

SANTA MARGARITA CATHOLIC HIGH SCHOOL

# SWIMMING & DIVING

2023 MEDIA GUIDE



SANTA MARGARITA  
2022 GIRLS' HIGH SCHOOL NATIONAL CHAMPIONS



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Sophomore **Sammy Cummins** looks to improve upon her impressive '22 debut.

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## 2023 SANTA MARGARITA SWIMMING & DIVING SCHEDULE

Sat. Feb. 18	Eagles Pentathlon	Eagle Aquatics Center	1:00 pm
Sat. Feb. 25	Villa Park Relays	Villa Park High School	9:00 am
Thu. Mar. 24	Capo Valley Relays	Capo Valley High School	5:00 pm
Wed. Mar. 8	San Juan Hills	Eagle Aquatics Center	3:00 pm
Sat. Mar. 11	Santa Margarita Lower Level Invitational	Eagle Aquatics Center	2:00 pm
Thu. Mar. 16	Orange Lutheran	Santiago Canyon College	3:15 pm
Fri. Mar. 17	Mission Viejo Diving Invitational	Marguerite Rec Center	10:00 am
Thu. Mar. 23	J Serra	J Serra Catholic High School	3:00 pm
Tue. Mar. 28	Loyola/Harvard Westlake/Marlborough	University of Southern California Olympic F	1:00 pm
Thu. Mar. 30	Servite/Rosary	Eagle Aquatics Center	3:15 pm
Thu. Mar. 31	Mater Dei	Mater Dei High School	3:15 pm
Sat. Apr. 1	Santa Margarita Diving Invitational	Eagle Aquatics Center	10:00 am
Wed. Apr. 5	Mater Dei	Eagle Aquatics Center	3:15 pm
Sat. Apr. 15	Foothill Swim Games	Foothill High School	10:00 am
Sat. Apr. 15	California Catholic Swim Challenge	Sacred Heart Prep	10:00 am
Thu. Apr. 20	Fountain Valley	Eagle Aquatics Center	3:00 pm
Thu. Apr. 20	St. John Bosco	St. John Bosco	3:15 pm
Mon. Apr. 24	Trinity League Diving Finals	Marguerite Rec Center	9:00 am
Thu. Apr. 27	CIF Division I Diving Finals	Riverside City College	8:30 am
Fri. Apr. 28	Trinity League Finals	J Serra Catholic High School	2:00 pm
Fri. May 5	CIF Division I Finals	Riverside City College	3:00 pm
Sat. May 13	CIF State Finals	Clovis West High School	10:30 am



## Welcome to the 2022-2023 Eagle season!

On behalf of the Santa Margarita Catholic High School athletics program, we would like to thank our parents, alumni, fans, and sponsors for their support and patience as we worked to navigate through this unprecedented year.

Our program's mission, first and foremost, is to foster and develop a culture of Caritas Christi – the love of Christ – within each student-athlete. We believe that student participation in Santa Margarita athletics is about more than just development in speed, strength and skill. Our student-athletes are driven to push for excellence in athletics and academics, motivated by pursuing their full potential. This year – more than ever – has been a testament to the strong character, dedication, mental toughness, and resilience of our student-athletes, coaches and staff as they continued to adjust and thrive in the face of adversity during these ever-changing times. We are filled with gratitude that our student-athletes can demonstrate their talents in competition this season. Their work ethic and commitment to living Caritas Christi are to be commended.

We are incredibly grateful for the continued support and overflowing passion shown to our student-athletes and athletic community by parents, alumni, fans, and supporters during these challenging times. Coaches, we thank you for your unwavering love and commitment to our student-athletes and our school. To our student-athletes, your perseverance and dedication to your school and one another continue to amaze us. We are proud to call you Eagle student-athletes and are praying for you as you pursue greatness through spiritual growth, academic success and athletic development. Best of luck to all of our student-athletes and teams! Go Eagles!

**Jim Hartigan**  
Assistant Principal, Athletics

**Annie Mai-Garrett '04**  
Athletic Director





Good luck Nicholas!  
Fast Swimming in 2023  
Go Eagles!





## Rich Blanc—Head Coach

Coach Blanc begins his 26th year coaching the Girls Varsity and the 24th year coaching the Boys Varsity. In 2022, the Girls Varsity finished with an overall record of 6-0, won its 22nd straight Trinity League championship and won the CIF Division I Championships for the 8th year in a row. The team also was named Swimming World magazine's National high school champions. The Boys Varsity had its most successful season finishing with a 7-0 overall record, won the Trinity League championship, and won back-to-back CIF Division I title. Both varsity teams ended the season ranked in the Orange County Register top team. Coach Blanc now has a combined 323-73-3 dual meet record and SMCHS is considered one of the top swimming programs in the nation. In 2000 and 2017, he was named the Orange County Swim Coach of the Year, and in 2014 and 2022, Coach Blanc was named the National High School Swimming Coach of the Year. In addition to swimming, Coach Blanc teaches Economics at SMCHS. He resides in Portola Hills and is married to his lovely bride Taylor and together they are raising their amazing sons Adrian and Chance.



## Ron Blanc—Head Coach

Like his brother, Coach Blanc brings 35 years of swim coaching experience to the Eagles. Coach Blanc coached at Mater Dei for 9 years, winning the 1990 CIF swimming title and a school-record 40 dual meets in a row. Coach Blanc has now coached at SMCHS for 27 years. When Coach Blancs captured the 2000 CIF swimming championship at SMCHS, they became the only coaches in CIF swimming history to win 2 CIF titles at 2 different schools. Coach Blanc has had the privilege of coaching 130 All-Americans and 453 All-CIF swimmers at SMCHS. Since he began coaching at SMCHS, both varsities have been ranked in the Top 10 in the OC Register every year and has won 106 of 132 possible team league titles—a record no team in the Trinity league can match. In 2014, Coach Blanc was named the National High School Swim Coach of the Year and the California Swim Coach of the Year in 2022. He is a Level 5 Certified coach with the ASCA which only the top 5% of coaches in the U.S. achieve. He is also the Admissions Director at SMCHS and is married to his lovely bride, Kelley and reside in Ladera Ranch with their amaaaazing cat, Mochi.



SM became the first high school in over a decade to win back-to-back CIF titles in both the boys and girls last year.



## YEAR-BY-YEAR WITH COACH BLANCS

YEAR	SCHOOL	GIRLS VARSITY	BOYS VARSITY	LEAGUE CHAMPIONSHIPS	CIF CHAMPIONSHIP
1989	Mater Dei	8-1	5-4	League Champions (Girls)	CIF Runner Up (Girls)
1990	Mater Dei	12-0	8-3-1	League Champions (Girls)	CIF Champions (Girls)
1991	Mater Dei	11-0	6-5	League Champions (Girls)	
1992	Mater Dei	10-0	8-2	League Champions (Girls)	
1993	Mater Dei	5-5-1	5-6	League Champions (Girls)	
1994	Mater Dei		6-5		
1995	Mater Dei		2-8		
1996	Santa Margarita	8-3 (JV)	7-4 (JV)		
1997	Santa Margarita	8-3-1 (JV)	8-4 (JV)		
1998	Santa Margarita	7-5			
1999	Santa Margarita	10-3	5-7-1		
2000	Santa Margarita	11-0	8-3	League Champions (Girls/Boys)	CIF Champions (Girls)
2001	Santa Margarita	8-1	8-1	League Champions (Girls/Boys)	CIF Runner Up (Boys)
2002	Santa Margarita	9-0	7-2	League Champions (Girls)	CIF Runner Up (Girls)
2003	Santa Margarita	7-2	6-3	League Champions (Girls)	
2004	Santa Margarita	9-1-1	6-4-1	League Champions (Girls)	
2005	Santa Margarita	9-2	9-2	League Champions (Girls/Boys)	
2006	Santa Margarita	7-1	5-3	League Champions (Girls/Boys)	CIF Runner Up (Girls)
2007	Santa Margarita	8-1	5-4	League Champions (Girls/Boys)	
2008	Santa Margarita	7-3	7-3	League Champions (Girls/Boys)	
2009	Santa Margarita	6-2	6-2	League Champions (Girls/Boys)	
2010	Santa Margarita	6-2	5-3	League Champions (Girls)	
2011	Santa Margarita	7-1	8-0	League Champions (Girls/Boys)	
2012	Santa Margarita	8-0	6-2	League Champions (Girls)	
2013	Santa Margarita	8-0	8-0	League Champions (Girls/Boys)	
2014	Santa Margarita	7-0	7-0	League Champions (Girls/Boys)	CIF Champions (Girls)
2015	Santa Margarita	6-0	6-1	League Champions (Girls)	CIF Champions (Girls)
2016	Santa Margarita	6-0	6-0-1	League Champions (Girls)	CIF Champions (Girls)
2017	Santa Margarita	6-0#	6-1	League Champions (Girls)	CIF Champions (Girls)
2018	Santa Margarita	6-0* #	5-2	League Champions (Girls/Boys)	State & CIF Champions (Girls)
2019	Santa Margarita	6-0*	6-1	League Champions (Girls/Boys)	State & CIF Champions (Girls) CIF Runner Up (Boys)
2020	Santa Margarita	1-0	0-1	Season cut short due to COVID-19	
2021	Santa Margarita	5-0* #	5-1	League Champions (Girls/Boys)	CIF Champions (Girls/Boys)
2022	Santa Margarita	6-0* #	7-0	League Champions (Girls/Boys)	CIF Champions (Girls/Boys)

\* State Champions

#National Champions

## Renee Blanc-Supernaw—Girls JV Head Coach

Coach Supernaw returns for her 26th year coaching the Eagles Junior Varsity. In her 25 years with the Eagles, Coach Supernaw has compiled one of the most impressive records of any junior varsity team in California. She has coached the team to a 179-16 overall record and has guided her swimmers to break 112 lower level school records. Her JV team in 2022 won its 22nd straight Trinity League championship, unprecedented in league history, going undefeated in league (4-0) and 6-0 overall. Coach Supernaw's teams have built a reputation as the best junior varsity girls program in California state history. 166 of her swimmers have won individual league titles in 23 years. Coach Supernaw teaches math at SM & enjoys making lemon squares and is married to the love of her life, Shaun and lives in Ladera Ranch with their incredible daughter Kayla Marie.



## Kristen Zepeda—Boys JV Head Coach

Santa Margarita is blessed to welcome back Coach Kristen Zepeda to the staff. In 2022, Coach Zepeda led the Boys JV team to a 6-1 overall record and back-to-back Trinity League titles. In the past four years, her team broke 11 league records and 20 school records. Coach Zepeda is no stranger to Orange County swimming as she swam for and graduated from Mission Viejo high and was a long-time member of the Mission Viejo Nadadores swim team. Coach Zepeda went on to swim at Texas Christian University (TCU) where she majored in Communications. After gaining her teaching credential from Cal State Fullerton, she student taught at Tesoro high school. For three years, Coach Zepeda was the Girls Head Water Polo coach and Boys Head Swimming Coach at Trabuco Hills high school. She currently teaches English at SM and resides in Newport Beach.





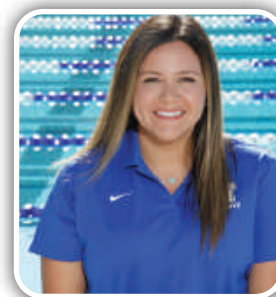
## Joel Yamasaki—Boys Open Head Coach

Finding high-quality and experienced coaches is always a challenge, so finding Coach Joel Yamasaki is truly a blessing. Coach Yamasaki bring extensive swimming experience to the position. Coach Yamasaki swam for the Hawthorne Otters swim club and the Lakewood Aquatics Club, and at Millikan High School, where he set 2 Moore League records in the 100 free (:51.11) and the 100 fly (:57.13). Coach Yamasaki then went onto swim at Long Beach City College with his 3rd legendary coach, Dennis Fosdick. In 2022, Coach Yamasaki led the Boys Open to the Trinity League championship and a 7-0 record, and his swimmers have broken 5 school and 3 league records. Coach Yamasaki enjoys “meat and potatoes” and eating anything salty and spicy.



## Olivia Romo-Slobodien—Girls Open Head Coach

Also back to the coaching staff but not new to Santa Margarita is Coach Olivia Romo. Coach Romo is no stranger to Eagle Aquatics as she swam for four years and played water polo for four years, being part of a Trinity League championship team in each season of swimming. Coach Romo was a captain of the SM Swim Team her senior year and is part of the school-record 4x50 backstroke relay. Coach Romo then swam played water polo at Goldenwest College. In 2015, 2016 and 2018 Coach Romo led the Frosh/Soph Boys teams and helped coach the team to the Trinity league title in '18. In 2022, Coach Romo led the Girls Open to the Trinity league title and a 6-0 overall record. Coach Romo enjoys going to the beach and camping, and is a newlywed to the love of her life, Ben.



## Bailey Martin—Boys Assistant Coach

Santa Margarita is honored to see Coach Bailey Martin return to the coaching staff. Coach Martin joined the SMCHS faculty and staff as our registrar and first swam competitively at age 10. Coach Martin spent four years on her high school swim team at Heritage High School in Northern California where she was named a team captain in her senior year. Coach Martin gained further swim experience by being a member of the Seawolves club swim team and taught swim lessons throughout high school. A lifeguard at the University of Oregon’s rec center, Coach Martin works at famous Hanna’s Steakhouse. Coach Martin enjoys camping at Joshua Tree, going to the beach, weightlifting and running and spending time with her beloved German Shepard.



## Johnnie Frater—Girls Assistant Coach

Joining the Eagles coaching staff this season is Coach Johnnie Frater. Coach Frater brings an extensive swimming and coaching background to the team. Coach Frater is an American Swim Coaches Association (ASCA) Level 2 certified coach which includes being a Stroke Certified coach as well. Coach Frater also has her ASCA Level 2 certification in Disability swimming and has attended Para coaching sessions at the Olympic Training Center in Colorado Springs. Coach Frater enjoys reading, practicing math, genealogy research, and spending time with family and her pets (the amazing Gema, her pet lab, and feisty Stitchy, her pet cat). Coach Frater teaches in the math department at SM and enjoys the bio-mechanical aspects of the sport of swimming.



## Clara DeLain—Boys Assistant Coach

In her first year with Santa Margarita swimming, Coach Clara DeLain joins the coaching staff in 2023. Coach DeLain is not a stranger to Santa Margarita Catholic High School as she teaches in the visual arts department teaching photography and art. Coach DeLain began her swimming career swimming in high school at JSerra Catholic High School and has coached swimming with the San Juan Sea Lions. She is eager to begin working with the student/athletes at SMCHS not only teaching about swimming and technique, but about the importance of being a supportive teammate and team player. Coach DeLain enjoys eating a good cheeseburger and has a go-to place—the Shwack in Dana Point—for her favorite burger bite. Coach DeLain also enjoys all things arts and crafts.







## 2023 Team Captains





# Eagle Boys Varsity

swim&dive

# 2023



NAME	CLASS	HEIGHT	EVENTS
Jacob Cadaval	Senior	6'1"	Breaststroke, Distance, IM
Allen Cai	Senior	6'0"	Sprints, Butterfly, IM
Jaden Ficklen	Senior	6'1"	Sprints, Distance
Tony Ju	Senior	6'0"	Sprints, Butterfly, Distance
Keller Morgan	Senior	6'7"	Distance, Breaststroke, IM
Humberto Najera	Senior	6'0"	IM, Butterfly, Backstroke
Jack Nugent	Senior	6'1"	IM, Backstroke, Distance
Jacky Xing	Senior	5'11"	Breaststroke, IM, Sprints
Hunter Cehelnik	Junior	5'10"	Sprints, Backstroke, Butterfly
Dean Fujimoto	Junior	6'2"	Backstroke, Distance, IM
Ramon Jiang	Junior	6'0"	Sprints, Butterfly, Backstroke
Cole Matsuoka	Junior	5'7"	Distance, Breaststroke, IM
Daniel Verdolaga	Junior	5'8"	IM, Breaststroke, Butterfly
Nathan Wu	Junior	6'0"	Breaststroke, IM, Backstroke
Jerry Yan	Junior	5'11"	Butterfly, Backstroke, IM
Ryley Yoo	Junior	5'7"	Butterfly, Breaststroke, IM
Daniel Fu	Sophomore	6'0"	Backstroke, Butterfly, IM
Matthew Kim	Sophomore	5'9"	IM, Breaststroke, Distance
Adam Lee	Sophomore	6'0"	Distance, Backstroke, Sprints
Nicholas Lee	Sophomore	5'10"	Backstroke, Butterfly, IM
Valentino Nieto	Sophomore	5'10"	Diving
Carson Eich	Freshman	5'9"	Sprints, Backstroke, Distance
Sonit Joshi	Freshman	5'5"	Breaststroke, IM, Butterfly
Chase Kim	Freshman	6'3"	Sprints, Breaststroke, IM
Darren Nguyen	Freshman	5'5"	Backstroke, Butterfly, IM
Nolan Weijland	Freshman	5'7"	Distance, Breaststroke, IM
Zachary Zhang	Freshman	5'8"	Breast, IM, Distance



This is gonna be fun! Last season, the Boys Varsity enjoyed their most successful season to date. Trinity League champions, Back-to-Back CIF D-1 champions, a CIF State Runner up finish, and #4 national ranking in the NISCA National Dual Meet championships. And 2023 will be even better! The most talented team in Boys SM history arrive in 2023 and the sky is the limit.

After graduating zero senior swimmers in 2022, the 2023 senior class is loaded. Rapidly improving **Jacob Cadaval** is set for an epic conclusion of his high school career. Being looked at by schools such as ASU, Jacob has already dropped a full second in the 100 breast and can make State finals. **Allen Cai**, one of the strongest freestylers in the state, is prepping for a senior year that will see him to swim at State once again. Allen swam a leg on the state runner up 400 free relay that raced to an Orange County record. **Jaden Ficklen** made the most of his debut season with the Eagles in 2022 with a pair of individual swims at CIF State. An All-American in the 200 freestyle, Jaden will take his considerable talents to the University of Michigan. CIF State finalist in the 100 free, **Tony Ju** recently signed with Cal Baptist University. Tony anchored the fastest 400 free relay in Orange County history and grabbed a second school record in the 200 free relay. CIF individual champion in the 200 IM, **Keller Morgan** will swim at USC next fall. Keller broke the school record in the 100 breaststroke in 2022 as the first Eagle under 56 seconds in the event. A senior currently on fire with his swimming is **Humberto Najera**. A Cal signee and three-time All-American, Humberto holds the SM record in the 200 IM, knocking off legendary Grant Shoults off of the record board. UC Santa Barbara-bound **Jack Nugent** takes his State-qualifying backstroke speed into his senior year. Jack has made steady progress in all of his strokes to make All-American in multiple events in 2023. **Jacky Xing** is one of the top breaststroke stars in the U.S. owning a rare sub-2:00 in the 200 breast. Jacky will rebound from a year dealing with a back injury to finish his career at State.

The junior class is deep and dangerous! **Hunter Cehelnik** exploded onto the high school swimming world with 4 swims at CIF State. Hunter also owns three school records on all three relays and is being recruited by the top universities in the land. **Dean Fujimoto** has a PhD in the backstroke but has become a more versatile swimmer in the past year. With an eye on qualifying for CIF, Dean is also a team player willing to swim whatever the team needs him to race. **Ramon Jiang** broke through with his first school record shattering the mark in the 100 backstroke. An All-American in the back in 2023, Ramon is also a premier sprinter who will take his skills a fortunate university in two years. **Cole Matsuoka** earned a varsity letter being on JV last year and now takes a varsity spot this year. Cole's 4:55 500 free places him close to CIF consideration times in the distance race. **Daniel Verdolaga** is nationally ranked in the butterfly earning his second straight All-American recognition in the 100 fly. His versatility shines in his All-American time in the 200 IM and developing freestyle sprints—committed to West Point. **Nathan**

**Wu** won't be satisfied with his high school swimming until he reaches CIF State and posts All-American times. Both goals are in range in 2023 and the coaches look at Nathan as a key component of the team's run to the state title. Focused and hard-working, **Jerry Yan** brings an exemplary work-ethic to every practice and meet. Jerry scored points at CIF State in the 100 fly and earned his first All-American time in that race. **Ryley Yoo** joined the team as a sophomore in 2022 and immediately made an impact. Ryley snapped up his first-ever CIF individual swim in the 100 fly and wants to take the next step and advance to State finals.

A talented sophomore class elevated its star power with three talented transfers. **Daniel Fu** took full advantage of his varsity roster spot in 2022 to get a CIF consideration time in the 100 fly. An improved freestyle sprinter and IM swimmer, Daniel is a definition of versatility. **Matthew Kim** enjoyed a CIF swim in the 500 freestyle in his freshman year. Freshmen at CIF are rare sights making Matthew's accomplishment that much more impressive. **Adam Lee** transfers in with a CIF pedigree in the 200 and 500 freestyles. Adam's 4:37 in the 500 free makes him one of the top distance swimmers at CIF and he can take his talents all the way to state too. **Nicholas Lee** arrives from St. Francis HS where he qualified for CIF in the backstroke as a freshman. Nicholas has just dropped major time in the 100 and 200 freestyles and will be a factor at CIF this year. Potentially the transfer with the largest impact on CIF and State scoring is diver **Valentino Nieto**. Valentino is the defending CIF section diving champion and placed 7<sup>th</sup> at CIF State finals as a freshman.

Some fabulous freshmen begin their Eagle journey on varsity. **Carson Eich** already owns a 22-48-1:45 combo in the 50, 100, and 200 freestyles. A future Eagle sprinting great. **Sonit Joshi** cracked a 1:00 in the 100 breast and is ready to go sub-2:00 in the IM. Sonit will be a team captain in the years to come. **Chase Kim** is a 6'3" freshman sprinter with CIF and State potential. An unlimited future ahead of him. **Darren Nguyen** is the top fly-back combo swimmer in Orange County in the Class of 2026. That makes his IM dangerous too. **Nolan Weijland** swam a swift 4:47 in the 500, dropping 15 seconds from his prior PR. A few more seconds will give Nolan a CIF entry time. **Zachary Zhang** already is a 58 in the breast and has freestyle sprint times as well. To put the 58 in perspective, that is faster than the current school record holder's incoming freshman time in the breast.





# Eagles Girls Varsity

swim&dive

# 2023



NAME	CLASS	HEIGHT	EVENTS	NAME	CLASS	HEIGHT	EVENTS
Ellie Davis	Senior	5'8"	Butterfly, Breaststroke, IM	Nicole Christensen	Sophomore	5'4"	IM, Breaststroke, Distance
Leah Healy	Senior	5'5"	Backstroke, Butterfly, IM	Cameron Craycraft	Sophomore	5'3"	Diving
Asia Kozan	Senior	5'8"	Butterfly, IM, Sprints	Sammy Cummins	Sophomore	5'4"	Butterfly, Distance, IM
Lena Li	Senior	5'11"	Breaststroke, Butterfly, IM	Jenna Haigh	Sophomore	5'8"	Diving
Maggie McGuire	Senior	5'8"	Backstroke, Distance, IM	Giselle Hollis	Sophomore	5'10"	Distance, Sprints, Backstroke
Abby O'Sullivan	Senior	5'5"	Distance, Butterfly, IM	Morgan Hoppe	Sophomore	5'9"	Backstroke, Breaststroke, IM
Matilde Turrini	Senior	5'7"	Distance, Backstroke, Sprints	Audrey Lee	Sophomore	5'5"	Sprints, Butterfly, IM
Linda Yu	Senior	5'5"	Sprints, Distance, Butterfly	Victoria Mori	Sophomore	5'4"	Breaststroke, Butterfly, IM
Kaitlyn Krieb	Junior	5'10"	Sprints, Breaststroke, IM	Teagan O'Dell	Sophomore	6'0"	Backstroke, IM, Freestyle
Zoe Le	Junior	5'6"	Backstroke, Distance, IM	Caroline Powell	Sophomore	5'3"	Butterfly, Sprints, IM
Ariel Lin	Junior	5'5"	Sprints, Backstroke, Butterfly	Chloe Stinson	Sophomore	5'9"	Sprints, Butterfly, IM
Teia Salvino	Junior	5'9"	Sprints, Backstroke, Butterfly	Riley Covas	Freshman	5'8"	Diving
Charlie Spittle	Junior	5'7"	Diving	Kali Rankin Zelada	Freshman	5'3"	Distance, Butterfly, IM
Makenna Wilson	Junior	5'6"	IM, Butterfly, Backstroke	Kenna Stinson	Freshman	5'6"	Backstroke, Distance, IM
Gracyn Aquino	Sophomore	5'8"	Sprints, Backstroke, Distance	Sophia Zhu	Freshman	5'5"	Breaststroke, Butterfly, IM



Wow! That's an ideal word to describe the Girls Varsity 2022 season. Named Swimming World magazine and NISCA National Champions, a 3<sup>rd</sup> straight California State Championship, an 8<sup>th</sup> consecutive CIF title, and 22 Trinity League titles in a row and 2022 will be tough to top. Throw in a national record in the 400 free relay and 2022 will be one for the records book. And the 2023 team may be even better!

A dominant senior class begins with **Ellie Davis**. Ellie has developed into a CIF middle and distance freestyler with PR's of 1:57 and 5:17 in the 200 and 500 freestyles. Look for Ellie to sign with a college in the spring. **Leah Healy** makes the jump from Junior Varsity to Varsity in her senior year. Her dedication to the program and her stellar back, fly, and IM times earn Leah the slot. Arguably the most improved swimmer on the team, **Asia Kozan** has become one of the top 5 seniors in the Class of 2023. Now a 1:45 200 freestyler and a 1:57 time in the IM, Asia will contend for CIF and State individual titles. Another highly improved swimmer is senior **Lena Li**. Lena has dropped time in the free sprints to rank as one of the fastest sprinters in California. Auburn signee **Maggie McGuire** will conclude her career as one of the greatest backstroke swimmers in school history. A leader in and out of the pool, Maggie is a multi-All-American in the back and 500 free. Heading to the University of Notre Dame after this season, **Abby O'Sullivan** won the first 500 free CIF title in school history. Abby's 2022 season capped with a 2<sup>nd</sup> place finish at CIF State finals. **Matilde Turini** wraps up her Eagle career after earning her first CIF swim in the 100 back in 2022. Matilde will be swimming at the University of Chicago next Fall. **Linda Yu** made All-American in the 100 freestyle last season. One of the few swimmers in America that has gone under :51 in the 100, she is college-bound.

The junior class only has six members, but all have CIF talent. **Kaitlyn Krebs** moves up to the varsity from two seasons on JV after a throw-down Pentathlon performance. Kaitlyn has CIF speed in the 50 and 100 freestyles. **Zoe Le** is a backstroke specialist who has just broken the 1:00 barrier in the 100 back. Zoe now takes aim on earning a CIF spot this Spring. **Ariel Lin** earned CIF times in the 50 and 100 free last season and swam on the CIF and CIF State champion 200 free relay. Ariel has been working hard in the high school off-season and made her first Junior Nationals qualifying in the 50 free. One of the top 5 sprinters nationally in her class is **Teia Salvino**. Teia won double gold in the 50 free and 100 free at the State championships in 2022 and ripped a 21.71 relay split at Junior Nationals on the 4x50 free relay this past December. **Charlie Spittle** is the only returning diver at SM who participated at CIF. Charlie placed 9<sup>th</sup> at CIF D-1 finals and wants to advance to State this year. **Makenna Wilson** raced to a blistering 2:08.00 IM last year smashing her PR. Makenna has range to swim all disciplines in all distances.

The Super Sophomore class lived up to its billing last year and aims even higher in 2023. **Gracyn Aquino** emerged as one of the top freestyle sprinters in America last year. A double All-American

in the 50 and 100 free, Gracyn made two finals at CIF State. **Nicole Christensen** is a force in the IM and breaststroke events. Possessing State qualifying speed, Nicole is set to enjoy a stellar season in 2023. **Cameron Craycraft** just missed qualifying for CIF in her first year of diving in 2022. Much improved, Cameron can qualify for and score in CIF this season. **Sammy Cummins** broke the magic 5:00 barrier in the 500 freestyle to garner a lane at CIF finals. Sammy has speed in the IM and fly too and can add All-American accolades this year. **Jenna Haigh** has the diving skills to qualify for CIF and State this season. A diving star in the making. In a competitive field, **Giselle Hollis** stepped up and earned a CIF swim in the 200 freestyle. Her 1:51 in the 200 free at CIF Finals earned her a lane at the State championships. **Morgan Hoppe** has increased her repertoire to include backstroke and breaststroke. Her times in these events and the freestyle sprints earns Morgan a varsity slot. **Audrey Lee** paralleled Giselle in qualifying for CIF in the 200 free and advancing all the way to the State championships. A talented freestyler who could race the 50 equally as well as the 200, Audrey is set to have a stellar year. **Victoria Mori** may have grabbed the reigns of the fastest breaststroker on the team with her 1:04.9 last month. Victoria swam two races at CIF last year and just missed making the State standards—much improved since last season. **Teagan O'Dell** began making her case as the best swimmer in Santa Margarita history last year. Her freshman campaign saw her set two school records in the IM and back, and the now famous :47.7 leg on the equally famous national record in the 400 free relay. **Caroline Powell** has butterfly speed that rivals the top flyers in California. Caroline is also a sub 1:55 200 freestyler and will race for a spot at CIF this season. **Chloe Stinson** earned All-American and a spot at State finals in the 100 butterfly in 2022. Chloe has had a major breakthrough in her sprints hitting a PR in the 50 free with a :23.7 and rolling a :22.7 on a relay at Junior Nationals.

Freshman **Riley Covas** joins the Eagle dive team in her first year in the sport. Riley brings natural athleticism to the sport and will look to place at league finals. **Kali Rankin Zelada** brings club experience from the Swim Team and a 5:09 500 free PR. Her 500 time already ranks as a time that made CIF top 16 last year. **Kenna Stinson** is improving each time she swims and now is a sub-:59 100 backstroke swimmer and a 1:54 200 freestyler. Kenna eyes a CIF spot in the backstroke and score points at CIF. **Sophia Zhu** is improving rapidly and now stands at a 1:06 in the breaststroke. An accomplished flyer and IMer as well, Sophia has a bright future.





# Varsity Profiles

swim&dive

# 2023

## GRACYN AQUINO SOPHOMORE

Best Events	50 Free	100 Free	100 Back
	:23.09	:50.50	:55.50

Profile:	Second Year on Varsity
Varsity Experience:	2022 NISCA All-American 50 & 100 free
Swimming Honors:	2022 CIF State Qualifier 50 & 100 free
Coach Blancs Say:	"In her freshman campaign, Gracyn shocked the swimming world with State swims in the 50 and 100 free and a state title--200 FR. 2X All-American."



## NICOLE CHRISTENSEN SOPHOMORE

Best Events	100 Breast	200 IM	200 Free
	1:04.85	2:05.54	1:52.70

Profile:	Second Year on Varsity
Varsity Experience:	2022 CIF Qualifying Times IM & breast
Swimming Honors:	Futures Qualifier
Coach Blancs Say:	"Rising sophomore Nicole is poised for a break-out season after a summer of break-through long course races. She is so determined to make CIF and State."



## RILEY COVAS FRESHMAN

Best Events	Diving
	First Year Diving with SMCHS

Profile:	First Year on Varsity
Varsity Experience:	Dives for the Mission Viejo Nadadores
Diving Honors:	6th place finish at her first dive meet
Coach Blancs Say:	"Riley joins the Eagle dive team as a first-year diver. Already showing strong potential, Riley placed 6th at the Glenn McCormick Diving Invitational."





## CAMERON CRAYCRAFT

## SOPHOMORE

Best Events

Diving

League: 295.05--7th

Profile:

Varsity Experience:

Second Year on Varsity

Diving Honors:

Dives for the Mission Viejo Nadadores  
2022 CIF Consideration Score

Coach Blancs Say:

"Cameron had a successful first year in diving in 2022, just missing a CIF score. This year, Cameron is much improved and is focused on elevating her dive list."



## SAMANTHA CUMMINS

## SOPHOMORE

Best Events

500 Free      200 IM      100 Fly

4:59.56      2:06.54      :56.41

Profile:

Varsity Experience:

Second Year on Varsity

Swimming Honors:

2022 CIF Division 1--500 Freestyle  
#18 All-Time in SM History--500 free

Coach Blancs Say:

"We witnessed an incredible high school season for Sammy in 2022 with CIF in the 500. A versatile distance swimmer with power in the fly &amp; IM. State in '23."



## ELLIE DAVIS

## SENIOR

Best Events

500 Free      200 Free      100 Breast

5:16.32      1:57.69      1:08.91

Profile:

Varsity Experience:

Fourth Year on Varsity

Swimming Honors:

2023 Voted Team Captain  
2022 CIF Consideration 100 Fly

Coach Blancs Say:

"Senior captain Ellie Davis has seen a major time drop in her mid-distance free swims. With CIF potential in the 500, 200, and fly, Ellie has verballed to LMU."





## JENNA HAIGH SOPHOMORE

Best Events

Diving

League: 208.80--9th
---------------------

Profile:

Varsity Experience:

Second Year on Varsity

Diving Honors:

Dives for the Mission Viejo Nadadores Nationals qualifier

Coach Blancs Say:

"Jenna is one of the most talented divers in SM history and we look forward to seeing her have a healthy season. No limits for her diving future at CIF & State."



## LEAH HEALY SENIOR

Best Events

100 Back	100 fly	200 IM
:59.21	:59.37	2:10.59

Profile:

Varsity Experience:

First Year on Varsity

Swimming Honors:

2022 JV School/League Record--Back Sectionals qualifier

Coach Blancs Say:

"Senior Leah Healy gets the nod to move up to varsity. Her dedication and swim times in the back, IM, and fly earns her the roster spot. So proud of her career."



## GISELLE HOLLIS SOPHOMORE

Best Events

100 Free	200 Free	500 Free
:52.50	1:51.47	5:04.34

Profile:

Varsity Experience:

Second Year on Varsity

Swimming Honors:

2022 CIF State Qualifier--200 Free  
2022 CIF Division 1 Finalist--200 Free

Coach Blancs Say:

"A sophomore that possesses the rare experience of already swimming at CIF State, Giselle used her 200 free speed to get to State and threatens in the 500."







## MORGAN HOPPE

## SOPHOMORE

Best Events	50 Free	100 Free	100 Back
	:24.46	:53.11	:59.55

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

2022 JV League Records 50 &amp; 100 free

2022 JV School Records 50 &amp; 100 free

"Morgan enjoyed a swift debut with the Eagles in 2022 winning 2 races at JV league finals. A developing breast and back swimmer too--big hopes for '23!"



## KAITLYN KREB

## JUNIOR

Best Events	50 Free	100 Free	100 Fly
	:24.33	:53.19	1:00.17

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

2022 JV League Records--200/400 FR

2022 CIF Consideration--50 &amp; 100 free

"Few work harder and possess the work ethic of Kaitlyn. She's earned her chance to move up to varsity with her rapid 50 and 100 freestyle times, and fly too."



## ASIA KOZAN

## SENIOR

Best Events	200 Free	200 IM	100 Free
	1:45.80	1:57.60	:48.58

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2022 NISCA All-American 200 IM/500

2021 CIF Champion--200 Individual Medley

"Arguably the most improved high school swimmer in America, Asia now ranks as one of the fastest swimmers in SM history. She's signed with UC San Diego."

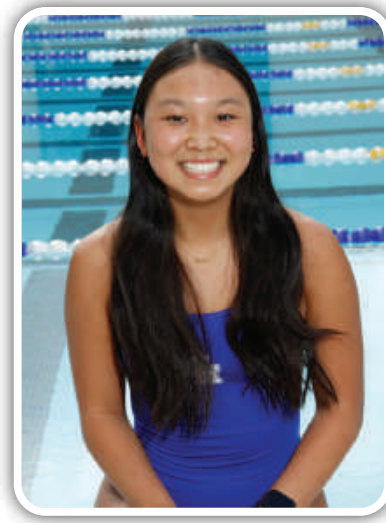




## ZOE LE JUNIOR

Best Events	100 Back	200 IM	500 Free
	:59.99	2:15.71	5:23.87

Profile:	First Year on Varsity
Varsity Experience:	2022 Trinity JV Champion--500 Free
Swimming Honors:	Sectionals Qualifier
Coach Blancs Say:	"Zoe makes the big jump from JV to varsity after a stellar JV career. Her backstroke times are CIF worthy and she enters elite sub-1:00 back status."



## AUDREY LEE SOPHOMORE

Best Events	50 Free	100 Free	200 Free
	:23.61	:51.11	1:50.45

Profile:	Second Year on Varsity
Varsity Experience:	2022 CIF State Qualifier--200 Free
Swimming Honors:	2022 NISCA All-American consid--200
Coach Blancs Say:	"Audrey advanced to both CIF finals and to the CIF State championship in her 1st year with SM. An elite all-around swimmer, Audrey can swim all HS events."



## LENA LI SENIOR

Best Events	100 Fly	100 Free	200 IM
	:55.96	:51.54	2:06.47

Profile:	Fourth Year on Varsity
Varsity Experience:	2022 CIF Consideration--IM and Fly
Swimming Honors:	2021 CIF Qualifier--100 Fly
Coach Blancs Say:	"One of the most improved swimmers on the team, Lena is a dominant free and fly sprinter looking to return to CIF. Lena has verballed to UC Santa Barbara."





## ARIEL LIN

## JUNIOR

Best Events	50 Free	100 Free	200 Free
	:23.36	:51.06	1:51.89

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2022 State Champion--200 Free Relay

2022 CIF Champion--200 Free Relay

"Ariel raced to a CIF state and CIF D-1 title as a member of the 200 free relay in '22. Making her first Junior Nationals in the 50, Ariel is much faster in 2023."



## MAGGIE MCGUIRE

## SENIOR

Best Events	100 Back	200 Free	500 Free
	:54.56	1:49.62	4:53.32

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Fourth Year on Varsity

2022 CIF State Qualifier--Back &amp; 500

2021 CIF Champion--100 Backstroke

"A 2-time team captain, Maggie has been a leader for Team Eagle for four years. A double CIF state qualifier in 22, Maggie will be an Auburn Tiger."



## VICTORIA MORI

## SOPHOMORE

Best Events	100 Breast	200 IM	100 Fly
	1:04.92	2:04.92	:56.39

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

2022 CIF Qualifier--100 Breaststroke

#20 All-Time at SMCHS in 100 Breast

"Victoria battled through a quick field of competitors to get a CIF swim in the 100 breast. Vastly faster this year, she can make state in multiple events."





# Varsity Profiles

swim&dive

# 2023

## TEAGAN O'DELL SOPHOMORE

Best Events	200 IM	100 Back	200 Free
	1:55.15	:51.86	1:43.94

Profile:	Second Year on Varsity
Varsity Experience:	2022 Swimming World #2 HS Swimmer
Swimming Honors:	2022 Orange County Swimmer of the Year
Coach Blancs Say:	"Teagan was phenomenal as a freshman in '22 breaking 4 schools records, with individual records in the IM and back. She had the #1 IM time in the U.S. in '22."



## ABBY O'SULLIVAN SENIOR

Best Events	500 Free	200 Free	200 IM
	4:48.67	1:50.17	2:02.58

Profile:	Fourth Year on Varsity
Varsity Experience:	2022 CIF D1 Champion--500 Freestyle
Swimming Honors:	2022 State Runner Up--500 Freestyle
Coach Blancs Say:	"Committed to the University of Notre Dame, Abby won her first individual CIF title in the 500 free. One of the best distance swimmers ever at SMCHS."



## CAROLINE POWELL SOPHOMORE

Best Events	100 Fly	200 Free	100 Free
	:56.27	1:53.49	:52.72

Profile:	Second Year on Varsity
Varsity Experience:	2022 CIF Consideration Time--100 Fly
Swimming Honors:	2022 League finalist 200 and 100 Fly
Coach Blancs Say:	"Caroline raced to her best times in the 100 butterfly and 200 freestyle in 2022. Just a sophomore year, Caroline already shows the dedication to make CIF in '23"





## KALI RANKIN ZELADA

## FRESHMAN

Best Events	500 Free	200 Free	200 IM
	5:09.85	1:59.83	2:14.34

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Swims for The Swim Team

Sectionals qualifier

"An exciting freshman brings a strong distance base to the team. Kali has CIF potential in the 500 free and is working hard to break the magic 5:00 barrier."



## TEIA SALVINO

## JUNIOR

Best Events	50 Free	100 Free	100 Back
	:22.06	:49.34	:53.36

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2022 State Champion--50 and 100 Free

2022 National Record--400 Free Relay

"No sprinter in America is swimming faster than Teia right now. A double CIF state champ in the 50 and 100, she raced to a 21.7 50 free relay split."



## CHARLIE SPITTLE

## JUNIOR

Best Events	Diving
	League 402.85--3rd CIF 422.70--9th

Profile:

Varsity Experience:

Diving Honors:

Coach Blancs Say:

Third Year on Varsity

2022 All-CIF Diving

Dives for the Mission Viejo Nadadores

"Charlie is the only returning SM diver to have qualified for CIF. She scored in the finals in 2022 and will be looked for leadership with the younger divers."





## CHLOE STINSON SOPHOMORE

Best Events	100 Fly	50 Free	100 Free
	:55.18	:23.63	:51.77

Profile:	Second Year on Varsity
Varsity Experience:	2022 State Qualifier--100 Butterfly
Swimming Honors:	2022 NISCA All-American--100 Butterfly
Coach Blancs Say:	"Chloe had an outstanding freshman year with an All-American time in the fly. Her freestyle sprints are faster and she has already done a 22.7 relay 50."



## KENNA STINSON FRESHMAN

Best Events	100 Back	200 Free	200 IM
	:58.58	1:54.25	2:10.59

Profile:	First Year on Varsity
Varsity Experience:	Swims for the Mission Viejo Nadadores
Swimming Honors:	Futures qualifier
Coach Blancs Say:	"Kenna brings tremendous speed in the back and IM events and can race the mid-distance freestyles too. Big goals for Kenna in '23 with CIF on the horizon."



## MATILDE TURRINI JUNIOR

Best Events	500 Free	200 Free	100 Back
	4:54.56	1:50.01	:57.63

Profile:	Third Year on Varsity
Varsity Experience:	2022 CIF Qualifier--100 Backstroke
Swimming Honors:	#17 All-Time SM History--100 Back
Coach Blancs Say:	"Matti enjoyed her first taste of CIF in her return year from Italy. She qualified for CIF in the 100 back after a year away from SM. Matti will swim at Chicago"





## MAKENNA WILSON

## JUNIOR

Best Events	200 IM	200 Free	100 Fly
	2:08.00	1:57.01	:59.73

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

2022 CIF Consideration Time--200 IM  
#26 All-Time SM History--200 IM

"Makenna had a break-out season last year with her best times in the IM, fly, and freestyle. Her 2:08.00 IM was CIF consideration and a top time at SMCHS."



## LINDA YU

## SENIOR

Best Events	50 Free	100 Free	100 Fly
	:23.52	:50.52	:55.61

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2022 NISCA All-American--100 Free  
2022 State Qualifier--100 Free

"Linda closed her junior year with a fast 100 free that qualified for State. A CIF D-1 championship finalist in the 100 free, colleges are highly interested."



## SOPHIA ZHU

## FRESHMAN

Best Events	100 Breast	100 fly	200 IM
	1:06.38	:58.82	2:10.52

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Swims for Evolution Racing Club  
Sectionals qualifier

"A freshman on the rise is Sophia Zhu. Sophia has improved her breaststroke and IM times considerably over the past year. Will aim for CIF and State in '23."





## JACOB CADAVAL SENIOR

Best Events	100 breast	200 Free	500 Free
	:57.63	1:45.37	4:44.89

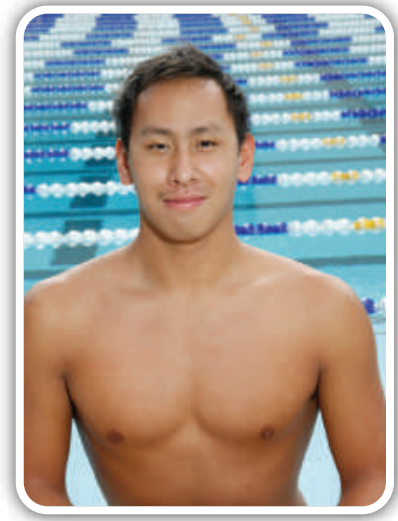
Profile:  
 Varsity Experience: Second Year on Varsity  
 Swimming Honors: 2022 CIF Qualifier--500 and 100 Breast  
 2021 CIF Finalist 100 Breaststroke  
 Coach Blancs Say: "After getting a taste of swimming at CIF last year, Jacob is looking to make CIF and State finals. His breaststroke and distance free are his best events."



## ALLEN CAI SENIOR

Best Events	100 Free	200 Free	50 Free
	:45.45	1:39.34	:20.95

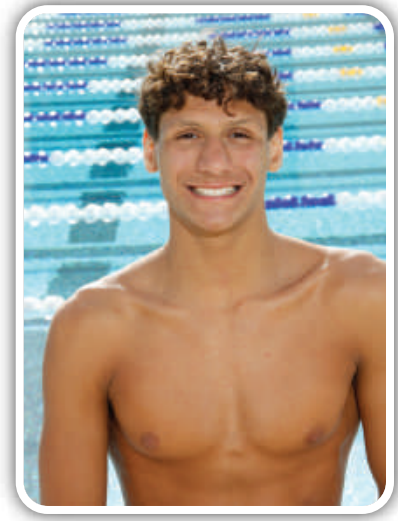
Profile:  
 Varsity Experience: Fourth Year on Varsity  
 Swimming Honors: 2022 State Qualifier--200 and 100 Free  
 2022 School Record--400 Free Relay  
 Coach Blancs Say: "A two-time team captain, Allen has had a four year varsity career to include 2 league and 2 CIF titles with one year to go. Air Force or Dartmouth for Allen."



## HUNTER CEHELNIK JUNIOR

Best Events	100 Free	200 Free	50 Free
	:44.79	1:38.86	:20.76

Profile:  
 Varsity Experience: Second Year on Varsity  
 Swimming Honors: 2022 NISCA All-American 100 Freestyle  
 2022 School Records--MR, 200 & 400 FR  
 Coach Blancs Say: "Colleges across the nation are pursuing Hunter after an incredible first year at SM. Hunter was named All-American in the 100 and set 3 relay school records."







## CARSON EICH

## FRESHMAN

Best Events	200 Free	100 Free	50 Free
	1:45.28	:48.63	:22.35

Profile:

Varsity Experience:

Swimming Honors:

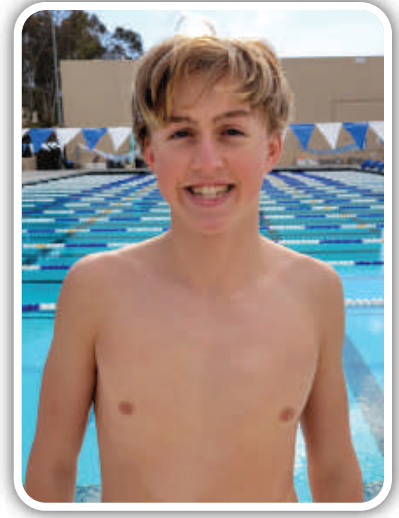
Coach Blancs Say:

First Year on Varsity

Swims for the Irvine Novas

Sectionals Qualifier

"One of the best young freestyle sprinters in CA, Carson is primed for a strong Eagle debut. With range up to the 500, look for CIF times in 2023."



## JADEN FICKLEN

## SENIOR

Best Events	200 Free	100 Free	50 Free
	1:38.57	:45.67	:21.36

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

2022 NISCA All-American 200 Freestyle

2022 School Record--400 Free Relay

"Jaden debut with SM swim was a dominant performance earning All-American in the 200 and a 2nd place finish at CIF State. Signed to swim at Michigan."



## DANIEL FU

## SOPHOMORE

Best Events	100 Fly	100 Back	100 Free
	:51.41	:54.33	:48.28

Profile:

Varsity Experience:

Swimming Honors:

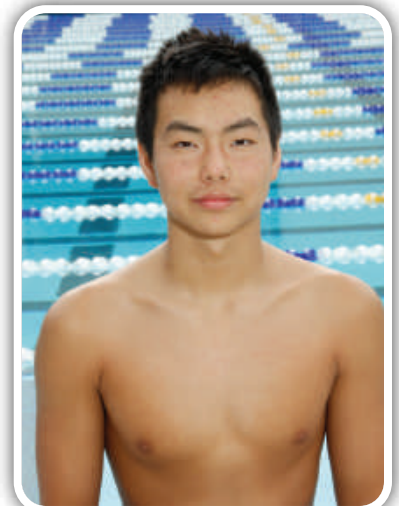
Coach Blancs Say:

Second Year on Varsity

2022 CIF Consideration--100 Butterfly

#22 All-Time SM History--100 Butterfly

"Daniel made the most of his opportunity to be on varsity last year. He improved so much that he took a varsity spot and earned a CIF consideration time in fly."





## DEAN FUJIMOTO JUNIOR

Best Events	100 Back	50 Free	200 Free
	:53.46	:22.39	1:46.78

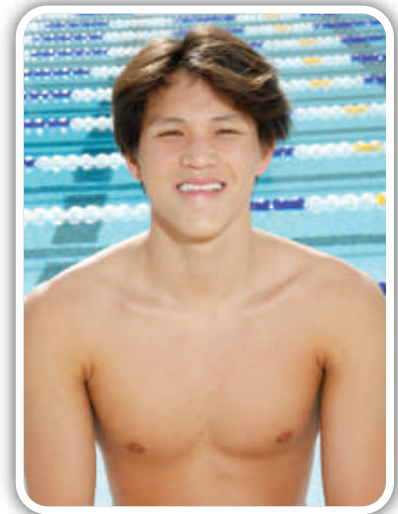
Profile:	Second Year on Varsity
Varsity Experience:	2022 Varsity Scholar Athlete award
Swimming Honors:	2022 JV School Record 50 Backstroke
Coach Blancs Say:	"Dean has grown leaps and bounds in his first 2 seasons with SM and is set to have a breakout year in '23. Dean is a top back swimmer with CIF aspirations."



## RAMON JIANG JUNIOR

Best Events	50 Free	100 Free	100 Back
	:20.75	:45.40	:48.82

Profile:	Third Year on Varsity
Varsity Experience:	2022 NISCA All-American--100 Back
Swimming Honors:	2022 School Record--100 Back, MR, 2FR
Coach Blancs Say:	"The best backstroke swimmer in SM history, Ramon swam 2 events at CIF State and set the new back standard. One of the top college recruits in '23."



## SONIT JOSHI FRESHMAN

Best Events	100 Breast	100 Fly	200 IM
	:59.52	:56.53	2:00.16

Profile:	First Year on Varsity
Varsity Experience:	Swims for the Irvine Novas
Swimming Honors:	Sectionals Qualifier
Coach Blancs Say:	"One of the most exciting prospects for the SM varsity this year is Sonit. Sonit has worked hard to break the magic 1:00 barrier in the 100 breast."





## TONY JU

## SENIOR

Best Events

100 Free	500 Free	200 Free
:45.29	4:29.99	1:39.37

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Fourth Year on Varsity

2022 NISCA All-American--200 Free

2022 School Record--200 &amp; 400 FR

"Tony commands the freestyle events and is ranked in the top 10 in SM history in multiple events. Tony aims to finish strong at State after qualifying in 2022."



## CHASE KIM

## FRESHMAN

Best Events

50 Free	100 Free	100 Breast
:23.11	:50.76	1:01.24

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Swims for the Irvine Novas

Sectionals Qualifier

"Chase has an unlimited future in the free sprints and breaststroke. One of the top 9th graders in the state, Chase will impress SM in '23."



## MATTHEW KIM

## SOPHOMORE

Best Events

200 IM	200 Free	500 Free
1:55.70	1:44.33	4:44.30

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

2022 CIF Qualifier--500 Freestyle

#33 All-Time SM History--500 Freestyle

"Matthew had an exciting SM debut in 2022 qualifying for CIF in the 500 free as a first year freshman. He looks to take even bigger strides this year in '23."





# Varsity Profiles

swim&dive

# 2023

## ADAM LEE SOPHOMORE

Best Events	500 Free	200 Free	100 Back
	4:37.93	1:40.74	:51.19

Profile:	First Year on Varsity
Varsity Experience:	Swims for the Irvine Novas
Swimming Honors:	2022 CIF Qualifier--200 & 500 Free
Coach Blancs Say:	"SM is blessed to see Adam transfer in from University HS to join forces with SM swim. A distance freestyle ace, Adam is a terrific addition to the Eagles."



## NICHOLAS LEE SOPHOMORE

Best Events	100 Back	200 Free	100 Free
	:52.10	1:41.50	:46.99

Profile:	First Year on Varsity
Varsity Experience:	Swims for the Mission Viejo Nadadores
Swimming Honors:	2022 CIF Qualifier--100 Backstroke
Coach Blancs Say:	"Transferring in from St. Francis HS, SM is proud to see Nicholas join the Eagles. A fast-improving freestyler and backstroker, high hopes for 2023."



## COLE MATSUOKA JUNIOR

Best Events	500 Free	200 Free	100 Free
	4:55.97	1:49.24	:49.96

Profile:	Second Year on Varsity
Varsity Experience:	2022 JV League Champ 500 Free
Swimming Honors:	Ranks Top 75 in SM history--500
Coach Blancs Say:	"Getting the call up from the JV, Cole earned a varsity letter last year and will be full-time varsity in '23. Cole is a star distance swimmer for SM."



**KELLER MORGAN****SENIOR**

Best Events

200 IM      100 Breast      100 Fly

1:47.21	:55.66	:48.94
---------	--------	--------

Profile:

Varsity Experience:

Swimming Honors:

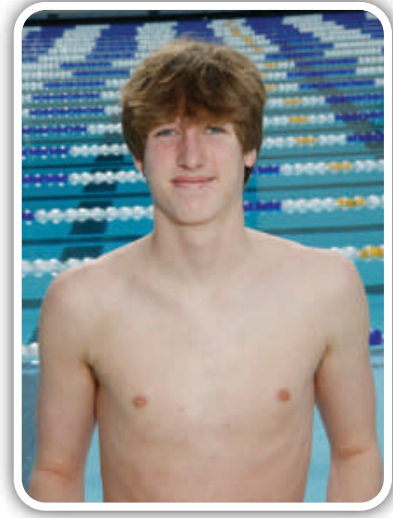
Coach Blancs Say:

Fourth Year on Varsity

2022 NISCA All-American--IM &amp; Breast

2022 CIF D-1 Champion--200 IM

"A USC Trojan sign-ee, Keller won the 2022 CIF title in the 200 IM. A multi-event All-American, Keller will go down as one of the best ever SM swimmers."

**HUMBERTO NAJERA****SENIOR**

Best Events

200 IM      200 Free      100 Back

1:46.62	1:38.31	:48.04
---------	---------	--------

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Fourth Year on Varsity

2022 NISCA All-American--200 IM

2021 CIF D-1 Champion--200 IM

"Humberto will graduate SM as one of the most versatile high school swimmers in the nation. He has signed with Cal and holds the school record in the IM."

**VALENTINO NIETO****SOPHOMORE**

Best Events

Diving

CIF 269.55--1st State 513.20--7th
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Profile:

Varsity Experience:

Diving Honors:

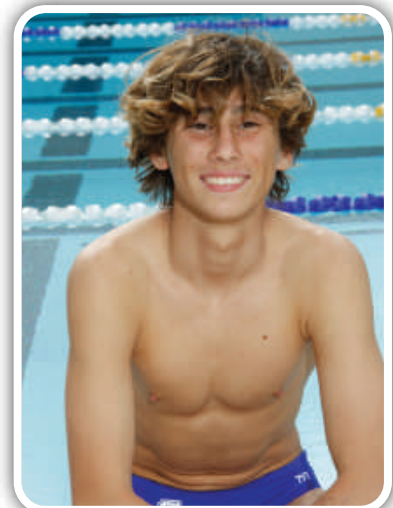
Coach Blancs Say:

First Year on Varsity

2022 CIF San Diego Section Champion

2022 State Finalist

"SM welcomes one of the top divers in the state with Valentino transferring in. Valentino won the San Diego CIF dive title and placed 7th at State finals."





## DARREN NGUYEN FRESHMAN

Best Events

100 Back	100 Fly	200 IM
:52.61	:51.27	1:59.66

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity
2022 State Qualifier--200 and 100 Free
2022 School Record--400 Free Relay
"A freshman with massive potential, Darren has the speed in fly, back, and IM immediately and improving free sprint speed. Future All-American."



## JACK NUGENT SENIOR

Best Events

100 Back	200 Free	100 Free
:50.30	1:40.92	:47.11

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Fourth Year on Varsity
2022 CIF Qualifier--200 Free & Back
2022 State Qualifier--100 Backstroke
"One of our senior captains, Jack has signed with UC Santa Barbara and ranks as one of the top SM backstrokers in history. Jack qualified for State in '22."



## DANIEL VERDOLAGA JUNIOR

Best Events

100 Fly	200 IM	100 Back
:47.75	1:48.30	:49.55

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity
2022 NISCA All-American--IM & Fly
2022 School Record--200 Medley Relay
"A two-time All-American and powerful flyer and IMer, Daniel is getting faster in every event including free. He is verbally committed to Army swim."





## NOLAN WEIJLAND

## FRESHMAN

Best Events

500 Free	100 Breast	200 IM
----------	------------	--------

4:47.71	1:01.29	2:02.06
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Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Swims for the Mission Viejo Nadadores  
Futures Qualifier"Nolan is getting faster each time  
he swims and has become a distance  
prospect. A CIF swim is just a few  
seconds away for this freshman."

## NATHAN WU

## JUNIOR

Best Events

100 Breast	200 IM	500 Free
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:55.32	1:50.17	4:38.66
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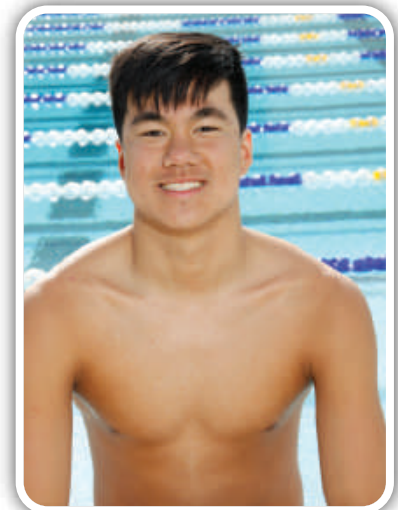
Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2022 CIF Qualifier--200 IM & Breast  
Junior Nationals Qualifier"Nathan is much improved this past HS  
off season as is ready for a spectacular  
2023 season. Nathan's IM and breast  
times rank him among the U.S. elite."

## JACKY XING

## SENIOR

Best Events

100 Breast	200 IM	100 Fly
------------	--------	---------

:55.81	1:53.30	:50.53
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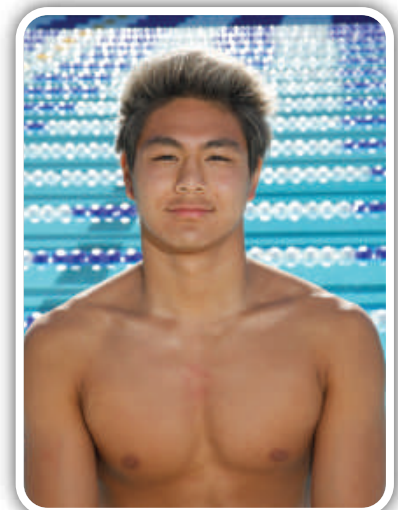
Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Fourth Year on Varsity

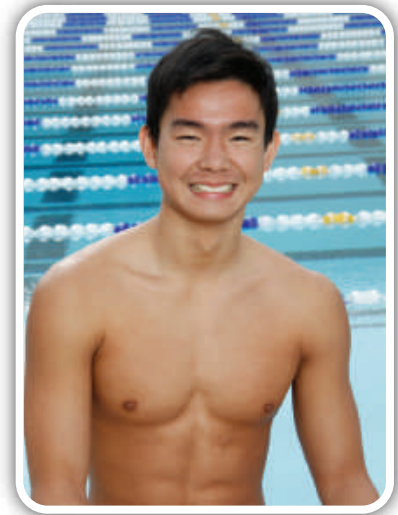
2022 State Qualifier--100 Breaststroke  
2022 CIF Qualifier--100 Breaststroke"Jacky is the #2 breaststroke swimmer  
in school history and advanced to the  
State finals last year. He wants to end  
his SM career on a championship note."



## JERRY YAN JUNIOR

Best Events	100 Fly	100 Back	100 Free
	:48.92	:50.27	:46.03

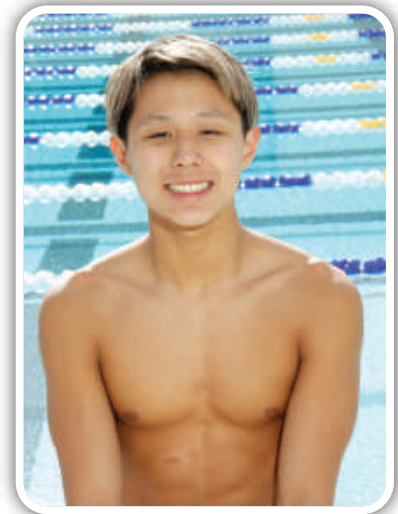
Profile:	Third Year on Varsity
Varsity Experience:	2022 State Qualifier--100 Fly & Back
Swimming Honors:	2022 NISCA All-American--100 Butterfly
Coach Blancs Say:	"Jerry earned his first All-American time in the 100 fly and advanced to State in the fly and back. One of the best flyers in America, Jerry is big time sprinter too."



## RYLEE YOO JUNIOR

Best Events	100 Fly	100 Breast	200 IM
	:51.48	:59.53	1:56.00

Profile:	Second Year on Varsity
Varsity Experience:	2022 CIF Qualifier--100 Butterfly
Swimming Honors:	#17 All-Time SM History--100 Butterfly
Coach Blancs Say:	"Rylee enjoyed a successful first year with SM swimming after transferring in in 2022. Rylee qualified for CIF in the 100 fly and now is aiming for CIF state."



## ZACHARY ZHANG FRESHMAN

Best Events	100 Breast	200 IM	100 Free
	:58.38	2:00.58	:51.40

Profile:	First Year on Varsity
Varsity Experience:	Swims for the Irvine Novas
Swimming Honors:	Futures Qualifier
Coach Blancs Say:	"Zach is taking the swimming world by storm with massive time drops in the breast and IM. A spectacular future awaits Zach with SM swim."







### Girls Varsity

200 Medley Relay	Macky Hodges, Teagan O'Dell, Justina Kozan, Lindsay Ervin	1:39.04@	2022
200 Freestyle	Katie McLaughlin	1:43.01@	2015
200 Individual Medley	Teagan O'Dell	1:55.15	2022
50 Freestyle	Anicka Delgado	:22.54	2019
100 Butterfly	Katie McLaughlin	:51.53*	2015
100 Freestyle	Katie McLaughlin	:48.69	2015
500 Freestyle	Mackenzie Degn	4:46.62	2019
200 Freestyle Relay	Anicka Delgado, Marriott Hoffmann, Mackenzie Degn, Samantha Shelton	1:31.47@	2018
100 Backstroke	Teagan O'Dell	:52.27	2022
100 Breaststroke	Isabelle Odgers	1:01.82	2018
400 Freestyle Relay	Macky Hodges, Teia Salvino, Teagan O'Dell, Justina Kozan	3:14.80*	2022
Diving	Alexandra Barnes	576.55	2019

### Boys Varsity

200 Medley Relay	Ramon Jiang, Keller Morgan, Daniel Verdolaga, Hunter Cehelnik	1:30.08@	2022
200 Freestyle	Grant Shoults	1:33.26*	2016
200 Individual Medley	Humberto Najera	1:47.26	2021
50 Freestyle	Phillipe Demers	:20.54	1997
100 Butterfly	Grant Shoults	:48.11	2016
100 Freestyle	Grant Shoults	:44.80	2016
500 Freestyle	Grant Shoults	4:12.87*	2016
200 Freestyle Relay	Jerry Yan, Hunter Cehelnik, Tony Ju, Ramon Jiang	1:23.22	2022
100 Backstroke	Ramon Jiang	:49.13	2022
100 Breaststroke	Keller Morgan	:55.66	2022
400 Freestyle Relay	Hunter Cehelnik, Allen Cai, Jaden Ficklen, Tony Ju	3:01.96@	2022
Diving	Nicholas Leavell	599.55	2019

\* National High School Record

@ Orange County Record



### Olympic Trials

- Phillipe Demers–1996, 2000
- Frank Uxa–2000
- Matt Martin–2000
- Meagan Brown–2008
- Conor Murphy–2012
- Katie McLaughlin–2012, 2016, 2021
- Mackenzie Degn–2016
- Isabelle Odgers–2016, 2021
- Kahley Rowell–2016
- Grant Shoults–2016, 2021
- Samantha Shelton–2016
- Chris Taber–2016
- Noah Brune–2021
- Ella Ristic–2021
- Justine Kozan–2021
- Macky Hodges–2021
- Anicka Delgado–2021

### Class of 1991

- Kevin Henricks–Auburn (swim)

### Class of 1994

- Paul Ferguson–Air Force (polo)
- Brendan Herlihy–Denison (swim)

### Class of 1995

- Lisa Henningsen–Saddleback (swim)
- Brooke Martin–USC (swim)
- Cassandra Sanders–USC (polo)

### Class of 1996

- Stephen Ferguson–Long Beach St. (polo)
- John Peterson–LMU (swim)
- Caroline Staub–Cal (polo)

### Class of 1997

- Phillipe Demers–USC (swim)
- Julie Egus–Cal Baptist (polo)
- Katie Ferguson–Cal Baptist (polo)
- Siobhan Herlihy–Peperdine (swim)
- Matt Martin–Purdue (swim)
- Marianne Scheil–Saddleback (swim)
- Matt Shipstead–Air Force (swim)
- Trevor Walsh–Princeton (polo)

### Class of 1998

- Chris Ansevin–George Washington (polo)
- Andrew Jensen–LMU (polo)
- Justin Kroeze–USC (polo)
- Ryan Peterson–UC Santa Cruz (swim)
- Tyler Wilson–Dartmouth (polo)
- Frank Uxa–Cal (swim)



Jeni Griffin '17

### Class of 1999

- Laurie Egus–Saddleback (swim)
- James Major–Saddleback (swim)
- Kristen Marquis–Texas (dive)
- Dominique Rash–Brown (polo)
- Lauren Roberts–LMU (swim)



Katie McLaughlin '15

### Class of 2000

- Kristin Buhagiar–UCI (swim)
- Alex DeRubira–Bowdoin (swim)
- Jamie Kroeze–LMU (polo)
- Erin McKeon–USC (dive)
- Becca Peterson–LMU (polo)
- Rachelle Routsong–BYU (dive)
- Alicia Sayles–Saddleback (swim)
- Pia Tomescu–Mary Washington (swim)

### Class of 2001

- Katy Kunkel–UCSB (polo)
- Clare Peyrebrune–Michigan (polo)
- Edmund Herlihy–Pacific (swim)
- Jonathan Russell–Pacific (swim)
- Harris Radie–UCSB (swim)
- Lindsay Vaughn–Pacific (polo)



**Class of 2002**

Brooke Chamberlain–Cal Poly SLO (swim)  
 Michele Gonzalez–UCSB (swim)  
 Kristina Kunkel–UCLA (polo)  
 Shannon McKeon–UCI (dive)  
 Darcy Mulhaupt–UCSB (polo)  
 Shannon Packard–Northern Arizona (swim)  
 Joaquin Pelaez–Rochester Instit. (swim)  
 Mike Cavander–Colorado (swim)  
 Nick Nolan–UCLA (polo)  
 Matt Sabatasso–Cal Poly SLO (swim)

**Class of 2003**

Erika Figge–USC (polo)  
 Sarah Hamilton–LMU (polo)  
 Jaime Hosner–North Texas (swim)  
 Aimee Stachowski–UCSB (polo)  
 Stephanie Scott–UCSB (swim)  
 Kacy Kunkel–UCLA (polo)  
 Erica Welch–Chapman (polo)  
 Cutberto Hernandez–LMU (polo)  
 Bryan Kelley–Redlands (swim)  
 Tommy Markel–Pacific (polo)

**Class of 2004**

Brittany Hosner–North Texas (swim)  
 Anne Markel–LMU (polo)  
 Alisa Rodriguez–Saddleback (polo)  
 Morgan Tharpe–Saddleback (polo)  
 Taylor Smith–Chapman (polo)  
 Christina Maher–Sonoma St. (polo)  
 Ryan Archdeacon–Johns Hopkins (swim)  
 Bryce Cullinane–Stoneybrooke (swim)  
 Toshi Kido–Middlebury (swim)



Tommy Jankovich '09, Garrison Nauman '10, Mike Tran '09, Mark Reese '09

**Class of 2005**

Mary Cousineau–USC (polo)  
 Kristin Palase–LMU (polo)  
 David Husen–UCSB (polo)  
 Julien Lomant–LMU (polo)

**Class of 2006**

Darby Anderson–Cal (polo)  
 Trudy Chancellor–UCI (polo)  
 Caitlin Atkinson–San Diego St. (dive)  
 Devonie Miguez–Pacific (swim)  
 Katie Whitchart–Naval Academy (swim)  
 Eric Babbitt–Wooster (swim)  
 Brett Chamberlain–UCSB (swim)  
 Hannah Feldman–Saddleback (polo)



Erika Figge '03

**Class of 2007**

Alliso Beck–Maryland (polo)  
 Mark Connor–Fordham (polo)  
 Stephanie Lavayen–USC (polo)  
 Eric Macey–Cal Maritime (polo)  
 Amanda Nauman–Stevens Instit. (swim)  
 Ashley Novack–San Diego St. (polo)  
 Stephanie Peckham–Cal (polo)  
 Jessica Stevenson–Marist (polo)  
 Rickey Wilson–SMU (swim)

**Class of 2008**

Kacey Anderson–Cal (polo)  
 Meagan Brown–UC Santa Barbara (swim)  
 Lorenzo Cadiz–Saddleback (swim)  
 Breanna Gordon–Denison (swim)  
 Stephen Hansen–Saddleback (swim)  
 Sara Joseph–Indiana (polo)  
 Mike Lockett–Custa (polo)  
 Ryan Morasse–Saddleback (swim)  
 Tyler Simmons–Concordia (polo)



Kimmy Woolfenden & Caitlin Caruso '19

**Class of 2009**

Tommy Jankovich–SMU (swim)  
 Joseph Kalb–Puget Sound (swim)  
 Aaron Babbitt–Coe College (swim)  
 Ross Kirkbaumer–George Washington (polo)  
 Mark Reese–SMU (swim)  
 Michael Tran–Denison (swim)



### Class of 2010

Alex Delaney–Columbia (swim)  
 Samantha Goff–Villanova (polo)  
 Dani Lombardi–Chapman (swim)  
 Kahley Rowell–Cal (dive)  
 Kassandra Smith–LMU (polo)  
 Sarah Tennis–Villanova (polo)  
 Rutger Choquehuanca–LMU (polo)  
 Conor Murphy–Indiana (dive)  
 Garrison Nauman–Arizona (swim)



Allison Plamondon '17

### Class of 2011

Mackenzie Beck–LMU (polo)  
 Carina Carballo–San Diego St. (polo)  
 Shannon Mack–Pacific (swim)  
 Tyler Jankovich–OCC (swim)  
 Chad Naughton–Concordia (swim)  
 Tony Vuona–UCI (polo)

### Class of 2012

Izzy Choquehuanca–San Diego St. (dive)  
 Kellie Fecarotta–Duquense (swim)  
 Megan Gehrich–Fordham (swim)  
 Olivia Romo–Goldenwest (swim)  
 Pablo Carballo–UCI (polo)  
 Collin Latham–Florida Southern (swim)  
 Kyle Olson–Saddleback (swim)  
 Alex Simmons–Cal Lutheran (swim)

### Class of 2013

Tessa deRecat–Sonoma St. (polo)  
 Emily Loughlin–Cal (polo)  
 Morgan Martinez–UCI (polo)  
 Jackie Villarreal–San Diego St. (polo)  
 Stephen Riggins–UCLA (polo)  
 Riley Smith–LMU (polo)



Emily Boggess '16

### Class of 2014

Kacey Avalos–Cal (polo)  
 Kelli Baumgardner–UCI (polo)  
 Diana Carballo–Marist (polo)  
 Lizzie Devitt–Duke (swim)  
 Payton Gabris–San Diego St. (dive)  
 Emily Gibson–Cinnccinatti (swim)  
 Roxy Markus–Saddleback (swim)  
 Raquel Remick–Arizona St. (swim)  
 Megan Roby–UC Santa Cruz (swim)  
 Jax Shoults–UCLA (swim)  
 Haley Wan–Princeton (polo)  
 Annie Whelan–USC (dive)  
 James Betz–Stevens Instit. (swim)  
 Max Cervera–Goldenwest (swim)  
 Chandler Kaltenbach–Long Beach St. (polo)  
 Troy Kaltenbach–Long Beach St. (polo)  
 Sage Pfeiffer–LMU (polo)  
 Axel Reed–Chapman (swim)  
 Chris Taber–Utah (swim)  
 Logan Wright–Redlands (swim)



Andrea Laliena '15

### Class of 2015

Sydney Franzen–Rice (swim)  
 Audrey Johnstone–Emmanuel (swim)  
 Andrea Laliena–Cal Baptist (swim)  
 Katie McLaughlin–Cal (swim)  
 Abigael McShane–Providence (swim)  
 Spencer Lupin–Peperdine (polo)  
 Aaron Magazine–Towson (swim)  
 Jerod Magazine–Providence (swim)  
 Sam Slobodien–USC (polo)

### Class of 2016

Emily Boggess–UCSB (swim)  
 Taylor Calaiacovo–Chapman (swim)  
 Kristi Fecarotta–Boston College (swim)  
 Maureen McShane–Lafayette (swim)  
 Patricia Noble–Concordia (swim)  
 Austin Clark–LMU (polo)  
 Marc Morizono–Cornell (swim)  
 Alex Piecuch–Navy (polo)  
 Grant Shoults–Stanford (swim)



Ella Ristic '20

**Class of 2017**

Jack Baumgardner–UCI (polo)  
 Daniel Fang–Willamette (swim)  
 Zach Lebovic–Lewis & Clark (swim)  
 Kyle Monteleone–Lewis & Clark (swim)  
 Alexander Qu–Chicago (swim)  
 Kaikea Wilinski–Holy Cross (swim)  
 Lucia Carballo–San Diego St. (polo)  
 Julia Ferrara–Babson (swim)  
 Jeni Griffin–Tulane (swim)  
 Paige Gohr–Georgia Tech (dive)  
 Vicki Ochoa–Cal Baptist (polo)  
 Allison Plamondon–Seattle (swim)



Isa Odgers '18

**Class of 2018**

Aiden Asuncion–Duong–Babson (swim)  
 Jackson Odgers–USC (swim)  
 AJ Rossman–Stanford (polo)  
 Jacob Wright–UC Davis (polo)  
 Londen Christensen–UC Davis (dive)  
 Marriott Hoffmann–UCSB (swim)  
 Caroline Needell–Amherst (swim)  
 Isa Odgers–USC (swim)  
 Bela Patino–George Washington (swim)  
 Samantha Shelton–Harvard (swim)  
 Joelle Weltner–Cal Poly SLO (dive)  
 Jordan Werkmeister–San Diego St. (polo)



Anicka Delgao '20

**Class of 2019**

Caitlin Caruso–Seattle (swim)  
 Kimmy Woolfenden–Air Force (swim)  
 Mackenzie Degn–Cal Baptist (swim)  
 Miranda Renner–UC San Diego (swim)  
 Alexander Ness–Biola (swim)  
 Jack Forsythe–Redlands (swim)  
 Kevin Tu–Penn (swim)  
 Nicholas Leavell–Michigan (dive)



Grant Shoults '16

Noah Brune–Harvard (swim)  
 Yurian Quinones–Princeton (polo)  
 Jacob Marquez–UC San Diego (polo)

**Class of 2020**

Ella Ristic–Indiana (swim)  
 Mia Ristic–Indiana (swim)  
 Anicka Delgado–USC (swim)  
 Natalie Oien–UCSD (swim)  
 Josette Odgers–UCSD (swim)  
 Katie Nugent–UCSB (swim)  
 Kayla Haigh–Cal (dive)  
 Alexandra Bames–Wisconsin (dive)  
 Bailey Woinarowicz–LMU (swim)  
 Junie Carlos–Cal Poly SLO (swim)  
 Mike Maurer–Biola (swim)  
 Harry Needell–Trinity (swim)

**Class of 2021**

Connor Cohen–Pepperdine (polo)  
 Miles Fujimoto–Chapman (swim)  
 Alexandru Ispas–Northwestern (swim)  
 Jack McHenry–Saddleback (swim)

**Class of 2022**

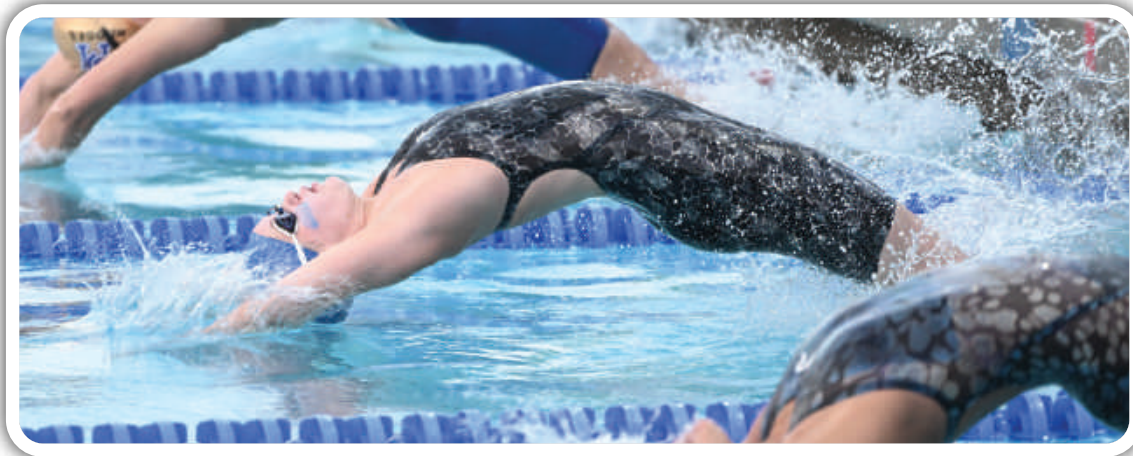
Ian Asuncion–Duong–Air Force (dive)  
 Isabella Abrajan–Duke (swim)  
 Lindsay Ervin–Northwestern (swim)  
 Abby Isaly–Cal Poly SLO (swim)  
 Justina Kozan–USC (swim)  
 Julia Stafford–Notre Dame (swim)  
 Carly McMurray–UCLA (polo)  
 Zach Cwiertnia–Pepperdine (polo)



**Nicole Christensen** has All-American speed in the IM.



Junior **Teia Salvino** is a top 5 U.S.A. sprinter.



**Teagan O'Dell** was named the #2 high school swimmer in the U.S. in 2022—in her freshman year.



**Giselle Hollis** made State in the 200 freestyle.



Soph. **Gracyn Aquino** was a double All-American in '22.



**Victoria Mori** is one of the top breaststroke swimmers in CA



Soph. **Chloe Stinson** is an All-American flyer.



All-CIF swimmer **Matilde Turrini** aims to repeat those swims in her senior year.



**Audrey Lee** is a State 200 freestyler from 2022.



Freshman **Kenna Stinson** has unlimited future in the back.



Senior **Jacob Cadaval** has CIF experience.



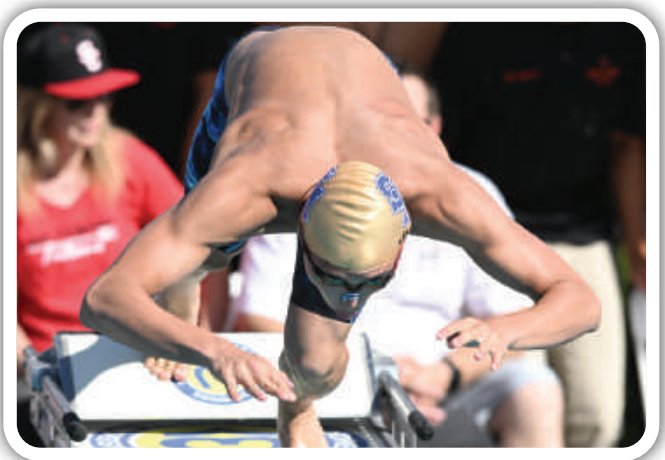
**Hunter Cehelnik** made All-American in the 100.



Senior captain **Allen Cai** swims the 400 free relay at CIF in 2022.



Frosh **Sonit Joshi** is making waves in IM and breast.



**Ramon Jiang** rockets off the block at CIF in 2022.





**Nathan Wu** will take a swing at the 100 breast record.



All-CIF **Matthew Kim** is progressing on his freestyle.



Junior **Ryley Yoo** qualified for CIF in the 100 butterfly in 2022.



Newcomer **Adam Lee** has All-American potential.



USC-bound **Keller Morgan** dominates his races.



# 2023 CIF Standards

swim&div

# 2023

Boys Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:35.59	1:45.21	1:39.98	1:46.08	1:45.90	1:53.31	2:02.88	2:18.21
200 Freestyle	1:40.92	1:46.46	1:43.30	1:49.43	1:47.01	1:58.90	2:06.16	2:26.22
200 Individual Medley	1:53.20	2:01.64	1:57.24	2:06.01	2:03.88	2:16.17	2:21.62	2:53.54
50 Freestyle	:21.12	:22.40	:21.84	:22.82	:22.33	:23.74	:23.71	:26.74
100 Butterfly	:50.23	:53.67	:51.41	:55.89	:53.79	:59.02	1:01.40	1:15.70
100 Freestyle	:46.43	:48.71	:47.60	:50.21	:48.96	:52.44	:55.00	1:01.13
500 Freestyle	4:39.02	4:55.18	4:42.61	5:10.37	5:00.39	5:38.02	5:43.25	6:47.94
200 Freestyle Relay	1:26.14	1:34.01	1:29.88	1:34.76	1:33.36	1:39.00	1:46.92	1:56.32
100 Backstroke	:51.05	:56.31	:53.63	:57.87	:58.24	1:04.06	1:07.52	1:20.69
100 Breaststroke	:57.41	1:01.41	:59.83	1:03.62	1:02.80	1:09.39	1:11.44	1:22.19
400 Freestyle Relay	3:10.05	3:25.82	3:15.68	3:23.14	3:25.44	3:41.73	4:01.15	4:51.10
Diving (11 Dives)	DD 22.5	DD 20.5	DD 22.1	DD 19.8	DD 20.9	DD 18.8	DD 20.9	DD 18.8

Girls Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:49.07	2:00.47	1:52.93	2:02.38	1:59.95	2:09.14	2:19.08	2:34.61
200 Freestyle	1:52.16	1:58.69	1:56.87	2:07.29	2:02.25	2:13.47	2:17.79	2:37.67
200 Individual Medley	2:06.45	2:15.20	2:11.32	2:22.50	2:20.66	2:31.39	2:42.60	3:03.69
50 Freestyle	:24.22	:25.37	:24.70	:26.18	:25.30	:27.05	:28.00	:30.69
100 Butterfly	:56.21	1:00.65	:58.06	1:03.88	1:02.58	1:08.42	1:12.47	1:26.81
100 Freestyle	:52.01	:55.43	:53.28	:56.96	:56.13	:59.51	1:02.58	1:09.95
500 Freestyle	5:06.59	5:25.56	5:15.25	5:47.11	5:29.23	6:07.66	6:24.27	7:16.77
200 Freestyle Relay	1:38.38	1:52.50	1:41.71	1:50.44	1:48.39	1:54.29	2:00.99	2:12.32
100 Backstroke	:57.98	1:02.00	:59.83	1:05.61	1:03.86	1:09.63	1:13.79	1:27.70
100 Breaststroke	1:05.78	1:10.62	1:07.03	1:13.28	1:11.39	1:19.91	1:18.17	1:28.18
400 Freestyle Relay	3:36.04	3:56.72	3:44.40	4:01.95	3:55.01	4:17.50	4:34.24	5:15.31
Diving (11 Dives)	DD 22.5	DD 20.5	DD 22.1	DD 19.8	DD 20.9	DD 18.8	DD 20.9	DD 18.8



Jack Nugent qualified for CIF and earned a swim at the CIF State Championships in 2022.

## Boys

## Girls

Auto.	Consid.	Event	Auto.	Consid.
1:32.90	1:34.48	200 Medley Relay	1:44.25	1:46.16
1:38.42	1:40.06	200 Freestyle	1:48.76	1:50.56
1:49.41	1:51.52	200 Individual Medley	2:01.46	2:03.55
:20.49	:20.87	50 Freestyle	:23.17	:23.53
:48.72	:49.77	100 Butterfly	:54.39	:55.48
:44.86	:45.67	100 Freestyle	:50.17	:51.00
4:28.76	4:33.05	500 Freestyle	4:52.54	4:57.06
1:24.50	1:25.77	200 Freestyle Relay	1:35.33	1:36.73
:49.09	:50.24	100 Backstroke	:54.75	:55.83
:55.65	:56.83	100 Breaststroke	1:02.58	1:03.75
3:05.78	3:08.49	400 Freestyle Relay	3:27.49	3:30.90
375.0 Points	D.D. 13.3	Diving	375.0 Points	D.D. 13.0

The 2023 NISCA All-American list will recognize the top 100 athletes nationally in each event as All-Americans.



Senior **Linda Yu** earned her third All-American time in 2022 with her :50.86 in the 100 freestyle.



# CIF Relay Meet School Records

swim&dive

# 2023

Boys Varsity				Girls Varsity			
4 X 100 IM	Jack Nugent	:55.09	<b>2020</b>	Macky Hodges	:56.57	<b>2022</b>	
	Keller Morgan	:52.63		Isabella Abrajan	:58.25		
	Humberto Najera	:53.29		Asia Kozan	:56.62		
	L. Morales-Ostergaard	:51.86		Justina Kozan	:55.62		
		<u>3:32.87</u>			<u>3:47.06</u> *		
6 X 50 Freestyle	Jack Forsythe	:22.76	<b>2017</b>	Anicka Delgado	:23.78	<b>2017</b>	
	Jackson Odgers	:22.15		Jeni Griffin	:24.62		
	Alexander Ness	:22.62		Allison Plamondon	:24.70		
	Cody Henmi	:22.45		Marriott Hoffmann	:23.70		
	Evan Czaja	:22.43		Mackenzie Degn	:23.66		
	AJ Rossman	:20.92		Samantha Shelton	:23.15		
	<u>2:13.33</u>		<u>2:23.61</u> *				
4 X 50 Breast	Jackson Odgers	:28.72	<b>2017</b>	Miranda Renner	:30.43	<b>2018</b>	
	Evan Czaja	:29.64		Kimmy Woolfenden	:30.90		
	Cody Henmi	:27.86		Caitlin Caruso	:31.04		
	Alexander Qu	:25.95		Isabelle Odgers	:29.75		
	<u>1:52.17</u>		<u>2:02.12</u> *				
4 X 50 Butterfly	Marc Morizono	:23.69	<b>2014</b>	Bela Patino	:26.44	<b>2018</b>	
	Axel Reed	:24.37		Miranda Renner	:25.74		
	Chris Taber	:23.16		Mia Ristic	:25.30		
	Grant Shoults	:22.59		Anicka Delgado	:24.31		
	<u>1:33.81</u>		<u>1:41.79</u> *				
4 X 50 Back	AJ Rossman	:24.19	<b>2017</b>	Macky Hodges	:27.02	<b>2020</b>	
	Alexander Ness	:25.26		Maggie McGuire	:26.05		
	Kyle Monteleone	:23.43		Isabella Abrajan	:25.49		
	Kevin Tu	:22.94		Mia Ristic	:25.53		
	<u>1:35.82</u>		<u>1:44.09</u> *				
4 X 100 Freestyle	Grant Shoults	:45.64	<b>2015</b>	Ella Ristic	:51.00	<b>2017</b>	
	Spencer Lupin	:48.59		Mackenzie Degn	:51.44		
	Scott Reese	:49.10		Anicka Delgado	:50.47		
	Marc Morizono	:46.67		Samantha Shelton	:50.97		
	<u>3:10.00</u>		<u>3:23.88</u>				
4 X 50 Medley	Kevin Tu	:24.28	<b>2017</b>	Andrea Laliena	:27.38	<b>2015</b>	
	Alexander Qu	:25.74		Amy Qin	:30.50		
	Kyle Monteleone	:23.22		Katie McLaughlin	:23.85		
	Jack Forsythe	:22.34		Samantha Shelton	:23.94		
	<u>1:35.58</u>		<u>1:45.67</u> *				

\* CIF Record





## Girls 200 Medley Relay

1	1:39.04	2022	M. Hodges	:25.19	T. O'Dell	:27.75	J. Kozan	:23.72	L. Ervin	:22.38
2	1:42.38	2015	A. Laliena	:27.10	A. Qin	:29.41	K. McLaughlin	:23.44	S. Shelton	:22.43
3	1:42.57	2021	M. Hodges	:25.46	M. LeVine	:29.83	I. Abrajan	:24.17	L. Ervin	:23.11
4	1:42.62	2018	E. Ristic	:26.11	I. Odgers	:28.56	M. Ristic	:24.69	M. Hoffmann	:23.26
5	1:43.20	2019	I. Abrajan	:26.14	K. Nugent	:29.31	M. Ristic	:24.50	J. Odgers	:23.25
6	1:43.86	2017	E. Ristic	:26.07	I. Odgers	:29.47	M. Ristic	:25.50	M. Hoffmann	:22.92
7	1:45.50	2013	J. Shoults	:27.23	E. Gibson	:29.25	R. Remick	:25.36	A. Johnstone	:23.66
8	1:45.60	2014	A. Laliena	:27.11	E. Gibson	:29.30	R. Remick	:25.06	C. Barry	:24.13
9	1:46.05	2020	M. McGuire	:27.27	K. Nugent	:30.69	M. Ristic	:24.84	L. Ervin	:23.25
10	1:47.45	2016	A. Plamondon	:28.03	I. Odgers	:29.79	I. Patino	:26.20	M. Hoffmann	:23.43

## Girls 200 Freestyle Relay

1	1:31.47	2018	A. Delgado	:22.83	M. Hoffmann	:23.44	M. Degn	:22.68	S. Shelton	:22.52
2	1:31.88	2019	A. Delgado	:22.82	L. Ervin	:23.24	E. Ristic	:22.79	M. Degn	:23.03
3	1:32.12	2022	G. Aquino	:23.16	T. Salvino	:23.63	L. Ervin	:22.96	M. Hodges	:22.37
4	1:32.33	2017	A. Delgado	:23.12	M. Hoffmann	:23.79	M. Degn	:23.35	S. Shelton	:22.07
5	1:33.66	2021	J. Kozan	:23.30	T. Salvino	:23.60	L. Yu	:23.48	L. Ervin	:23.28
6	1:34.02	2016	M. Degn	:23.36	M. Hoffmann	:23.59	J. Griffin	:24.31	S. Shelton	:22.76
7	1:34.61	2014	C. Barry	:24.34	R. Remick	:24.13	L. Devitt	:24.06	K. McLaughlin	:22.11
8	1:36.87	2015	J. Griffin	:24.78	A. Plamondon	:24.57	M. Hoffmann	:23.91	C. Barry	:23.61
9	1:37.33	2020	M. Hodges	:24.08	J. Carlos	:25.34	L. Ervin	:24.04	J. Odgers	:23.87
10	1:37.78	2012	R. Remick	:24.84	J. Shoults	:24.54	S. Franzen	:24.70	L. Devitt	:23.70

## Girls 400 Freestyle Relay

1	3:14.80	2022	M. Hodges	:49.18	T. Salvino	:49.20	T. O'Dell	:47.75	J. Kozan	:48.67
2	3:18.26	2017	E. Ristic	:49.83	M. Degn	:50.08	A. Delgado	:49.64	S. Shelton	:48.71
3	3:18.63	2018	A. Delgado	:49.79	M. Degn	:49.90	E. Ristic	:49.51	S. Shelton	:49.43
4	3:20.32	2019	A. Delgado	:49.64	L. Ervin	:51.03	E. Ristic	:49.08	M. Degn	:50.57
5	3:20.49	2021	M. Hodges	:50.12	T. Salvino	:50.19	L. Yu	:50.47	J. Kozan	:49.71
6	3:21.04	2015	S. Shelton	:49.85	S. Franzen	:52.08	C. Barry	:51.00	K. McLaughlin	:48.11
7	3:24.32	2014	L. Devitt	:52.22	S. Franzen	:51.86	E. Boggess	:51.78	K. McLaughlin	:48.46
8	3:24.38	2016	M. Degn	:50.79	E. Boggess	:51.77	I. Patino	:52.90	S. Shelton	:48.92
9	3:28.51	2020	M. Turrini	:54.18	M. Hodges	:51.18	L. Ervin	:51.70	E. Ristic	:51.45
10	3:29.76	2013	R. Remick	:52.51	S. Franzen	:51.80	H. Wan	:53.89	L. Devitt	:51.56

## Boys 200 Medley Relay

1	1:30.08	2022	R. Jiang	:22.57	K. Morgan	:25.18	D. Verdolaga	:21.69	H. Cehelnik	:20.64
2	1:32.46	2021	H. Najera	:23.64	N. Wu	:25.88	D. Verdolaga	:22.43	L. Ostergaard	:20.51
3	1:32.96	2017	K. Tu	:23.78	A. Qu	:25.85	K. Monteleone	:22.88	A. Rossman	:20.45
4	1:34.52	2016	K. Tu	:24.00	A. Qu	:26.00	K. Monteleone	:23.14	G. Yacoubian	:21.38
5	1:34.87	2015	G. Shoults	:23.51	A. Qu	:26.68	M. Morizono	:23.21	S. Lupin	:21.47
6	1:35.15	2018	A. Rossman	:23.47	J. Odgers	:26.83	K. Tu	:23.11	J. Wright	:21.74
7	1:35.62	2019	K. Tu	:23.81	R. Huang	:27.52	N. Brune	:22.99	J. Forsythe	:21.30
8	1:37.06	2013	M. Walsh	:25.36	A. Cerda	:26.94	G. Shoults	:22.90	S. Riggins	:21.87
9	1:37.35	2014	A. Qu	:25.30	A. Cerda	:26.73	C. Taber	:23.38	L. Wright	:21.94
10	1:37.87	2009	G. Nauman	:26.07	M. Reese	:26.82	M. Tran	:24.21	T. Jankovich	:20.77

## Boys 200 Freestyle Relay

1	1:23.22	2022	J. Yan	:21.57	H. Cehelnik	:20.52	T. Ju	:20.73	R. Jiang	:20.40
2	1:24.56	2021	A. Cai	:21.30	T. Ju	:21.12	L. Ostergaard	:21.12	R. Jiang	:21.02
3	1:25.10	2019	J. Forsythe	:21.64	L. Ostergaard	:21.32	N. Brune	:21.41	Y. Quinones	:20.73
4	1:25.54	2018	Y. Quinones	:21.91	J. Odgers	:21.56	J. Wright	:21.69	A. Rossman	:20.38
5	1:25.68	1996	P. Demers	:20.81	F. Uxa	:21.45	D. Jensen	:22.38	J. Peterson	:21.04
6	1:25.94	2016	G. Shoults	:20.84	G. Yacoubian	:21.55	A. Qu	:22.07	M. Morizono	:21.48
7	1:26.17	2015	M. Morizono	:21.69	S. Lupin	:21.87	S. Slobodien	:21.70	G. Shoults	:20.91
8	1:26.36	2014	M. Morizono	:21.67	J. Betz	:21.41	L. Wright	:22.43	G. Shoults	:20.85
9	1:26.39	1997	P. Demers	:20.54	A. Jensen	:22.04	T. Wilson	:22.64	F. Uxa	:21.17
10	1:27.01	1994	J. Peterson	:22.04	B. Herlihy	:21.80	C. Rochon	:22.10	P. Demers	:21.07

## Boys 400 Freestyle Relay

1	3:01.96	2022	H. Cehelnik	:45.30	A. Cai	:45.86	J. Ficklen	:45.12	T. Ju	:45.68
2	3:03.87	2016	M. Morizono	:46.43	K. Tu	:45.99	K. Monteleone	:47.49	G. Shoults	:43.96
3	3:04.22	2021	R. Jiang	:47.11	T. Ju	:45.38	K. Morgan	:45.54	A. Cai	:46.19
4	3:04.71	2019	A. Ness	:46.66	L. Ostergaard	:45.92	Y. Quinones	:45.83	K. Tu	:46.30
5	3:06.52	2014	M. Morizono	:46.69	A. Cerda	:47.41	J. Betz	:47.48	G. Shoults	:44.94
6	3:07.88	2017	K. Monteleone	:48.10	N. Brune	:47.23	K. Tu	:46.46	A. Rossman	:46.09
7	3:07.88	2015	S. Lupin	:48.43	S. Reese	:48.86	M. Morizono	:45.40	G. Shoults	:45.28
8	3:08.41	2018	A. Rossman	:46.37	A. Ness	:48.02	J. Odgers	:47.20	K. Tu	:46.82
9	3:08.72	1997	P. Demers	:44.86	M. Martin	:48.80	M. Shipstead	:48.64	F. Uxa	:46.42
10	3:10.70	2020	A. Cai	:47.42	A. Ispas	:47.94	K. McShane	:49.24	L. Ostergaard	:46.10

# CIF Championships Hall of Fame

2022 2022



2021  
2021

2019





2018



2017



2015

2016



2000

2014



# CIF State Champions



2018



2021



2021



2022







## Boys

## Girls

Auto.	Consid.	Event	Auto.	Consid.
1:34.76	1:37.99	200 Medley Relay	1:47.23	1:51.99
1:40.11	1:42.99	200 Freestyle	1:51.23	1:54.99
1:51.91	1:54.99	200 Individual Medley	2:04.23	2:07.99
:20.99	:21.69	50 Freestyle	:23.68	:24.39
:49.78	:51.99	100 Butterfly	:55.68	:57.99
:46.16	:47.99	100 Freestyle	:51.47	:52.99
4:32.17	4:39.99	500 Freestyle	4:58.81	5:07.99
1:25.74	1:28.99	200 Freestyle Relay	1:37.17	1:40.99
:50.18	:52.99	100 Backstroke	:56.47	:58.99
:56.72	:58.99	100 Breaststroke	1:03.88	1:05.99
3:08.14	3:13.99	400 Freestyle Relay	3:32.12	3:37.99

Times to qualify for the CIF State Championships must be obtained at CIF Section championship meet finals.



**Daniel Verdolaga** not only eyes the school record in the 100 butterfly, but a repeat showing at the State finals.



Sophomore **Danielle Gorrell** ready to race the fly.



Freshman **Reese Salazar** reflects on her race in the 200.



Freshman **Hannah Campbell** is a star-in-the-making with CIF speed in the freestyle events.



**Emerson Kavelaars-Eakins** has CIF potential in the back.



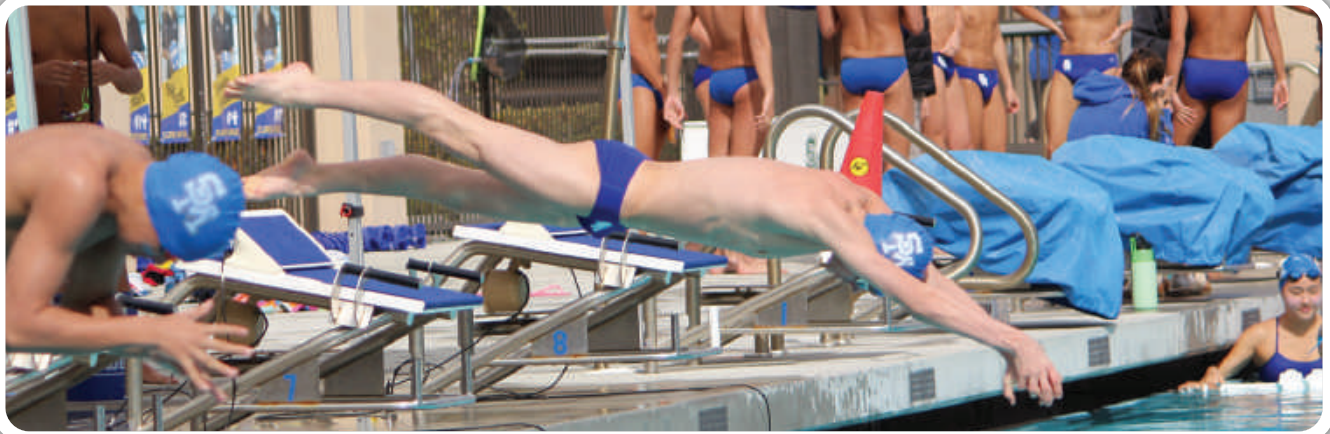
**Jamie Ciborowski** is an all-around sprinter.



Senior **Trent Coulston** has been dedicated to SM swim.



**James Zhou** has CIF speed in the 100 breaststroke.



Freshman **Parker Coombs** brings extensive swim club experience to the team—has a big-time future.



**Tyler Ringhofer** aims for CIF in the IM.



**Diego Dilao** broke the league and school record in the 100 breast.



**Sofia Franco** is versatile to swim all events.



**Keira Mayes** has worked hard to get faster every day.



Freshman **Alia Gauthier** has found her specialty—backstroke—and aims for league finals.



**Laura Liu** blasts off of the starting blocks.



**Lucy Stiles** is committed to improve her swim skills.



**Andrew Curtis** will threaten for a league breaststroke title.



**Abanoub Abdelmalek** is a 100% team player.



Sophomore **Marek Seablom-Michel** is a powerful fly and free sprinter.



**Zakari Huey-Nazareno** is the spirit of SM swim.



**Darius Mahjoob** has put in four years of dedication.



## All-CIF

1989	Brooke Gammel	500, Br	1998	Kristin Buhagiar	Br	2003	Erika Figge	50, 100
1989	Kevin Henricks	IM, Ba	1998	Priscilla Tomescu	Br	2003	Sarah Hamilton	Fly, Br
1990	Chantal Dreis	200, Fly	1998	Frank Uxa	IM, Ba	2003	Devonie Migues	Ba, Br
1990	Jenny Maskrey	200, 500	1998	Harris Radie	IM, Ba	2003	Darby Anderson	200
1990	Kevin Henricks	IM, Ba	1998	Andrew Jensen	50, 100	2003	Brittany Hosner	Fly, 500
1991	Carrie Gammel	IM, Ba	1998	Alex Tomescu	Fly	2003	Jaime Hosner	500
1991	Jenny Maskrey	500	1998	Edmund Herlihy	500	2003	Kathryn Leahy	500
1991	Kevin Henricks	IM, Ba	1998	Jonathan Russell	50, 100	2003	Doug Ciolli	50, 100
1992	Gwen Ho Sing Loy	200, 500	1998	Jonathan Russell	50, 100	2003	Cutberto Hernandez	50, 100
1992	Jen Connellan	IM, 500	1999	Michele Gonzalez	200, 500	2003	Bryce Cullinane	200, 500
1992	Brooke Martin	100, Ba	1999	Shannon Packard	IM, Ba	2003	Scott Collins	200, Br
1992	Lisa Henningsen	Ba	1999	Jamie Kroeze	50	2003	Bryan Kelley	50, 100
1992	Brendan Herlihy	500	1999	Dominique Rash	Fly, Ba	2003	Bryan Kelley	50, 100
1992	Brendan Herlihy	500	1999	Kristin Buhagiar	Br	2004	Devonie Migues	Ba, Br
1993	Brooke Martin	IM, Ba	1999	Edmund Herlihy	200, 500	2004	Darby Anderson	200
1993	Jen Connellan	200, 500	1999	Harris Radie	IM, Ba	2004	Mary Cousineau	Fly
1993	Lisa Henningsen	Ba	1999	Harris Radie	IM, Ba	2004	Bryce Cullinane	200, 500
1993	Brendan Herlihy	200, 500	1999	Jonathan Russell	50, 100	2004	Eric Babbitt	IM, Fly
1993	John Peterson	500	2000	Erika Figge	50, Br	2004	Brett Chamberlain	500
1994	Brooke Martin	50, Fly	2000	Jaime Hosner	200, 500	2004	Ryan Archdeacon	Br
1994	Jen Connellan	200, 500	2000	Stephanie Scott	Ba	2004	Alex Rogers	Fly
1994	Lisa Henningsen	50, Ba	2000	Michele Gonzalez	100, 200	2004	Meagan Brown	200, 500
1994	Katie Cramm	200, 500	2000	Shannon Packard	IM, Ba	2005	Breanna Gordon	100, 200
1994	Andrea Uxa	50, 100	2000	Alicia Sayles	200	2005	Amanda Nauman	500
1994	Brendan Herlihy	200, 500	2000	Kristin Buhagiar	Fly	2005	Darby Anderson	200
1994	John Peterson	50	2000	Jamie Kroeze	50, 100	2005	Brooke Figge	50
1994	Phillipe Demers	IM, Fly	2000	John Voith	IM, 500	2005	Devonie Migues	50, Ba
1995	Katie Cramm	200, 500	2000	Doug Ciolli	50, 100	2005	Mary Cousineau	50, 100
1995	Siobhan Herlihy	200, 500	2000	Edmund Herlihy	200, 500	2005	Rickey Wilson	IM, Ba
1995	Siobhan Herlihy	200, 500	2000	Harris Radie	IM, Ba	2005	Eric Babbitt	IM, Fly
1995	Lisa Henningsen	50, Ba	2000	Jonathan Russell	100, 200	2005	Brett Chamberlain	200, 500
1995	Brooke Martin	Fly, Ba	2001	Brittany Hosner	IM, 500	2005	David Husen	IM
1995	Christine Connellan	Ba	2001	Jaime Hosner	200, 500	2005	Nick Shorr	Br
1995	John Peterson	50, 100	2001	Erika Figge	50, Br	2006	Darby Anderson	100, 200
1995	Phillipe Demers	200, Fly	2001	Stephanie Scott	Ba	2006	Meagan Brown	200, 500
1995	Frank Uxa	Ba	2001	Michele Gonzalez	200, 500	2006	Trudy Chancellor	IM
1996	Caroline Staub	Br	2001	Shannon Packard	IM, Ba	2006	Danica Elbertse	Br
1996	Siobhan Herlihy	200, 500	2001	Bryce Cullinane	500	2006	Breanna Gordon	100, 200
1996	Christine Connellan	Ba	2001	Bryan Kelley	Ba	2006	Devonie Migues	50, Ba
1996	John Peterson	50, 100	2001	Matt Sabatasso	Fly	2006	Amanda Nauman	500
1996	Matt Martin	500, Ba	2001	Doug Ciolli	50, 100	2006	Katie Whichard	50
1996	Matt Shipstead	500	2001	Edmund Herlihy	200, 500	2006	Eric Babbitt	Fly, Ba
1996	Phillipe Demers	200, Fly	2001	Harris Radie	IM, Ba	2006	Brett Chamberlain	200, 500
1996	Frank Uxa	IM, Ba	2001	Jonathan Russell	100, 200	2006	Mark Reese	Br
1997	Siobhan Herlihy	200, 500	2002	Aimee Stachowski	500	2006	Rickey Wilson	IM, Br
1997	Kristin Buhagiar	Fly, Ba	2002	Jaime Hosner	500	2007	Kacey Anderson	50
1997	Dominique Rash	IM, Ba	2002	Brittany Hosner	IM, 500	2007	Meagan Brown	200, 500
1997	Priscilla Tomescu	Br	2002	Stephanie Scott	IM, Ba	2007	Alex Delaney	100, 200
1997	Becca Peterson	50	2002	Sarah Hamilton	Fly, Ba	2007	Breanna Gordon	100, 200
1997	Jamie Kroeze	50	2002	Erika Figge	50, 100	2007	Rachelle Nadeau	IM, Br
1997	Matt Martin	200, 500	2002	Michele Gonzalez	200, 500	2007	Amanda Nauman	500
1997	Matt Shipstead	500	2002	Shannon Packard	Fly, Ba	2007	Alex Worthen	200, Fly
1997	Andrew Jensen	50	2002	Bryce Cullinane	500	2007	Mark Reese	Br
1997	Frank Uxa	100, Ba	2002	Scott Collins	Br	2007	Rickey Wilson	IM, Br
1997	Phillipe Demers	200, Fly	2002	Bryan Kelley	Ba	2008	Alex Delaney	200, 500
1997	Mark Zakrzewski	Br	2002	Mike Cavander	500, Br	2008	Meagan Brown	200, 500
1997	Alex Tomescu	Br	2002	Matt Sabatasso	Fly, Br	2008	Breanna Gordon	100, 200
1998	Jamie Kroeze	50	2002	Cutberto Hernandez	50, Fly	2008	Alex Worthen	Fly, 500
1998	Becca Peterson	50	2002	Doug Ciolli	50, 100	2008	Shannon Mack	IM, Br
1998	Dominique Rash	100, Ba	2003	Stephanie Scott	IM, Ba			



2008	Katherine Delaney	IM, Br	2013	Chris Taber	Fly	2016	Tyler Johnson	Ba
2008	Bailey Wilson	Ba, Br	2013	Stephen Riggins	Ba	2016	Abigail Nugent	Ba
2008	Tommy Jankovich	50, 100	2013	Max Walsh	Ba	2016	Alicia Stewart	100
2008	Michael Tran	Br	2014	Sophia Baia	100	2016	Grant Shoults	200, 500
2008	Mark Reese	Br	2014	Camryn Barry	50, Ba	2016	Marc Morizono	200, 500
2008	Garrison Nauman	Ba	2014	Emily Boggess	200, Br	2016	Kyle Monteleone	Fl, Ba
2009	Alex Delaney	100, 200	2014	Taylor Calaiacovo	100	2016	Kevin Tu	IM, Ba
2009	Kellie Fecarotta	200, 500	2014	Lizzie Devitt	200, 100	2016	Alexander Qu	IM, Br
2009	Megan Gehrich	IM, Br	2014	Kristi Fecarotta	IM, 500	2016	Noah Brune	500
2009	Shannon Mack	IM	2014	Sydney Franzen	200, 500	2017	Junie Carlos	Ba
2009	Alex Worthen	Fly	2014	Emily Gibson	Br	2017	Anicka Delgado	50, Fl
2009	Tommy Jankovich	50, 100	2014	Audrey Johnstone	Fly, 500	2017	Katie Nugent	IM, Br
2009	Alex Lavayen	100	2014	Andrea Laliena	Ba	2017	Jo Odgers	Fl
2009	Eric Martin	50	2014	Katie McLaughlin	200, Fly	2017	Natalie Oien	200, 500
2009	Garrison Nauman	Ba	2014	Allison Plamondon	100	2017	Ella Ristic	200, 500
2009	Mark Reese	IM, Br	2014	Raquel Remick	50, Fly	2017	Mia Ristic	Fl, Ba
2009	Michael Tran	Br	2014	Megan Roby	Fly	2017	Haley Calaiacovo	500
2010	Kellie Fecarotta	200, Fly	2014	Jax Shoults	Ba	2017	Caitlin Caruso	IM, Br
2010	Megan Gehrich	IM, 500	2014	Haley Wan	IM, Br	2017	Mackenzie Degn	50, 100
2010	Alex Delaney	100, 200	2014	James Betz	200, 100	2017	Marriott Hoffmann	50, 100
2010	Shannon Mack	IM, Fly	2014	Arturo Cerda	IM, Br	2017	Abigail Nugent	500, Ba
2010	Bailey Wilson	Br	2014	Max Cervera	IM	2017	Isabelle Odgers	IM, Br
2010	Jordan Owens	50	2014	Aaron Magazine	500	2017	Bela Patino	IM, Br
2010	Garrison Nauman	Ba	2014	Jerod Magazine	500	2017	Amy Qin	Br
2011	Lizzie Devitt	200, 500	2014	Marc Morizono	200, 100	2017	Samantha Shelton	200, Ba
2011	Kellie Fecarotta	100	2014	Alex Qu	IM, Ba	2017	Jeni Griffin	50, 100
2011	Megan Gehrich	IM, Br	2014	Grant Shoults	200, 100	2017	Allison Plamondon	100
2011	Shannon Mack	IM	2014	Chris Taber	Fly	2017	Noah Brune	200, 500
2011	Raquel Remick	Fly	2015	Katie McLaughlin	200, Fly	2017	Kevin Tu	200, Ba
2011	Jax Shoults	Ba	2015	Sam Shelton	200, 100	2017	Jackson Odgers	IM, Br
2011	Haley Wan	IM, Fly	2015	Sydney Franzen	200, 500	2017	AJ Rossman	50, Ba
2011	Patrick Early	IM, 500	2015	Isa Odgers	IM, Br	2017	Evan Czaja	500
2011	Tyler Jankovich	Fly	2015	Bela Patino	IM, Fly	2017	Kyle Monteleone	Fl, Ba
2011	Chad Naughton	200	2015	Camryn Barry	100, Ba	2017	Alexander Qu	Fl, Br
2012	Sydney Franzen	200, 500	2015	Kristi Fecarotta	IM, 500	2017	Kaikea Wilinski	Fl, Ba
2012	Audrey Johnstone	Fly, 500	2015	Allison Plamondon	50, Fly	2018	Junie Carlos	500, Ba
2012	Lizzie Devitt	IM, 100	2015	Amy Qin	IM, Br	2018	Anicka Delgado	50, Fl
2012	Emily Gibson	Br	2015	Jeni Griffin	50	2018	Karen Najera	Ba
2012	Raquel Remick	50, Fly	2015	Elizabeth Morris	Br	2018	Katie Nugent	IM, Br
2012	Megan Roby	Fly	2015	Andrea Laliena	Ba	2018	Jo Odgers	50, 100
2012	Jax Shoults	50, Ba	2015	Maureen McShane	500	2018	Natalie Oien	200, 500
2012	Haley Wan	100, Br	2015	Grant Shoults	200, 500	2018	Ella Ristic	100, 200
2012	Kellie Fecarotta	50, Fly	2015	Marc Morizono	200, 500	2018	Mia Ristic	Fl, Ba
2012	Megan Gehrich	IM, Br	2015	Alexander Qu	IM, Br	2018	Haley Calaiacovo	500
2012	Chris Taber	Fly, 500	2015	Jerod Magazine	500	2018	Caitlin Caruso	IM
2012	Andrew Cusator	Br	2015	Spencer Lupin	50	2018	Mackenzie Degn	200, 500
2012	Max Walsh	Ba	2015	Chasen Baumgardner	Br	2018	Miranda Renner	Fl, Br
2012	Stephen Riggins	Ba	2016	Samantha Shelton	200, Fly	2018	Kimmy Woolfenden	50, Br
2013	Emily Boggess	IM	2016	Emily Boggess	200, 500	2018	Marriott Hoffmann	50, 100
2013	Maureen McShane	500	2016	Isabelle Odgers	IM, Br	2018	Abigail Nugent	Ba
2013	Sydney Franzen	200, 500	2016	Kristi Fecarotta	IM, 500	2018	Isabelle Odgers	IM, Br
2013	Audrey Johnstone	Fly, 500	2016	Marriott Hoffmann	50, 100	2018	Bela Patino	Fl, 100
2013	Lizzie Devitt	IM, 100	2016	Bela Patino	Fly, Br	2018	Samantha Shelton	200, IM
2013	Emily Gibson	Br	2016	Amy Qin	Fly, Br	2018	Lucas Morales-Ostergaard	IM, Ba
2013	Raquel Remick	Fly, Ba	2016	Mackenzie Degn	50, 100	2018	Mike Maurer	Fl
2013	Megan Roby	Fly	2016	Haley Calaiacovo	200, 500	2018	Noah Brune	200, 500
2013	Jax Shoults	Ba	2016	Allison Plamondon	50, Ba	2018	Kevin Tu	Fl, Ba
2013	Haley Wan	IM, Br	2016	Caitlin Caruso	IM, Br	2018	Jackson Odgers	IM, Br
2013	Grant Shoults	Fly, 500	2016	Jeni Griffin	50, 100	2018	AJ Rossman	50, Ba
2013	Arturo Cerda	IM, Br	2016	Maureen McShane	200, 500	2019	Abigal Isaly	Ba



# Eagles Swimming Heritage

swim&dive

# 2023

2019	Anicka Delgado	50, Fl	2021	Asia Kozan	IM, Fl	2022	Macky Hodges	50, Ba
2019	Caitlin Caruso	Br	2021	Teia Salvino	50, 100	2022	Lindsay Ervin	50, 100
2019	Ella Ristic	200, 100	2021	Lindsay Ervin	50, 100	2022	Gracyn Aquino	50, 100
2019	Haley Calaiacovo	200, 500	2021	Linda Yu	50, 100	2022	Chloe Stinson	Fl
2019	Isabella Abrajan	Fl, Ba	2021	Isabella Abrajan	Fl, Ba	2022	Lia Wiyanto	Fl, Br
2019	Jo Odgers	50, 100	2021	Lena Li	Fl	2022	Linda Yu	100
2019	Junie Carlos	IM, Ba	2021	Maggie McGuire	500, Ba	2022	Maggie McGuire	500, Ba
2019	Katie Nugent	IM, Br	2021	Abigail Isaly	500	2022	Samantha Cummins	500
2019	Karen Najera	200, 500	2021	Mirabella LeVine	Br	2022	Matilde Turrini	Ba
2019	Kimmy Woolfenden	IM, Br	2021	Tony Ju	200, 100	2022	Julia Stafford	IM, Br
2019	Lindsay Ervin	50, 100	2021	Alexandru Ispas	200, 500	2022	Mirabella Levine	Br
2019	Mackenzie Degn	200, 500	2021	Allen Cai	200, 100	2022	Victoria Mori	Br
2019	Mia Ristic	Fl, Ba	2021	Humberto Najera	IM, 500	2022	Jaden Ficklen	200, 100
2019	Miranda Renner	Fl, Br	2021	Keller Morgan	IM, 500	2022	Allen Cai	200, 100
2019	Natalie Oien	IM, 500	2021	Nathan Wu	IM, Br	2022	Jack Nugent	200, Ba
2019	Alexander Ness	200, 100	2021	Jack Nugent	IM, Ba	2022	Keller Morgan	IM, Br
2019	Alexandru Ispas	200, 500	2021	Ramon Jiang	50, Ba	2022	Daniel Verdolaga	IM, Fl
2019	Jack Forsythe	50, 100	2021	Lucas Morales-Ostergaard	50, Ba	2022	Humerto Najera	IM, 500
2019	Kevin Tu	Fl, Ba	2021	Daniel Verdolaga	Fl, Br	2022	Ramon Jiang	50, Ba
2019	Killian McShane	500	2021	Jacky Xing	Fl, Br	2022	Jerry Yan	Fl, Ba
2019	Lucas Morales-Ostergaard	IM, Ba	2022	Justina Kozan	200, Fl	2022	Ryley Yoo	Fl
2019	Michael Maurer	Fl, 500	2022	Abby O'Sullivan	200, 500	2022	Tony Ju	100, 500
2019	Noah Brune	200, 500	2022	Giselle Hollis	200	2022	Hunter Cehelnik	50, 100
2019	Yurian Quinones	50, 100	2022	Audrey Lee	200	2022	Jacob Cadaval	500, Br
2021	Justina Kozan	200, 100	2022	Teagan O'Dell	IM, Ba	2022	Matthew Kim	500
2021	Macky Hodges	200, 500	2022	Asia Kozan	IM, 500	2022	Nathan Wu	IM, Br
2021	Abby O'Sullivan	200, 500	2022	Isabella Abrajan	IM, Fl			
2021	Ariel Lin	200, 50	2022	Teia Salvino	50, 100			

## All-Orange County

1991	Kevin Henricks	Br	2014	Girls Relays	200, 400 FR	2018	Isabelle Odgers	IM, Br
1995	Phillipe Demers	200, Fly	2014	Grant Shoults	200, 100	2018	Anicka Delgado	50, Fl
1996	Phillipe Demers	200, Fly	2015	Grant Shoults	200, Fly, 500	2019	Mackenzie Degn	500
1996	Boys Relays	200, 400 FR	2015	Katie McLaughlin	200, Fly, 100	2019	Anicka Delgado	50, 100, Fl
1997	Phillipe Demers	200, Fly	2015	Girls Relays	MR, 2FR, 4FR	2019	Miranda Renner	Br
1997	Boys Relays	200, 400	2016	Grant Shoults	50, 100, 200	2019	Ella Ristic	200, 100
1998	Frank Uxa	IM, Ba			500, Fly	2019	Girls Relays	MR, 2FR, 4FR
2000	Girls Relays	200 FR	2016	Boys Relays	400 FR	2019	Noah Brune	500
2000	Jonathan Russell	100, 200	2016	Samantha Shelton	200, Fly	2022	Justina Kozan	200, Fl
2001	Jonathan Russell	100, 200	2016	Mackenzie Degn	50, 100	2022	Teagan O'Dell	IM, Ba
2001	Harris Radie	IM	2016	Isabelle Odgers	Br	2022	Teia Salvino	50
2001	Boys Relays	200, 400 FR	2017	Samantha Shelton	100, 200, Ba	2022	Macky Hodges	100, Ba
2002	Erika Figge	50	2017	Anicka Delgado	50, 100, Fl	2022	Lindsay Ervin	50
2002	Girls Relays	200 MR	2017	Isabelle Odgers	IM, Br	2022	Girls Relays	MR, 2FR, 4FR
2003	Erika Figge	50	2017	Ella Ristic	200	2022	Keller Morgan	IM
2003	Girls Relays	200 FR	2017	Girls Relays	2FR, 4FR	2022	Daniel Verdolaga	Fl
2005	Devonie Migues	Ba	2018	AJ Rossman	Ba	2022	Hunter Cehelnik	100
2006	Girls Relays	200 FR	2018	Girls Relays	MR, 2FR, 4FR	2022	Ramon Jiang	Ba
2008	Mark Reese	Br	2018	Samantha Shelton	200, IM	2022	Boys Relays	MR, 2FR, 4FR
2014	Katie McLaughlin	200, 50, Fly						





## CIF Champions

1990	Kevin Henricks	Br	2016	Grant Shoults	200	2019	Delgado, Ervin,	200 FR
1991	Kevin Henricks	Br	2016	Grant Shoults	500		E. Ristic, Degn	
1995	Phillipe Demers	Fly	2016	Samantha Shelton	200	2019	Delgado, Ervin,	400 FR
1995	Phillipe Demers	200	2016	Samantha Shelton	Fly		E. Ristic, Degn	
1996	Phillipe Demers	Fly	2016	M. Degn, M. Hoffmann	200 FR	2021	Humberto Najera	IM
1996	Phillipe Demers	200		J. Griffin, S. Shelton		2021	Hodges, LeVine,	200 MR
1996	P. Demers, J. Peterson,	200 FR	2016	M. Degn, E. Boggess	400 FR		Abrajan, Ervin	
	D. Jensen, F. Uxa			I. Patino, S. Shelton		2021	Justina Kozan	200
1997	Phillipe Demers	Fly	2017	Samantha Shelton	200	2021	Asia Kozan	IM
1997	Phillipe Demers	200	2017	Ella Ristic	200	2021	Teia Salvino	50
1998	Frank Uxa	IM	2017	Anicka Delgado	Fly	2021	Justina Kozan	100
1998	Frank Uxa	Ba	2017	Ella Ristic	500	2021	Macky Hodges	500
2000	S. Packard, E. Figge,	200 MR	2017	A. Delgado, M. Hoffmann	200 FR	2021	J. Kozan, Salvino,	200 FR
	K. Buhagiar, J. Kroeze			M. Degn, S. Shelton			Yu, Ervin	
2000	S. Packard, B. Peterson,	200 FR	2017	Samantha Shelton	Ba	2021	Maggie McGuire	Ba
	J. Kroeze, E. Figge		2017	E. Ristic, M. Degn,	400 FR	2021	Hodges, Salvino,	400 FR
2000	Jonathan Russell	200		A. Delgado, S. Shelton			Yu, J. Kozan	
2001	Jonathan Russell	100	2018	E. Ristic, I. Odgers,	200 MR	2022	Jiang, Morgan,	200 MR
2001	Harris Radie	IM		M. Ristic, Hoffmann			Verdolaga, Cehelnik	
2006	D. Anderson, B. Gordon,	200 FR	2018	Samantha Shelton	200	2022	Keller Morgan	IM
	K. Whichard, D. Miguez		2018	Isabella Odgers	IM	2022	Cehelnik, Ficklen,	200 FR
2014	Katie McLaughlin	200	2018	Anicka Delgado	50		Ju, Jiang	
2014	Katie McLaughlin	Fly	2018	Anicka Delgado	Fly	2022	Hodges, O'Dell,	200 MR
2014	Grant Shoults	200	2018	Ella Ristic	100		J. Kozan, Ervin	
2014	C. Barry, R. Remick,	200 FR	2018	Delgado, Hoffmann,	200 FR	2022	Justina Kozan	200
	L. Devitt, K. McLaughlin			Degn, Shelton		2022	Teagan O'Dell	IM
2014	L. Devitt, S. Franzen,	400 FR	2018	Isabella Odgers	Breast	2022	Teia Salvino	50
	E. Boggess, K. McLaughlin		2018	Delgado, Degn,	400 FR	2022	Justina Kozan	FI
2015	Grant Shoults	200		E. Ristic, Shelton		2022	Abby O'Sullivan	500
2015	Grant Shoults	500	2019	Abrajan, Nugent,	200 MR	2022	Salvino, Lin,	200 FR
2015	Katie McLaughlin	200		Renner, M. Ristic			Aquino, Ervin	
2015	Katie McLaughlin	Fly	2019	Anicka Delgado	50	2022	Teagan O'Dell	Ba
2015	S. Shelton, S. Franzen	400 FR	2019	Anicka Delgado	Fly	2022	O'Dell, Salvino,	400 FR
	C. Barry, K. McLaughlin						Hodges, J. Kozan	

## State Champions

2017	M. Degn, J. Odgers	200 FR	2019	Ella Ristic	200	2022	Teia Salvino	50
	M. Hoffmann, A. Delgado		2019	Ella Ristic	100	2022	Justina Kozan	Fly
2018	Delgado, Hoffmann,	200 FR	2019	E. Ristic, Ervin,	400 FR	2022	Teia Salvino	100
	Degn, Shelton			Renner, Delgado		2022	Lin, Salvino,	200 FR
2018	Delgado, Degn,	400 FR	2022	Hodges, O'Dell,	200 MR		Aquino, Ervin	
	E. Ristic, Shelton			J. Kozan, Ervin		2022	Teagan O'Dell	Back
2019	Anicka Delgado	50	2022	Justina Kozan	200	2022	Hodges, Salvino,	400 FR
2019	Delgado, Ervin,	200 FR	2022	Teagan O'Dell	IM		O'Dell, J. Kozan	
	M. Ristic, E. Ristic							



# Eagles Diving Heritage

swim&diver

# 2023

## All-CIF

1991	Megan Edmunds	Diving	2002	Erika Mannix	Diving	2014	Peter Menke	Diving
1992	Erin McGinty	Diving	2005	Caitlin Atkinson	Diving	2015	Paige Gohr	Diving
1992	Wendy Chase	Diving	2006	Caitlin Atkinson	Diving	2015	Londen Christensen	Diving
1992	Caroline Kelley	Diving	2007	Kahley Rowell	Diving	2015	Joelle Weltner	Diving
1993	Erin McGinty	Diving	2008	Kelly Kenney	Diving	2015	Mason Fredenberg	Diving
1993	Wendy Chase	Diving	2008	Kahley Rowell	Diving	2016	Paige Gohr	Diving
1993	Caroline Kelley	Diving	2009	Kahley Rowell	Diving	2016	Londen Christensen	Diving
1993	Megan Edmunds	Diving	2009	Izzy Choquehuanca	Diving	2016	Joelle Weltner	Diving
1994	Erin McGinty	Diving	2009	Kelly Kenney	Diving	2016	Peter Menke	Diving
1994	Caroline Kelley	Diving	2009	Conor Murphy	Diving	2017	Paige Gohr	Diving
1994	Megan Edmunds	Diving	2009	Chandler Espinoza	Diving	2017	Londen Christensen	Diving
1995	Erin McGinty	Diving	2010	Izzy Choquehuanca	Diving	2017	Joelle Weltner	Diving
1995	Wendy Chase	Diving	2010	Conor Murphy	Diving	2017	Alexandra Barnes	Diving
1995	Julie Egus	Diving	2010	Chandler Espinoza	Diving	2017	Juan Cerda	Diving
1995	Caroline Kelley	Diving	2010	Aidan Daoussis	Diving	2017	Nicholas Leavell	Diving
1996	Kristen Marquis	Diving	2011	Izzy Choquehuanca	Diving	2018	Alexandra Barnes	Diving
1997	Kristen Marquis	Diving	2011	Payton Gabris	Diving	2018	Londen Christensen	Diving
1998	Kristen Marquis	Diving	2011	Annie Whelan	Diving	2018	Joelle Weltner	Diving
1998	Rachelle Routsong	Diving	2012	Izzy Choquehuanca	Diving	2018	Nicholas Leavell	Diving
1998	Owen Lyle	Diving	2012	Payton Gabris	Diving	2019	Alexandra Barnes	Diving
1999	Rachelle Routsong	Diving	2012	Annie Whelan	Diving	2019	Kayla Haigh	Diving
1999	Erin McKeon	Diving	2013	Payton Gabris	Diving	2019	Nicholas Leavell	Diving
1999	Shannon McKeon	Diving	2013	Annie Whelan	Diving	2019	Rhys Davies	Diving
1999	Owen Lyle	Diving	2013	Mason Fredenberg	Diving	2019	Ian Asuncion-Duong	Diving
2000	Shannon McKeon	Diving	2013	Peter Menke	Diving	2021	Charlie Spittle	Diving
2000	Erin McKeon	Diving	2014	Payton Gabris	Diving	2021	Ian Asuncion-Duong	Diving
2000	Rachelle Routsong	Diving	2014	Paige Gohr	Diving	2022	Ian Asuncion-Duong	Diving
2001	Shannon McKeon	Diving	2014	Annie Whelan	Diving	2022	Sheridan Smith	Diving
2002	Shannon McKeon	Diving	2014	Mason Fredenberg	Diving	2022	Charlie Spittle	Diving

## All-Orange County

1996	Kristen Marquis	Diving	2012	Izzy Choquehuanca	Diving	2019	Alexandra Barnes	Diving
1998	Kristen Marquis	Diving	2018	Nicholas Leavell	Diving	2019	Nicholas Leavell	Diving
2010	Conor Murphy	Diving						

## All-American

1997	Kristen Marquis	Diving	2010	Izzy Choquehuanca	Diving	2014	Annie Whelan	Diving
1998	Kristen Marquis	Diving	2010	Conor Murphy	Diving	2017	Alexandra Barnes	Diving
1998	Rachelle Routsong	Diving	2011	Izzy Choquehuanca	Diving	2018	Alexandra Barnes	Diving
2005	Caitlin Atkinson	Diving	2012	Izzy Choquehuanca	Diving	2018	Nicholas Leavell	Diving
2006	Caitlin Atkinson	Diving	2012	Payton Gabris	Diving	2019	Kayla Haigh	Diving
2008	Kahley Rowell	Diving	2013	Annie Whelan	Diving	2022	Sheridan Smith	Diving
2009	Kahley Rowell	Diving						

## CIF Champions

1996	Kristen Marquis	Diving	1998	Kristen Marquis	Diving	2019	Nicholas Leavell	Diving
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# GOOD LUCK EMMA!

-DAD

## Carol Li

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## All-Americans

1990	Kevin Henricks	Br	2008	Meagan Brown	500	2018	Katie Nugent	Br
1991	Carrie Gammel	IM, Br	2008	Mark Reese	Br	2018	Girls Relays	MR, 200 FR, 400 FR
1991	Kevin Henricks	Br	2009	Mark Reese	Br	2019	Noah Brune	500
1993	Girls Relays	200 FR, 400 FR	2011	Megan Gehrich	IM	2019	Alexandru Ispas	500
1994	Katie Cramm	200, 500	2011	Girls Relays	200 MR	2019	Boys Relays	200 FR, 400 FR
1994	Girls Relays	200 FR, 400 FR	2012	Lizzie Devitt	IM	2019	Ella Ristic	200, 100, Ba
1994	Brendan Herlihy	500	2012	Jax Shoults	Ba	2019	Anicka Delgado	50, Fly, 100
1994	Phillipe Demers	IM, Fly	2012	Girls Relays	400 FR	2019	Mackenzie Degn	200, 100, 500
1994	Boys Relays	200 FR, 400 FR	2013	Girls Relays	MR, 400 FR	2019	Isabella Abrajan	Fly, Ba
1995	Katie Cramm	200, 500	2013	Sydney Franzen	200, 500	2019	Lindsay Ervin	50, 100
1995	Phillipe Demers	IM, Fly	2013	Lizzie Devitt	IM	2019	Mia Ristic	Fly
1995	Boys Relays	200 FR	2013	Grant Shoults	500, Fly	2019	Miranda Renner	Br
1996	John Peterson	100	2014	Katie McLaughlin	50, 100, 200	2019	Katie Nugent	Br
1996	Phillipe Demers	50, 100, 200, Fly			500, Fly	2019	Girls Relays	MR, 200 FR, 400 FR
1996	Boys Relays	200 FR, 400 FR	2014	Sydney Franzen	200, 500	2020	Girls Relays	400 FR
1997	Girls Relays	200 FR	2014	Lizzie Devitt	200	2021	Humberto Najera	IM, 500
1997	Frank Uxa	100, Ba	2014	Girls Relays	MR, 200 FR, 400 FR	2021	Keller Morgan	IM, 500
1997	Matt Martin	500	2014	Grant Shoults	100, 200, Fly	2021	Allen Cai	200
1997	Phillipe Demers	50, 100, 200, Fly	2014	Boys Relays	400 FR	2021	Alexandru Ispas	500
1997	Boys Relays	200 FR, 400 FR	2015	Katie McLaughlin	50, 100, 200, 500	2021	Tony Ju	200
1998	Frank Uxa	IM, Ba			Fly, Ba, IM	2021	Daniel Verdolaga	Fly
1998	Boys Relays	200 FR, 400 FR	2015	Samantha Shelton	100, 200	2021	Boys Relays	MR, 200 FR, 400 FR
1999	Shannon Packard	Ba	2015	Sydney Franzen	200, 500	2021	Justin Kozan	200, IM, 50,
1999	Girls Relays	200 MR, 200 FR	2015	Girls Relays	200 MR, 400 FR	2021		Fly, 100
2000	Erika Figge	50, Br	2015	Grant Shoults	100, 200, 500	2021	Macky Hodges	200, 100, 500
2000	Shannon Packard	IM, Ba			Fly, IM	2021	Asia Kozan	IM, Fly
2000	Girls Relays	200 MR, 200 FR	2015	Marc Morizono	200, 500	2021	Maggie McGuire	500, Ba
2000	Edmund Herlihy	500	2015	Alexander Qu	Br	2021	Lindsay Ervin	50, 100
2000	Harris Radie	Ba	2015	Boys Relays	400 FR	2021	Teia Salvino	50, 100
2000	Jonathan Russell	100, 200	2016	Samantha Shelton	50, 100, 200,	2021	Isabella Abrajan	Fly
2001	Erika Figge	50			500, Fly	2021	Abby O'Sullivan	500
2001	Shannon Packard	Ba	2016	Isabelle Odgers	IM, Br	2021	Linda Yu	50
2001	Jaime Hosner	500	2016	Mackenzie Degn	50, 100	2021	Girls Relays	MR, 200 FR, 400 FR
2001	Girls Relays	200 FR, 400 FR	2016	Girls Relays	200 FR, 400 FR	2022	Jaden Ficklen	200
2001	Edmund Herlihy	500	2016	Grant Shoults	50, 100, 200,	2022	Tony Ju	200
2001	Harris Radie	IM, Ba			500, Fly	2022	Keller Morgan	IM, Br
2001	Jonathan Russell	100, 200, Ba	2016	Marc Morizono	500	2022	Humberto Najera	IM
2001	Boys Relays	400 FR	2016	Noah Brune	500	2022	Daniel Verdolaga	IM, Fly
2002	Stephanie Scott	Ba	2016	Boys Relays	200 MR, 400 FR	2022	Jerry Yan	Fly
2002	Sarah Hamilton	Br	2017	Samantha Shelton	200, 100, Ba	2022	Hunter Cehelnik	100
2002	Erika Figge	50, 100	2017	Anicka Delgado	50, Fly, 100	2022	Ramon Jiang	Ba
2002	Girls Relays	MR, 200, 400 FR	2017	Ella Ristic	200, 100, 500	2022	Boys Relays	MR, 200 FR, 400 FR
2002	Doug Ciolli	50, 100	2017	Isabelle Odgers	IM, Br	2022	Justin Kozan	200, Fly, 500
2002	Boys Relays	400 FR	2017	Mackenzie Degn	50, 100	2022	Macky Hodges	200, 50, 100,
2003	Erika Figge	50, 100	2017	Marriott Hoffmann	50			Ba
2003	Stephanie Scott	IM, Ba	2017	Girls Relays	MR, 200 FR, 400 FR	2022	Abby O'Sullivan	200, 500
2003	Sarah Hamilton	Br	2017	AJ Rossman	50, Ba	2022	Teagan O'Dell	200, IM, 100,
2003	Devonie Miguez	Ba	2017	Alexander Qu	Br			500, Ba
2003	Girls Relays	MR, 200 FR	2017	Kevin Tu	Ba	2022	Asia Kozan	IM, 500
2003	Doug Ciolli	50	2017	Boys Relays	MR, 400 FR	2022	Julia Stafford	IM
2003	Boys Relays	200 FR, 400 FR	2018	Noah Brune	500	2022	Teia Salvino	50, 100
2004	Devonie Miguez	Ba	2018	AJ Rossman	Ba	2022	Lindsay Ervin	50, 100
2005	Devonie Miguez	50, Ba	2018	Samantha Shelton	200, IM, 100	2022	Gracyn Aquino	50, 100
2006	Devonie Miguez	Ba	2018	Ella Ristic	200, 100	2022	Isabella Abrajan	Fly
2006	Brett Chamberlain	500	2018	Mackenzie Degn	200, 500	2022	Chloe Stinson	Fly
2006	Girls Relays	200 FR	2018	Isabelle Odgers	IM, Br	2022	Linda Yu	100
2007	Meagan Brown	500	2018	Anicka Delgado	50, Fly, 100	2022	Girls Relays	MR, 200 FR, 400 FR
2007	Rickey Wilson	Br	2018	Kimmy Woolfenden	Br			



## Academic All-Americans

1999	Natalie Hornak	2012	Alex Cook	2018	Hannah Ashbrook
2001	Lauren Edwards	2012	Megan Gehrich	2018	Amber Henmi
2001	Katy Kunkel	2012	Andrew Cusator	2018	Marriott Hoffmann
2002	Joaquin Pelaez	2012	Jacob Enriquez	2018	Caroline Needell
2002	Jessica Ahlring	2012	Kyle Olson	2018	Isabelle Odgers
2002	Kristina Kunkel	2013	Jill Kennedy	2018	Samantha Shelton
2002	Nicole Loftus	2013	Alex Czaja	2018	Joelle Weltner
2002	Darcy Mulhaupt	2013	Riley Smith	2019	Haley Calaiacovo
2003	Doug Ciolli	2013	Max Walsh	2019	Caitlin Caruso
2004	Ryan Archdeacon	2014	Kacey Avalos	2019	Miranda Renner
2004	Satoshi Kido	2014	Kelli Baumgardner	2019	Kimmy Woolfenden
2004	Brittany Hosner	2014	Lizzie Devitt	2019	Noah Brune
2005	Michael Connor	2014	Haley Wan	2019	Carson Ferrara
2005	Mary Cousineau	2014	Annie Whelan	2019	Jack Forsythe
2005	Kristin Palase	2014	James Betz	2019	Nicholas Leavell
2005	Cristina Pelaez	2014	Axel Reed	2019	David Pearson
2006	Trudy Chancellor	2015	Peggy Goonan	2019	Kevin Tu
2006	Kathryn Leahy	2015	Bruno Giacobbe	2020	Junie Carlos
2006	Katie Whichard	2015	Scott Reese	2020	Anicka Delgado
2007	Mark Connor	2016	Emily Boggess	2020	Kayla Haigh
2007	Stephanie Lavayen	2016	Kristi Fecarotta	2020	Karen Najera
2007	Amanda Nauman	2016	Maureen McShane	2020	Josette Odgers
2008	Kacey Anderson	2016	Elizabeth Morris	2020	Natalie Oien
2008	Mackenzie Maurer	2016	Sarah Niemi	2020	Ella Ristic
2008	Amy Miller	2016	Austin Clark	2020	Mia Ristic
2009	Alex Worthen	2016	Marc Morizono	2020	Sophia Tiu
2009	Paul Connor	2016	Grant Shoults	2020	Allen Lu
2009	Mark Reese	2016	Gregor Yacoubian	2020	Michael Maurer
2009	Robert Tungate	2017	Grace Dawson	2020	Killian McShane
2010	Alex Delaney	2017	Jeni Griffin	2021	Connor Cohen
2010	Samantha Goff	2017	Paige Gohr	2021	Miles Fujimoto
2010	Dante Luke	2017	Allison Plamondon	2021	Kambiz Shoeni
2010	Kassandra Smith	2017	Evan Czaja	2021	Andrea Smith
2010	Sarah Tennis	2017	Daniel Fang	2021	Mary Kate Tracy
2010	Mollie Touve	2017	Kyle Monteleone	2022	Isabella Abujan
2010	Bailey Wilson	2017	Alexander Qu	2022	Lindsay Ervin
2010	Rutger Choquehuanca	2017	Kaikea Wilinski	2022	Leila Kezelman
2010	Brian Maurer	2018	Cody Henmi	2022	Justina Kozan
2011	Shannon Mack	2018	Jackson Odgers	2022	Julia Stafford
2011	John Morin	2018	AJ Rossman	2022	Ian Asincion-Duong
2012	Lauren Azarvand				

Swimmers are selected as All-Americans if they achieve an All-American time standard and are among the top 100 in the United States in their event.

Athletes are selected as Academic All-Americans if they achieve a 3.75 cumulative GPA, are a senior, and have a varsity letter. Selection by the NISCA.





# Junior Varsity School Records

swim&dive

# 2023

## Girls Junior Varsity

200 Medley Relay	Zoe Le, Brooke Etter, Leah Healy, Morgan Hoppe	1:51.52	2022
200 Freestyle	Haasini Prabhakar	1:55.92	2022
100 Individual Medley	Morgan Hoppe	1:02.21	2022
200 Individual Medley	Caitlin Caruso	2:10.40	2018
50 Freestyle	Morgan Hoppe	:24.46	2022
50 Butterfly	Haasini Prabhakar	:26.82	2022
100 Butterfly	Haasini Prabhakar	:57.07	2022
100 Freestyle	Morgan Hoppe	:53.11	2022
500 Freestyle	Caroline Needell	5:14.17	2015
200 Freestyle Relay	Morgan Hoppe, Ellie Davis, Haasini Prabhakar, Kaitlyn Krebs	1:38.71	2022
50 Backstroke	Zoe Le	:27.96	2022
100 Backstroke	Leah Healy	:59.21	2022
50 Breaststroke	Caitlin Caruso	:31.39	2018
100 Breaststroke	Caitlin Caruso	1:06.30	2018
400 Freestyle Relay	Addie Matthews, Kaitlyn Krebs, Ellie Davis, Haasini Prabhakar	3:41.02	2022

## Boys Junior Varsity

200 Medley Relay	David Bao, Dylan Radovic, Spencer Lupin, Sam Slobodien	1:42.16	2014
200 Freestyle	Nicholas Burke	1:46.40	2021
100 Individual Medley	Mark Zakrzewski	1:02.26	1996
200 Individual Medley	Andrew Douglas	2:02.74	2021
50 Freestyle	Connor Cohen	:21.87	2021
50 Butterfly	Holden Levine	:24.88	2022
100 Butterfly	Nicholas Burke	:53.93	2021
100 Freestyle	Angel Sanchez	:48.85	2018
500 Freestyle	Harry Needell	4:48.58	2019
200 Freestyle Relay	Spencer Lupin, Bruno Giacobbe, Jack Garcia, Sam Slobodien	1:30.65	2014
50 Backstroke	Dean Fujimoto	:25.28	2022
100 Backstroke	Dean Fujimoto	:55.70	2021
50 Breaststroke	Diego Dilao	:28.81	2022
100 Breaststroke	Diego Dilao	1:00.63	2022
400 Freestyle Relay	Nicholas Burke, Dean Fujimoto, Connor Cohen, Andrew Douglas	3:20.17	2021



### Girls Open

200 Medley Relay	May Li, Elizabeth Morris, Hannah Johnston, Fiona Goh	2:00.88	2013
200 Freestyle	Natalie Tuerk	2:00.46	2016
100 Individual Medley	Kristine Liao	1:04.90	2014
50 Freestyle	Delaney Mazelin	:25.78	2015
50 Butterfly	Anna Krishnan	:28.74	2021
100 Freestyle	Natalie Tuerk	:55.81	2016
200 Freestyle Relay	Alexa Hines, Nisha Goddard, Kristine Liao, Riley Cunningham	1:46.98	2014
50 Backstroke	May Li	:29.90	2013
50 Breaststroke	Elizabeth Morris	:33.95	2013
400 Freestyle Relay	Renee Gentry, Alexa Hines, Delaney Mazelin, Riley Cunningham	3:50.52	2014

### Boys Open

200 Medley Relay	Alessandro Ostergaard, Jake Glassman, Joe Romo, Patrick McGowan	1:50.20	2018
200 Freestyle	Adam Engelke	1:53.75	2016
100 Individual Medley	Evan Bueras	:58.99	2022
50 Freestyle	Brian Hastings	:23.83	2010
50 Butterfly	Evan Bueras	:24.32	2022
100 Freestyle	Jacob Wright	:51.92	2015
200 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Andrew Pahl, Jack Garcia	1:36.35	2013
50 Backstroke	Evan Bueras	:26.36	2022
50 Breaststroke	Ryan McClintick	:30.30	2021
400 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Austin Clark, Jack Garcia	3:36.70	2013



# Eagles Boys Junior Varsity

swim&dive

# 2023



NAME	CLASS	HEIGHT	EVENTS
Trent Coulston	Senior	5'10"	Sprints, Breaststroke
Diego Dilao	Senior	5'8"	Breaststroke, IM
Ryan McClintick	Senior	5'9"	Breaststroke, IM
Eugenio Navarro	Senior	5'7"	Butterfly, Distance
Tyler Ringhofer	Senior	6'0"	Breaststroke, IM
Arman Sarrafi	Senior	5'7"	Sprints, Butterfly
Andrew Smet	Senior	5'9"	Breaststroke, Sprints
Tyler Davis	Junior	6'2"	Sprints, Backstroke
Max Ellis	Junior	6'2"	Sprints, Butterfly
Miller Redfern	Junior	6'2"	Backstroke, Sprints
Evan Bueras	Sophomore	5'9"	Backstroke, Butterfly
William Jung	Sophomore	5'10"	Breaststroke, Sprints
Jackson Nigro	Sophomore	5'7"	Sprints, Distance
James Zhou	Sophomore	5'7"	Breaststroke, IM
Chris Allen	Freshman	5'8"	Distance, Sprints
Drew Calhoun	Freshman	5'10"	Distance, Sprints
Parker Coombs	Freshman	5'5"	Breaststroke, Butterfly
Adam Cuthbert	Freshman	5'8"	Breaststroke, IM
Young Zhang	Freshman	5'11"	Distance, Sprints





Sweeping all three levels at the Trinity League championships is an exceedingly rare occurrence. In 2022, SMCHS took all three levels on the Boys side—the only school in Trinity League history to do so. Can 2023 see a repeat of this feat? Only time will tell.

The seniors begin with **Trent Coulston**. Trent has been a fixture with SM swimming and anchors the sprinting corps for the team with his 23 in the 50 free. **Diego Dilao** set the school record in the JV 50 and 100 breast last year and re-took his league record in the 100 breast as well. **Darius Mahjoob** is a future Ivy-leaguer and a current backstroke and freestyle specialist. **Ryan McClintick** brings polo sprinter speed to the team, but his specialty is the breaststroke. **Eugenio Navarro** is Santa Margarita swimming personified and will be missed as a member of the swimming team family when he graduates. **Tyler Ringhofer** returns to the team this year and can set team and league records in the 200 IM and breaststroke. **Arman Sarrafi** returns to SM for his senior year and is welcomed back onto the swim team to add sprinting speed. **Andrew Smet** quietly improves each year and has made himself into a league-finalist breaststroke swimmer.

Junior **Jackson Campopiano** brings athleticism to the team in his first year with SM swimming. **Tyler Davis** brings tremendous freestyle speed to the team, but his strong character and integrity means the most to the coaches. **Max Ellis** arrives from Woodbridge HS and the polo program to add his strength and sprint speed to the Eagles. **Miller Redfern** has taken gigantic strides in his swimming and rocked a 23 in the 50 freestyle last year at league finals. **Cooper West** has decided he wants to focus on swimming and is seeing improvements in his technique.

Sophomore **Abanoub Abdelmalek** is a team leader with his swimming skills and lead-by-example attitude. **Evan Bueras** had a spectacular first year setting school records in the Open back, IM, and fly and now looks to repeat his feats on JV. **Andrew Curtis'** positivity and hustle make him a great member of SM swimming. **Aron Farkas** quietly approaches his swimming and is a valued member of the team. **James Grayce** discovered backstroke as his super power and looks to improve even more in 2023. **Christian Harter** is passionate about im-

proving his technique and can break the magic 2:00 barrier in the 200 free. **Colby Hoff** joins the swim team for the first time and will lend his skills in the free and fly. **William Jung** is newly arrived from Korea and possesses a CIF-quality breaststroke and is an emerging sprinter. **Hayden Mansoury** has developed his talent in the breaststroke and backstroke. **John Martinez** transfers in from San Clemente HS and adds pure speed in the freestyle sprints. **Joey Miller** has mastered butterfly and works extremely hard in the weight room. **Reagan Murray** is a teammate that everyone looks up to and whose presence on the team makes the team better. **Jackson Nigro** dropped a staggering 45 seconds in his 500 freestyle and is one of the most improved swimmers in SM history, just missing CIF consideration in the 500. **Marek Seablom-Michel** is a weight room warrior and an ace in freestyle. **James Zhou** won the league title in the 50 breast on Open in '22 and now challenges on JV.

The freshman class has some serious skills and a bright future. **Chris Allen** will challenge for the league titles in the middle distance freestyle events. **Harrison Beck** wants to show his speed beyond his playing time in water polo. **Drew Calhoun's** 1:55 in the 200 free is just demonstrating the beginning of his swimming potential. **Parker Coombs** brings years of experience from the Mission Viejo Nadadores to freestyle, IM, and breaststroke at SM. **Adam Cuthbert** is seeing mega time drops in all of his races, especially in breast, IM, and free. **Sam Fallahi** joins Eagle swimming to see where his swimming talents will take him. **Hayden "Jet" Kent** has a major upside in freestyle sprinting that can take him far in water polo. **Luke Lagumbay** owns raw speed in the freestyle events and can make league finals. **Cassius Rosaler** is already looking forward to the Trinity League championships when he can showcase his talents. **Young Zhang** already is a great freestyler in all distances and will be twice the swimmer at league finals.





# Eagles Boys Open

swim&dive

# 2023



## NAME

## CLASS

## HEIGHT

## EVENTS

Darius Mahjoob	Senior	6'0"	Backstroke, Freestyle
Jackson Campopiano	Junior	5'8"	Sprints, Butterfly
Cooper West	Junior	5'11"	Freestyle, Backstroke
Abanoub Abdelmalek	Sophomore	5'5"	Freestyle, Breaststroke
Andrew Curtis	Sophomore	5'8"	Breaststroke, Freestyle
Aron Farkas	Sophomore	5'7"	Freestyle, Butterfly
James Grayce	Sophomore	5'10"	Freestyle, Backstroke
Christian Harter	Sophomore	5'6"	Sprints, Butterfly
Colby Hoff	Sophomore	5'9"	Sprints, Backstroke
Hayden Mansoury	Sophomore	6'2"	Freestyle, Breaststroke
John Martinez	Sophomore	5'8"	Sprints, Butterfly
Joey Miller	Sophomore	5'9"	Butterfly, Sprints
Reagan Murray	Sophomore	5'10"	Freestyle, Backstroke
Marek Seablom-Michel	Sophomore	5'11"	Backstroke, Freestyle
Harrison Beck	Freshman	5'11"	Sprints, Backstroke
Sam Fallahi	Freshman	6'0"	Freestyle, Breaststroke
Hayden Kent	Freshman	5'7"	Sprints, Butterfly
Luke Lagumbay	Freshman	5'6"	Breaststroke, Sprints
Cassius Rosaler	Freshman	5'7"	Sprints, Butterfly
Zakari Huey-Nazareno	Freshman	5'3"	Backstroke/Butterfly"



## NAME

## CLASS

## HEIGHT

## EVENTS

Jasmine Allen	Senior	5'4"	Distance, Butterfly
Kassidy Goddard	Senior	5'5"	Backstroke, Sprints
Emma Tijanich	Junior	5'5"	Butterfly, Breaststroke
Dolma Arow	Sophomore	5'9"	Backstroke, Breaststroke
Jamie Ciborowski	Sophomore	5'5"	Sprints, Backstroke
Emma Gomez	Sophomore	5'6"	Backstroke, Butterfly
Danielle Gorrell	Sophomore	5'6"	Breaststroke, IM
Addison Matthews	Sophomore	5'6"	Sprints, Butterfly
Jolyn Zheng	Sophomore	5'6"	Sprints, Butterfly
Megan Zimmerman	Sophomore	5'6"	Distance, Breaststroke
Hannah Campbell	Freshman	5'8"	Sprints, Backstroke
Emerson Kavelaars-Eakins	Freshman	5'7"	Backstroke, IM
Angela Lim	Freshman	5'10"	Butterfly, Sprints
Reese Salazar	Freshman	5'8"	Distance, Sprints
Kathy Yu	Freshman	5'7"	Butterfly, Backstroke



After completing dominant runs at Trinity League finals last season, what has the 2023 season in store for an encore? The Girls Open and Junior Varsity were named Trinity league champs after scoring 612 and 695 points at league finals, respectively. The 2023 team has intriguing talent and the capability of repeating as league champions.

There are four seniors in the program looking to complete their four years with Eagles swimming. **Jasmine Allen** had two, top-four finishes in the distance freestyles at league finals last season. **Isabella DeSanto** has been a dedicated member of the swim team and her dedication and hard work will result in a senior year with style. **Kassidy Goddard** had a PR in the 100 back at league finals—1:02.24—that ranks in the top 50 all-time in SM history. **Avery Plum** owns a sprint freestyle and breaststroke that will qualify for league finals in her senior year.

The junior class starts with **Emma Duffy**. Emma is in her first year with Eagle swimming and looks to make a contribution in freestyle and backstroke. Star water polo player **Hannah McClaskey** joins the swim team after transferring in from San Juan Hills High School this year. **Katie Pfeiffer** has talents in butterfly and breaststroke (and baking) making the top 6 in each event at league finals. **Bianca Temesvary** is another water polo starter who had impressive breaststroke and freestyle sprint times in 2022. **Emma Tijanich** moves up to JV after league-title winning 2022 on the Open team.

Sophomore **Dolma Arow** makes the step up to JV and is a league threat in the breaststroke and backstroke. **Jamie Ciborowski** had a dominant 2022 season sweeping the 200 and 100 freestyles at the Trinity League championships. **Sofia Franco's** hard work paid off last season with two, top-5 finals swims at league in the 100 IM and the 50 fly. **Emma Gomez** has set her sights on getting a CIF time in the backstroke and fly after posting a 1:02.47 in the back in 2022. **Danielle Gorrell** achieved PR's in all of her swims last year and is hungry to drop more time in the fly and breast. **Brooke Kaltenbach** placed 3<sup>rd</sup> and 4<sup>th</sup> respectively in the 50 and 200 freestyles scoring big points for toward the team championship. **Addie Matthews** is in striking range of CIF times in the 500 free, the 100 fly, and the freestyle sprints and wants that gold cap. **Keira Mayes** was a championship finalist at league last year in the 100 freestyle and is improving with every

practice. **Makena Moore** never missed a weightlifting practice and it paid off with a 3<sup>rd</sup> place finish at league in the 50 fly and 6<sup>th</sup> place in the 100 IM. **Sophia Popejoy** brings power from water polo to the freestyle sprints and fly. **Lucy Stiles** possesses talent in the water and talent on the stage as a member of Talon Theater—a true team player. Transfer **Jolyn Zheng** owns blazing speed in the sprints (:24.80 in the 50 free) and has the potential to be a CIF contender. **Megan Zimmerman** is all heart when she trains and races and set PR's last year in the 500 free after asking to swim in the distance lane all season.

A super talented freshman class begins with **Hannah Campbell**. Hannah not only has the skills to win individual JV league titles but the ability to qualify for CIF in multiple freestyle events. **Eusmary Cisneros** brings tremendous enthusiasm to the team and is ready to swim. **Samantha Elizarraraz** is new to the sport but has a positive attitude that will lead to much improvement. **Gianna Fortezzo** brings experience swimming for Eastside Swim Club and has range to swim all of the high school swim events. **Alea Gauthier's** athleticism through cheer lends itself to the sprint free and back events. **Estelle Karaba** has pure freestyle sprinting speed to win a league title. **Emerson Kavelaars-Eakins** is a rapidly improving sprinter (:26.38 in the 50 free) and a 1:03.69 backstroke swimmer in range of CIF times. **Angela Lim** is a powerful sprinter and butterfly with talent to qualify for CIF. **Laura Liu** swam for Evolution Racing Club and has the versatility to swim all strokes. **Kylie McInnes** is focused on giving her best each and every practice, which will lead to big time improvements. **Reese Salazar** is currently seeing time drops in the mid-to-distance freestyle events that will challenge for a league title. **Emma Wu** starts her Eagle swimming career with gusto. **Eva Yang** has the versatility to swim all strokes in all events. **Kathy Yu** is a sub-minute 100 freestyler (:59.59) and a league and CIF consideration contending 100 backstroke (1:03.65).



**NAME****CLASS****HEIGHT****EVENTS**

Isabella DeSanto	Senior	5'4"	Breaststroke, Freestyle
Avery Plum	Senior	5'6"	Sprints, Breaststroke
Emma Duffy	Junior	5'4"	Freestyle, Backstroke
Hannah McClaskey	Junior	5'10"	Sprints, Breaststroke
Katie Pfeiffer	Junior	5'7"	Butterfly, IM
Bianca Temesvary	Junior	5'6"	Sprints, Breaststroke
Sofia Franco	Sophomore	5'3"	Freestyle, Backstroke
Brooke Kaltenbach	Sophomore	5'3"	Freestyle, Breaststroke
Keira Mayes	Sophomore	5'4"	Freestyle, Backstroke
Makena Moore	Sophomore	5'4"	Freestyle, Butterfly
Sophia Popejoy	Sophomore	5'8"	Sprints, Butterfly
Lucy Stiles	Sophomore	5'7"	Backstroke, Freestyle
Eusmary Cisneros	Freshman	5'1"	Freestyle, Backstroke
Samantha Elizarraraz	Freshman	5'6"	Freestyle, Butterfly
Gianna Fortezzo	Freshman	5'3"	Freestyle, Butterfly
Alea Gauthier	Freshman	5'6"	Backstroke, Freestyle
Estelle Karaba	Freshman	5'6"	Sprints, Breaststroke
Laura Liu	Freshman	5'4"	Freestyle, Breaststroke
Kylie McInnes	Freshman	5'0"	Freestyle, Backstroke
Emma Wu	Freshman	5'3"	Freestyle, Breaststroke
Eva Yang	Freshman	5'6"	Butterfly, Backstroke



# All-Time Records

swim&div

# 2023

## Girls Varsity

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	7th (II)
1994	(9-1-1)	Rick Rowland	2nd	3rd (II)
1995	(8-2)	Rick Rowland	3rd	19th (I)
1996	(5-6)	Rick Rowland	4th	23rd (I)
1997	(7-5)	Rick Rowland	2nd	11th (I)
1998	(7-5)	Rich Blanc	2nd	9th (I)
1999	(10-3)	Rich and Ron Blanc	2nd	7th (I)
2000	(11-0)	Rich and Ron Blanc	Champs	Champs (II)
2001	(8-1)	Rich and Ron Blanc	Champs	5th (I)
2002	(9-0)	Rich and Ron Blanc	Champs	2nd (I)
2003	(7-2)	Rich and Ron Blanc	Champs	3rd (I)
2004	(9-1-1)	Rich and Ron Blanc	Champs	15th (I)
2005	(9-2)	Rich and Ron Blanc	Champs	6th (I)
2006	(7-1)	Rich and Ron Blanc	Champs	2nd (I)
2007	(8-1)	Rich and Ron Blanc	Champs	16th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	9th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	15th (I)
2010	(6-2)	Rich and Ron Blanc	Champs	14th (I)
2011	(7-1)	Rich and Ron Blanc	Champs	5th (I)
2012	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2013	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2014	(7-0)	Rich and Ron Blanc	Champs	Champs (I)
2015	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2016	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2017	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2018	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2019	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2020	(1-0)	Rich and Ron Blanc	NA	NA
2021	(5-0)	Rich and Ron Blanc	Champs	Champs (I)
2022	(6-0)	Rich and Ron Blanc	Champs	Champs (I)

## Boys Varsity

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	30th (II)
1994	(5-6)	Rick Rowland	4th	6th (I)
1995	(4-6)	Rick Rowland	5th	11th (I)
1996	(10-1)	Rick Rowland	2nd	2nd (I)
1997	(9-3)	Rick Rowland	2nd	2nd (I)
1998	(9-3)	Rick Rowland	2nd	3rd (I)
1999	(5-7-1)	Rich and Ron Blanc	5th	11th (I)
2000	(8-3)	Rich and Ron Blanc	Champs	3rd (I)
2001	(8-1)	Rich and Ron Blanc	Champs	2nd (I)
2002	(7-2)	Rich and Ron Blanc	2nd	8th (I)
2003	(6-3)	Rich and Ron Blanc	2nd	9th (I)
2004	(6-4-1)	Rich and Ron Blanc	2nd	42nd (I)
2005	(9-2)	Rich and Ron Blanc	Champs	31st (I)
2006	(5-3)	Rich and Ron Blanc	Champs	14th (I)
2007	(5-4)	Rich and Ron Blanc	Champs	18th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	20th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	17th (I)
2010	(5-3)	Rich and Ron Blanc	2nd	33rd (I)
2011	(8-0)	Rich and Ron Blanc	Champs	46th (I)
2012	(6-2)	Rich and Ron Blanc	2nd	39th (I)
2013	(8-0)	Rich and Ron Blanc	Champs	21st (I)
2014	(7-0)	Rich and Ron Blanc	Champs	16th (I)
2015	(6-1)	Rich and Ron Blanc	2nd	6th (I)
2016	(6-0-1)	Rich and Ron Blanc	2nd	3rd (I)
2017	(6-1)	Rich and Ron Blanc	2nd	5th (I)
2018	(5-2)	Rich and Ron Blanc	Champs	8th (I)
2019	(6-1)	Rich and Ron Blanc	Champs	2nd (I)
2020	(0-1)	Rich and Ron Blanc	NA	NA
2021	(5-1)	Rich and Ron Blanc	Champs	Champs (I)
2022	(7-0)	Rich and Ron Blanc	Champs	Champs (I)

## Girls Junior Varsity

Year	Record	Coach	League
1993	(0-5)	Geoff Marcoux	4th
1994	(6-2)	Tom Krucli	2nd
1995	(9-1)	Dan Flynn	2nd
1996	(8-3)	Rich and Ron Blanc	2nd
1997	(8-3-1)	Rich and Ron Blanc	3rd
1998	(7-5)	Ron Blanc	3rd
1999	(12-1)	Renee Blanc	2nd
2000	(10-1)	Renee Blanc	Champs
2001	(9-0)	Renee Blanc	Champs
2002	(9-0)	Renee Blanc	Champs
2003	(9-0)	Renee Blanc	Champs
2004	(10-1)	Renee Blanc	Champs
2005	(8-2)	Renee Blanc	Champs
2006	(5-3)	Renee Blanc	Champs
2007	(7-2)	Renee Blanc	Champs
2008	(9-1)	Renee Blanc	Champs
2009	(8-1)	Renee Blanc	Champs
2010	(7-1)	Renee Blanc	Champs
2011	(8-0)	Renee Blanc	Champs
2012	(8-0)	Renee Blanc	Champs
2013	(8-0)	Renee Blanc	Champs
2014	(7-0)	Renee Blanc	Champs
2015	(6-0)	Renee Blanc	Champs
2016	(6-0)	Renee Blanc	Champs
2017	(5-1)	Renee Blanc-Supernaw	Champs
2018	(6-0)	Renee Blanc-Supernaw	Champs
2019	(6-0)	Renee Blanc-Supernaw	Champs
2020	(1-0)	Renee Blanc-Supernaw	NA
2021	(6-0)	Renee Blanc-Supernaw	Champs
2022	(6-0)	Renee Blanc-Supernaw	Champs

## Boys Junior Varsity

Year	Record	Coach	League
1993	(0-2)	Geoff Marcoux	2nd
1994	(2-5)	Tom Krucli	5th
1995	(5-5)	Dan Flynn	3rd
1996	(7-4)	Rich and Ron Blanc	4th
1997	(8-4)	Rich and Ron Blanc	4th
1998	(4-8)	Tyson Thomas	5th
1999	(6-7)	Mike Woods	4th
2000	(9-2)	Mike Woods	Champs
2001	(8-1)	Jeff Heeren	Champs
2002	(6-3)	Jeff Heeren	Champs
2003	(8-1)	Kevin Ricks	Champs
2004	(8-3)	Justin Willner	Champs
2005	(9-1)	Kevin Ricks	Champs
2006	(5-3)	Shaun Souza	Champs
2007	(7-2)	Shaun Souza	Champs
2008	(7-3)	Shaun Souza	2nd
2009	(8-1)	Shaun Souza	Champs
2010	(6-2)	Shaun Souza	Champs
2011	(8-0)	Shaun Souza	Champs
2012	(8-0)	Tim Renden	Champs
2013	(7-1)	Brian Weathersby	Champs
2014	(7-0)	Brian Weathersby	Champs
2015	(6-1)	Brian Weathersby	2nd
2016	(6-1)	Brian Weathersby	2nd
2017	(5-2)	Brian Weathersby	2nd
2018	(6-1)	Kristen Zepeda	Champs
2019	(6-1)	Kristen Zepeda	2nd
2020	(0-1)	Kristen Zepeda	NA
2021	(5-1-1)	Kristen Zepeda	Champs
2022	(6-1)	Kristen Zepeda	Champs



## Girls Open

Year	Record	Coach	League
1993	(1-7)	Geoff Marcoux	5th
1994	(6-4)	Tom Krucli	4th
1995	(4-1)	Mike Stachowski	3rd
1996	(4-2)	Rich and Ron Blanc	2nd
1997	(9-2-1)	Tyson Thomas	2nd
1998	(6-2)	Renee Blanc	3rd
1999	(9-1)	Christine Barker	2nd
2000	(6-2)	Christine Barker	Champs
2001	(5-0)	Laurie Egus	Champs
2002	(5-1)	Laurie Egus	2nd
2003	(6-2)	Laurie Egus	Champs
2004	(8-0)	Jen Gonzalez	Champs
2005	(8-0)	Alicia Sayles	Champs
2006	(6-2)	Alicia Sayles	Champs
2007	(9-0)	Alicia Sayles	Champs
2008	(10-0)	Alicia Sayles	Champs
2009	(8-1)	Alicia Sayles	Champs
2010	(8-0)	Alicia Sayles	Champs
2011	(8-0)	Alicia Sayles	2nd
2012	(8-0)	Dana Reyes	2nd
2013	(8-0)	Kellie Fecarotta	Champs
2014	(7-0)	Kellie Fecarotta	Champs
2015	(6-0)	Taylor Blanc	Champs
2016	(6-0)	Taylor Blanc	Champs
2017	(6-0)	Taylor Blanc	Champs
2018	(6-0)	Taylor Blanc	Champs
2019	(6-0)	Jennifer Abalos	Champs
2020	(1-0)	Jennifer Abalos	NA
2021	(6-0)	Jennifer Abalos	Champs
2022	(6-0)	Olivia Romo-Slobodien	Champs

## Boys Open

Year	Record	Coach	League
1993	(0-3)	Geoff Marcoux	2nd
1994	(3-8)	Tom Krucli	7th
1995	(1-4)	Mike Stachowski	5th
1996	(5-2)	Rich and Ron Blanc	3rd
1997	(4-1)	Tyson Thomas	3rd
1998	(3-2)	Tyson Thomas	3rd
1999	(2-3)	Scott Taylor	4th
2000	NA	NA	NA
2001	NA	NA	NA
2002	(0-1)	Jeff Heeren	2nd
2003	(1-0)	Justin Willner	2nd
2004	(0-1)	Nicole Loftus	Champs
2005	(3-1)	Shaun Souza	Champs
2006	(5-1)	Clare Peyrebrune	Champs
2007	(6-1)	Clare Peyrebrune	Champs
2008	(7-2)	Clare Peyrebrune	2nd
2009	(6-2)	Clare Peyrebrune	Champs
2010	(7-1)	Tim Renden	Champs
2011	(8-0)	Tim Renden	Champs
2012	(7-1)	Alicia Sayles	Champs
2013	(8-0)	Alicia Sayles	Champs
2014	(6-1)	Brendan Barrow	2nd
2015	(5-2)	Olivia Romo	2nd
2016	(5-2)	Olivia Romo	2nd
2017	(5-2)	Dinara Shalhoup	2nd
2018	(5-2)	Olivia Romo	Champs
2019	(6-1)	Joel Yamasaki	Champs
2020	(0-1)	Joel Yamasaki	NA
2021	(5-2)	Joel Yamasaki	2nd
2022	(7-0)	Joel Yamasaki	Champs



This is what it means to be a member of the Eagle swimming and diving family.



# Trinity League Records

swim&dive

# 2023

## Varsity Girls

Hodges, Stafford, Stinson, Aquino	SMCHS	1:42.88	2022
Macky Hodges	SMCHS	1:46.48	2022
Justina Kozan	SMCHS	1:58.32	2021
Kaitlyn Albertoli	JSHS	:22.71	2014
Justina Kozan	SMCHS	:53.23	2021
Lindsay Ervin	SMCHS	:49.48	2022
Stephanie Su	MDHS	4:49.53	2018
Aquino, Salvino, Ervin, Hodges	SMCHS	1:32.12	2022
Macky Hodges	SMCHS	:53.76	2022
Isabelle Odgers	SMCHS	1:01.82	2018
Hodges, Salvino, Yu, J. Kozan	SMCHS	3:24.15	2021
Izzy Choquehuanca	SMCHS	549.40	2011

## Varsity Boys

200 Medley Relay	1:34.51	2022	Nugent, Wu, Yan, Xing	SMCHS
200 Freestyle	1:39.35	2022	Jaden Ficklen	SMCHS
200 Individual Medley	1:48.98	2015	Grant Shoults	SMCHS
50 Freestyle	:20.53	2019	Christian Martinez	SHS
100 Butterfly	:48.73	2022	Daniel Verdolaga	SMCHS
100 Freestyle	:44.80	2016	Grant Shoults	SMCHS
500 Freestyle	4:27.62	2014	Jerad Kaskawal	SHS
200 Freestyle Relay	1:23.22	2022	Yan, Cehelnik, Ju, Jiang	SMCHS
100 Backstroke	:49.57	2022	Ramon Jiang	SMCHS
100 Breaststroke	:56.33	2022	Keller Morgan	SMCHS
400 Freestyle Relay	3:04.21	2022	Cehelnik, Verdolaga, Cai, Ju	SMCHS
Diving	588.30	2000	Michael Hilde	SHS

## Junior Varsity Girls

Le, Etter, Healy, Hoppe	SMCHS	1:51.52	2022
Haasini Prabhakar	SMCHS	1:55.92	2022
Jessica Ahlering	SMCHS	1:08.93	2000
Caitlin Caruso	SMCHS	2:10.40	2018
Morgan Hoppe	SMCHS	:24.46	2022
Haasini Prabhakar	SMCHS	:26.82	2022
Haasini Prabhakar	SMCHS	:57.07	2022
Morgan Hoppe	SMCHS	:53.11	2022
Kailia Utley	MDHS	4:54.51	2021
Hoppe, Davis, Prabhakar, Krebs	SMCHS	1:38.71	2022
Zoe Le	SMCHS	:27.96	2022
Kailia Utley	MDHS	:56.02	2021
Caitlin Caruso	SMCHS	:31.39	2018
Caitlin Caruso	SMCHS	1:06.30	2018
Matthews, Krebs, Davis, Prabhakar	SMCHS	3:41.02	2022

## Junior Varsity Boys

200 Medley Relay	1:40.37	2021	Kaplan, Quach, Gallivan, Bryant	MDHS
200 Freestyle	1:46.40	2021	Nicholas Burke	SMCHS
100 Individual Medley	1:02.91	2000	Adam Szeremeta	SMCHS
200 Individual Medley	1:59.97	2018	Erik Franck	MDHS
50 Freestyle	:21.87	2021	Connor Cohen	SMCHS
50 Butterfly	:24.88	2022	Holden Levine	SMCHS
100 Butterfly	:53.61	2016	Corey Smith	MDHS
100 Freestyle	:48.85	2018	Angel Sanchez	SMCHS
500 Freestyle	4:48.58	2019	Harry Needell	SMCHS
200 Freestyle Relay	1:30.65	2014	Lupin, Giacobbe, Garcia, Slobodien	SMCHS
50 Backstroke	:25.28	2022	Dean Fujimoto	SMCHS
100 Backstroke	:55.02	2021	Ethan Kaplan	MDHS
50 Breaststroke	:28.54	2021	Cody Quach	MDHS
100 Breaststroke	1:00.63	2022	Diego Dilao	SMCHS
400 Freestyle Relay	3:20.17	2021	Burke, Fujimoto, cohen, Douglas	SMCHS

## Open Girls

Li, Morris, Johnston, Goh	SMCHS	2:00.88	2013
Natalie Tuerk	SMCHS	2:00.46	2016
Kristine Liao	SMCHS	1:04.90	2014
Delaney Mazelin	SMCHS	:25.78	2015
Stephanie Morris	SMCHS	:29.17	2015
Natalie Tuerk	SMCHS	:55.81	2016
Hines, Goddard, Liao, Cunningham	SMCHS	1:46.98	2014
May Li	SMCHS	:30.01	2012
Elizabeth Morris	SMCHS	:33.95	2013
Gentry, Hines, Mazelin, Cunningham	SMCHS	3:50.52	2014

## Open Boys

200 Medley Relay	1:48.16	2017	Sanders, Classen, Finby, Teitscheid	MDHS
200 Freestyle	1:53.46	2016	Jack Reid	MDHS
100 Individual Medley	:58.93	2018	William O'Sullivan	MDHS
50 Freestyle	:23.00	2018	William Ludovico	MDHS
50 Butterfly	:24.32	2022	Evan Bueras	SMCHS
100 Freestyle	:50.91	2014	Christian Hockenbury	MDHS
200 Freestyle Relay	1:36.10	2017	Nguyen, Sanders, Classen, Teitscheid	MDHS
50 Backstroke	:26.36	2022	Evan Bueras	SMCHS
50 Breaststroke	:30.05	2017	Ryan Lee	SHS
400 Freestyle Relay	3:30.65	2014	Hockenbury, VanHorn, Duncan, Payne	MDHS







**Wishing Carson  
and the SM Eagles  
a Fantastic  
2023 Season!**

**The Eich Family**

**LEAGUE,  
CIF,  
STATE,  
NATIONAL...**

**GO EAGLES!**

**THE FARKAS  
FAMILY**





# Trinity League Champions-Girls Varsity

swim&div

# 2023

## 200 Medley Relay

2000 Rosary	1:56.40
2001 Rosary	1:55.37
<b>2002 Santa Margarita</b>	<b>1:52.15</b>
<b>2003 Santa Margarita</b>	<b>1:52.08</b>
<b>2004 Santa Margarita</b>	<b>1:57.33</b>
<b>2005 Santa Margarita</b>	<b>1:56.85</b>
2006 Mater Dei	1:56.61
2007 Mater Dei	1:52.80
2008 Mater Dei	1:50.55
<b>2009 Santa Margarita</b>	<b>1:52.83</b>
2010 Mater Dei	1:50.79
<b>2011 Santa Margarita</b>	<b>1:50.51</b>
<b>2012 Santa Margarita</b>	<b>1:48.08</b>
2013 JSerra	1:45.00
2014 JSerra	1:45.79
<b>2015 Santa Margarita</b>	<b>1:44.89</b>
2016 Mater Dei	1:46.13
<b>2017 Santa Margarita</b>	<b>1:46.38</b>
<b>2018 Santa Margarita</b>	<b>1:44.87</b>
<b>2019 Santa Margarita</b>	<b>1:45.49</b>
<b>2021 Santa Margarita</b>	<b>1:45.80</b>
<b>2022 Santa Margarita</b>	<b>1:42.88</b>

## 200 Freestyle

<b>2000 Michele Gonzalez, SM</b>	<b>1:59.79</b>
2001 Jessica Cruzat, ROS	1:55.08
2002 Jessica Cruzat, ROS	1:53.92
2003 Marissa Josphe, MD	1:55.49
2004 Kaylen Hewko, ROS	1:53.47
2005 Kaylen Hewko, ROS	1:54.29
2006 Kaylen Hewko, ROS	1:56.24
<b>2007 Alex Delaney, SM</b>	<b>1:55.01</b>
<b>2008 Alex Delaney, SM</b>	<b>1:53.78</b>
<b>2009 Alex Delaney, SM</b>	<b>1:53.42</b>
<b>2010 Alex Delaney, SM</b>	<b>1:54.20</b>
<b>2011 Lizzie Devitt, SM</b>	<b>1:53.47</b>
2012 Katie McLaughlin, JS	1:48.89
2013 Katie McLaughlin, JS	1:48.27
2014 Kaitlyn Albertoli, JS	1:47.76
<b>2015 Samantha Shelton, SM</b>	<b>1:47.78</b>
<b>2016 Samantha Shelton, SM</b>	<b>1:48.24</b>
<b>2017 Ella Ristic, SM</b>	<b>1:46.93</b>
<b>2018 Ella Ristic, SM</b>	<b>1:46.98</b>
<b>2019 Ella Ristic, SM</b>	<b>1:47.44</b>
<b>2021 Macky Hodges, SM</b>	<b>1:47.30</b>
<b>2022 Macky Hodges, SM</b>	<b>1:46.48</b>

## 200 Individual Medley

2000 Alex Stauber, ROS	2:13.78
2001 Alex Stauber, ROS	2:12.96
<b>2002 Shannon Packard, SM</b>	<b>2:14.03</b>
<b>2003 Stephanie Scott, SM</b>	<b>2:10.29</b>
<b>2004 Brittany Hosner, SM</b>	<b>2:17.64</b>
<b>2005 Devonie Miguez, SM</b>	<b>2:09.27</b>
<b>2006 Devonie Miguez, SM</b>	<b>2:09.07</b>
2007 Melissa Bates, MD	2:08.86
2008 Melissa Bates, MD	2:04.87
2009 Melissa Bates, MD	2:06.21
2010 Jiana Vargem, MD	2:06.36
2011 Jiana Vargem, MD	2:06.77
<b>2012 Lizzie Devitt, SM</b>	<b>2:02.02</b>
<b>2013 Lizzie Devitt, SM</b>	<b>2:02.69</b>
2014 Katie Glavinovich, JS	2:03.84
2015 Sonia Wang, JS	2:00.16
<b>2016 Isa Odgers, SM</b>	<b>2:03.70</b>
2017 Katie Glavinovich, JS	2:00.88
<b>2018 Samantha Shelton, SM</b>	<b>2:00.63</b>
<b>2019 Mackenzie Degn, SM</b>	<b>2:03.32</b>
<b>2021 Justina Kozan, SM</b>	<b>1:58.32</b>
<b>2022 Asia Kozam, SM</b>	<b>2:02.59</b>

## 50 Freestyle

<b>2000 Jamie Kroeze, SM</b>	<b>:24.48</b>
<b>2001 Erika Figge, SM</b>	<b>:24.61</b>
<b>2002 Erika Figge, SM</b>	<b>:24.43</b>
<b>2003 Erika Figge, SM</b>	<b>:24.01</b>
2004 Amanda Loera, MD	:24.65
<b>2005 Brooke Figge, SM</b>	<b>:25.21</b>
<b>2006 Katie Whichard, SM</b>	<b>:25.64</b>
2007 Jennifer Lai, MD	:25.39
2008 Hannah Croghan, ROS	:25.39
2009 Hannah Croghan, ROS	:25.35
<b>2010 Kellie Fecarotta, SM</b>	<b>:24.64</b>
2011 Hailey Golden, OLU	:24.63
2012 Kaitlyn Albertoli, JS	:23.51
2013 Kaitlyn Albertoli, JS	:22.91
2014 Kaitlyn Albertoli, JS	:22.71
2015 Carly Vaccher, OLU	:24.26
<b>2016 Mackenzie Degn, SM</b>	<b>:23.81</b>
<b>2017 Anicka Delgado, SM</b>	<b>:23.22</b>
<b>2018 Anicka Delgado, SM</b>	<b>:23.09</b>
<b>2019 Anicka Delgado, SM</b>	<b>:23.03</b>
<b>2021 Teia Salvino, SM</b>	<b>:23.31</b>
<b>2022 Teia Salvino, SM</b>	<b>:22.83</b>

## 100 Butterfly

2000 Jenna Cruzat, ROS	1:00.21
2001 Jenna Cruzat, ROS	1:00.34
<b>2002 Sarah Hamilton, SM</b>	<b>1:00.20</b>
<b>2003 Sarah Hamilton, SM</b>	<b>1:00.67</b>
2004 Erin Schaad, STJ	1:01.20
<b>2005 Mary Cousineau, SM</b>	<b>1:04.50</b>
<b>2006 Amanda Nauman, SM</b>	<b>1:02.41</b>
<b>2007 Alex Worthen, SM</b>	<b>1:01.38</b>
<b>2008 Alex Worthen, SM</b>	<b>:59.84</b>
<b>2009 Alex Worthen, SM</b>	<b>1:00.42</b>
2010 Casey Mims, JS	:57.10
2011 Casey Mims, JS	:57.05
2012 Katie McLaughlin, JS	:54.45
2013 Katie McLaughlin, JS	:53.27
<b>2014 Katie McLaughlin, SM</b>	<b>:53.29</b>
<b>2015 Katie McLaughlin, SM</b>	<b>:54.35</b>
<b>2016 Samantha Shelton, SM</b>	<b>:54.50</b>
<b>2017 Anicka Delgado, SM</b>	<b>:55.36</b>
<b>2018 Anicka Delgado, SM</b>	<b>:54.17</b>
<b>2019 Anicka Delgado, SM</b>	<b>:54.15</b>
<b>2021 Justina Kozan, SM</b>	<b>:53.23</b>
<b>2022 Isabella Abujan, SM</b>	<b>:54.73</b>

## 100 Freestyle

<b>2000 Jamie Kroeze, SM</b>	<b>:54.42</b>
<b>2001 Marla Pavik, SM</b>	<b>:57.31</b>
<b>2002 Erika Figge, SM</b>	<b>:54.18</b>
<b>2003 Erika Figge, SM</b>	<b>:53.57</b>
2004 Amanda Loera, MD	:55.64
2005 Mary Flynn, MD	:55.02
<b>2006 Darby Anderson, SM</b>	<b>:54.12</b>
<b>2007 Breanna Gordon, SM</b>	<b>:55.00</b>
<b>2008 Breanna Gordon, SM</b>	<b>:54.31</b>
<b>2009 Kellie Fecarotta</b>	<b>:54.20</b>
2010 Melissa Bates, MD	:51.57
2011 Hailey Golden, OLU	:53.60
2012 Kaitlyn Albertoli, JS	:51.09
2013 Kaitlyn Albertoli, JS	:50.32
2014 Aislinn Light, MD	:51.62
<b>2015 Samantha Shelton, SM</b>	<b>:50.20</b>
<b>2016 Mackenzie Degn, SM</b>	<b>:50.60</b>
<b>2017 Ella Ristic, SM</b>	<b>:50.47</b>
<b>2018 Ella Ristic, SM</b>	<b>:50.05</b>
<b>2019 Mackenzie Degn, SM</b>	<b>:50.00</b>
<b>2021 Teia Salvino, SM</b>	<b>:50.77</b>
<b>2022 Lindsay Ervin, SM</b>	<b>:49.48</b>



## 500 Freestyle

2000 Shannon Packard, SM	5:07.14
2001 Jessica Cruzat, ROS	5:04.00
2002 Jessica Cruzat, ROS	5:01.79
2003 Marissa Joseph, MD	5:03.65
2004 Kaylen Hewko, ROS	5:01.52
2005 Meagan Brown, SM	5:11.19
2006 Meagan Brown, SM	5:07.08
2007 Meagan Brown, SM	4:59.90
2008 Melanie Klaren, MD	5:03.87
2009 Alex Delaney, SM	5:07.20
2010 Jessica DelMonaco, MD	5:14.54
2011 Lizzie Devitt, SM	5:04.66
2012 Brittany Kahn, JS	4:55.07
2013 Brittany Kampf, MD	4:51.83
2014 Brittany Kampf, MD	4:51.75
2015 Brittany Kampf, MD	4:50.35
2016 Stephanie Su, MD	4:54.26
2017 Stephanie Su, MD	4:50.47
2018 Stephanie Su, MD	4:49.53
2019 Stephanie Su, MD	4:53.53
2021 Macky Hodges, SM	4:52.74
2022 Sydney Willson, JS	4:53.18

## 200 Freestyle Relay

2000 Santa Margarita	1:42.09
2001 Santa Margarita	1:41.01
2002 Santa Margarita	1:43.01
2003 Santa Margarita	1:41.66
2004 Rosary	1:43.48
2005 Santa Margarita	1:41.68
2006 Santa Margarita	1:40.90
2007 Mater Dei	1:40.60
2008 Santa Margarita	1:43.30
2009 Mater Dei	1:40.51
2010 Mater Dei	1:39.28
2011 Santa Margarita	1:39.82
2012 Jserra	1:35.67
2013 Santa Margarita	1:40.31
2014 Jserra	1:35.95
2015 Santa Margarita	1:38.61
2016 Santa Margarita	1:34.81
2017 Santa Margarita	1:36.39
2018 Santa Margarita	1:34.11
2019 Santa Margarita	1:34.56
2021 Santa Margarita	1:36.71
2022 Santa Margarita	1:32.12

## 100 Backstroke

2000 Stephanie Scott, SM	1:02.56
2001 Frances Tran, MD	1:00.17
2002 Stephanie Scott, SM	1:00.24
2003 Stephanie Scott, SM	1:00.38
2004 Devonie Miguez, SM	:58.86
2005 Devonie Miguez, SM	:58.25
2006 Devonie Miguez, SM	:58.14
2007 Rachel Nguyen, ROS	1:01.99
2008 Melanie Klaren, MD	:59.47
2009 Kathryn Haugen, MD	1:01.14
2010 Patricia Yam, ROS	:59.97
2011 Jax Shoults, SM	:57.96
2012 Jax Shoults, SM	:56.20
2013 Aislinn Light, MD	:57.18
2014 Aislinn Light, MD	:56.14
2015 Sonia Wang, JS	:54.80
2016 Aislinn Light, MD	:54.99
2017 Samantha Shelton, SM	:54.91
2018 Samantha Shelton, SM	:55.97
2019 Ella Ristic, SM	:55.37
2021 Maggie McGuire, SM	:56.06
2022 Macky Hodges, SM	:53.76

## 100 Breaststroke

2000 Erika Figge, SM	1:07.67
2001 Erika Figge, SM	1:08.31
2002 Sarah Hamilton, SM	1:07.36
2003 Sarah Hamilton, SM	1:08.57
2004 Devonie Miguez, SM	1:08.33
2005 Mary Flynn, MD	1:11.76
2006 Danica Elbertse, SM	1:13.01
2007 Melissa Bates, MD	1:06.08
2008 Melissa Bates, MD	1:02.06
2009 Melissa Bates, MD	1:04.82
2010 Casey Mims, JS	1:02.30
2011 Casey Mims, JS	1:03.05
2012 Jiana Vargem, MD	1:04.70
2013 Jiana Vargem, MD	1:03.44
2014 Emily Gibson, SM	1:04.86
2015 Catherine Lowengrub, JS	1:04.41
2016 Isa Odgers, SM	1:04.11
2017 Isa Odgers, SM	1:03.00
2018 Isa Odgers, SM	1:01.82
2019 Katie Nugent, SM	1:03.16
2021 Makena Partington, JS	1:06.65
2022 Julia Stafford, SM	1:04.54

## 400 Freestyle Relay

2000 Santa Margarita	3:42.44
2001 Santa Margarita	3:41.74
2002 Rosary	3:43.48
2003 Santa Margarita	3:50.38
2004 Santa Margarita	3:45.01
2005 Santa Margarita	3:44.59
2006 Santa Margarita	3:41.31
2007 Santa Margarita	3:45.50
2008 Mater Dei	3:37.58
2009 Mater Dei	3:36.34
2010 Mater Dei	3:34.08
2011 Santa Margarita	3:37.08
2012 Jserra	3:29.43
2013 Jserra	3:27.02
2014 Santa Margarita	3:32.75
2015 Santa Margarita	3:24.90
2016 Santa Margarita	3:30.07
2017 Santa Margarita	3:26.24
2018 Santa Margarita	3:26.83
2019 Santa Margarita	3:24.88
2021 Santa Margarita	3:24.15
2022 Santa Margarita	3:25.78

## Diving

2000 Rachele Routsong, SM	388.40
2001 Erika Mannix, SM	364.20
2002 Shannon McKeon, SM	391.10
2003 NA	
2004 NA	
2005 Caitlin Atkinson, SM	513.60
2006 Caitlin Atkinson, SM	492.15
2007 Kahley Rowell, SM	425.70
2008 Kahley Rowell, SM	475.25
2009 Kahley Rowell, SM	516.85
2010 Izzy Choquehuanca, SM	501.05
2011 Izzy Choquehuanca, SM	549.40
2012 Izzy Choquehuanca, SM	492.15
2013 Annie Whelan, SM	451.75
2014 Annie Whelan, SM	413.15
2015 Londen Christensen, SM	423.75
2016 Londen Christensen, SM	374.20
2017 Alexandra Barnes, SM	480.45
2018 Alexandra Barnes, SM	489.00
2019 Alexandra Barnes, SM	474.60
2021 Ella Roselli, MD	428.85
2022 Ella Roselli, MD	519.80





# Trinity League Champions-Girls Varsity

swim&dive

# 2023

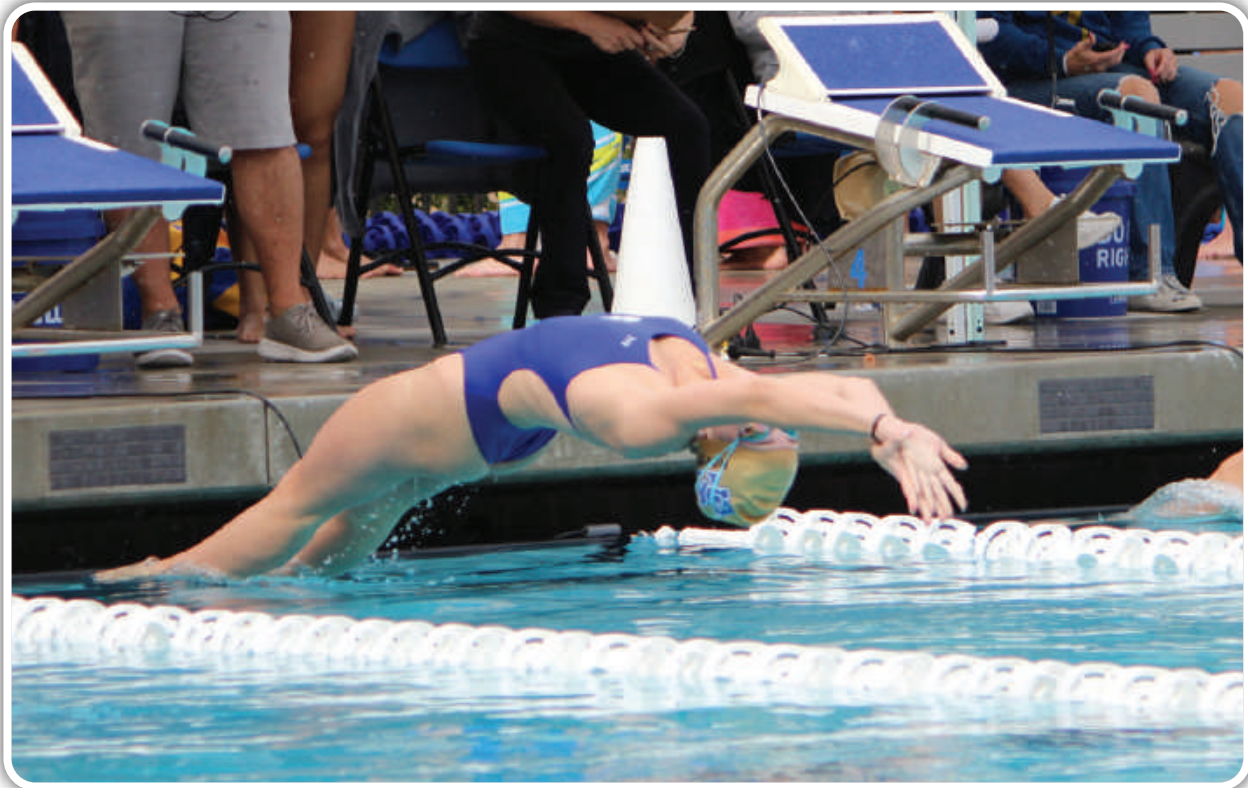
### Team Champions

2000	Santa Margarita	550.50
2001	Santa Margarita	624.00
2002	Santa Margarita	633.00
2003	Santa Margarita	627.00
2004	Santa Margarita	611.00
2005	Santa Margarita	677.00
2006	Santa Margarita	672.00
2007	Santa Margarita	590.00
2008	Santa Margarita	592.00
2009	Santa Margarita	575.50
2010	Santa Margarita	548.00
2011	Santa Margarita	601.00
2012	Santa Margarita	613.00
2013	Santa Margarita	590.00
2014	Santa Margarita	637.00
2015	Santa Margarita	610.00
2016	Santa Margarita	668.00
2017	Santa Margarita	689.00
2018	Santa Margarita	691.00
2019	Santa Margarita	679.50
2021	Santa Margarita	679.00
2022	Santa Margarita	720.00

### Swimmer of the Year

2000	Jamie Kroeze, SM
2001	Erika Figge, SM
2002	Erika Figge, SM Sarah Hamilton, SM
2003	Erika Figge, SM Sarah Hamilton, SM Stephanie Scott, SM
2004	Devonie Miguez, SM
2005	Devonie Miguez, SM
2006	Devonie Miguez, SM
2007	Melissa Bates, MD
2008	Melissa Bates, MD Melanie Klaren, MD
2009	Melissa Bates, MD
2010	Melissa Bates, MD
2011	Lizzie Devitt, SM
2012	Kaitlyn Albertoli, JS Katie McLaughlin, JS
2013	Katie McLaughlin, JS
2014	Katie McLaughlin, SM
2015	Samantha Shelton, SM

2016	Samantha Shelton, SM
2017	Anicka Delgado, SM Ella Ristic, SM
2018	Anicka Delgado, SM Ella Ristic, SM Samantha Shelton, SM
2019	Mackenzie Degn, SM Anicka Delgado, SM Ella Ristic, SM
2021	Macky Hodges, SM Justina Kozan, SM Teia Salvino, SM
2022	Macky Hodges, SM



Sophomore **Morgan Hoppe** won a pair of JV league titles in 2022 and now steps up to varsity.



## 200 Medley Relay

2000 Santa Margarita	1:43.89
2001 Santa Margarita	1:42.27
2002 Servite	1:40.94
2003 Servite	1:42.37
2004 Servite	1:37.53
2005 Santa Margarita	1:43.73
2006 Santa Margarita	1:40.98
2007 Servite	1:41.08
2008 Servite	1:39.91
2009 Santa Margarita	1:37.87
2010 Mater Dei	1:37.45
2011 Santa Margarita	1:40.25
2012 Mater Dei	1:36.76
2013 Mater Dei	1:36.43
2014 Santa Margarita	1:37.35
2015 Santa Margarita	1:38.16
2016 Santa Margarita	1:36.39
2017 Santa Margarita	1:35.60
2018 Santa Margarita	1:36.08
2019 Santa Margarita	1:36.03
2021 Santa Margarita	1:34.71
2022 Mater Dei	1:35.59

## 200 Freestyle

2000 Jonathan Russell, SM	1:44.27
2001 Jonathan Russell, SM	1:43.00
2002 Doug Ciolli, SM	1:45.06
2003 Scott Schauer, SER	1:45.05
2004 Andrew Simo, MD	1:44.55
2005 Andrew Simo, MD	1:45.35
2006 Brett Chamberlain, SM	1:43.22
2007 Lucas Norman, JS	1:48.24
2008 JD Marcin, SER	1:44.99
2009 Daniel Eaarly, JS	1:45.77
2010 Daniel Eaarly, JS	1:44.53
2011 Chad Naughton, SM	1:45.64
2012 James Betz, SM	1:46.39
2013 Grant Shoults, SM	1:40.99
2014 Marc Morizono, SM	1:40.96
2015 Marc Morizono, SM	1:40.55
2016 Marc Morizono, SM	1:40.23
2017 Payton Thomas, MD	1:41.85
2018 Kevin Tu, SM	1:42.24
2019 Noah Brune, SM	1:41.75
2021 Allen Cai, SM	1:39.96
2022 Jaden Ficklen, SM	1:39.35

## 200 Individual Medley

2000 Harris Radie, SM	2:00.08
2001 Harris Radie, SM	1:55.88
2002 Adam Hewko, SER	1:58.12
2003 Adam Hewko, SER	1:53.63
2004 Adam Hewko, SER	1:57.28
2005 Eric Babbitt, SM	2:01.17
2006 Rickey Wilson, SM	1:59.38
2007 Rickey Wilson, SM	2:01.49
2008 Patrick White, MD	1:58.94
2009 JD Marcin, SER	1:58.22
2010 Troy Cisneros, MD	1:58.64
2011 Patrick Early, SM	1:55.31
2012 Zachary Graves, SER	1:56.22
2013 Dylan Payne, MD	1:53.85
2014 Arturo Cerda, SM	1:54.89
2015 Grant Shoults, SM	1:48.98
2016 Daniel Yos, OLU	1:53.37
2017 Alexander Qu, SM	1:55.77
2018 Jackson Odgers, SM	1:52.47
2019 L. Morales-Ostergaard, SM	1:53.81
2021 Keller Morgan, SM	1:50.04
2022 Daniel Verdolaga, SM	1:49.66

## 50 Freestyle

2000 Andy Prochnow, SJB	:22.49
2001 Doug Ciolli, SM	:22.23
2002 Doug Ciolli, SM	:21.82
2003 Doug Ciolli, SM	:21.76
2004 Brent Hurley, SER	:21.05
2005 Robert Hansen, MD	:21.60
2006 Patrick White, MD	:21.24
2007 Patrick White, MD	:21.30
2008 Andrew LaForge, SER	:21.34
2009 Tommy Jankovich, SM	:21.52
2010 David Guibord, MD	:21.44
2011 Luke Hewko, SER	:21.17
2012 Dylan Payne, MD	:21.32
2013 James Walters, MD	:21.33
2014 Matthew Payne, MD	:20.99
2015 Colin See, OLU	:21.49
2016 Christian Hockenbury, MD	:20.69
2017 Christian Hockenbury, MD	:20.97
2018 Christian Martinez, SER	:20.66
2019 Christian Martinez, SER	:20.53
2021 Ramon Jiang, SM	:21.30
2022 Bode Brinkema, JS	:20.55

## 100 Butterfly

2000 Jonathan Russell, SM	:53.73
2001 Jonathan Russell, SM	:53.46
2002 Matt Sabatasso, SM	:53.26
2003 Robert Hansen, MD	:54.22
2004 Alex Rogers, SM	:53.59
2005 Patrick White, MD	:53.63
2006 Eric Babbitt, SM	:52.94
2007 Tim Simo, MD	:53.24
2008 Chris Meinhold, JS	:53.73
2009 Chris Meinhold, JS	:52.94
2010 Matt Rose, MD	:51.86
2011 James Walters, MD	:52.27
2012 James Walters, MD	:51.48
2013 James Walters, MD	:50.70
2014 Grant Shoults, SM	:49.26
2015 Alexander Qu, SM	:50.93
2016 Alexander Qu, SM	:51.49
2017 Kevin Tu, SM	:50.16
2018 Michael Maurer, SM	:52.35
2019 Kevin Tu, SM	:50.39
2021 Daniel Verdolaga, SM	:49.86
2022 Daniel Verdolaga, SM	:48.73

## 100 Freestyle

2000 Andy Prochnow, SJB	:48.97
2001 Doug Ciolli, SM	:48.58
2002 Cubie Hernandez, SM	:48.63
2003 Scott Schauer, SER	:47.91
2004 Robert Hansen, MD	:47.25
2005 Robert Hansen, MD	:47.58
2006 Andrew LaForge, SER	:48.82
2007 Andrew LaForge, SER	:48.42
2008 Andrew LaForge, SER	:48.15
2009 Tommy Jankovich, SM	:47.44
2010 Luke Hewko, SER	:47.73
2011 Eric Cristobal, SJB	:47.59
2012 Matthew Payne, MD	:48.79
2013 Matthew Payne, MD	:47.55
2014 Marc Morizono, SM	:46.32
2015 Spencer Carroll, MD	:47.43
2016 Grant Shoults, SM	:44.80
2017 Christian Hockenbury, MD	:46.08
2018 Connor McManigal, MD	:46.72
2019 Christian Martinez, SER	:46.60
2021 Allen Cai, SM	:46.14
2022 Keller Morgan, SM	:45.98





# Trinity League Champions-Boys Varsity

swim&div

# 2023

### 500 Freestyle

2000 Edmund Herlihy, SM	4:45.46
2001 Adam Hewko, SER	4:32.99
2002 Adam Hewko, SER	4:38.65
2003 Bryce Cullinane, SM	4:52.80
2004 Bryce Cullinane, SM	4:42.57
2005 Brett Chamberlain, SM	4:46.55
2006 Brett Chamberlain, SM	4:46.20
2007 Patrick White, MD	4:34.87
2008 Patrick White, MD	4:32.40
2009 Daniel Early, JS	4:42.80
2010 Daniel Early, JS	4:35.90
2011 Patrick Early, SM	4:44.60
2012 Chris Taber, SM	4:39.94
2013 Grant Shoults, SM	4:31.41
2014 Jerad Kaskawal, SER	4:27.62
2015 Stephen Marcini, SER	4:30.48
2016 Marc Morizono, SM	4:32.73
2017 Noah Brune, SM	4:34.20
2018 Kenneth Woodsum, JS	4:42.90
2019 Noah Brune, SM	4:29.30
2021 Alexandru Ispas, SM	4:30.92
2022 Tony Ju, SM	4:34.12

### 200 Freestyle Relay

2000 Santa Margarita	1:30.85
2001 Santa Margarita	1:31.81
2002 Servite	1:29.14
2003 Servite	1:27.94
2004 Servite	1:29.50
2005 Santa Margarita	1:31.67
2006 Santa Margarita	1:31.66
2007 Santa Margarita	1:31.20
2008 Servite	1:28.96
2009 Santa Margarita	1:27.56
2010 Mater Dei	1:28.08
2011 Servite	1:29.95
2012 Mater Dei	1:27.54
2013 Mater Dei	1:27.04
2014 Mater Dei	1:26.28
2015 Mater Dei	1:26.63
2016 Mater Dei	1:25.61
2017 Mater Dei	1:25.14
2018 Servite	1:25.01
2019 Santa Margarita	1:26.55
2021 Santa Margarita	1:24.86
2022 Santa Margarita	1:23.12

### 100 Backstroke

2000 Harris Radie, SM	:53.06
2001 Vince Bevins, SER	:55.95
2002 Vince Bevins, SER	:55.01
2003 Andrew Simo, MD	:55.00
2004 Andrew Simo, MD	:53.57
2005 Andrew Simo, MD	:53.59
2006 Patrick White, MD	:54.62
2007 Joshua Luebke, SER	:56.31
2008 Garrison Nauman, SM	:56.87
2009 Garrison Nauman, SM	:55.82
2010 Garrison Nauman, SM	:53.62
2011 Luke Hewko, SER	:52.97
2012 Zachary Graves, SER	:53.68
2013 Max Walsh, SM	:53.14
2014 Daniel Yos, OLU	:52.45
2015 Grant Shoults, SM	:51.04
2016 Kevin Tu, SM	:51.63
2017 Kevin Tu, SM	:50.60
2018 Kevin Tu, SM	:50.36
2019 Kevin Tu, SM	:51.00
2021 Ramon Jiang, SM	:51.05
2022 Ramon Jiang, SM	:49.57

### 100 Breaststroke

2000 Matt Sabatasso, SM	1:06.51
2001 Harris Radie, SM	1:02.07
2002 Mike Cavander, SM	1:02.39
2003 Adam Hewko, SER	:59.84
2004 Adam Hewko, SER	:58.97
2005 Rickey Wilson, SM	1:02.58
2006 Rickey Wilson, SM	1:00.89
2007 Mark Reese, SM	1:00.04
2008 Mark Reese, SM	:59.45
2009 Mark Reese, SM	:58.76
2010 Guibord/Hammond MD	1:00.27
2011 Josh Anatalio, SJB	1:01.32
2012 Dylan Payne, MD	:57.55
2013 Dylan Payne, MD	:56.71
2014 Arturo Cerda, SM	:59.48
2015 Alexander Qu, SM	:58.75
2016 Alexander Qu, SM	:57.77
2017 Alexander Qu, SM	:57.38
2018 Jackson Odgers, SM	:58.99
2019 Nathaniel Kirk, JS	:59.59
2021 Jacky Xing, SM	:57.42
2022 Keller Morgan, SM	:56.33

### 400 Freestyle Relay

2000 Santa Margarita	3:23.24
2001 Santa Margarita	3:17.08
2002 Servite	3:16.93
2003 Servite	3:15.34
2004 Servite	3:18.15
2005 Mater Dei	3:18.41
2006 Santa Margarita	3:17.65
2007 Santa Margarita	3:21.29
2008 Santa Margarita	3:19.86
2009 Jserra	3:17.18
2010 Mater Dei	3:12.49
2011 Servite	3:15.70
2012 Mater Dei	3:14.99
2013 Santa Margarita	3:13.35
2014 Santa Margarita	3:07.06
2015 Santa Margarita	3:07.88
2016 Santa Margarita	3:07.08
2017 Mater Dei	3:07.39
2018 Mater Dei	3:09.23
2019 Santa Margarita	3:07.41
2021 Santa Margarita	3:06.26
2022 Santa Margarita	3:04.21

### Diving

2000 Michael Hilde, SER	588.30
2001 Nick Helvey, SM	262.95
2002 NA	
2003 NA	
2004 NA	
2005 NA	
2006 NA	
2007 NA	
2008 NA	
2009 Conor Murphy, SM	375.90
2010 Conor Murphy, SM	454.40
2011 NA	
2012 Leopoldo Wiviott, MD	267.15
2013 Peter Menke, SM	338.20
2014 Peter Menke, SM	321.95
2015 Peter Menke, SM	388.30
2016 Peter Menke, SM	339.05
2017 Juan Cerda, SM	475.50
2018 Nicholas Leavell, SM	492.35
2019 Nicholas Leavell, SM	434.50
2021 Ethan Gibbs, SJB	400.90
2022 Ethan Gibbs, SJB	382.15





## Team Champions

2000 Santa Margarita	569.50
2001 Santa Margarita	664.50
2002 Servite	664.00
2003 Servite	646.50
2004 Servite	612.00
2005 Santa Margarita	616.00
2006 Santa Margarita	656.00
2007 Santa Margarita	542.00
2008 Santa Margarita	567.50
2009 Santa Margarita	503.50
2010 Servite	369.00
2011 Santa Margarita	519.00
2012 Mater Dei	532.00
2013 Santa Margarita	554.00
2014 Santa Margarita	609.50
2015 Mater Dei	580.00
2016 Mater Dei	594.50
2017 Mater Dei	579.50
2018 Santa Margarita	523.50
2019 Santa Margarita	594.00
2021 Santa Margarita	708.50
2022 Santa Margarita	631.00

## Swimmer of the Year

2000 Jonathan Russell, SM Harris Radie, SM
2001 Jonathan Russell, SM Harris Radie, SM Doug Ciolli, SM
2002 Adam Hewko, SER
2003 Adam Hewko, SER Scott Schauer, SER
2004 Adam Hewko, SER
2005 Eric Babbitt, SM Brett Chamberlain, SM
2006 Brett Chamberlain, SM
2007 Rickey Wilson, SM
2008 Andrew LaForge, SER
2009 Tommy Jankovich, SM
2010 David Guibord, MD
2011 Luke Hewko, SER
2012 Dylan Payne, MD
2013 Dylan Payne, MD
2014 Grant Shoults, SM

2015 Grant Shoults, SM Alexander Qu, SM
2016 Marc Morizono, SM
2017 Christian Hockenbury, MD
2018 Jackson Odgers, SM
2019 Kevin Tu, SM
2021 Allen Cai, SM Ramon Jiang, SM
2022 Tony Ju, SM Bode Brinkema, JS



Junior **Jerry Yan** blasted to two CIF State swims in the 100 back and 100 fly in 2022.



\* Short Distance in 2000

## 200 Medley Relay

2000 Santa Margarita	2:05.08
2001 Mater Dei	2:08.78
2002 Santa Margarita	2:05.65
2003 Santa Margarita	2:08.35
2004 Santa Margarita	2:07.10
2005 Santa Margarita	2:03.00
2006 Santa Margarita	2:08.31
2007 Rosary	2:10.22
2008 Santa Margarita	2:06.29
2009 Santa Margarita	2:07.16
2010 Santa Margarita	2:00.22
2011 Santa Margarita	2:01.85
2012 Santa Margarita	2:01.70
2013 Santa Margarita	2:02.79
2014 Santa Margarita	1:54.39
2015 Santa Margarita	1:56.76
2016 Santa Margarita	1:55.66
2017 Santa Margarita	1:55.47
2018 Santa Margarita	1:53.00
2019 Santa Margarita	1:55.38
2021 Santa Margarita	1:56.91
2022 Santa Margarita	1:51.52

## 200 Freestyle

2000 Darcy Mulhaupt, SM	2:11.22
2001 Joann Groff, SM	2:11.96
2002 Alex McLain, SM	2:15.15
2003 Vanessa Gonzalez, SM	2:10.92
2004 Alex McLain, SM	2:10.88
2005 Kacey Anderson, SM	2:08.19
2006 Mackenzie Maurer, SM	2:12.55
2007 Julia Brown, SM	2:10.54
2008 Mary Martin, SM	2:08.16
2009 Dante Luke, SM	2:11.03
2010 Morgan Martinez, SM	2:11.78
2011 Morgan Martinez, SM	2:05.40
2012 Kelli Baumgardner, SM	2:02.15
2013 Kelli Baumgardner, SM	1:57.71
2014 Kelli Baumgardner, SM	2:03.38
2015 Hannah Ashbrook, SM	1:59.71
2016 Abigail Nugent, SM	1:58.95
2017 Vanessa Kane, SM	2:03.00
2018 Bailey Woinarowicz, SM	2:03.76
2019 Sophia Green, MD	2:01.20
2021 Mila Drakeford, SM	2:01.39
2022 Haasini Prabhakar, SM	1:56.37

## 200 Individual Medley

2000 Jessica Ahlering, SM	1:08.93 *
2001 Alexis Beamer, MD	2:31.06
2002 Chloe Martin, MD	2:25.46
2003 Taylor Smith, SM	2:34.19
2004 Taylor Lockett, SM	2:33.43
2005 Vanessa Gonzalez, SM	2:33.63
2006 Allison Beck, SM	2:33.98
2007 Allison Beck, SM	2:34.05
2008 Mackenzie Beck, SM	2:32.44
2009 Shannon Scola, SM	2:35.61
2010 Kelly Ryan, SM	2:35.96
2011 Ali Kraft, SM	2:26.22
2012 Jordan Lee, SM	2:19.64
2013 Riley Beeler, SM	2:16.04
2014 Jordan Lee, SM	2:18.82
2015 Teresa Cerda, SM	2:14.09
2016 Amber Henmi, SM	2:16.32
2017 Amber Henmi, SM	2:14.46
2018 Caitlin Caruso, SM	2:10.57
2019 Leila Kezelman, SM	2:14.88
2021 Makenna Wilson, SM	2:12.68
2022 Leah Healy, SM	2:11.65

## 50 Freestyle

2000 Kelsey Caulum, MD	:26.84
2001 Haley Henningson, SM	:27.87
2002 Carly Conners, MD	:27.81
2003 Kristen Haugen, MD	:27.37
2004 Lindsay Peckham, SM	:26.72
2005 Kristin Palase, SM	:27.05
2006 Alexa Fuller, SM	:28.06
2007 Katie Rigler, ROS	:26.96
2008 Megan Armstrong, JS	:26.75
2009 Kacie Hogan, SM	:28.34
2010 Carina Carballo, SM	:27.19
2011 Emily Hamann, SM	:25.87
2012 Sharon Li, SM	:27.46
2013 Sophia Baia, SM	:25.49
2014 Sophia Baia, SM	:25.01
2015 Sarah Niemi, SM	:26.34
2016 Brooke Sloman, MD	:25.75
2017 Tina Doherty, SM	:25.39
2018 Maya Pinedo, SM	:24.69
2019 Maya Pinedo, SM	:25.13
2021 Kaitlyn Krebs, SM	:25.16
2022 Morgan Hoppe, SM	:24.46

## 100 Butterfly

2000 Rachel Gergen, MD	:30.03 *
2001 Brianna Murphy, MD	1:11.12
2002 Vanessa Hall, SM	1:10.84
2003 Veronica Romero, BM	1:12.69
2004 Brianna Delfin, MD	1:08.65
2005 Kacey Anderson, SM	1:05.74
2006 Lyndsay Hilde, SM	1:11.07
2007 Nicole Cook, MD	1:11.28
2008 Kacie Hogan, SM	1:09.38
2009 Shannon Scola, SM	1:09.21
2010 Tessa deRecat, SM	1:08.52
2011 Tessa deRecat, SM	1:04.17
2012 Jordan Lee, SM	1:02.68
2013 Sarah Niemi, SM	1:01.73
2014 Sarah Niemi, SM	1:00.16
2015 Sarah Niemi, SM	1:01.89
2016 Stephanie Morris, SM	1:04.22
2017 Alicia Stewart, SM	1:02.07
2018 Alicia Stewart, SM	:59.24
2019 Alicia Stewart, SM	1:01.57
2021 Leah Healy, SM	:59.99
2022 Haasini Prabhakar, SM	:57.07

## 100 Freestyle

2000 Mandy Dutton, MD	:59.70
2001 Lindsay Vaughn, SM	1:00.25
2002 Kacy Kunkel, SM	:58.57
2003 Kristen Haugen, MD	:59.31
2004 Nicole Kaiser, MD	:59.31
2005 Kristin Palase, SM	1:00.22
2006 Alexa Fuller, SM	1:01.40
2007 Katie Rigler, ROS	:58.67
2008 Lauren Sanvido, SM	:59.84
2009 Crista Beach, SM	1:01.98
2010 Carina Carballo, SM	:59.82
2011 Emily Hamann, SM	:57.88
2012 Morgan Martinez, SM	:57.36
2013 Sophia Baia, SM	:55.99
2014 Sophia Baia, SM	:54.32
2015 Teresa Cerda, SM	:55.34
2016 Amber Henmi, SM	:56.93
2017 Alicia Stewart, SM	:55.51
2018 Maya Pinedo, SM	:53.69
2019 Maya Pinedo, SM	:55.65
2021 Kaitlyn Krebs, SM	:55.58
2022 Morgan Hoppe, SM	:53.37







## 500 Freestyle

2000 Darcy Mulhaupt, SM	6:01.55
2001 Lauren Welch, SM	5:59.49
2002 Erica Laughlin, SM	6:07.14
2003 Vanessa Gonzalez, SM	6:01.07
2004 Stephanie Lavayen, SM	5:52.00
2005 Ashley Novack, SM	5:49.40
2006 Ashley Novack, SM	5:58.13
2007 Julia Brown, SM	5:53.40
2008 Mary Martin, SM	5:43.53
2009 Dante Luke, SM	5:58.79
2010 Morgan Martinez, SM	5:42.69
2011 Morgan Martinez, SM	5:30.60
2012 Kelli Baumgardner, SM	5:23.77
2013 Kelli Baumgardner, SM	5:14.38
2014 Kelli Baumgardner, SM	5:22.14
2015 Caroline Needell, SM	5:15.26
2016 Caroline Needell, SM	5:18.22
2017 Jessica Leckich, SM	5:25.67
2018 Fernanda Navarro, SM	5:26.27
2019 Mary Kate Tracy, SM	5:31.03
2021 Kailia Utley, MD	4:54.51
2022 Zoe Le, SM	5:23.87

## 200 Freestyle Relay

2000 Mater Dei	1:49.67
2001 Santa Margarita	1:51.99
2002 Mater Dei	1:53.14
2003 Santa Margarita	1:52.38
2004 Santa Margarita	1:50.97
2005 Santa Margarita	1:51.34
2006 Santa Margarita	1:54.24
2007 Rosary	1:52.03
2008 Santa Margarita	1:52.99
2009 Santa Margarita	1:54.07
2010 Santa Margarita	1:56.69
2011 Santa Margarita	1:49.97
2012 Santa Margarita	1:50.75
2013 Santa Margarita	1:44.41
2014 Santa Margarita	1:45.86
2015 Santa Margarita	1:47.51
2016 Santa Margarita	1:47.10
2017 Mater Dei	1:45.67
2018 Santa Margarita	1:43.61
2019 Santa Margarita	1:44.08
2021 Santa Margarita	1:43.42
2022 Santa Margarita	1:38.71

## 100 Backstroke

2000 Kristen Carfioli, SM	:31.79 *
2001 Anne Markel, SM	1:10.40
2002 Chloe Martin, MD	1:08.41
2003 Stephanie Franz, SM	1:07.36
2004 Karen Heisler, SM	1:11.83
2005 Lyndsay Hilde, SM	1:12.02
2006 Allison Beck, SM	1:12.51
2007 Theresa Flanagan, ROS	1:11.33
2008 Allison Pulley, SM	1:10.26
2009 Kacie Hogan, SM	1:09.70
2010 Olivia Romo, SM	1:07.64
2011 Ali Kraft, SM	1:08.03
2012 Morgan Martinez, SM	1:04.19
2013 Sarah Niemi, SM	1:04.24
2014 Grace Dawson, SM	1:03.19
2015 Abigail Nugent, SM	1:04.31
2016 Abigail Nugent, SM	1:01.16
2017 Tyler Johnson, SM	1:03.39
2018 Andrea Smith, SM	1:01.68
2019 Andrea Smith, SM	1:01.44
2021 Kailia Utley, MD	:56.02
2022 Leah Healy, SM	:59.21

## 100 Breaststroke

2000 Katie Jarmul, MD	:33.92 *
2001 Alexis Beamer, MD	1:16.68
2002 Annie Babikian, MD	1:16.87
2003 Brianna Baker, MD	1:20.52
2004 Danica Elbertse, SM	1:17.01
2005 Sarah Mancino, MD	1:17.25
2006 Elizabeth Heisler, SM	1:20.27
2007 Antoinette Saavedra, MD	1:18.44
2008 Elizabeth Heisler, SM	1:19.36
2009 Catherine Morin, SM	1:17.15
2010 Catherine Morin, SM	1:18.00
2011 Brooke Maushund, SM	1:18.64
2012 Lauren Czaja, SM	1:11.49
2013 Mikayla Kosmala, SM	1:13.40
2014 Elizabeth Morris, SM	1:11.33
2015 Elizabeth Morris, SM	1:09.42
2016 Sophia Perwas, SM	1:08.62
2017 Katie Martin, SM	1:12.67
2018 Caitlin Caruso, SM	1:06.30
2019 Mika Gargantiel, SM	1:10.47
2021 Brooke Etter, SM	1:12.84
2022 Ellie Davis, SM	1:10.12

## 400 Freestyle Relay

2000 Mater Dei	4:05.20
2001 Santa Margarita	4:07.35
2002 Santa Margarita	4:08.62
2003 Santa Margarita	4:10.65
2004 Santa Margarita	4:05.84
2005 Santa Margarita	4:00.74
2006 Santa Margarita	4:10.24
2007 Santa Margarita	4:10.78
2008 Santa Margarita	4:06.64
2009 Santa Margarita	4:10.50
2010 Santa Margarita	4:03.43
2011 Santa Margarita	3:59.31
2012 Santa Margarita	3:54.98
2013 Santa Margarita	3:50.03
2014 Santa Margarita	3:48.30
2015 Santa Margarita	3:47.42
2016 Santa Margarita	3:48.38
2017 Santa Margarita	3:46.99
2018 Santa Margarita	3:43.50
2019 Santa Margarita	3:47.63
2021 Santa Margarita	3:44.00
2022 Santa Margarita	3:41.02

## Team Champions

2000 Santa Margarita	564.00
2001 Santa Margarita	632.00
2002 Santa Margarita	662.00
2003 Santa Margarita	689.50
2004 Santa Margarita	667.00
2005 Santa Margarita	729.00
2006 Santa Margarita	678.00
2007 Santa Margarita	576.00
2008 Santa Margarita	688.00
2009 Santa Margarita	703.00
2010 Santa Margarita	716.00
2011 Santa Margarita	706.00
2012 Santa Margarita	716.00
2013 Santa Margarita	663.00
2014 Santa Margarita	686.00
2015 Santa Margarita	705.00
2016 Santa Margarita	679.00
2017 Santa Margarita	689.00
2018 Santa Margarita	705.50
2019 Santa Margarita	675.00
2021 Santa Margarita	688.00
2022 Santa Margarita	695.00





\* Short Distance in 2000

### 200 Medley Relay

2000 Santa Margarita	1:52.89
2001 Santa Margarita	1:53.46
2002 Santa Margarita	1:54.98
2003 Santa Margarita	1:54.63
2004 Santa Margarita	1:51.67
2005 Santa Margarita	1:49.96
2006 Santa Margarita	1:48.63
2007 Santa Margarita	1:49.43
2008 Mater Dei	1:49.71
2009 Santa Margarita	1:46.57
2010 Santa Margarita	1:48.09
2011 Santa Margarita	1:49.44
2012 Santa Margarita	1:48.67
2013 Mater Dei	1:46.75
2014 Santa Margarita	1:42.16
2015 Mater Dei	1:46.42
2016 Mater Dei	1:43.23
2017 Mater Dei	1:43.61
2018 Mater Dei	1:42.79
2019 Santa Margarita	1:44.13
2021 Mater Dei	1:40.37
2022 Santa Margarita	1:42.56

### 200 Freestyle

2000 Brett Myer, SM	1:59.44
2001 Brett Myer, SM	2:00.48
2002 Toshi Kido, SM	2:00.54
2003 John Garcia, SM	2:04.28
2004 Matt Hansen, SM	1:58.40
2005 Blake Mellgren, SM	2:00.00
2006 Luke Connor, SM	1:55.30
2007 Zach Wherry, MD	1:55.20
2008 Paul Connor, SM	1:55.85
2009 Chad Naughton, SM	1:56.26
2010 Corey Lachance, SM	1:56.86
2011 Connor Anderson, SM	1:53.97
2012 Connor Anderson, SM	1:51.87
2013 Austin Engelbrecht, SM	1:54.28
2014 Kyle Monteleone, SM	1:47.85
2015 Myles Stapelberg, MD	1:48.62
2016 Jason Dompke, MD	1:52.33
2017 Jack Reid, MD	1:49.75
2018 Grant Loth, MD	1:49.07
2019 Zachary Hundley, SM	1:48.85
2021 Nicholas Burke, SM	1:46.40
2022 Dean Fujimoto, SM	1:46.95

### 200 Individual Medley

2000 Adam Szeremeta, SM	1:02.91 *
2001 Lou Radie, SM	2:17.24
2002 Bryce Baker, MD	2:20.80
2003 Peter Schloemer, MD	2:23.12
2004 Mark Connor, SM	2:20.56
2005 Eric Macey, SM	2:07.04
2006 Michael Tran, SM	2:12.67
2007 Shawn Gilmore, SM	2:15.84
2008 Jeffrey Jarvis, MD	2:13.46
2009 Jason Varela, SER	2:18.12
2010 Stephen Riggins, SM	2:15.74
2011 Pablo Carballo, SM	2:12.36
2012 Justin Wang, MD	2:06.17
2013 Spencer Lupin, SM	2:08.01
2014 Spencer Lupin, SM	2:03.08
2015 Corey Smith, MD	2:06.42
2016 Corey Smith, MD	2:03.36
2017 Aiden Asuncion-Duong, SM	2:04.53
2018 Erik Franck, MD	1:59.97
2019 Cole Constantino, MD	2:06.65
2021 Andrew Douglas, SM	2:03.29
2022 Trey Shaffer, MD	2:04.81

### 50 Freestyle

2000 Robert Raney, SM	:23.77
2001 Pat Buckner, SER	:23.11
2002 Brian Renden, SM	:23.99
2003 James Sublette, SM	:23.72
2004 Cort DiStanislao, MD	:24.45
2005 Ryan Tharaldson, SM	:23.46
2006 Stephen Paff, MD	:24.11
2007 Stephen Paff, MD	:22.67
2008 Max Gallindo, MD	:23.40
2009 George Moll, SM	:23.13
2010 Sean Antonacci, MD	:23.40
2011 Jesse Myers, SM	:23.69
2012 Spencer Carroll, MD	:22.97
2013 Logan Wright, SM	:23.08
2014 Sam Slobodien, SM	:22.26
2015 Kirby Slater, MD	:22.85
2016 Nick Classen, MD	:22.51
2017 Nick Classen, MD	:22.60
2018 Jakob Romo, SM	:22.37
2019 William O'Sullivan, MD	:22.31
2021 Connor Cohen, SM	:22.28
2022 Spencer Averitt, SM	:23.38

### 100 Butterfly

2000 Chase Gilomen, SM	:26.84 *
2001 Charles Theriot, SJB	1:02.63
2002 Alex Rogers, SM	:58.65
2003 Tony Martin, MD	1:04.54
2004 Mark Connor, SM	1:00.05
2005 Eric Stoker, SM	1:00.10
2006 Rodolfo Nieto, SER	:59.15
2007 Eric Mear, SER	:59.62
2008 Jeffrey Jarvis, MD	1:00.04
2009 Tyler Jankovich, SM	:55.35
2010 Phillip Tran, MD	:58.55
2011 Nick Carignan, SM	:59.53
2012 Nick Carignan, SM	:57.55
2013 David Bao, SM	:57.07
2014 David Bao, SM	:55.68
2015 Myles Stapelberg, MD	:55.26
2016 Corey Smith, MD	:53.61
2017 Jack Reid, MD	:54.74
2018 Paul Finby, MD	:55.13
2019 Jacob Stephen, MD	:56.61
2021 Julio Delgado, MD	:53.82
2022 Holden Levine, SM	:54.63

### 100 Freestyle

2000 Cubie Hernandez, SM	:53.98
2001 Pat Buckner, SER	:50.63
2002 Scott Low, MD	:54.54
2003 James Sublette, SM	:52.29
2004 Kris Prygrocki, SM	:55.17
2005 Eric Macey, SM	:51.57
2006 Luke Connor, SM	:52.69
2007 Patrick Stange, MD	:49.43
2008 Max Galindo, MD	:50.59
2009 George Moll, SM	:50.82
2010 Corey Lachance, SM	:52.95
2011 Luke Morand, SM	:52.39
2012 Spencer Carroll, MD	:51.49
2013 Logan Wright, SM	:50.46
2014 Jack Garcia, SM	:50.00
2015 Kirby Slater, MD	:50.42
2016 Jack Klingler, MD	:50.23
2017 Warren Loth, MD	:49.61
2018 Angel Sanchez, SM	:48.85
2019 William O'Sullivan, MD	:49.63
2021 Connor Cohen, SM	:49.45
2022 Aidan Thomas, SM	:50.48



**500 Freestyle**

2000 Sean Indra, SM	5:52.16
2001 Scott Collins, SM	5:27.21
2002 Toshi Kido, SM	5:44.86
2003 Peter Schloemer, MD	5:36.23
2004 John Nuccio, SM	5:37.57
2005 Sean Adl, SM	5:20.67
2006 Matt Wintheiser, MD	5:07.47
2007 Matt Wintheiser, MD	5:26.14
2008 Sam Digiovanni, MD	5:13.49
2009 Joseph Simmons, SER	5:27.46
2010 Jacob Conway, MD	5:24.39
2011 Connor Anderson, SM	5:11.27
2012 Nicholas Silvers, MD	5:01.54
2013 Clint Hurdle, MD	5:05.40
2014 Kyle Monteleone, SM	4:51.92
2015 Nick Lavayen, MD	5:03.91
2016 Joe Inoue, MD	4:57.71
2017 Harry Needell, SM	4:56.69
2018 Harry Needell, SM	4:55.59
2019 Harry Needell, SM	4:48.58
2021 Ryan Hattar, SM	4:56.78
2022 Cole Matsuoka, SM	5:01.82

**200 Freestyle Relay**

2000 Santa Margarita	1:38.00
2001 Santa Margarita	1:43.08
2002 Mater Dei	1:41.03
2003 Santa Margarita	1:39.24
2004 Santa Margarita	1:38.56
2005 Santa Margarita	1:35.87
2006 Mater Dei	1:37.75
2007 Mater Dei	1:34.89
2008 Mater Dei	1:38.81
2009 Santa Margarita	1:35.44
2010 Mater Dei	1:35.90
2011 Santa Margarita	1:36.40
2012 Santa Margarita	1:35.11
2013 Mater Dei	1:32.73
2014 Santa Margarita	1:30.65
2015 Mater Dei	1:33.60
2016 Mater Dei	1:31.25
2017 Mater Dei	1:30.98
2018 Santa Margarita	1:31.79
2019 Mater Dei	1:31.35
2021 Santa Margarita	1:31.51
2022 Santa Margarita	1:32.47

**100 Backstroke**

2000 Brett Myer, SM	:29.12 *
2001 Brett Myer, SM	1:02.35
2002 Alex Rogers, SM	1:01.83
2003 Tim Renden, SM	1:03.51
2004 Greg Welch, SM	1:03.04
2005 Greg Welch, SM	1:00.83
2006 Matt Wintheiser, MD	1:00.09
2007 Thomas Husen, SM	1:03.32
2008 Sean Donahue, MD	1:02.27
2009 Tyler Jankovich, SM	1:01.15
2010 Sean Antonacci, MD	:59.33
2011 Donald Callender, MD	1:01.56
2012 Jerod Magazine, SM	1:00.55
2013 David Bao, SM	:59.75
2014 David Bao, SM	:58.02
2015 Justin Ko, MD	:57.57
2016 Alex Ness, SM	:57.61
2017 Jack Gannaway, MD	:56.92
2018 Grant Thomas, MD	:59.44
2019 Harry Needell, SM	:56.76
2021 Ethan Kaplan, MD	:55.02
2022 Diego Dilao, SM	:57.30

**100 Breaststroke**

2000 Lou Radie, SM	:33.55 *
2001 Scott Collins, SM	1:04.98
2002 Bryce Baker, MD	1:08.60
2003 Nick Shorr, SM	1:08.60
2004 Pat Schaeffer, SM	1:10.21
2005 Sean Adl, SM	1:09.39
2006 Michael Tran, SM	1:05.85
2007 Derek Elbertse, SM	1:07.55
2008 Jeffrey Latham, MD	1:07.85
2009 Alex Simmons, SM	1:09.70
2010 John Morin, SM	1:08.70
2011 Sean Freeman, SM	1:07.48
2012 Justin Wang, MD	1:03.67
2013 Spencer Lupin, SM	1:05.76
2014 Spencer Lupin, SM	1:03.52
2015 Keegan Coleman, MD	1:06.92
2016 Nick Classen, MD	1:04.35
2017 Nick Classen, MD	1:04.86
2018 Erik Franck, MD	1:02.83
2019 Wyatt Clark, SM	1:05.06
2021 Cody Quach, MD	1:01.59
2022 Diego Dilao, SM	1:00.70

**400 Freestyle Relay**

2000 Santa Margarita	3:44.39
2001 Santa Margarita	3:47.30
2002 Mater Dei	3:44.07
2003 Santa Margarita	3:41.33
2004 Santa Margarita	3:48.09
2005 Santa Margarita	3:34.94
2006 Mater Dei	3:35.92
2007 Mater Dei	3:26.30
2008 Santa Margarita	3:30.50
2009 Santa Margarita	3:29.82
2010 Mater Dei	3:33.81
2011 Santa Margarita	3:35.39
2012 Santa Margarita	3:32.66
2013 Santa Margarita	3:30.51
2014 Santa Margarita	3:23.11
2015 Mater Dei	3:23.77
2016 Mater Dei	3:23.50
2017 Mater Dei	3:21.72
2018 Santa Margarita	3:21.38
2019 Santa Margarita	3:21.31
2021 Santa Margarita	3:20.17
2022 Santa Margarita	3:24.68

**Team Champions**

2000 Santa Margarita	623.00
2001 Santa Margarita	631.00
2002 Santa Margarita	518.00
2003 Santa Margarita	643.00
2004 Santa Margarita	689.00
2005 Santa Margarita	707.00
2006 Santa Margarita	634.00
2007 Santa Margarita	626.00
2008 Mater Dei	617.00
2009 Santa Margarita	564.00
2010 Santa Margarita	650.50
2011 Santa Margarita	703.00
2012 Santa Margarita	645.00
2013 Santa Margarita	605.00
2014 Santa Margarita	652.00
2015 Mater Dei	625.00
2016 Mater Dei	667.00
2017 Mater Dei	625.50
2018 Santa Margarita	581.50
2019 Mater Dei	613.00
2021 Santa Margarita	617.00
2022 Santa Margarita	685.00





# Trinity League Champions-Girls Open

swim&dive

# 2023

## 200 Medley Relay

2000 Santa Margarita	2:13.22
2001 Santa Margarita	2:19.49
2002 Mater Dei	2:16.22
2003 Rosary	2:15.47
2004 Santa Margarita	2:11.94
2005 Santa Margarita	2:16.13
2006 Santa Margarita	2:14.58
2007 Santa Margarita	2:13.46
2008 Santa Margarita	2:14.50
2009 Santa Margarita	2:09.37
2010 Santa Margarita	2:13.11
2011 Mater Dei	2:04.08
2012 Mater Dei	2:03.61
2013 Santa Margarita	2:00.88
2014 Santa Margarita	2:01.45
2015 Santa Margarita	2:06.60
2016 Santa Margarita	2:05.38
2017 Santa Margarita	2:02.96
2018 Santa Margarita	2:08.19
2019 Santa Margarita	2:04.31
2021 Santa Margarita	2:01.91
2022 Santa Margarita	2:02.80

## 200 Freestyle

2000 Leslie Christiansen, MD	2:31.67
2001 Frances Miles, STJ	2:24.07
2002 Marina Hernandez, SM	2:28.03
2003 Corey Best, MD	2:20.13
2004 Emily Harper, SM	2:18.41
2005 Mackenzie Maurer, SM	2:14.77
2006 Brittany Hastings, SM	2:25.99
2007 Dante Luke, SM	2:16.77
2008 Clare Lenard, SM	2:17.74
2009 Olivia Romo, SM	2:22.99
2010 Angela Hunter, ROS	2:16.51
2011 Nicole LaBruna, SM	2:16.08
2012 Stefanie Goldbach, MD	2:11.26
2013 Fiona Goh, SM	2:06.73
2014 Riley Cunningham, SM	2:01.23
2015 Claudia Gonzalez, SM	2:15.07
2016 Natalie Tuerk, SM	2:00.46
2017 Jane Hutchinson, SM	2:09.04
2018 Mara Loughlin, SM	2:09.51
2019 Nicole Tyner, MD	2:11.30
2021 Natasha Kieckhafer, SM	2:09.03
2022 Jamie Ciborowski, SM	2:08.30

## 100 Individual Medley

2000 Jessica Jarmul, MD	1:12.60
2001 Renae Logston, MD	1:17.36
2002 Whitney Middleton, ROS	1:15.43
2003 Danielle Husen, SM	1:12.85
2004 Courtney Rosenquist, SM	1:12.80
2005 Jessica Stevenson, SM	1:13.55
2006 Jennifer Dixon, SM	1:14.64
2007 Allison Pulley, SM	1:12.50
2008 Samantha Goff, SM	1:16.81
2009 Emily Hamann, SM	1:12.16
2010 Tori Jankovich, SM	1:12.72
2011 Audrey Thellman, MD	1:09.83
2012 Audrey Thellman, MD	1:07.89
2013 May Li, SM	1:07.96
2014 Kristine Liao, SM	1:04.90
2015 Mary Hutchinson, SM	1:10.62
2016 Jane Hutchinson, SM	1:06.22
2017 Jane Hutchinson, SM	1:07.72
2018 Angelina Mejia, SM	1:09.04
2019 Katherine Watson, MD	1:10.56
2021 Kelly Lu, SM	1:08.66
2022 Kelly Lu, SM	1:06.79

## 50 Freestyle

2000 Dallas Goshall, SM	:29.54
2001 Chris Portillo, STJ	:28.91
2002 Beth King, MD	:28.89
2003 Rebecca McCall, ROS	:28.20
2004 Eileen Mahoney, SM	:28.84
2005 Mackenzie Maurer, SM	:28.50
2006 Danielle Carlson, SM	:28.80
2007 Bridget Terrebonne, MD	:29.06
2008 Clare Lenard, SM	:27.55
2009 Darian Podmajersky, OL	:27.62
2010 Erin Kenney, SM	:28.82
2011 Courtney Garcia, JS	:27.54
2012 Portia Alexander, OLU	:27.15
2013 Nisha Goddard, SM	:27.49
2014 Delaney Mazelin, SM	:25.89
2015 Delaney Mazelin, SM	:25.78
2016 Mia Chanove, SM	:27.09
2017 Kori Bento, SM	:26.08
2018 Ashley Nguyen, MD	:27.10
2019 Bianca Bays, MD	:26.37
2021 Anna Krishnan, SM	:26.96
2022 Kelly Lu, SM	:26.80

## 50 Butterfly

2000 Kim Bahnsen, SM	:33.82
2001 Renae Logston, MD	:33.50
2002 Laura Billeci, MD	:32.23
2003 Lisa DelaPena, ROS	:32.53
2004 Jessica Bunkis, SM	:29.97
2005 Alexandra Kuhle, MD	:33.46
2006 Jackie Biss, SM	:33.76
2007 Jackie Biss, SM	:31.99
2008 Kelsey Walker, SM	:33.20
2009 Emily Hamann, SM	:30.56
2010 Emma Tice, ROS	:31.50
2011 Jamie Patton, MD	:30.19
2012 Jamie Patton, MD	:30.16
2013 Hannah Johnston, SM	:30.59
2014 Hannah Johnston, SM	:29.80
2015 Stephanie Morris, SM	:29.17
2016 Katherine Todor, SM	:29.60
2017 Katherine Todor, SM	:29.92
2018 Allie Pincus, JS	:29.32
2019 Morgan Davies, SM	:30.29
2021 Anna Krishnan, SM	:29.72
2022 Emma Tijanich, SM	:28.89

## 100 Freestyle

2000 Kristina Plante, SM	1:04.37
2001 Frances Miles, STJ	1:04.21
2002 Beth King, MD	1:04.12
2003 Rebecca McCall, ROS	1:02.47
2004 Channing Miller, SM	1:03.94
2005 Julia Mekrut, SM	1:04.54
2006 Danielle Carlson, SM	1:02.75
2007 Dante Luke, SM	1:01.52
2008 Ana Augustson, SM	1:05.98
2009 Darian Podmajersky, OL	1:03.23
2010 Brittany Cooper, ROS	1:02.08
2011 Stefanie Goldbach, MD	1:00.64
2012 Stefanie Goldbach, MD	:59.59
2013 Fiona Goh, SM	:59.33
2014 Riley Cunningham, SM	:55.83
2015 Delaney Mazelin, SM	:56.52
2016 Natalie Tuerk, SM	:55.81
2017 Cameron Christensen, SM	1:00.58
2018 Savannah Burns, SM	:58.61
2019 Emily McCarthy, SM	1:00.44
2021 Cassidy Goddard, SM	:58.17
2022 Jamie Ciborowski, SM	:57.48





### 200 Freestyle Relay

2000 Mater Dei	1:56.91
2001 St. Joseph	2:00.67
2002 Santa Margarita	2:04.31
2003 Rosary	1:58.42
2004 Santa Margarita	1:58.33
2005 Santa Margarita	2:01.09
2006 Santa Margarita	1:54.70
2007 Santa Margarita	1:56.75
2008 Santa Margarita	2:00.93
2009 Santa Margarita	2:01.32
2010 Santa Margarita	1:56.77
2011 Mater Dei	1:55.49
2012 Mater Dei	1:53.27
2013 Santa Margarita	1:49.23
2014 Santa Margarita	1:46.98
2015 Santa Margarita	1:55.13
2016 Santa Margarita	1:50.79
2017 Santa Margarita	1:52.23
2018 Jserra	1:53.68
2019 Santa Margarita	1:54.18
2021 Mater Dei	1:56.96
2022 Santa Margarita	1:54.35

### 50 Backstroke

2000 Heidi Kallen, SM	:33.38
2001 Erica Welch, SM	:35.85
2002 Kelly O'Brien, STJ	:35.95
2003 Jackie Dechaves, ROS	:33.15
2004 Tiffany Martin, SM	:33.46
2005 Lauren Weiss, SM	:34.29
2006 Allison Pulley, SM	:34.13
2007 Allison Pulley, SM	:34.11
2008 Gabby Carpello, ROS	:33.52
2009 Olivia Romo, SM	:34.17
2010 Tori Jankovich, SM	:34.17
2011 Sydney Blubaugh, MD	:31.89
2012 May Li, SM	:30.01
2013 May Li, SM	:30.39
2014 Nisha Goddard, SM	:30.70
2015 Stephanie Morris, SM	:30.84
2016 Katherine Tudor, SM	:31.63
2017 Ashley Park, SM	:31.58
2018 Savannah Burns, SM	:30.88
2019 Makena Tozzer, SM	:31.64
2021 Kassidy Goddard, SM	:30.07
2022 Dolma Arow, SM	:31.02

### 50 Breaststroke

2000 Jessica Blakeney, SM	:37.50
2001 Veronica Rosenquist, SM	:39.61
2002 Brigid Burnham, MD	:36.67
2003 Courtney Rosenquist, SM	:38.85
2004 Eileen Mahoney, SM	:37.53
2005 Elizabeth Heisler, SM	:37.32
2006 Devon Luke, SM	:39.07
2007 Alisa Olson, SM	:37.73
2008 Samantha Goff, SM	:36.42
2009 MacKayla Class, OL	:37.55
2010 Carrie Dubeau, SM	:38.62
2011 Audrey Thellman, MD	:34.56
2012 Audrey Thellman, MD	:34.88
2013 Elizabeth Morris, SM	:34.40
2014 Delaney Mazelin, SM	:34.46
2015 Shawdy Hedayati, SM	:37.59
2016 Samantha Loughlin, SM	:38.47
2017 Maggie Moran, MD	:37.76
2018 Kelly Woolfenden, SM	:34.69
2019 Kelly Woolfenden, SM	:35.47
2021 Ava Chamkhaleh, SM	:37.43
2022 Emma Tijanich, SM	:35.16

### 400 Freestyle Relay

2000 Santa Margarita	4:29.62
2001 St. Joseph	4:27.53
2002 Mater Dei	4:33.51
2003 Santa Margarita	4:28.13
2004 Santa Margarita	4:21.85
2005 Santa Margarita	4:21.15
2006 Santa Margarita	4:27.29
2007 Santa Margarita	4:18.96
2008 Santa Margarita	4:24.28
2009 Santa Margarita	4:25.38
2010 Santa Margarita	4:18.26
2011 Mater Dei	4:11.55
2012 Mater Dei	4:02.72
2013 Santa Margarita	4:04.52
2014 Santa Margarita	3:50.52
2015 Santa Margarita	4:04.64
2016 Santa Margarita	3:57.76
2017 Santa Margarita	4:12.10
2018 Santa Margarita	4:06.02
2019 Mater Dei	4:10.72
2021 Santa Margarita	4:03.94
2022 Santa Margarita	4:02.71

### Team Champions

2000 Santa Margarita	609.00
2001 Santa Margarita	513.00
2002 Mater Dei	514.00
2003 Santa Margarita	547.50
2004 Santa Margarita	661.00
2005 Santa Margarita	643.00
2006 Santa Margarita	649.00
2007 Santa Margarita	623.00
2008 Santa Margarita	615.00
2009 Santa Margarita	585.00
2010 Santa Margarita	612.00
2011 Mater Dei	505.00
2012 Mater Dei	567.00
2013 Santa Margarita	637.00
2014 Santa Margarita	633.50
2015 Santa Margarita	629.00
2016 Santa Margarita	621.00
2017 Santa Margarita	526.50
2018 Santa Margarita	582.00
2019 Santa Margarita	584.00
2021 Santa Margarita	581.00
2022 Santa Margarita	612.00





# Trinity League Champions-Boys Open

swim&dive

# 2023

## 200 Medley Relay

2000 Servite	2:03.25
2001 Servite	1:56.07
2002 Servite	2:05.28
2003 Servite	1:59.57
2004 Servite	2:00.60
<b>2005 Santa Margarita</b>	<b>1:55.95</b>
<b>2006 Santa Margarita</b>	<b>1:56.30</b>
<b>2007 Santa Margarita</b>	<b>1:53.95</b>
2008 Servite	1:53.93
2009 Mater Dei	1:56.81
<b>2010 Santa Margarita</b>	<b>1:59.10</b>
<b>2011 Santa Margarita</b>	<b>1:52.93</b>
<b>2012 Santa Margarita</b>	<b>1:55.97</b>
<b>2013 Santa Margarita</b>	<b>1:52.80</b>
2014 Mater Dei	1:52.70
2015 Mater Dei	1:53.07
2016 Servite	1:51.33
2017 Mater Dei	1:48.16
2018 Mater Dei	1:49.10
2019 Mater Dei	1:51.65
2021 Mater Dei	1:51.53
<b>2022 Santa Margarita</b>	<b>1:51.29</b>

## 200 Freestyle

2000 Jeff Paquet, SER	2:12.17
2001 Brett Hurley, SER	2:00.36
2002 Cort Distanislaio, MD	2:14.17
2003 Phillip Simmons, SER	2:05.00
2004 Andrew Orr, SER	2:16.27
<b>2005 Mike Alosio, SM</b>	<b>2:03.10</b>
2006 Max Gallindo, MD	2:03.00
<b>2007 Paul Connor, SM</b>	<b>2:00.33</b>
<b>2008 Brian Maurer, SM</b>	<b>2:01.57</b>
<b>2009 Corey Lachance, SM</b>	<b>2:03.63</b>
2010 Patrick Harding, SER	1:57.03
2011 Neil LeVecke, MD	1:59.04
<b>2012 Langley Petrie, SM</b>	<b>2:00.53</b>
2013 Liam McClafferty, SER	1:53.75
<b>2014 Brandon, Aguirre, SM</b>	<b>1:57.04</b>
2015 Joey Secard, MD	1:55.74
2016 Jack Reid, MD	1:53.46
2017 Ben Teske, SER	1:54.74
2018 Clay Kaneko, MD	1:54.54
2019 Drew Mena, MD	1:59.10
2021 Rylan Piani, MD	1:58.71
<b>2022 Matthew Wood, SM</b>	<b>2:01.67</b>

## 100 Individual Medley

2000 Joe O'Sullivan, MD	1:07.61
2001 Adam McCall, SER	1:02.96
2002 Nick Stauber, SER	1:04.40
2003 Joe Devoy, SER	1:08.52
2004 Nolan Cannon, SER	1:07.33
2005 Isiahs Ramirez, SJB	1:06.20
2006 Ivan Martinez, MD	1:05.80
<b>2007 Blake Bunte, SM</b>	<b>1:04.53</b>
2008 Nick Rodriguez, MD	1:04.70
<b>2009 Sean Freeman, SM</b>	<b>1:05.02</b>
2010 Adam Rutz, SJB	1:07.10
<b>2011 Ryan Finney, SM</b>	<b>1:03.70</b>
2012 Adam Campbell, JS	1:04.87
<b>2013 Sam Slobodien, SM</b>	<b>1:02.90</b>
2014 Kirby Slater, MD	1:02.17
2015 Dawson Gresch, OLU	1:04.10
<b>2016 Nicholas Maramica, SM</b>	<b>1:01.35</b>
2017 Ryan Lee, SER	1:00.22
2018 William O'Sullivan, MD	:58.93
2019 Julio Delgado, MD	1:02.83
2021 Zachary Woods, MD	:59.73
<b>2022 Evan Bueras, SM</b>	<b>:59.61</b>

## 50 Freestyle

2000 Matt Garcia, SER	:25.22
2001 Tony Arriaga, SER	:27.84
2002 Tony Miles, SER	:26.96
<b>2003 Charlie LeVasseur, SM</b>	<b>:24.54</b>
<b>2004 Ryan Tharaldson, SM</b>	<b>:24.99</b>
2005 Kevin Griley, MD	:24.99
<b>2006 Eric Martin, SM</b>	<b>:24.58</b>
2007 Jeffrey Lathan, MD	:24.57
<b>2008 George Moll, SM</b>	<b>:24.42</b>
2009 Michael Matich, MD	:25.18
<b>2010 Brian Hastings, SM</b>	<b>:23.83</b>
<b>2011 Greg Hansen, SM</b>	<b>:24.35</b>
2012 Sam Slobodien, JS	:24.79
<b>2013 Jack Garcia, SM</b>	<b>:23.94</b>
2014 Christian Hockenbury, MD	:23.76
2015 Nick Van Horn, MD	:23.21
2016 Oliver Teitscheid, MD	:23.58
2017 Oliver Teitscheid, MD	:23.20
2018 William Ludovico, MD	:23.00
2019 Emmett Gallivan, MD	:24.09
2021 Tyler Davis, MD	:24.41
2022 Milan Sumich, JS	:24.00

## 50 Butterfly

2000 Jeff Paquet, SER	:30.57
2001 Chris Lingle, SER	:29.32
<b>2002 Tim Renden, SM</b>	<b>:33.61</b>
2003 Daniel Garcia, SER	:28.73
2004 Mike Cocchi, SER	:28.90
<b>2005 Alex Maher, SM</b>	<b>:29.39</b>
<b>2006 Tommy Jankovich, SM</b>	<b>:28.04</b>
<b>2007 Kevin Dowe, SM</b>	<b>:27.28</b>
2008 Matt Cocchi, SER	:26.20
2009 Michael Matich, MD	:26.81
<b>2010 Ryan Manoogian, SM</b>	<b>:27.47</b>
<b>2011 Ryan Finney, SM</b>	<b>:27.10</b>
2012 Garrett Kaltenbach, JS	:27.06
2013 Liam McClafferty, SER	:26.41
<b>2014 Jacob Good, SM</b>	<b>:25.86</b>
<b>2015 Jacob Wright, SM</b>	<b>:25.37</b>
2016 Jake Bays, MD	:26.00
2017 Ben Teske, SER	:26.14
2018 William O'Sullivan, MD	:26.31
2019 Cas Stevens, MD	:27.67
2021 Zachary Woods, MD	:26.99
<b>2022 Evan Bueras, SM</b>	<b>:24.32</b>

## 100 Freestyle

2000 John Finnerty, SER	:56.06
2001 Brett Hurley, SER	:53.66
2002 Nick Stauber, SER	:54.71
2003 Phillip Simmons, SER	:55.47
<b>2004 James Marke, SM</b>	<b>:56.04</b>
<b>2005 Mike Alosio, SM</b>	<b>:56.45</b>
<b>2006 Eric Martin, SM</b>	<b>:56.69</b>
<b>2007 Paul Connor, SM</b>	<b>:54.09</b>
2008 Mike Carillo, SER	:53.37
<b>2009 Corey Lachance, SM</b>	<b>:54.87</b>
2010 Patrick Harding, SER	:52.49
<b>2011 Greg Hansen, SM</b>	<b>:53.81</b>
2012 Drew Thomas, MD	:53.20
<b>2013 Jack Garcia, SM</b>	<b>:52.38</b>
2014 Elias Payne, MD	:52.63
<b>2015 Jacob Wright, SM</b>	<b>:51.92</b>
2016 Oliver Teitscheid, MD	:52.57
2017 William Ludociva, MD	:51.38
2018 Clay Kaneko, MD	:51.17
2019 Emmett Gallivan, MD	:53.54
2021 Rylan Piani, MD	:53.37
2022 Milan Sumich, JS	:53.04





### 200 Freestyle Relay

2000	Servite	1:48.34
2001	Servite	1:51.46
2002	<b>Santa Margarita</b>	<b>1:52.69</b>
2003	Servite	1:44.82
2004	<b>Santa Margarita</b>	<b>1:48.61</b>
2005	<b>Santa Margarita</b>	<b>1:43.58</b>
2006	<b>Santa Margarita</b>	<b>1:41.64</b>
2007	<b>Santa Margarita</b>	<b>1:41.26</b>
2008	Servite	1:40.01
2009	Mater Dei	1:46.12
2010	<b>Santa Margarita</b>	<b>1:42.22</b>
2011	Mater Dei	1:38.86
2012	<b>Santa Margarita</b>	<b>1:40.06</b>
2013	Servite	1:36.33
2014	Mater Dei	1:37.53
2015	Mater Dei	1:36.40
2016	Mater Dei	1:36.49
2017	Mater Dei	1:36.10
2018	Mater Dei	1:36.16
2019	Mater Dei	1:38.48
2021	Mater Dei	1:39.08
2022	<b>Santa Margarita</b>	<b>1:41.96</b>

### 400 Freestyle Relay

2000	Servite	3:56.52
2001	NA	NA
2002	Servite	4:09.24
2003	Servite	3:56.98
2004	<b>Santa Margarita</b>	<b>3:55.64</b>
2005	<b>Santa Margarita</b>	<b>3:52.77</b>
2006	<b>Santa Margarita</b>	<b>3:45.85</b>
2007	<b>Santa Margarita</b>	<b>3:45.09</b>
2008	Servite	3:43.25
2009	Mater Dei	3:51.92
2010	<b>Santa Margarita</b>	<b>3:49.93</b>
2011	Mater Dei	3:40.29
2012	<b>Santa Margarita</b>	<b>3:43.55</b>
2013	Servite	3:32.46
2014	Mater Dei	3:30.65
2015	Mater Dei	3:31.59
2016	Mater Dei	3:37.58
2017	Mater Dei	3:33.18
2018	Mater Dei	3:34.28
2019	Mater Dei	3:45.37
2021	Mater Dei	3:39.63
2022	<b>Santa Margarita</b>	<b>3:39.64</b>

### 50 Backstroke

2000	Ramino Gallegos, MD	:32.90
2001	Adam McCall, SER	:29.09
2002	Tony Miles, SER	:29.74
2003	Tony Miles, SER	:30.14
2004	<b>Blake Mellgren, SM</b>	<b>:30.75</b>
2005	<b>Mike Lockett, SM</b>	<b>:30.31</b>
2006	<b>Thomas Husen, SM</b>	<b>:30.57</b>
2007	<b>Garrison Nauman, SM</b>	<b>:29.18</b>
2008	Connor McKhann, OL	:29.86
2009	Andrew Michalak, SER	:31.70
2010	<b>Ryan Manoogian, SM</b>	<b>:31.15</b>
2011	Joseph Busch, MD	:29.42
2012	Drew Thomas, MD	:29.06
2013	<b>Austin Clark, SM</b>	<b>:28.96</b>
2014	Sean Duncan, MD	:28.34
2015	Jack Klinger, MD	:28.55
2016	Warren Loth, MD	:28.56
2017	Preston Sanders, MD	:28.49
2018	Ethan Kaplan, MD	:28.08
2019	Jack Peterson, MD	:30.39
2021	Joseph Yocum, MD	:30.43
2022	Jace Williams, JS	:28.96

### Team Champions

2000	Servite	348.00
2001	Servite	271.00
2002	Servite	325.00
2003	Servite	453.00
2004	<b>Santa Margarita</b>	<b>498.00</b>
2005	<b>Santa Margarita</b>	<b>578.00</b>
2006	<b>Santa Margarita</b>	<b>641.00</b>
2007	<b>Santa Margarita</b>	<b>515.00</b>
2008	Servite	523.00
2009	<b>Santa Margarita</b>	<b>506.00</b>
2010	<b>Santa Margarita</b>	<b>575.00</b>
2011	<b>Santa Margarita</b>	<b>558.00</b>
2012	<b>Santa Margarita</b>	<b>571.00</b>
2013	<b>Santa Margarita</b>	<b>545.00</b>
2014	Mater Dei	517.00
2015	Mater Dei	621.00
2016	Mater Dei	528.00
2017	Mater Dei	533.50
2018	<b>Santa Margarita</b>	<b>488.00</b>
2019	<b>Santa Margarita</b>	<b>501.00</b>
2021	Mater Dei	598.00
2022	<b>Santa Margarita</b>	<b>604.00</b>

### 50 Breaststroke

2000	Matt Garcia, SER	:33.18
2001	Brian Finnerty, SER	:34.26
2002	Sean Bougler, SER	:34.90
2003	Justin Josen, SJB	:32.93
2004	Nolan Cannon, SER	:32.67
2005	<b>Derek Elbertse, SM</b>	<b>:32.60</b>
2006	<b>Tommy Jankovich, SM</b>	<b>:32.78</b>
2007	<b>Ross Kirkbaumer, SM</b>	<b>:32.83</b>
2008	Michael O'Toole, MD	:31.84
2009	Juan Pablo Jose Ramos, MD	:32.79
2010	Adam Rutz, SJB	:34.14
2011	Brian Luong, SER	:31.95
2012	<b>Ryan Melosini, SM</b>	<b>:30.98</b>
2013	Will Lapkin, SER	:30.75
2014	<b>Alex Piccuch, SM</b>	<b>:32.13</b>
2015	Chris Martinez, MD	:33.68
2016	Jake Bays, MD	:30.98
2017	Ryan Lee, SER	:30.05
2018	Keith Openshaw, MD	:30.85
2019	<b>Shane Baird, SM</b>	<b>:30.97</b>
2021	<b>Ryan McClintick, SM</b>	<b>:30.31</b>
2022	<b>James Zhou, SM</b>	<b>:31.73</b>



GOLF NATIONAL HIGH SCHOOL CHAMPIONSHIPS



## A DREAM COME TRUE

For the first time ever, the Santa Margarita Catholic High School girls' swim team is *Swimming World's* overall high school national champion. The Eagles' program was previously the top independent school in 2017 and 2021, but this year, Santa Margarita finished 10.5 points ahead of Carmel, the public school national champion, in the mythical rankings to earn the crown.

BY DAVID BISHOP

**S**anta Margarita Catholic High School (located in Rancho Santa Margarita in Southern California—about five miles northeast of Mission Viejo) is led by co-head coaches and brothers, Ron and Rich Blanc. Ron works in admissions at the school, while Rich teaches economics and business management, and the two have been at the helm of the swimming program since 1996.

During this time, Santa Margarita has won nine CIF (California) Southern Section titles, including eight straight since 2014 (not counting 2020, when most of the high school seasons was cancelled due to COVID-19). This year also saw the Eagles capture a fourth consecutive state championship.

You can now add the school's first national championship to that list.

The Blanc brothers have been eyeing the national title for years, and it meant a lot to them to secure this year's championship.

"Considering that we've been coaching for 33 years and this is the first time we've been able to win the *Swimming World* mythical national championship, it's pretty incredible," Ron said.

"It's something that we never imagined we would do when we started this," Rich added. "When we started out, we just wanted to be a good influence on kids and see how fast we could get our swimmers, but to be able to do this is a dream come true and

something that we don't take for granted."

### TALENT RUNS DEEP

The pieces fell into place perfectly for Santa Margarita this year. Several swimmers relocated to the area during the COVID pandemic, and the girls' varsity team ended up with 29 swimmers, much higher than the usual 16. That included 10 freshmen who made varsity and six seniors who re-joining Division I swim teams mid fall. So the Blancs ended up with one of the deepest teams they had ever coached.

"I think once you have that depth, once you have that quality swim, other kids just want to be a part of it because they know that if they swim with talented kids that have similar goals and values, it's going to push them to be better, too," Rich said. "The team just kind of pushed each other and just made each other better."

California holds high school swimming in the spring, so Santa Margarita was getting their season underway in February when their closest competition, Carmel, was swimming at Indiana's state championship meet. The coaches brought up Carmel's performances with their swimmers to give them something to chase, and those end-of-season goals helped being the team closer together.

Early in the season, the coaches started to sense the special

» **PICTURED ABOVE:** Leading the individual scoring for Santa Margarita was freshman Teagan O'Dell, who tallied 29 points as the top high school swimmer in the country in the 200 IM (5:22.15) and the fourth-ranked 100 backstroke (1:27.27). She also finished ninth (up to Claire Cozzani at Swimming World's Female High School Swimmer of the Year). (Photo Courtesy: Santa Margarita Catholic High School)

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CONTINUED ON 11

# SANTA MARGARITA 2022 GIRLS' HIGH SCHOOL NATIONAL CHAMPIONS



Ron said.

When the swimmers returned to their hotel that evening after prelims, Rich remembered being struck by their attitude and intensity as they prepared for the record attempt the next day.

"Usually, we like to have a team dinner and then get the kids back to their rooms for finals the next day," Rich said. "All these girls were so focused. They were like, 'Can we go to bed early? We want to get a good night's rest for the next day.' Usually, you're checking curfew to make sure everyone is safe."

The moment when they broke the record, becoming the first high school team to swim under 3:15 and swimming a time not far off what it takes to score at the NCAA Championships? Surreal.

"I remember going to talk to the girls eight afterward, and I

told them, 'In the 50 or 60 years high school swimming has been going on in the United States, the four of you just did that race faster than any four girls ever,'" Rich said. "I could see by the look at their faces that I don't think they really processed that, either. It was very surreal and very humbling, actually, to be able to do something like that."

### TOTAL TEAM SUPPORT

This record-breaking performance was undoubtedly special, but one of the coaches' favorite parts of this championship season had nothing to do with performances or racing. It was seeing the entire team support each other and support the team's overall goals, even if some swimmers missed out on opportunities because of the team's size and depth.

"With high school swimming, it's much more of a team sport, and I think of the friendships that the girls make with each other is something that sets high school swimming apart," Rich said. "At the sectional meet, a lot of the kids that would have had a qualifying time but didn't get a chance to compete, they were there for us, and they were leading all the cheers. And in our local newspaper, the lead picture was not of any of the kids swimming in their races, but it was all the kids cheering from behind the blocks."

### NATIONWIDE RIVALRY

Two months later, Ron went to watch some of his high school swimmers competing at junior nationals, which were held close by in Irvine, and he found that some of the Santa Margarita swimmers had already become friends with swimmers from Carmel.

When the Carmel swimmers introduced themselves, he already knew their names because he had scouted the Carmel team over the internet, but he enjoyed seeing swimmers from the cross-country rivals getting to know each other in person. Several Santa Margarita swimmers have expressed interest in traveling to Indiana for a dual meet against Carmel, but the non-swatting high school seasons would make that difficult.

"It was just fun to hear that they have the same interest in how our kids are doing and how our team is doing," Ron said. "We have a nationwide rivalry—a good, friendly, respectful rivalry with another high school that is 2,000 miles away." ♦

nature of their team in a relay-only race, which began with a 400 yard individual medley relay, an event where all four girls swam a 100 IM.

"Orange County high school swimming (in Southern California) is very strong, but only a few teams had ever broken 4:00 in this relay, where basically the four girls average under 1:00," Ron said. "And the girls went 3:47, and they utterly destroyed that time. This was the first week of the season. They weren't rested. They weren't tapered, and to know that they went this fast was a great (sign) for what was to happen."

### CHAMPIONSHIP-LEVEL TIMES

And by the time May rolled around, Santa Margarita recorded championship-level times that vaulted the Eagles into the top spot.

Leading the way was freshman Teagan O'Dell, who was the top high school swimmer in the country in the 200 IM with a mark of 1:53.15, a mark already quick enough to score at the NCAA Championships. O'Dell was also fourth nationally in the 100 backstroke (1:27.27).

Senior Justina Kozaan, an Olympic Trials finalist in 2021 and heading to the University of Southern California this fall, was third in the mythical rankings in the 200 freestyle (1:44.63) and seventh in the 100 butterfly (2:25.65), and sophomore Taita Salvino tied for 13th in the 50 free (22.54) and finished 14th in the 100 free (40.34). Junior Macky Hodges tied for ninth in the 100 free (49.04).

The Eagles were especially strong in the relay events, with the team securing national second-place finishes in both the 200 medley relay (Hodges, O'Dell, Kozaan, senior Lindsay Ervine: 1:39.04, less than a half-second off the national independent school record) and 200 free relay (freshman Gency Aguilar, Salvino, Ervine, Hodges: 1:32.12), while the 400 free relay team of Hodges, Salvino, O'Dell and Kozaan set an overall national high school record with a mark of 2:14.80, breaking the previous record set in 2015 by a Carmel squad that included future NCAA standouts Veronica Burchill, Claire Adams and Amy Blumert.

That team one had already lowered their own independent school record in the relay at the CIF-SS Championships and in prelims at the state championships. "It was the girls who got together and said, 'We can totally do this. We just have to shove off just a little bit from each person.' They really attacked that race with gusto in the final."

SANTA MARGARITA / COURTESY FROM SW



» Senior Justina Kozaan, an Olympic Trials finalist in 2021 and heading to the University of Southern California this fall, was third in the mythical rankings in the 200 freestyle (1:44.63) and seventh in the 100 butterfly (2:25.65). She also contributed to two of the three Eagle relays: the 200 medley relay (second in the nation at 1:39.04) and the 400 free relay that set an overall national high school record of 2:14.80. (Photo Courtesy: Santa Margarita Catholic High School)



FOLLOWING IS A MOCK HEAT SHEET OF THE GIRLS' MYTHICAL NATIONAL CHAMPIONSHIPS, BASED ON THE TOP TIMES SWUM DURING THE 2021-22 HIGH SCHOOL SEASON.

TIMES COMPILED BY BOB KLAFFHOFF

**KEY**  
 \* NATIONAL PUBLIC SCHOOL RECORD  
 \*\* NATIONAL INDEPENDENT SCHOOL RECORD  
 P = PULLDOWN  
 C = RELAY SPLIT TIME

Note: National high school titles (stars) that swimmers set over a minimum of four events (including relay) with no more than two individual events. NCAA officials' consensus (left) are used for All-America recognition; are not used for this compilation.

LEANNE SMITH  
 PARA SWIMMING  
 SUPERSTAR



**EVENT #1**  
**200 YARD MEDLEY RELAY**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Fossil Ridge—Fl. Collins, Co. (3-10-18) 1:38.13**  
*Ashley Stewart, Zorabart, Calum Gibbons, Kyle Allen*  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Harpeeth Hall—Nashville, TN (2-9-18) 1:38.77**  
*Alex Hahn, Zora Allen, Alex Hahn, Gretchen Walsh*

**CHAMPIONSHIP FINAL**

LAME 1	Brookhill East—Brookhill, Pa.	1:41.05
LAME 2	Clery Creek—Greenwood Village, Co.	1:40.33
LAME 3	New York—Whitby, N.C.	1:39.63
LAME 4	Carroll—Carroll, Mo.	1:38.51
LAME 5	Santa Margarita—Marcho Santa Margarita, Ca.	1:37.89
LAME 6	Davis Senior—Orem, Uta.	1:37.01
LAME 7	Fairview—Boulder, Co.	1:41.03
LAME 8	Peppercorn—Anson, Co.	1:41.28

**EVENT #3**  
**200 YARD INDIVIDUAL MEDLEY**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Torri Huske—Yorktown, Va. (2-25-21) 1:53.73**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Elia Ezaki—Crean Lutheran, Ca. (3-16-19) 1:53.90**

**CHAMPIONSHIP FINAL**

LAME 1	East Chatham—East Chatham, Ga.	1:56.32
LAME 2	Lady Bird, Sr.—Fossil Ridge, Co.	1:56.81
LAME 3	Drey Dixon, Sr.—Galilee, Mo.	1:56.25
LAME 4	Reggie O'Hall, Jr.—Santa Margarita, Ca.	1:55.15
LAME 5	Wiley Walker, Sr.—Peters Park, N.C.	1:55.79
LAME 6	Lash Hays, Sr.—Kamford, N.C.	1:56.35
LAME 7	Charlotte Peak, Sr.—Cay Academy, N.C.	1:56.46
LAME 8	Zoeve Walsh, Sr.—Dunwoody, Ga.	1:57.62

**EVENT #5**  
**100 YARD BUTTERFLY**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Torri Huske—Yorktown, Va. (2-25-21) 49.95**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Clara Cerzan—Cardinal Gibbons, N.C. (2-7-20, 2-13-21, 2-20-21) 50.33**

**CHAMPIONSHIP FINAL**

LAME 1	Arthur Stone, Jr.—Santa Margarita, Ca.	52.43
LAME 2	Trey Hawley, Jr.—Sacred Heart, Mo.	52.78
LAME 3	Camphill Park, D.—Brookfield, Mo.	51.80
LAME 4	Oliver Green, Sr.—Cardinal Gibbons, N.C. (2-10-20) 49.24**	
LAME 5	Alexandra Mackell, Jr.—Carroll, Mo.	51.21
LAME 6	Anna Jo, Jr.—Hudson-Berkham, Pa.	52.93
LAME 7	Guy Johnson, Jr.—Monroeville, Pa.	52.56
LAME 8	Austin Parkins, Jr.—Overfield, Va.	52.22

**EVENT #2**  
**200 YARD FREESTYLE**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Dagny Knutson—Minnet, N.J. (11-14-08) 1:42.81**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Katie Ledesky—Stone Ridge, Md. (2-7-13) 1:41.55**

**CHAMPIONSHIP FINAL**

LAME 1	Carle Stevens, Jr.—Sacred Heart, Pa.	1:45.81
LAME 2	Ardena Parkins, Jr.—Overfield, Va.	1:45.51
LAME 3	Jadira Lopez, Jr.—Santa Margarita, Ca.	1:44.61
LAME 4	Erin Wilson, Sr.—Borlough Academy, Va.	1:44.32
LAME 5	Dira Semak, Jr.—Stone Ridge, Md.	1:44.37
LAME 6	Clare Taggart, Sr.—St. Joseph, Co.	1:44.97
LAME 7	Amelina Miricic, Sr.—Washington Hills, N.J.	1:43.74
LAME 8	Janet Raper, Jr.—Holt Stone, N.Y.	1:46.14

**EVENT #4**  
**50 YARD FREESTYLE**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Abbey Wittzell—Saugus, Ca. (5-16-15) 21.64**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Gretchen Walsh—Harpeeth Hall, TN (2-7-20) 21.59**

**CHAMPIONSHIP FINAL**

LAME 1	Alondra Diazbell, Jr.—Carroll, Mo.	22.58
LAME 2	Makana Pangel, Sr.—Blountsville South, N.C.	22.38
LAME 3	Elia Pizarro, Sr.—South Florida HSAC, Fl.	22.29
LAME 4	Lily Christensen, Sr.—Peters, N.C.	22.14
LAME 5	Camille Spink, Jr.—Buckhead, Va.	22.26
LAME 6	Makana Pangel, Sr.—Blountsville South, N.C.	22.30
LAME 7	Elia Pizarro, Sr.—South Florida HSAC, Fl.	22.44
LAME 8	Ashly Wenzel, Sr.—Brookfield East, W.V.	22.34

**EVENT #6**  
**100 YARD FREESTYLE**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Abbey Wittzell—Saugus, Ca. (5-16-15) 47.09**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Gretchen Walsh—Harpeeth Hall, TN (2-8-20) 46.98**

**CHAMPIONSHIP FINAL**

LAME 1	Lee Gerweil, Jr.—Dora Ridge, Md.	48.82
LAME 2	Jack England, Jr.—Carroll, Mo.	48.70
LAME 3	Leah Kiger, Sr.—Kamford, N.C.	48.38
LAME 4	Makana Pangel, Sr.—Blountsville South, N.C.	48.09
LAME 5	Camille Spink, Jr.—Buckhead, Va.	48.11
LAME 6	Lily Christensen, Sr.—Peters, N.C.	48.57
LAME 7	Amelina Miricic, Sr.—Washington Hills, N.J.	48.72
LAME 8	Early Hovell, Sr.—New York, N.Y.	48.82

**EVENT #9**  
**100 YARD BACKSTROKE**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Olivia Semlak—Glenbrook So., Ill. (11-17-12) 51.43**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Phoebe Bacon—Stone Ridge, Md. (2-8-20) 50.89**

**CHAMPIONSHIP FINAL**

LAME 1	Olivia Semlak, Sr.—Glenbrook So., Ill.	52.37
LAME 2	Olivia Semlak, Sr.—Glenbrook So., Ill.	52.34
LAME 3	Maggie Hancock, Sr.—Brookfield East, Va.	52.19
LAME 4	Olivia Semlak, Sr.—Glenbrook So., Ill.	52.11
LAME 5	Olivia Semlak, Sr.—Glenbrook So., Ill.	51.90
LAME 6	Phoebe Bacon, Sr.—Stone Ridge, Md.	52.27
LAME 7	Olivia Semlak, Sr.—Glenbrook So., Ill.	52.42
LAME 8	Kennedy Stokes, Sr.—Millersburg, W.V.	52.72

**EVENT #11**  
**400 YARD FREESTYLE RELAY**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Carroll—Carroll, Mo. (2-14-12) 3:54.86\*\***  
*Hayden Burchell, Carter Adams, Zorabart Smith, Amy Johnson*  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Santa Margarita—Marcho Santa Margarita, Ca. (2-13-17) 3:55.88**  
*Sarahanna Whitford, Alexander Dyer, Amber Letourneau, Kyla Reed*

**CHAMPIONSHIP FINAL**

LAME 1	Carroll—Carroll, Mo.	3:55.86**
LAME 2	Fossil Ridge—Fossil Ridge, Co.	3:52.28
LAME 3	Carroll—Carroll, Mo.	3:55.54
LAME 4	Santa Margarita—Marcho Santa Margarita, Ca. (2-14-20) 3:54.86**	
LAME 5	Brookfield East—Brookfield, Mo.	3:59.33
LAME 6	Brookfield East—Brookfield, Mo.	3:52.91
LAME 7	Fairview—Boulder, Co.	3:52.38
LAME 8	Baker—Jacksonville, N.C.	3:53.11

**CONGRATULATIONS**  
 SANTA MARGARITA CATHOLIC HIGH SCHOOL  
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2017 Swimming World Independent Schools National Champions  
 2018 NISCA National Dual Meet Champions  
 2021 Swimming World Independent Schools National Champions  
 2022 Swimming World National Champions  
 2022 NISCA National Dual Meet Champions

California State Champions: 2018, 2019, 2021  
 California CIF Section Champions: 2000, 2014, 2018, 2019, 2021, 2022

**EVENT #8**  
**200 YARD FREESTYLE RELAY**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Carroll—Carroll, Mo. (2-14-12) 2:56.22**  
*Hayden Burchell, Carter Adams, Zorabart Smith, Zora Whitford*  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Baylor—Chattanooga, TN (2-11-12) 2:51.78**  
*Alison Woodwell, Kaley Renwood, Amberlee John-Gibbons, Alex Drennon*

**CHAMPIONSHIP FINAL**

LAME 1	Baylor—Chattanooga, TN	2:52.88
LAME 2	The Westminster School—Atlanta, Ga.	2:52.56
LAME 3	Carroll—Carroll, Mo.	2:52.38
LAME 4	Brookfield East—Brookfield, Mo.	2:51.13
LAME 5	Santa Margarita—Marcho Santa Margarita, Ca.	2:52.12
LAME 6	New York—New Albany, Mo.	2:52.43
LAME 7	Opus Arlington—Opus Arlington, Mo.	2:52.61
LAME 8	Doris Temple—Doris, Co.	2:52.73

**EVENT #10**  
**100 YARD BREASTSTROKE**  
 NATIONAL RECORD: PUBLIC SCHOOL  
**Kaitlyn Dzubiel, Aloha, Ore. (2-22-20) 56.35**  
 NATIONAL RECORD: INDEPENDENT SCHOOL  
**Alex Walsh—Harpeeth Hall, TN (2-10-18) 50.08**

**CHAMPIONSHIP FINAL**

LAME 1	Emily Langston, Jr.—Lanette, Va.	1:00.04
LAME 2	Joseph, Sr.—Overland Park, Mo.	1:00.47
LAME 3	Lucy Thomas, Jr.—Brookfield East, Va.	1:00.90
LAME 4	Lydia Keady, Jr.—Greenwood, Mo.	99.40
LAME 5	Kaitlyn Dzubiel, Sr.—New York, N.Y.	99.90
LAME 6	Piper Cruz, Sr.—Hudson Island, Va.	1:00.94
LAME 7	Madeline Strick, Jr.—Lions Lutheran, Va.	1:00.04
LAME 8	Joseph, Sr.—Overland Park, Mo.	1:00.68

**TEAM STANDINGS: THE TOP 10**

**CONTINUED**

11	Santa Margarita Catholic, Calif.	70.1
12	Carroll, Mo.	177.4
13	Brookfield East, Mo.	146.1
14	The Westminster School, Va.	75.0
15	Doris Temple, Mo.	66.9
16	Buckhead, Va.	65.7
17	Fairview, Co.	64.0
18	Fossil Ridge, Co.	61.5
19	New York, N.Y.	60.0
20	Clery Creek, Co.	60.0

**PUBLIC SCHOOLS**

1	Carroll, Mo.	277.0
2	Brookfield East, Mo.	146.1
3	Doris Temple, Mo.	66.9
4	Fairview, Co.	64.0
5	Fossil Ridge, Co.	61.5
6	New York, N.Y.	60.0
7	Clery Creek, Co.	60.0
8	Brookfield, Va.	52.8
9	Brookfield, Mo.	51.8
10	Brookfield East, Va.	51.8

**INDEPENDENT SCHOOLS**

1	Santa Margarita Catholic, Calif.	127.1
2	The Westminster School, Va.	75.0
3	Doris Temple, Mo.	66.9
4	Brookfield East, Va.	60.0
5	Brookhead Academy, N.C.	47.0
6	Lanette, Va.	44.0
7	Stone Ridge School, Md.	21.8
8	Carle Stevens, N.Y.	21.0
9	Lord Anderson, Va.	21.0
10	Regis School, Co.	21.0

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**SMCHS SWIMMING & DIVING 2022**



# Santa Margarita All-Time Top 10

swim&dive

# 2023

## Girls 50 Freestyle

1	Anicka Delgao	:22.54	19
2	Teia Salvino	:22.58	22
3	Katie McLaughlin	:22.77	14
4	Macky Hodges	:22.84	22
5	Lindsay Ervin	:22.89	22
6	Mackenzie Degn	:22.95	16
7	Gracyn Aquino	:23.09	22
8	Samantha Shelton	:23.25	16
9	Justina Kozan	:23.30	21
10	Teagan O'Dell	:23.30	22

## Girls 100 Freestyle

1	Katie McLaughlin	:48.69	15
2	Macky Hodges	:49.04	22
3	Ella Ristic	:49.24	19
4	Teagan O'Dell	:49.27	22
5	Teia Salvino	:49.34	22
6	Justina Kozan	:49.40	21
7	Anicka Delgado	:49.43	17
8	Lindsay Ervin	:49.48	22
9	Samantha Shelton	:49.58	17
10	Mackenzie Degn	:49.91	16

## Girls 200 Individual Medley

1	Teagan O'Dell	1:55.15	22
2	Justina Kozan	1:58.32	21
3	Katie McLaughlin	1:59.84	15
4	Isabelle Odgers	1:59.99	18
5	Samantha Shelton	2:00.00	18
6	Asia Kozan	2:01.34	22
7	Lizzie Devitt	2:01.83	12
8	Julia Stafford	2:02.84	22
9	Mackenzie Degn	2:03.32	19
10	Isabella Abrajan	2:04.27	22

## Girls 100 Butterfly

1	Katie McLaughlin	:51.53	15
2	Justina Kozan	:52.65	22
3	Anicka Delgado	:53.25	18
4	Samantha Shelton	:53.72	16
5	Isabella Abrajan	:54.09	21
6	Mia Ristic	:55.01	19
7	Chloe Stinson	:55.18	22
8	Teagan O'Dell	:55.21	22
9	Asia Kozan	:55.27	21
10	Miranda Renner	:55.48	19

## Girls 200 Freestyle

1	Katie McLaughlin	1:43.01	15
2	Samantha Shelton	1:44.05	18
3	Justina Kozan	1:44.40	21
4	Ella Ristic	1:45.66	19
5	Macky Hodges	1:46.48	22
6	Mackenzie Degn	1:47.80	18
7	Sydney Franzen	1:49.84	14
8	Lizzie Devitt	1:50.04	14
9	Abigail O'Sullivan	1:50.17	22
10	Teagan O'Dell	1:50.20	22

## Girls 500 Freestyle

1	Mackenzie Degn	4:46.62	19
2	Macky Hodges	4:47.56	21
3	Ella Ristic	4:48.26	17
4	Abigail O'Sullivan	4:48.67	22
5	Katie McLaughlin	4:51.86	15
6	Sydney Franzen	4:52.24	13
7	Asia Kozan	4:52.32	22
8	Samantha Shelton	4:54.48	16
9	Justina Kozan	4:55.00	22
10	Teagan O'Dell	4:55.81	22

## Girls 100 Backstroke

1	Teagan O'Dell	:52.27	22
2	Samantha Shelton	:53.04	17
3	Macky Hodges	:53.50	22
4	Maggie McGuire	:55.15	21
5	Katie McLaughlin	:55.28	15
6	Isabella Abrajan	:55.33	19
7	Ella Ristic	:55.37	19
8	Gracyn Aquino	:55.64	22
9	Jax Shoults	:55.89	12
10	Teia Salvino	:56.07	22

## Girls 100 Breaststroke

1	Isabelle Odgers	1:01.82	18
2	Miranda Renner	1:02.41	19
3	Katie Nugent	1:02.73	19
4	Kimmy Woolfenden	1:03.18	18
5	Teagan O'Dell	1:03.41	22
6	Emily Gibson	1:04.34	14
7	Amy Qin	1:04.34	17
8	Julia Stafford	1:04.36	22
9	Emily Boggess	1:05.17	14
10	Lia Wiyanto	1:05.44	22

**Boys 50 Freestyle**

1	Phillipe Demers	:20.54	97
2	Grant Shoults	:20.75	16
3	AJ Rossman	:20.78	17
4	Hunter Cehelnik	:20.89	22
5	Ramon Jiang	:20.94	22
6	Yurian Quinones	:21.05	19
7	Tony Ju	:21.25	22
8	Allen Cai	:21.26	21
9	Frank Uxa	:21.31	97
10	Lucas Morales-Ostergaard	:21.32	21

**Boys 100 Freestyle**

1	Grant Shoults	:44.80	16
2	Phillipe Demers	:44.86	97
3	Hunter Cehelnik	:45.30	22
4	Tony Ju	:45.55	21
5	Jaden Ficklen	:45.71	22
6	Allen Cai	:45.91	22
7	Keller Morgan	:45.98	22
8	Marc Morizono	:46.32	14
9	AJ Rossman	:46.37	18
10	Ramon Jiang	:46.45	22

**Boys 200 Individual Medley**

1	Humberto Najera	1:47.26	21
2	Keller Morgan	1:47.37	22
3	Grant Shoults	1:48.33	15
4	Daniel Verdolaga	1:49.10	22
5	Lucas Morales-Ostergaard	1:51.12	19
6	Frank Uxa	1:51.58	98
7	Nathan Wu	1:52.03	21
8	Phillipe Demers	1:52.15	97
9	Jack Nugent	1:52.17	21
10	Jackson Odgers	1:52.47	18

**Boys 100 Butterfly**

1	Grant Shoults	:48.11	16
2	Phillipe Demers	:48.25	97
3	Daniel Verdolaga	:48.42	22
4	Jerry Yan	:48.92	22
5	Kevin Tu	:49.72	19
6	Tony Ju	:50.09	22
7	Allen Cai	:50.41	21
8	Keller Morgan	:50.42	22
9	Noah Brune	:50.86	19
10	Jacky Xing	:50.89	21

**Boys 200 Freestyle**

1	Grant Shoults	1:33.26	16
2	Phillipe Demers	1:37.54	97
3	Jaden Ficklen	1:38.57	22
4	Marc Morizono	1:38.96	15
5	Tony Ju	1:39.45	21
6	Allen Cai	1:39.96	21
7	Jonathan Russell	1:40.25	00
8	Noah Brune	1:40.59	19
9	Hunter Cehelnik	1:40.63	22
10	Jack Nugent	1:40.92	22

**Boys 500 Freestyle**

1	Grant Shoults	4:12.87	16
2	Humberto Najera	4:26.19	21
3	Noah Brune	4:26.24	19
4	Marc Morizono	4:28.10	15
5	Keller Morgan	4:29.70	21
6	Alexandru Ispas	4:30.13	21
7	Matt Martin	4:33.75	97
8	Tony Ju	4:34.00	22
9	Edmund Herlihy	4:34.89	01
10	Brendan Herlihy	4:35.75	94

**Boys 100 Backstroke**

1	Ramon Jiang	:49.13	22
2	AJ Rossman	:49.49	18
3	Kevin Tu	:49.85	17
4	Jerry Yan	:50.27	22
5	Jack Nugent	:50.44	22
6	Humberto Najera	:50.48	22
7	Lucas Morales-Ostergaard	:51.04	19
8	Grant Shoults	:51.04	15
9	Phillipe Demers	:51.10	97
10	Harris Radie	:51.68	01

**Boys 100 Breaststroke**

1	Keller Morgan	:55.66	22
2	Jacky Xing	:56.38	22
3	Alexander Qu	:56.74	17
4	Nathan Wu	:57.27	21
5	Daniel Verdolaga	:57.52	21
6	Kevin Henricks	:57.59	91
7	Mark Reese	:57.73	09
8	Jackson Odgers	:57.79	18
9	Arturo Cerda	:58.43	13
10	Grant Shoults	:58.54	16



**"Did you hear the joke about the chicken and the hippo?"**



**"Who's taking photos? Should we smile?"**



**"CIF warm-up looks like an SM practice!"**



**"Awww...how cute!!"**



**"Let's GOOOOOO!!!!"**



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