	1:36.43
2014 Santa Margarita	1:37.35
2015 Santa Margarita	1:38.16
2016 Santa Margarita	1:36.39
2017 Santa Margarita	1:35.60
2018 Santa Margarita	1:36.08
2019 Santa Margarita	1:36.03
2021 Santa Margarita	1:34.71
2022 Mater Dei	1:35.59
2023 Santa Margarita	1:30.73

200 Freestyle

2000 Jonathan Russell, SM	1:44.27
2001 Jonathan Russell, SM	1:43.00
2002 Doug Ciolli, SM	1:45.06
2003 Scott Schauer, SER	1:45.05
2004 Andrew Simo, MD	1:44.55
2005 Andrew Simo, MD	1:45.35
2006 Brett Chamberlain, SM	1:43.22
2007 Lucas Norman, JS	1:48.24
2008 JD Marcin, SER	1:44.99
2009 Daniel Eearly, JS	1:45.77
2010 Daniel Eearly, JS	1:44.53
2011 Chad Naughton, SM	1:45.64
2012 James Betz, SM	1:46.39
2013 Grant Shoults, SM	1:40.99
2014 Marc Morizono, SM	1:40.96
2015 Marc Morizono, SM	1:40.55
2016 Marc Morizono, SM	1:40.23
2017 Payton Thomas, MD	1:41.85
2018 Kevin Tu, SM	1:42.24
2019 Noah Brune, SM	1:41.75
2021 Allen Cai, SM	1:39.96
2022 Jaden Ficklen, SM	1:39.35
2023 Ryder Dodd, JS	1:38.55

200 Individual Medley

2000 Harris Radie, SM	2:00.08
2001 Harris Radie, SM	1:55.88
2002 Adam Hewko, SER	1:58.12
2003 Adam Hewko, SER	1:53.63
2004 Adam Hewko, SER	1:57.28
2005 Eric Babbitt, SM	2:01.17
2006 Rickey Wilson, SM	1:59.38
2007 Rickey Wilson, SM	2:01.49
2008 Patrick White, MD	1:58.94
2009 JD Marcin, SER	1:58.22
2010 Troy Cisneros, MD	1:58.64
2011 Patrick Early, SM	1:55.31
2012 Zachary Graves, SER	1:56.22
2013 Dylan Payne, MD	1:53.85
2014 Arturo Cerda, SM	1:54.89
2015 Grant Shoults, SM	1:48.98
2016 Daniel Yos, OLU	1:53.37
2017 Alexander Qu, SM	1:55.77
2018 Jackson Odgers, SM	1:52.47
2019 L. Morales-Ostergaard, SM	1:53.81
2021 Keller Morgan, SM	1:50.04
2022 Daniel Verdolaga, SM	1:49.66
2023 Humberto Najera, SM	1:48.50

50 Freestyle

2000 Andy Prochnow, SJB	:22.49
2001 Doug Ciolli, SM	:22.23
2002 Doug Ciolli, SM	:21.82
2003 Doug Ciolli, SM	:21.76
2004 Brent Hurley, SER	:21.05
2005 Robert Hansen, MD	:21.60
2006 Patrick White, MD	:21.24
2007 Patrick White, MD	:21.30
2008 Andrew LaForge, SER	:21.34
2009 Tommy Jankovich, SM	:21.52
2010 David Guibord, MD	:21.44
2011 Luke Hewko, SER	:21.17
2012 Dylan Payne, MD	:21.32
2013 James Walters, MD	:21.33
2014 Matthew Payne, MD	:20.99
2015 Colin See, OLU	:21.49
2016 Christian Hockenbury, MD	:20.69
2017 Christian Hockenbury, MD	:20.97
2018 Christian Martinez, SER	:20.66
2019 Christian Martinez, SER	:20.53
2021 Ramon Jiang, SM	:21.30
2022 Bode Brinkema, JS	:20.55
2023 Bode Brinkema, JS	:20.73

100 Butterfly

2000 Jonathan Russell, SM	:53.73
2001 Jonathan Russell, SM	:53.46
2002 Matt Sabatasso, SM	:53.26
2003 Robert Hansen, MD	:54.22
2004 Alex Rogers, SM	:53.59
2005 Patrick White, MD	:53.63
2006 Eric Babbitt, SM	:52.94
2007 Tim Simo, MD	:53.24
2008 Chris Meinhold, JS	:53.73
2009 Chris Meinhold, JS	:52.94
2010 Matt Rose, MD	:51.86
2011 James Walters, MD	:52.27
2012 James Walters, MD	:51.48
2013 James Walters, MD	:50.70
2014 Grant Shoults, SM	:49.26
2015 Alexander Qu, SM	:50.93
2016 Alexander Qu, SM	:51.49
2017 Kevin Tu, SM	:50.16
2018 Michael Maurer, SM	:52.35
2019 Kevin Tu, SM	:50.39
2021 Daniel Verdolaga, SM	:49.86
2022 Daniel Verdolaga, SM	:48.73
2023 Daniel Verdolaga, SM	:47.84

100 Freestyle

2000 Andy Prochnow, SJB	:48.97
2001 Doug Ciolli, SM	:48.58
2002 Cubie Hernandez, SM	:48.63
2003 Scott Schauer, SER	:47.91
2004 Robert Hansen, MD	:47.25
2005 Robert Hansen, MD	:47.58
2006 Andrew LaForge, SER	:48.82
2007 Andrew LaForge, SER	:48.42
2008 Andrew LaForge, SER	:48.15
2009 Tommy Jankovich, SM	:47.44
2010 Luke Hewko, SER	:47.73
2011 Eric Cristobal, SJB	:47.59
2012 Matthew Payne, MD	:48.79
2013 Matthew Payne, MD	:47.55
2014 Marc Morizono, SM	:46.32
2015 Spencer Carroll, MD	:47.43
2016 Grant Shoults, SM	:44.80
2017 Christian Hockenbury, MD	:46.08
2018 Connor McManigal, MD	:46.72
2019 Christian Martinez, SER	:46.60
2021 Allen Cai, SM	:46.14
2022 Keller Morgan, SM	:45.98
2023 Hunter Cehelnik, SM	:44.77





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500 Freestyle

2000 Edmund Herlihy, SM	4:45.46
2001 Adam Hewko, SER	4:32.99
2002 Adam Hewko, SER	4:38.65
2003 Bryce Cullinane, SM	4:52.80
2004 Bryce Cullinane, SM	4:42.57
2005 Brett Chamberlain, SM	4:46.55
2006 Brett Chamberlain, SM	4:46.20
2007 Patrick White, MD	4:34.87
2008 Patrick White, MD	4:32.40
2009 Daniel Early, JS	4:42.80
2010 Daniel Early, JS	4:35.90
2011 Patrick Early, SM	4:44.60
2012 Chris Taber, SM	4:39.94
2013 Grant Shoults, SM	4:31.41
2014 Jerad Kaskawal, SER	4:27.62
2015 Stephen Marcin, SER	4:30.48
2016 Marc Morizono, SM	4:32.73
2017 Noah Brune, SM	4:34.20
2018 Kenneth Woodsum, JS	4:42.90
2019 Noah Brune, SM	4:29.30
2021 Alexandru Ispas, SM	4:30.92
2022 Tony Ju, SM	4:34.12
2023 Jaden Ficklen, SM	4:34.80

200 Freestyle Relay

2000 Santa Margarita	1:30.85
2001 Santa Margarita	1:31.81
2002 Servite	1:29.14
2003 Servite	1:27.94
2004 Servite	1:29.50
2005 Santa Margarita	1:31.67
2006 Santa Margarita	1:31.66
2007 Santa Margarita	1:31.20
2008 Servite	1:28.96
2009 Santa Margarita	1:27.56
2010 Mater Dei	1:28.08
2011 Servite	1:29.95
2012 Mater Dei	1:27.54
2013 Mater Dei	1:27.04
2014 Mater Dei	1:26.28
2015 Mater Dei	1:26.63
2016 Mater Dei	1:25.61
2017 Mater Dei	1:25.14
2018 Servite	1:25.01
2019 Santa Margarita	1:26.55
2021 Santa Margarita	1:24.86
2022 Santa Margarita	1:23.12
2023 Santa Margarita	1:23.47

100 Backstroke

2000 Harris Radie, SM	:53.06
2001 Vince Bevins, SER	:55.95
2002 Vince Bevins, SER	:55.01
2003 Andrew Simo, MD	:55.00
2004 Andrew Simo, MD	:53.57
2005 Andrew Simo, MD	:53.59
2006 Patrick White, MD	:54.62
2007 Joshua Luebke, SER	:56.31
2008 Garrison Nauman, SM	:56.87
2009 Garrison Nauman, SM	:55.82
2010 Garrison Nauman, SM	:53.62
2011 Luke Hewko, SER	:52.97
2012 Zachary Graves, SER	:53.68
2013 Max Walsh, SM	:53.14
2014 Daniel Yos, OLU	:52.45
2015 Grant Shoults, SM	:51.04
2016 Kevin Tu, SM	:51.63
2017 Kevin Tu, SM	:50.60
2018 Kevin Tu, SM	:50.36
2019 Kevin Tu, SM	:51.00
2021 Ramon Jiang, SM	:51.05
2022 Ramon Jiang, SM	:49.57
2023 Humberto Najera, SM	:47.84

100 Breaststroke

2000 Matt Sabatasso, SM	1:06.51
2001 Harris Radie, SM	1:02.07
2002 Mike Cavander, SM	1:02.39
2003 Adam Hewko, SER	:59.84
2004 Adam Hewko, SER	:58.97
2005 Rickey Wilson, SM	1:02.58
2006 Rickey Wilson, SM	1:00.89
2007 Mark Reese, SM	1:00.04
2008 Mark Reese, SM	:59.45
2009 Mark Reese, SM	:58.76
2010 Guibord/Hammond MD	1:00.27
2011 Josh Anatalio, SJB	1:01.32
2012 Dylan Payne, MD	:57.55
2013 Dylan Payne, MD	:56.71
2014 Arturo Cerda, SM	:59.48
2015 Alexander Qu, SM	:58.75
2016 Alexander Qu, SM	:57.77
2017 Alexander Qu, SM	:57.38
2018 Jackson Odgers, SM	:58.99
2019 Nathaniel Kirk, JS	:59.59
2021 Jacky Xing, SM	:57.42
2022 Keller Morgan, SM	:56.33
2023 Nathan Wu, SM	:56.12

400 Freestyle Relay

2000 Santa Margarita	3:23.24
2001 Santa Margarita	3:17.08
2002 Servite	3:16.93
2003 Servite	3:15.34
2004 Servite	3:18.15
2005 Mater Dei	3:18.41
2006 Santa Margarita	3:17.65
2007 Santa Margarita	3:21.29
2008 Santa Margarita	3:19.86
2009 Jsera	3:17.18
2010 Mater Dei	3:12.49
2011 Servite	3:15.70
2012 Mater Dei	3:14.99
2013 Santa Margarita	3:13.35
2014 Santa Margarita	3:07.06
2015 Santa Margarita	3:07.88
2016 Santa Margarita	3:07.08
2017 Mater Dei	3:07.39
2018 Mater Dei	3:09.23
2019 Santa Margarita	3:07.41
2021 Santa Margarita	3:06.26
2022 Santa Margarita	3:04.21
2023 Santa Margarita	3:05.23

Diving

2000 Michael Hilde, SER	588.30
2001 Nick Helvey, SM	262.95
2002 NA	
2003 NA	
2004 NA	
2005 NA	
2006 NA	
2007 NA	
2008 NA	
2009 Conor Murphy, SM	375.90
2010 Conor Murphy, SM	454.40
2011 NA	
2012 Leopoldo Wiviott, MD	267.15
2013 Peter Menke, SM	338.20
2014 Peter Menke, SM	321.95
2015 Peter Menke, SM	388.30
2016 Peter Menke, SM	339.05
2017 Juan Cerda, SM	475.50
2018 Nicholas Leavell, SM	492.35
2019 Nicholas Leavell, SM	434.50
2021 Ethan Gibbs, SJB	400.90
2022 Ethan Gibbs, SJB	382.15
2023 Breck Titus, JS	421.45



**Team Champions**

2000 Santa Margarita	569.50
2001 Santa Margarita	664.50
2002 Servite	664.00
2003 Servite	646.50
2004 Servite	612.00
2005 Santa Margarita	616.00
2006 Santa Margarita	656.00
2007 Santa Margarita	542.00
2008 Santa Margarita	567.50
2009 Santa Margarita	503.50
2010 Servite	369.00
2011 Santa Margarita	519.00
2012 Mater Dei	532.00
2013 Santa Margarita	554.00
2014 Santa Margarita	609.50
2015 Mater Dei	580.00
2016 Mater Dei	594.50
2017 Mater Dei	579.50
2018 Santa Margarita	523.50
2019 Santa Margarita	594.00
2021 Santa Margarita	708.50
2022 Santa Margarita	631.00
2023 Santa Margarita	684.00

Swimmer of the Year

2000 Jonathan Russell, SM
Harris Radie, SM
2001 Jonathan Russell, SM
Harris Radie, SM
Doug Ciolli, SM
2002 Adam Hewko, SER
2003 Adam Hewko, SER
Scott Schauer, SER
2004 Adam Hewko, SER
2005 Eric Babbitt, SM
Brett Chamberlain, SM
2006 Brett Chamberlain, SM
2007 Rickey Wilson, SM
2008 Andrew LaForge, SER
2009 Tommy Jankovich, SM
2010 David Guibord, MD
2011 Luke Hewko, SER
2012 Dylan Payne, MD
2013 Dylan Payne, MD
2014 Grant Shoultz, SM

2015 Grant Shoultz, SM
Alexander Qu, SM
2016 Marc Morizono, SM
2017 Christian Hockenbury, MD
2018 Jackson Odgers, SM
2019 Kevin Tu, SM
2021 Allen Cai, SM
Ramon Jiang, SM
2022 Tony Ju, SM
Bode Brinkema, JS
2023 Humberto Najera, SM



Senior **Cole Matsuoka** has added breaststroke, in addition to distance freestyle, to his list of capable swims.



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* Short Distance in 2000

200 Medley Relay

2000 Santa Margarita	2:05.08
2001 Mater Dei	2:08.78
2002 Santa Margarita	2:05.65
2003 Santa Margarita	2:08.35
2004 Santa Margarita	2:07.10
2005 Santa Margarita	2:03.00
2006 Santa Margarita	2:08.31
2007 Rosary	2:10.22
2008 Santa Margarita	2:06.29
2009 Santa Margarita	2:07.16
2010 Santa Margarita	2:00.22
2011 Santa Margarita	2:01.85
2012 Santa Margarita	2:01.70
2013 Santa Margarita	2:02.79
2014 Santa Margarita	1:54.39
2015 Santa Margarita	1:56.76
2016 Santa Margarita	1:55.66
2017 Santa Margarita	1:55.47
2018 Santa Margarita	1:53.00
2019 Santa Margarita	1:55.38
2021 Santa Margarita	1:56.91
2022 Santa Margarita	1:51.52
2023 Santa Margarita	1:54.06

200 Freestyle

2000 Darcy Mulhaupt, SM	2:11.22
2001 Joann Groff, SM	2:11.96
2002 Alex McLain, SM	2:15.15
2003 Vanessa Gonzalez, SM	2:10.92
2004 Alex McLain, SM	2:10.88
2005 Kacey Anderson, SM	2:08.19
2006 Mackenzie Maurer, SM	2:12.55
2007 Julia Brown, SM	2:10.54
2008 Mary Martin, SM	2:08.16
2009 Dante Luke, SM	2:11.03
2010 Morgan Martinez, SM	2:11.78
2011 Morgan Martinez, SM	2:05.40
2012 Kelli Baumgardner, SM	2:02.15
2013 Kelli Baumgardner, SM	1:57.71
2014 Kelli Baumgardner, SM	2:03.38
2015 Hannah Ashbrook, SM	1:59.71
2016 Abigail Nugent, SM	1:58.95
2017 Vanessa Kane, SM	2:03.00
2018 Bailey Woinarowicz, SM	2:03.76
2019 Sophia Green, MD	2:01.20
2021 Mila Drakeford, SM	2:01.39
2022 Haasini Prabhakar, SM	1:56.37
2023 Hannah Campbell, SM	1:57.30

200 Individual Medley

2000 Jessica Ahlering, SM	1:08.93 *
2001 Alexis Beamer, MD	2:31.06
2002 Chloe Martin, MD	2:25.46
2003 Taylor Smith, SM	2:34.19
2004 Taylor Lockett, SM	2:33.43
2005 Vanessa Gonzalez, SM	2:33.63
2006 Allison Beck, SM	2:33.98
2007 Allison Beck, SM	2:34.05
2008 Mackenzie Beck, SM	2:32.44
2009 Shannon Scola, SM	2:35.61
2010 Kelly Ryan, SM	2:35.96
2011 Ali Kraft, SM	2:26.22
2012 Jordan Lee, SM	2:19.64
2013 Riley Beeler, SM	2:16.04
2014 Jordan Lee, SM	2:18.82
2015 Teresa Cerda, SM	2:14.09
2016 Amber Henmi, SM	2:16.32
2017 Amber Henmi, SM	2:14.46
2018 Caitlin Caruso, SM	2:10.57
2019 Leila Kezelman, SM	2:14.88
2021 Makenna Wilson, SM	2:12.68
2022 Leah Healy, SM	2:11.65
2023 E. Kavelaars-Eakins, SM	2:19.96

50 Freestyle

2000 Kelsey Caulum, MD	:26.84
2001 Haley Hemmingson, SM	:27.87
2002 Carly Conners, MD	:27.81
2003 Kristen Haugen, MD	:27.37
2004 Lindsay Peckham, SM	:26.72
2005 Kristin Palase, SM	:27.05
2006 Alexa Fuller, SM	:28.06
2007 Katie Rigler, ROS	:26.96
2008 Megan Armstrong, JS	:26.75
2009 Kacie Hogan, SM	:28.34
2010 Carina Carballo, SM	:27.19
2011 Emily Hamann, SM	:25.87
2012 Sharon Li, SM	:27.46
2013 Sophia Baia, SM	:25.49
2014 Sophia Baia, SM	:25.01
2015 Sarah Niemi, SM	:26.34
2016 Brooke Sloman, MD	:25.75
2017 Tina Doherty, SM	:25.39
2018 Maya Pinedo, SM	:24.69
2019 Maya Pinedo, SM	:25.13
2021 Kaitlyn Krebs, SM	:25.16
2022 Morgan Hoppe, SM	:24.46
2023 Kaitlyn Krebs, SM	:24.43

100 Butterfly

2000 Rachel Gergen, MD	:30.03 *
2001 Brianna Murphy, MD	1:11.12
2002 Vanessa Hall, SM	1:10.84
2003 Veronica Romero, BM	1:12.69
2004 Brianna Delfin, MD	1:08.65
2005 Kacey Anderson, SM	1:05.74
2006 Lyndsay Hilde, SM	1:11.07
2007 Nicole Cook, MD	1:11.28
2008 Kacie Hogan, SM	1:09.38
2009 Shannon Scola, SM	1:09.21
2010 Tessa deRecat, SM	1:08.52
2011 Tessa deRecat, SM	1:04.17
2012 Jordan Lee, SM	1:02.68
2013 Sarah Niemi, SM	1:01.73
2014 Sarah Niemi, SM	1:00.16
2015 Sarah Niemi, SM	1:01.89
2016 Stephanie Morris, SM	1:04.22
2017 Alicia Stewart, SM	1:02.07
2018 Alicia Stewart, SM	:59.24
2019 Alicia Stewart, SM	1:01.57
2021 Leah Healy, SM	:59.99
2022 Haasini Prabhakar, SM	:57.07
2023 Ellie Davis, SM	:57.92

100 Freestyle

2000 Mandy Dutton, MD	:59.70
2001 Lindsay Vaughn, SM	1:00.25
2002 Kacy Kunkel, SM	:58.57
2003 Kristen Haugen, MD	:59.31
2004 Nicole Kaiser, MD	:59.31
2005 Kristin Palase, SM	1:00.22
2006 Alexa Fuller, SM	1:01.40
2007 Katie Rigler, ROS	:58.67
2008 Lauren Sanvido, SM	:59.84
2009 Crista Beach, SM	1:01.98
2010 Carina Carballo, SM	:59.82
2011 Emily Hamann, SM	:57.88
2012 Morgan Martinez, SM	:57.36
2013 Sophia Baia, SM	:55.99
2014 Sophia Baia, SM	:54.32
2015 Teresa Cerda, SM	:55.34
2016 Amber Henmi, SM	:56.93
2017 Alicia Stewart, SM	:55.51
2018 Maya Pinedo, SM	:53.69
2019 Maya Pinedo, SM	:55.65
2021 Kaitlyn Krebs, SM	:55.58
2022 Morgan Hoppe, SM	:53.37
2023 Hannah Campbell, SM	:54.04





500 Freestyle

2000 Darcy Mulhaupt, SM	6:01.55
2001 Lauren Welch, SM	5:59.49
2002 Erica Laughlin, SM	6:07.14
2003 Vanessa Gonzalez, SM	6:01.07
2004 Stephanie Lavayen, SM	5:52.00
2005 Ashley Novack, SM	5:49.40
2006 Ashley Novack, SM	5:58.13
2007 Julia Brown, SM	5:53.40
2008 Mary Martin, SM	5:43.53
2009 Dante Luke, SM	5:58.79
2010 Morgan Martinez, SM	5:42.69
2011 Morgan Martinez, SM	5:30.60
2012 Kelli Baumgardner, SM	5:23.77
2013 Kelli Baumgardner, SM	5:14.38
2014 Kelli Baumgardner, SM	5:22.14
2015 Caroline Needell, SM	5:15.26
2016 Caroline Needell, SM	5:18.22
2017 Jessica Leckich, SM	5:25.67
2018 Fernanda Navarro, SM	5:26.27
2019 Mary Kate Tracy, SM	5:31.03
2021 Kailia Utley, MD	4:54.51
2022 Zoe Le, SM	5:23.87
2023 Zoe Le, SM	5:17.20

200 Freestyle Relay

2000 Mater Dei	1:49.67
2001 Santa Margarita	1:51.99
2002 Mater Dei	1:53.14
2003 Santa Margarita	1:52.38
2004 Santa Margarita	1:50.97
2005 Santa Margarita	1:51.34
2006 Santa Margarita	1:54.24
2007 Rosary	1:52.03
2008 Santa Margarita	1:52.99
2009 Santa Margarita	1:54.07
2010 Santa Margarita	1:56.69
2011 Santa Margarita	1:49.97
2012 Santa Margarita	1:50.75
2013 Santa Margarita	1:44.41
2014 Santa Margarita	1:45.86
2015 Santa Margarita	1:47.51
2016 Santa Margarita	1:47.10
2017 Mater Dei	1:45.67
2018 Santa Margarita	1:43.61
2019 Santa Margarita	1:44.08
2021 Santa Margarita	1:43.42
2022 Santa Margarita	1:38.71
2023 Santa Margarita	1:45.16

100 Backstroke

2000 Kristen Carfioli, SM	:31.79 *
2001 Anne Markel, SM	1:10.40
2002 Chloe Martin, MD	1:08.41
2003 Stephanie Franz, SM	1:07.36
2004 Karen Heisler, SM	1:11.83
2005 Lyndsay Hilde, SM	1:12.02
2006 Allison Beck, SM	1:12.51
2007 Theresa Flanagan, ROS	1:11.33
2008 Allison Pulley, SM	1:10.26
2009 Kacie Hogan, SM	1:09.70
2010 Olivia Romo, SM	1:07.64
2011 Ali Kraft, SM	1:08.03
2012 Morgan Martinez, SM	1:04.19
2013 Sarah Niemi, SM	1:04.24
2014 Grace Dawson, SM	1:03.19
2015 Abigail Nugent, SM	1:04.31
2016 Abigail Nugent, SM	1:01.16
2017 Tyler Johnson, SM	1:03.39
2018 Andrea Smith, SM	1:01.68
2019 Andrea Smith, SM	1:01.44
2021 Kailia Utley, MD	:56.02
2022 Leah Healy, SM	:59.21
2023 Zoe Le, SM	:59.92

100 Breaststroke

2000 Katie Jarmul, MD	:33.92 *
2001 Alexis Beamer, MD	1:16.68
2002 Annie Babikian, MD	1:16.87
2003 Brianna Baker, MD	1:20.52
2004 Danica Elbertse, SM	1:17.01
2005 Sarah Mancino, MD	1:17.25
2006 Elizabeth Heisler, SM	1:20.27
2007 Antoinette Saavedra, MD	1:18.44
2008 Elizabeth Heisler, SM	1:19.36
2009 Catherine Morin, SM	1:17.15
2010 Catherine Morin, SM	1:18.00
2011 Brooke Maushund, SM	1:18.64
2012 Lauren Czaja, SM	1:11.49
2013 Mikayla Kosmala, SM	1:13.40
2014 Elizabeth Morris, SM	1:11.33
2015 Elizabeth Morris, SM	1:09.42
2016 Sophia Perwas, SM	1:08.62
2017 Katie Martin, SM	1:12.67
2018 Caitlin Caruso, SM	1:06.30
2019 Mika Gargantiel, SM	1:10.47
2021 Brooke Etter, SM	1:12.84
2022 Ellie Davis, SM	1:10.12
2023 Jolyn Zheng, SM	1:11.79

400 Freestyle Relay

2000 Mater Dei	4:05.20
2001 Santa Margarita	4:07.35
2002 Santa Margarita	4:08.62
2003 Santa Margarita	4:10.65
2004 Santa Margarita	4:05.84
2005 Santa Margarita	4:00.74
2006 Santa Margarita	4:10.24
2007 Santa Margarita	4:10.78
2008 Santa Margarita	4:06.64
2009 Santa Margarita	4:10.50
2010 Santa Margarita	4:03.43
2011 Santa Margarita	3:59.31
2012 Santa Margarita	3:54.98
2013 Santa Margarita	3:50.03
2014 Santa Margarita	3:48.30
2015 Santa Margarita	3:47.42
2016 Santa Margarita	3:48.38
2017 Santa Margarita	3:46.99
2018 Santa Margarita	3:43.50
2019 Santa Margarita	3:47.63
2021 Santa Margarita	3:44.00
2022 Santa Margarita	3:41.02
2023 Santa Margarita	3:40.39

Team Champions

2000 Santa Margarita	564.00
2001 Santa Margarita	632.00
2002 Santa Margarita	662.00
2003 Santa Margarita	689.50
2004 Santa Margarita	667.00
2005 Santa Margarita	729.00
2006 Santa Margarita	678.00
2007 Santa Margarita	576.00
2008 Santa Margarita	688.00
2009 Santa Margarita	703.00
2010 Santa Margarita	716.00
2011 Santa Margarita	706.00
2012 Santa Margarita	716.00
2013 Santa Margarita	663.00
2014 Santa Margarita	686.00
2015 Santa Margarita	705.00
2016 Santa Margarita	679.00
2017 Santa Margarita	689.00
2018 Santa Margarita	705.50
2019 Santa Margarita	675.00
2021 Santa Margarita	688.00
2022 Santa Margarita	695.00
2023 Santa Margarita	707.00





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* Short Distance in 2000

200 Medley Relay

2000 Santa Margarita	1:52.89
2001 Santa Margarita	1:53.46
2002 Santa Margarita	1:54.98
2003 Santa Margarita	1:54.63
2004 Santa Margarita	1:51.67
2005 Santa Margarita	1:49.96
2006 Santa Margarita	1:48.63
2007 Santa Margarita	1:49.43
2008 Mater Dei	1:49.71
2009 Santa Margarita	1:46.57
2010 Santa Margarita	1:48.09
2011 Santa Margarita	1:49.44
2012 Santa Margarita	1:48.67
2013 Mater Dei	1:46.75
2014 Santa Margarita	1:42.16
2015 Mater Dei	1:46.42
2016 Mater Dei	1:43.23
2017 Mater Dei	1:43.61
2018 Mater Dei	1:42.79
2019 Santa Margarita	1:44.13
2021 Mater Dei	1:40.37
2022 Santa Margarita	1:42.56
2023 Santa Margarita	1:39.22

200 Freestyle

2000 Brett Myer, SM	1:59.44
2001 Brett Myer, SM	2:00.48
2002 Toshi Kido, SM	2:00.54
2003 John Garcia, SM	2:04.28
2004 Matt Hansen, SM	1:58.40
2005 Blake Mellgren, SM	2:00.00
2006 Luke Connor, SM	1:55.30
2007 Zach Wherry, MD	1:55.20
2008 Paul Connor, SM	1:55.85
2009 Chad Naughton, SM	1:56.26
2010 Corey Lachance, SM	1:56.86
2011 Connor Anderson, SM	1:53.97
2012 Connor Anderson, SM	1:51.87
2013 Austin Engelbrecht, SM	1:54.28
2014 Kyle Monteleone, SM	1:47.85
2015 Myles Stapelberg, MD	1:48.62
2016 Jason Dompke, MD	1:52.33
2017 Jack Reid, MD	1:49.75
2018 Grant Loth, MD	1:49.07
2019 Zachary Hundley, SM	1:48.85
2021 Nicholas Burke, SM	1:46.40
2022 Dean Fujimoto, SM	1:46.95
2023 Cole Matsuoka, SM	1:47.66

200 Individual Medley

2000 Adam Szeremeta, SM	1:02.91 *
2001 Lou Radie, SM	2:17.24
2002 Bryce Baker, MD	2:20.80
2003 Peter Schloemer, MD	2:23.12
2004 Mark Connor, SM	2:20.56
2005 Eric Macey, SM	2:07.04
2006 Michael Tran, SM	2:12.67
2007 Shawn Gilmore, SM	2:15.84
2008 Jeffrey Jarvis, MD	2:13.46
2009 Jason Varela, SER	2:18.12
2010 Stephen Riggins, SM	2:15.74
2011 Pablo Carballo, SM	2:12.36
2012 Justin Wang, MD	2:06.17
2013 Spencer Lupin, SM	2:08.01
2014 Spencer Lupin, SM	2:03.08
2015 Corey Smith, MD	2:06.42
2016 Corey Smith, MD	2:03.36
2017 Aiden Asuncion-Duong, SM	2:04.53
2018 Erik Franck, MD	1:59.97
2019 Cole Constantino, MD	2:06.65
2021 Andrew Douglas, SM	2:03.29
2022 Trey Shaffer, MD	2:04.81
2023 Sonit Joshi, SM	1:58.29

50 Freestyle

2000 Robert Raney, SM	:23.77
2001 Pat Buckner, SER	:23.11
2002 Brian Renden, SM	:23.99
2003 James Sublette, SM	:23.72
2004 Cort DiStanislao, MD	:24.45
2005 Ryan Tharaldson, SM	:23.46
2006 Stephen Paff, MD	:24.11
2007 Stephen Paff, MD	:22.67
2008 Max Gallindo, MD	:23.40
2009 George Moll, SM	:23.13
2010 Sean Antonacci, MD	:23.40
2011 Jesse Myers, SM	:23.69
2012 Spencer Carroll, MD	:22.97
2013 Logan Wright, SM	:23.08
2014 Sam Slobodien, SM	:22.26
2015 Kirby Slater, MD	:22.85
2016 Nick Classen, MD	:22.51
2017 Nick Classen, MD	:22.60
2018 Jakob Romo, SM	:22.37
2019 William O'Sullivan, MD	:22.31
2021 Connor Cohen, SM	:22.28
2022 Spencer Averitt, SM	:23.38
2023 Tyler Ringhofer, SM	:23.29

100 Butterfly

2000 Chase Gilomen, SM	:26.84 *
2001 Charles Theriot, SJB	1:02.63
2002 Alex Rogers, SM	:58.65
2003 Tony Martin, MD	1:04.54
2004 Mark Connor, SM	1:00.05
2005 Eric Stoker, SM	1:00.10
2006 Rodolfo Nieto, SER	:59.15
2007 Eric Mear, SER	:59.62
2008 Jeffrey Jarvis, MD	1:00.04
2009 Tyler Jankovich, SM	:55.35
2010 Phillip Tran, MD	:58.55
2011 Nick Carignan, SM	:59.53
2012 Nick Carignan, SM	:57.55
2013 David Bao, SM	:57.07
2014 David Bao, SM	:55.68
2015 Myles Stapelberg, MD	:55.26
2016 Corey Smith, MD	:53.61
2017 Jack Reid, MD	:54.74
2018 Paul Finby, MD	:55.13
2019 Jacob Stephen, MD	:56.61
2021 Julio Delgado, MD	:53.82
2022 Holden Levine, SM	:54.63
2023 Daniel Fu, SM	:52.88

100 Freestyle

2000 Cubie Hernandez, SM	:53.98
2001 Pat Buckner, SER	:50.63
2002 Scott Low, MD	:54.54
2003 James Sublette, SM	:52.29
2004 Kris Prygrocki, SM	:55.17
2005 Eric Macey, SM	:51.57
2006 Luke Connor, SM	:52.69
2007 Patrick Stange, MD	:49.43
2008 Max Galindo, MD	:50.59
2009 George Moll, SM	:50.82
2010 Corey Lachance, SM	:52.95
2011 Luke Morand, SM	:52.39
2012 Spencer Carroll, MD	:51.49
2013 Logan Wright, SM	:50.46
2014 Jack Garcia, SM	:50.00
2015 Kirby Slater, MD	:50.42
2016 Jack Klingler, MD	:50.23
2017 Warren Loth, MD	:49.61
2018 Angel Sanchez, SM	:48.85
2019 William O'Sullivan, MD	:49.63
2021 Connor Cohen, SM	:49.45
2022 Aidan Thomas, SM	:50.48
2023 William Jung, SM	:50.46





500 Freestyle

2000 Sean Indra, SM	5:52.16
2001 Scott Collins, SM	5:27.21
2002 Toshi Kido, SM	5:44.86
2003 Peter Schloemer, MD	5:36.23
2004 John Nuccio, SM	5:37.57
2005 Sean Adl, SM	5:20.67
2006 Matt Wintheiser, MD	5:07.47
2007 Matt Wintheiser, MD	5:26.14
2008 Sam Digiovanni, MD	5:13.49
2009 Joseph Simmons, SER	5:27.46
2010 Jacob Conway, MD	5:24.39
2011 Comor Anderson, SM	5:11.27
2012 Nicholas Silvers, MD	5:01.54
2013 Clint Hurdle, MD	5:05.40
2014 Kyle Monteleone, SM	4:51.92
2015 Nick Lavayen, MD	5:03.91
2016 Joe Inoue, MD	4:57.71
2017 Harry Needell, SM	4:56.69
2018 Harry Needell, SM	4:55.59
2019 Harry Needell, SM	4:48.58
2021 Ryan Hattar, SM	4:56.78
2022 Cole Matsuoka, SM	5:01.82
2023 Nolan Weijland, SM	4:53.16

200 Freestyle Relay

2000 Santa Margarita	1:38.00
2001 Santa Margarita	1:43.08
2002 Mater Dei	1:41.03
2003 Santa Margarita	1:39.24
2004 Santa Margarita	1:38.56
2005 Santa Margarita	1:35.87
2006 Mater Dei	1:37.75
2007 Mater Dei	1:34.89
2008 Mater Dei	1:38.81
2009 Santa Margarita	1:35.44
2010 Mater Dei	1:35.90
2011 Santa Margarita	1:36.40
2012 Santa Margarita	1:35.11
2013 Mater Dei	1:32.73
2014 Santa Margarita	1:30.65
2015 Mater Dei	1:33.60
2016 Mater Dei	1:31.25
2017 Mater Dei	1:30.98
2018 Santa Margarita	1:31.79
2019 Mater Dei	1:31.35
2021 Santa Margarita	1:31.51
2022 Santa Margarita	1:32.47
2023 Santa Margarita	1:32.68

100 Backstroke

2000 Brett Myer, SM	:29.12 *
2001 Brett Myer, SM	1:02.35
2002 Alex Rogers, SM	1:01.83
2003 Tim Renden, SM	1:03.51
2004 Greg Welch, SM	1:03.04
2005 Greg Welch, SM	1:00.83
2006 Matt Wintheiser, MD	1:00.09
2007 Thomas Husen, SM	1:03.32
2008 Sean Donahue, MD	1:02.27
2009 Tyler Jankovich, SM	1:01.15
2010 Sean Antonacci, MD	:59.33
2011 Donald Callender, MD	1:01.56
2012 Jerod Magazine, SM	1:00.55
2013 David Bao, SM	:59.75
2014 David Bao, SM	:58.02
2015 Justin Ko, MD	:57.57
2016 Alex Ness, SM	:57.61
2017 Jack Gannaway, MD	:56.92
2018 Grant Thomas, MD	:59.44
2019 Harry Needell, SM	:56.76
2021 Ethan Kaplan, MD	:55.02
2022 Diego Dilao, SM	:57.30
2023 Daniel Fu, SM	:53.95

100 Breaststroke

2000 Lou Radie, SM	:33.55 *
2001 Scott Collins, SM	1:04.98
2002 Bryce Baker, MD	1:08.60
2003 Nick Shorr, SM	1:08.60
2004 Pat Schaeffer, SM	1:10.21
2005 Sean Adl, SM	1:09.39
2006 Michael Tran, SM	1:05.85
2007 Derek Elbertse, SM	1:07.55
2008 Jeffrey Latham, MD	1:07.85
2009 Alex Simmons, SM	1:09.70
2010 John Morin, SM	1:08.70
2011 Sean Freeman, SM	1:07.48
2012 Justin Wang, MD	1:03.67
2013 Spencer Lupin, SM	1:05.76
2014 Spencer Lupin, SM	1:03.52
2015 Keegan Coleman, MD	1:06.92
2016 Nick Classen, MD	1:04.35
2017 Nick Classen, MD	1:04.86
2018 Erik Franck, MD	1:02.83
2019 Wyatt Clark, SM	1:05.06
2021 Cody Quach, MD	1:01.59
2022 Diego Dilao, SM	1:00.70
2023 Sonit Joshi, SM	:58.64

400 Freestyle Relay

2000 Santa Margarita	3:44.39
2001 Santa Margarita	3:47.30
2002 Mater Dei	3:44.07
2003 Santa Margarita	3:41.33
2004 Santa Margarita	3:48.09
2005 Santa Margarita	3:34.94
2006 Mater Dei	3:35.92
2007 Mater Dei	3:26.30
2008 Santa Margarita	3:30.50
2009 Santa Margarita	3:29.82
2010 Mater Dei	3:33.81
2011 Santa Margarita	3:35.39
2012 Santa Margarita	3:32.66
2013 Santa Margarita	3:30.51
2014 Santa Margarita	3:23.11
2015 Mater Dei	3:23.77
2016 Mater Dei	3:23.50
2017 Mater Dei	3:21.72
2018 Santa Margarita	3:21.38
2019 Santa Margarita	3:21.31
2021 Santa Margarita	3:20.17
2022 Santa Margarita	3:24.68
2023 Santa Margarita	3:24.53

Team Champions

2000 Santa Margarita	623.00
2001 Santa Margarita	631.00
2002 Santa Margarita	518.00
2003 Santa Margarita	643.00
2004 Santa Margarita	689.00
2005 Santa Margarita	707.00
2006 Santa Margarita	634.00
2007 Santa Margarita	626.00
2008 Mater Dei	617.00
2009 Santa Margarita	564.00
2010 Santa Margarita	650.50
2011 Santa Margarita	703.00
2012 Santa Margarita	645.00
2013 Santa Margarita	605.00
2014 Santa Margarita	652.00
2015 Mater Dei	625.00
2016 Mater Dei	667.00
2017 Mater Dei	625.50
2018 Santa Margarita	581.50
2019 Mater Dei	613.00
2021 Santa Margarita	617.00
2022 Santa Margarita	685.00
2023 Santa Margarita	714.00





Trinity League Champions-Girls Open

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200 Medley Relay

2000 Santa Margarita	2:13.22
2001 Santa Margarita	2:19.49
2002 Mater Dei	2:16.22
2003 Rosary	2:15.47
2004 Santa Margarita	2:11.94
2005 Santa Margarita	2:16.13
2006 Santa Margarita	2:14.58
2007 Santa Margarita	2:13.46
2008 Santa Margarita	2:14.50
2009 Santa Margarita	2:09.37
2010 Santa Margarita	2:13.11
2011 Mater Dei	2:04.08
2012 Mater Dei	2:03.61
2013 Santa Margarita	2:00.88
2014 Santa Margarita	2:01.45
2015 Santa Margarita	2:06.60
2016 Santa Margarita	2:05.38
2017 Santa Margarita	2:02.96
2018 Santa Margarita	2:08.19
2019 Santa Margarita	2:04.31
2021 Santa Margarita	2:01.91
2022 Santa Margarita	2:02.80
2023 Santa Margarita	2:08.95

200 Freestyle

2000 Leslie Christiansen, MD	2:31.67
2001 Frances Miles, STJ	2:24.07
2002 Marina Hernandez, SM	2:28.03
2003 Corey Best, MD	2:20.13
2004 Emily Harper, SM	2:18.41
2005 Mackenzie Maurer, SM	2:14.77
2006 Brittany Hastings, SM	2:25.99
2007 Dante Luke, SM	2:16.77
2008 Clare Lenard, SM	2:17.74
2009 Olivia Romo, SM	2:22.99
2010 Angela Hunter, ROS	2:16.51
2011 Nicole LaBruna, SM	2:16.08
2012 Stefanie Goldbach, MD	2:11.26
2013 Fiona Goh, SM	2:06.73
2014 Riley Cunningham, SM	2:01.23
2015 Claudia Gonzalez, SM	2:15.07
2016 Natalie Tuerk, SM	2:00.46
2017 Jane Hutchinson, SM	2:09.04
2018 Mara Loughlin, SM	2:09.51
2019 Nicole Tyner, MD	2:11.30
2021 Natasha Kieckhafer, SM	2:09.03
2022 Jamie Ciborowski, SM	2:08.30
2023 Hannah McClaskey, SM	2:07.72

100 Individual Medley

2000 Jessica Jarmul, MD	1:12.60
2001 Renae Logston, MD	1:17.36
2002 Whitney Middleton, ROS	1:15.43
2003 Danielle Husen, SM	1:12.85
2004 Courtney Rosenquist, SM	1:12.80
2005 Jessica Stevenson, SM	1:13.55
2006 Jennifer Dixon, SM	1:14.64
2007 Allison Pulley, SM	1:12.50
2008 Samantha Goff, SM	1:16.81
2009 Emily Hamann, SM	1:12.16
2010 Tori Jankovich, SM	1:12.72
2011 Audrey Thellman, MD	1:09.83
2012 Audrey Thellman, MD	1:07.89
2013 May Li, SM	1:07.96
2014 Kristine Liao, SM	1:04.90
2015 Mary Hutchinson, SM	1:10.62
2016 Jane Hutchinson, SM	1:06.22
2017 Jane Hutchinson, SM	1:07.72
2018 Angelina Mejia, SM	1:09.04
2019 Katherine Watson, MD	1:10.56
2021 Kelly Lu, SM	1:08.66
2022 Kelly Lu, SM	1:06.79
2023 Jamie Ciborowski, SM	1:08.39

50 Freestyle

2000 Dallas Goshall, SM	:29.54
2001 Chris Portillo, STJ	:28.91
2002 Beth King, MD	:28.89
2003 Rebecca McCall, ROS	:28.20
2004 Eileen Mahoney, SM	:28.84
2005 Mackenzie Maurer, SM	:28.50
2006 Danielle Carlson, SM	:28.80
2007 Bridget Terrebbonne, MD	:29.06
2008 Clare Lenard, SM	:27.55
2009 Darian Podmajersky, OL	:27.62
2010 Erin Kenney, SM	:28.82
2011 Courtney Garcia, JS	:27.54
2012 Portia Alexander, OLU	:27.15
2013 Nisha Goddard, SM	:27.49
2014 Delaney Mazelin, SM	:25.89
2015 Delaney Mazelin, SM	:25.78
2016 Mia Chanove, SM	:27.09
2017 Kori Bento, SM	:26.08
2018 Ashley Nguyen, MD	:27.10
2019 Bianca Bays, MD	:26.37
2021 Anna Krishnan, SM	:26.96
2022 Kelly Lu, SM	:26.80
2023 Estelle Karaba, SM	:25.83

50 Butterfly

2000 Kim Bahsen, SM	:33.82
2001 Renae Logston, MD	:33.50
2002 Laura Billeci, MD	:32.23
2003 Lisa DelaPena, ROS	:32.53
2004 Jessica Bunkis, SM	:29.97
2005 Alexandra Kuhle, MD	:33.46
2006 Jackie Biss, SM	:33.76
2007 Jackie Biss, SM	:31.99
2008 Kelsey Walker, SM	:33.20
2009 Emily Hamann, SM	:30.56
2010 Emma Tice, ROS	:31.50
2011 Jamie Patton, MD	:30.19
2012 Jamie Patton, MD	:30.16
2013 Hannah Johnston, SM	:30.59
2014 Hannah Johnston, SM	:29.80
2015 Stephanie Morris, SM	:29.17
2016 Katherine Todor, SM	:29.60
2017 Katherine Todor, SM	:29.92
2018 Allie Pincus, JS	:29.32
2019 Morgan Davies, SM	:30.29
2021 Anna Krishnan, SM	:29.72
2022 Emma Tijanich, SM	:28.99
2023 Jamie Ciborowski, SM	:28.75

100 Freestyle

2000 Kristina Plante, SM	1:04.37
2001 Frances Miles, STJ	1:04.21
2002 Beth King, MD	1:04.12
2003 Rebecca McCall, ROS	1:02.47
2004 Channing Miller, SM	1:03.94
2005 Julia Mekrut, SM	1:04.54
2006 Danielle Carlson, SM	1:02.75
2007 Dante Luke, SM	1:01.52
2008 Ana Augustson, SM	1:05.98
2009 Darian Podmajersky, OL	1:03.23
2010 Brittany Cooper, ROS	1:02.08
2011 Stefanie Goldbach, MD	1:00.64
2012 Stefanie Goldbach, MD	:59.59
2013 Fiona Goh, SM	:59.33
2014 Riley Cunningham, SM	:55.83
2015 Delaney Mazelin, SM	:56.52
2016 Natalie Tuerk, SM	:55.81
2017 Cameron Christensen, SM	1:00.58
2018 Savannah Burns, SM	:58.61
2019 Emily McCarthy, SM	1:00.44
2021 Cassidy Goddard, SM	:58.17
2022 Jamie Ciborowski, SM	:57.48
2023 Katherine Allen, MD	:56.50





200 Freestyle Relay

2000 Mater Dei	1:56.91
2001 St. Joseph	2:00.67
2002 Santa Margarita	2:04.31
2003 Rosary	1:58.42
2004 Santa Margarita	1:58.33
2005 Santa Margarita	2:01.09
2006 Santa Margarita	1:54.70
2007 Santa Margarita	1:56.75
2008 Santa Margarita	2:00.93
2009 Santa Margarita	2:01.32
2010 Santa Margarita	1:56.77
2011 Mater Dei	1:55.49
2012 Mater Dei	1:53.27
2013 Santa Margarita	1:49.23
2014 Santa Margarita	1:46.98
2015 Santa Margarita	1:55.13
2016 Santa Margarita	1:50.79
2017 Santa Margarita	1:52.23
2018 Jsera	1:53.68
2019 Santa Margarita	1:54.18
2021 Mater Dei	1:56.96
2022 Santa Margarita	1:54.35
2023 Santa Margarita	1:50.16

50 Backstroke

2000 Heidi Kallen, SM	:33.38
2001 Erica Welch, SM	:35.85
2002 Kelly O'Brien, STJ	:35.95
2003 Jackie Dechaves, ROS	:33.15
2004 Tiffany Martin, SM	:33.46
2005 Lauren Weiss, SM	:34.29
2006 Allison Pulley, SM	:34.13
2007 Allison Pulley, SM	:34.11
2008 Gabby Carpello, ROS	:33.52
2009 Olivia Romo, SM	:34.17
2010 Tori Jankovich, SM	:34.17
2011 Sydney Blubaugh, MD	:31.89
2012 May Li, SM	:30.01
2013 May Li, SM	:30.39
2014 Nisha Goddard, SM	:30.70
2015 Stephanie Morris, SM	:30.84
2016 Katherine Tudor, SM	:31.63
2017 Ashley Park, SM	:31.58
2018 Savannah Burns, SM	:30.88
2019 Makena Tozzer, SM	:31.64
2021 Cassidy Goddard, SM	:30.07
2022 Dolma Arow, SM	:31.02
2023 Adriana Bryant, JS	:32.87

50 Breaststroke

2000 Jessica Blakeney, SM	:37.50
2001 Veronica Rosenquist, SM	:39.61
2002 Brigid Burnham, MD	:36.67
2003 Courtney Rosenquist, SM	:38.85
2004 Eileen Mahoney, SM	:37.53
2005 Elizabeth Heisler, SM	:37.32
2006 Devon Luke, SM	:39.07
2007 Alisa Olson, SM	:37.73
2008 Samantha Goff, SM	:36.42
2009 MacKayla Class, OL	:37.55
2010 Carrie Dubeau, SM	:38.62
2011 Audrey Thellman, MD	:34.56
2012 Audrey Thellman, MD	:34.88
2013 Elizabeth Morris, SM	:34.40
2014 Delaney Mazelin, SM	:34.46
2015 Shawdy Hedayati, SM	:37.59
2016 Samantha Loughlin, SM	:38.47
2017 Maggie Moran, MD	:37.76
2018 Kelly Woolfenden, SM	:34.69
2019 Kelly Woolfenden, SM	:35.47
2021 Ava Chamkhaleh, SM	:37.43
2022 Emma Tijanich, SM	:35.16
2023 Amanda Garrett, JS	:35.64

400 Freestyle Relay

2000 Santa Margarita	4:29.62
2001 St. Joseph	4:27.53
2002 Mater Dei	4:33.51
2003 Santa Margarita	4:28.13
2004 Santa Margarita	4:21.85
2005 Santa Margarita	4:21.15
2006 Santa Margarita	4:27.29
2007 Santa Margarita	4:18.96
2008 Santa Margarita	4:24.28
2009 Santa Margarita	4:25.38
2010 Santa Margarita	4:18.26
2011 Mater Dei	4:11.55
2012 Mater Dei	4:02.72
2013 Santa Margarita	4:04.52
2014 Santa Margarita	3:50.52
2015 Santa Margarita	4:04.64
2016 Santa Margarita	3:57.76
2017 Santa Margarita	4:12.10
2018 Santa Margarita	4:06.02
2019 Mater Dei	4:10.72
2021 Santa Margarita	4:03.94
2022 Santa Margarita	4:02.71
2023 Santa Margarita	4:01.02

Team Champions

2000 Santa Margarita	609.00
2001 Santa Margarita	513.00
2002 Mater Dei	514.00
2003 Santa Margarita	547.50
2004 Santa Margarita	661.00
2005 Santa Margarita	643.00
2006 Santa Margarita	649.00
2007 Santa Margarita	623.00
2008 Santa Margarita	615.00
2009 Santa Margarita	585.00
2010 Santa Margarita	612.00
2011 Mater Dei	505.00
2012 Mater Dei	567.00
2013 Santa Margarita	637.00
2014 Santa Margarita	633.50
2015 Santa Margarita	629.00
2016 Santa Margarita	621.00
2017 Santa Margarita	526.50
2018 Santa Margarita	582.00
2019 Santa Margarita	584.00
2021 Santa Margarita	581.00
2022 Santa Margarita	612.00
2023 Santa Margarita	571.00





Trinity League Champions-Boys Open

swim&div

2024

200 Medley Relay

2000 Servite	2:03.25
2001 Servite	1:56.07
2002 Servite	2:05.28
2003 Servite	1:59.57
2004 Servite	2:00.60
2005 Santa Margarita	1:55.95
2006 Santa Margarita	1:56.30
2007 Santa Margarita	1:53.95
2008 Servite	1:53.93
2009 Mater Dei	1:56.81
2010 Santa Margarita	1:59.10
2011 Santa Margarita	1:52.93
2012 Santa Margarita	1:55.97
2013 Santa Margarita	1:52.80
2014 Mater Dei	1:52.70
2015 Mater Dei	1:53.07
2016 Servite	1:51.33
2017 Mater Dei	1:48.16
2018 Mater Dei	1:49.10
2019 Mater Dei	1:51.65
2021 Mater Dei	1:51.53
2022 Santa Margarita	1:51.29
2023 Santa Margarita	1:51.34

200 Freestyle

2000 Jeff Paquet, SER	2:12.17
2001 Brett Hurley, SER	2:00.36
2002 Cort Distanislaio, MD	2:14.17
2003 Phillip Simmons, SER	2:05.00
2004 Andrew Orr, SER	2:16.27
2005 Mike Alosio, SM	2:03.10
2006 Max Gallindo, MD	2:03.00
2007 Paul Connor, SM	2:00.33
2008 Brian Maurer, SM	2:01.57
2009 Corey Lachance, SM	2:03.63
2010 Patrick Harding, SER	1:57.03
2011 Neil Le Vecke, MD	1:59.04
2012 Langley Petrie, SM	2:00.53
2013 Liam McClafferty, SER	1:53.75
2014 Brandon, Aguirre, SM	1:57.04
2015 Joey Secard, MD	1:55.74
2016 Jack Reid, MD	1:53.46
2017 Ben Teske, SER	1:54.74
2018 Clay Kaneko, MD	1:54.54
2019 Drew Mena, MD	1:59.10
2021 Rylan Piani, MD	1:58.71
2022 Matthew Wood, SM	2:01.67
2023 Hayden Kent, SM	1:57.34

100 Individual Medley

2000 Joe O'Sullivan, MD	1:07.61
2001 Adam McCall, SER	1:02.96
2002 Nick Stauber, SER	1:04.40
2003 Joe Devoy, SER	1:08.52
2004 Nolan Cannon, SER	1:07.33
2005 Isiahs Ramirez, SJB	1:06.20
2006 Ivan Martinez, MD	1:05.80
2007 Blake Bunte, SM	1:04.53
2008 Nick Rodriguez, MD	1:04.70
2009 Sean Freeman, SM	1:05.02
2010 Adam Devoy, SJB	1:07.10
2011 Ryan Finney, SM	1:03.70
2012 Adam Campbell, JS	1:04.87
2013 Sam Slobodien, SM	1:02.90
2014 Kirby Slater, MD	1:02.17
2015 Dawson Gresch, OLU	1:04.10
2016 Nicholas Maramica, SM	1:01.35
2017 Ryan Lee, SER	1:00.22
2018 William O'Sullivan, MD	:58.93
2019 Julio Delgado, MD	1:02.83
2021 Zachary Woods, MD	:59.73
2022 Evan Bueras, SM	:59.61
2023 Zakari Huey-Nazareno, SN	1:01.25

50 Freestyle

2000 Matt Garcia, SER	:25.22
2001 Tony Arriaga, SER	:27.84
2002 Tony Miles, SER	:26.96
2003 Charlie LeVasseur, SM	:24.54
2004 Ryan Tharaldson, SM	:24.99
2005 Kevin Griley, MD	:24.99
2006 Eric Martin, SM	:24.58
2007 Jeffrey Lathan, MD	:24.57
2008 George Moll, SM	:24.42
2009 Michael Matich, MD	:25.18
2010 Brian Hastings, SM	:23.83
2011 Greg Hansen, SM	:24.35
2012 Sam Slobodien, JS	:24.79
2013 Jack Garcia, SM	:23.94
2014 Christian Hockenbury, MD	:23.76
2015 Nick Van Horn, MD	:23.21
2016 Oliver Teitscheid, MD	:23.58
2017 Oliver Teitscheid, MD	:23.20
2018 William Ludovico, MD	:23.00
2019 Emmett Gallivan, MD	:24.09
2021 Tyler Davis, MD	:24.41
2022 Milan Summich, JS	:24.00
2023 Harrison Beck, SM	:24.57

50 Butterfly

2000 Jeff Paquet, SER	:30.57
2001 Chris Lingle, SER	:29.32
2002 Tim Renden, SM	:33.61
2003 Daniel Garcia, SER	:28.73
2004 Mike Cocchi, SER	:28.90
2005 Alex Maher, SM	:29.39
2006 Tommy Jankovich, SM	:28.04
2007 Kevin Dowe, SM	:27.28
2008 Matt Cocchi, SER	:26.20
2009 Michael Matich, MD	:26.81
2010 Ryan Manoogian, SM	:27.47
2011 Ryan Finney, SM	:27.10
2012 Garrett Kaltenbach, JS	:27.06
2013 Liam McClafferty, SER	:26.41
2014 Jacob Good, SM	:25.86
2015 Jacob Wright, SM	:25.37
2016 Jake Bays, MD	:26.00
2017 Ben Teske, SER	:26.14
2018 William O'Sullivan, MD	:26.31
2019 Cas Stevens, MD	:27.67
2021 Zachary Woods, MD	:26.99
2022 Evan Bueras, SM	:24.32
2023 Luke Lagumbay, SM	:27.00

100 Freestyle

2000 John Finnerty, SER	:56.06
2001 Brett Hurley, SER	:53.66
2002 Nick Stauber, SER	:54.71
2003 Phillip Simmons, SER	:55.47
2004 James Markel, SM	:56.04
2005 Mike Alosio, SM	:56.45
2006 Eric Martin, SM	:56.69
2007 Paul Connor, SM	:54.09
2008 Mike Carillo, SER	:53.37
2009 Corey Lachance, SM	:54.87
2010 Patrick Harding, SER	:52.49
2011 Greg Hansen, SM	:53.81
2012 Drew Thomas, MD	:53.20
2013 Jack Garcia, SM	:52.38
2014 Elias Payne, MD	:52.63
2015 Jacob Wright, SM	:51.92
2016 Oliver Teitscheid, MD	:52.57
2017 William Ludociva, MD	:51.38
2018 Clay Kaneko, MD	:51.17
2019 Emmett Gallivan, MD	:53.54
2021 Rylan Piani, MD	:53.37
2022 Milan Summich, JS	:53.04
2023 Hayden Kent, SM	:53.61





200 Freestyle Relay

2000	Servite	1:48.34
2001	Servite	1:51.46
2002	Santa Margarita	1:52.69
2003	Servite	1:44.82
2004	Santa Margarita	1:48.61
2005	Santa Margarita	1:43.58
2006	Santa Margarita	1:41.64
2007	Santa Margarita	1:41.26
2008	Servite	1:40.01
2009	Mater Dei	1:46.12
2010	Santa Margarita	1:42.22
2011	Mater Dei	1:38.86
2012	Santa Margarita	1:40.06
2013	Servite	1:36.33
2014	Mater Dei	1:37.53
2015	Mater Dei	1:36.40
2016	Mater Dei	1:36.49
2017	Mater Dei	1:36.10
2018	Mater Dei	1:36.16
2019	Mater Dei	1:38.48
2021	Mater Dei	1:39.08
2022	Santa Margarita	1:41.96
2023	Santa Margarita	1:37.94

50 Backstroke

2000	Ramino Gallegos, MD	:32.90
2001	Adam McCall, SER	:29.09
2002	Tony Miles, SER	:29.74
2003	Tony Miles, SER	:30.14
2004	Blake Mellgren, SM	:30.75
2005	Mike Lockett, SM	:30.31
2006	Thomas Huse, SM	:30.57
2007	Garrison Nauman, SM	:29.18
2008	Connor McKhann, OL	:29.86
2009	Andrew Michalak, SER	:31.70
2010	Ryan Manoogian, SM	:31.15
2011	Joseph Busch, MD	:29.42
2012	Drew Thomas, MD	:29.06
2013	Austin Clark, SM	:28.96
2014	Sean Duncan, MD	:28.34
2015	Jack Klinger, MD	:28.55
2016	Warren Loth, MD	:28.56
2017	Preston Sanders, MD	:28.49
2018	Ethan Kaplan, MD	:28.08
2019	Jack Peterson, MD	:30.39
2021	Joseph Yocum, MD	:30.43
2022	Jace Williams, JS	:28.96
2023	John Martinez, SM	:28.67

50 Breaststroke

2000	Matt Garcia, SER	:33.18
2001	Brian Finnerty, SER	:34.26
2002	Sean Bougler, SER	:34.90
2003	Justin Josen, SJB	:32.93
2004	Nolan Cannon, SER	:32.67
2005	Derek Elbertse, SM	:32.60
2006	Tommy Jankovich, SM	:32.78
2007	Ross Kirkbaumer, SM	:32.83
2008	Michael O'Toole, MD	:31.84
2009	Juan Pablo Jose Ramos, MD	:32.79
2010	Adam Rutz, SJB	:34.14
2011	Brian Luong, SER	:31.95
2012	Ryan Melosini, SM	:30.98
2013	Will Lapkin, SER	:30.75
2014	Alex Piecuch, SM	:32.13
2015	Chris Martinez, MD	:33.68
2016	Jake Bays, MD	:30.98
2017	Ryan Lee, SER	:30.05
2018	Keith Openshaw, MD	:30.85
2019	Shane Baird, SM	:30.97
2021	Ryan McClintick, SM	:30.31
2022	James Zhou, SM	:31.73
2023	Luke Lagumbay, SM	:30.73

400 Freestyle Relay

2000	Servite	3:56.52
2001	NA	NA
2002	Servite	4:09.24
2003	Servite	3:56.98
2004	Santa Margarita	3:55.64
2005	Santa Margarita	3:52.77
2006	Santa Margarita	3:45.85
2007	Santa Margarita	3:45.09
2008	Servite	3:43.25
2009	Mater Dei	3:51.92
2010	Santa Margarita	3:49.93
2011	Mater Dei	3:40.29
2012	Santa Margarita	3:43.55
2013	Servite	3:32.46
2014	Mater Dei	3:30.65
2015	Mater Dei	3:31.59
2016	Mater Dei	3:37.58
2017	Mater Dei	3:33.18
2018	Mater Dei	3:34.28
2019	Mater Dei	3:45.37
2021	Mater Dei	3:39.63
2022	Santa Margarita	3:39.64
2023	Santa Margarita	3:38.63

Team Champions

2000	Servite	348.00
2001	Servite	271.00
2002	Servite	325.00
2003	Servite	453.00
2004	Santa Margarita	498.00
2005	Santa Margarita	578.00
2006	Santa Margarita	641.00
2007	Santa Margarita	515.00
2008	Servite	523.00
2009	Santa Margarita	506.00
2010	Santa Margarita	575.00
2011	Santa Margarita	558.00
2012	Santa Margarita	571.00
2013	Santa Margarita	545.00
2014	Mater Dei	517.00
2015	Mater Dei	621.00
2016	Mater Dei	528.00
2017	Mater Dei	533.50
2018	Santa Margarita	488.00
2019	Santa Margarita	501.00
2021	Mater Dei	598.00
2022	Santa Margarita	604.00
2023	Santa Margarita	600.00



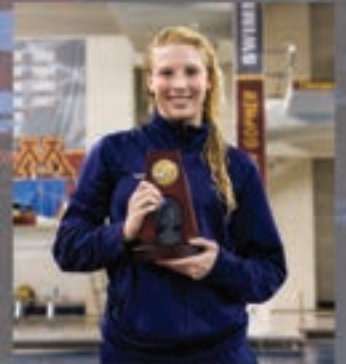
Olympic Trials



Phillipe Demers—1996, 2000



Frank Uxa—2000



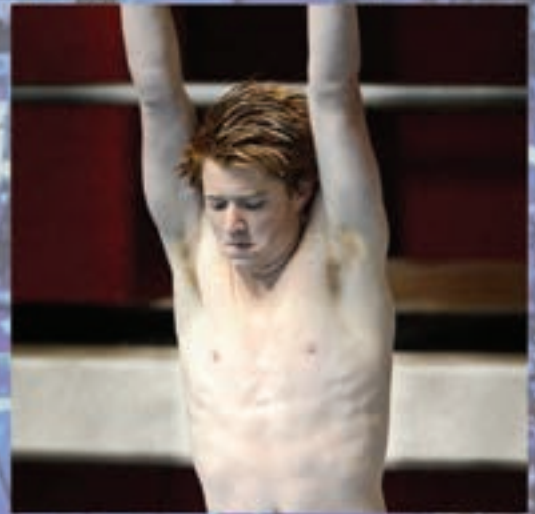
Kahley Rowell—2016



Meagan Brown—2008



Ella Ristic—2021



Conor Murphy—2012



Humberto Najara—2021



Katie McLaughlin—2012, 2016, 2021



Mackenzie Degn—2016



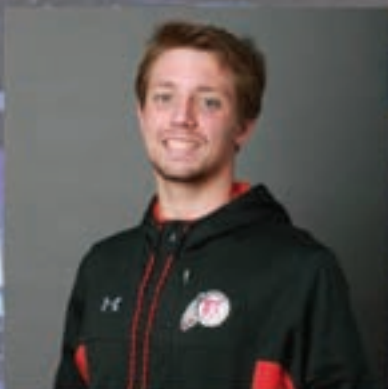
Isabelle Odgers—2016, 2021, 2024



Grant Shoultz—2016, 2021



Samantha Shelton—2016



Chris Taber—2016



Justina Kozan—2021, 2024



Noah Brune—2021



Matt Martin—2000



Anicka Delgado—2021, 2024



Macky Hodges—2021, 2024



Teagan O'Dell—2024



Santa Margarita All-Time Top 10

swim&diver
2024

Girls 50 Freestyle

1	Teagan O'Dell	:22.40	23
2	Anicka Delgao	:22.54	19
3	Teia Salvino	:22.58	22
4	Gracyn Aquino	:22.68	23
5	Katie McLaughlin	:22.77	14
6	Macky Hodges	:22.84	22
7	Lindsay Ervin	:22.89	22
8	Mackenzie Degn	:22.95	16
9	Samantha Shelton	:23.25	16
10	Justina Kozan	:23.30	21

Girls 100 Freestyle

1	Katie McLaughlin	:48.69	15
2	Macky Hodges	:49.04	22
3	Asia Kozan	:49.18	23
4	Ella Ristic	:49.24	19
5	Teagan O'Dell	:49.27	22
6	Teia Salvino	:49.34	22
7	Justina Kozan	:49.40	21
8	Anicka Delgado	:49.43	17
9	Lindsay Ervin	:49.48	22
10	Samantha Shelton	:49.58	17

Girls 200 Individual Medley

1	Teagan O'Dell	1:53.38	23
2	Asia Kozan	1:58.09	23
3	Justina Kozan	1:58.32	21
4	Katie McLaughlin	1:59.84	15
5	Isabelle Odgers	1:59.99	18
6	Samantha Shelton	2:00.00	18
7	Lizzie Devitt	2:01.83	12
8	Julia Stafford	2:02.84	22
9	Mackenzie Degn	2:03.32	19
10	Isabella Abrajan	2:04.27	22

Girls 100 Butterfly

1	Katie McLaughlin	:51.53	15
2	Teagan O'Dell	:52.21	23
3	Justina Kozan	:52.65	22
4	Anicka Delgado	:53.25	18
5	Samantha Shelton	:53.72	16
6	Isabella Abrajan	:54.09	21
7	Mia Ristic	:55.01	19
8	Chloe Stinson	:55.18	22
9	Asia Kozan	:55.27	21
10	Miranda Renner	:55.48	19

Girls 200 Freestyle

1	Katie McLaughlin	1:43.01	15
2	Samantha Shelton	1:44.05	18
3	Justina Kozan	1:44.40	21
4	Ella Ristic	1:45.66	19
5	Asia Kozan	1:45.82	23
6	Macky Hodges	1:46.48	22
7	Teagan O'Dell	1:47.31	23
8	Mackenzie Degn	1:47.80	18
9	Sydney Franzen	1:49.84	14
10	Lizzie Devitt	1:50.04	14

Girls 500 Freestyle

1	Teagan O'Dell	4:42.90	23
2	Mackenzie Degn	4:46.62	19
3	Macky Hodges	4:47.56	21
4	Ella Ristic	4:48.26	17
5	Abigail O'Sullivan	4:48.67	22
6	Katie McLaughlin	4:51.86	15
7	Sydney Franzen	4:52.24	13
8	Asia Kozan	4:52.32	22
9	Maggie McGuire	4:52.44	23
10	Samantha Shelton	4:54.48	16

Girls 100 Backstroke

1	Teagan O'Dell	:50.96	23
2	Samantha Shelton	:53.04	17
3	Macky Hodges	:53.50	22
4	Maggie McGuire	:55.15	21
5	Katie McLaughlin	:55.28	15
6	Isabella Abrajan	:55.33	19
7	Ella Ristic	:55.37	19
8	Teia Salvino	:55.53	23
9	Gracyn Aquino	:55.64	22
10	Jax Shoults	:55.89	12

Girls 100 Breaststroke

1	Teagan O'Dell	:59.73	23
2	Isabelle Odgers	1:01.82	18
3	Miranda Renner	1:02.41	19
4	Katie Nugent	1:02.73	19
5	Kimmy Woolfenden	1:03.18	18
6	Emily Gibson	1:04.34	14
7	Amy Qin	1:04.34	17
8	Julia Stafford	1:04.36	22
9	Victoria Mori	1:04.63	23
10	Nicole Christensen	1:04.85	23

**Boys 50 Freestyle**

1	Hunter Cehelnik	:20.48	23
2	Phillipe Demers	:20.54	97
3	Grant Shoults	:20.75	16
4	AJ Rossman	:20.78	17
5	Ramon Jiang	:20.94	22
6	Yurian Quinones	:21.05	19
7	Allen Cai	:21.12	23
8	Tony Ju	:21.25	22
9	Frank Uxa	:21.31	97
10	Lucas Morales-Ostergaard	:21.32	21

Boys 100 Freestyle

1	Hunter Cehelnik	:44.27	23
2	Grant Shoults	:44.80	16
3	Phillipe Demers	:44.86	97
4	Humberto Najera	:45.29	23
5	Tony Ju	:45.55	21
6	Jaden Ficklen	:45.71	22
7	Allen Cai	:45.91	22
8	Keller Morgan	:45.98	22
9	Marc Morizono	:46.32	14
10	AJ Rossman	:46.37	18

Boys 200 Individual Medley

1	Humberto Najera	1:46.03	23
2	Keller Morgan	1:47.37	22
3	Daniel Verdolaga	1:47.62	23
4	Grant Shoults	1:48.33	15
5	Nathan Wu	1:50.20	23
6	Lucas Morales-Ostergaard	1:51.12	19
7	Frank Uxa	1:51.58	98
8	Phillipe Demers	1:52.15	97
9	Jack Nugent	1:52.17	21
10	Jackson Odgers	1:52.47	18

Boys 100 Butterfly

1	Daniel Verdolaga	:47.23	23
2	Grant Shoults	:48.11	16
3	Phillipe Demers	:48.25	97
4	Jerry Yan	:48.92	22
5	Tony Ju	:49.53	23
6	Hunter Cehelnik	:49.68	23
7	Kevin Tu	:49.72	19
8	Allen Cai	:50.41	21
9	Keller Morgan	:50.42	22
10	Ryley Yoo	:50.72	23

Boys 200 Freestyle

1	Grant Shoults	1:33.26	16
2	Jaden Ficklen	1:37.50	23
3	Phillipe Demers	1:37.54	97
4	Hunter Cehelnik	1:38.65	23
5	Marc Morizono	1:38.96	15
6	Tony Ju	1:39.45	21
7	Allen Cai	1:39.96	21
8	Jonathan Russell	1:40.25	00
9	Noah Brune	1:40.59	19
10	Jack Nugent	1:40.92	22

Boys 500 Freestyle

1	Grant Shoults	4:12.87	16
2	Humberto Najera	4:26.19	21
3	Noah Brune	4:26.24	19
4	Marc Morizono	4:28.10	15
5	Jaden Ficklen	4:29.58	23
6	Keller Morgan	4:29.70	21
7	Alexandru Ispas	4:30.13	21
8	Matt Martin	4:33.75	97
9	Tony Ju	4:34.00	22
10	Edmund Herlihy	4:34.89	01

Boys 100 Backstroke

1	Humberto Najera	:47.36	23
2	Ramon Jiang	:49.03	23
3	AJ Rossman	:49.49	18
4	Jerry Yan	:49.71	23
5	Kevin Tu	:49.85	17
6	Jack Nugent	:50.44	22
7	Lucas Morales-Ostergaard	:51.04	19
8	Grant Shoults	:51.04	15
9	Phillipe Demers	:51.10	97
10	Daniel Verdolaga	:51.57	23

Boys 100 Breaststroke

1	Nathan Wu	:55.15	23
2	Keller Morgan	:55.66	22
3	Jacky Xing	:56.38	22
4	Alexander Qu	:56.74	17
5	Daniel Verdolaga	:57.52	21
6	Kevin Henricks	:57.59	91
7	Mark Reese	:57.73	09
8	Jackson Odgers	:57.79	18
9	Arturo Cerda	:58.43	13
10	Zachary Zhang	:58.50	23



**"Greetings from the Peanut Gallery!
Let's go Eagles!"**



"Slow down Cole, slow down."



"No, we can't believe it. Did we just see Teagan swim a :19, 50 free?"



"Why is the water so cold?!"



"Members of the 7 x 50 Upside-down Butterfly relay."

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